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UK WOMENS US MENS US EU 3 5 36 4 6 37 5 7 38 6 8 7 39 7 9 8 40 8 10 9 41 9 11 10 42 10 11 43 11 12 44 12 13 45 13 14 46 14 15 47 15 16 48 Still unsure of your size? Take advantage of our Easy Return Policy! This comprehensive guide helps customers find their perfect fit in Dr. Martens footwear across all age groups and sizes. It includes detailed size conversions and practical advice for optimal comfort. Table Of Contents Dr. Martens Women's Shoes US (Women) Foot Length (IN/CM) UK EU JP US (Men) 5 9.2/23.4 3 36 22 4 6 9.5/24.2 4 37 23 5 7 9.9/25.1 5 38 23.5 6 8 10.2/25.9 6 39 24.5 7 9 10.6/26.8 7 41 25.5 8 10 10.9/27.6 8 42 26 - 11 11.2/28.5 9 43 27 - Dr. Martens Men's Shoes US (Men) Foot Length (IN/CM) UK EU JP US (Women) 4 9.4/23.7 3 36 22 5 5 9.7/24.6 4 37 23 6 6 10/25.5 5 38 23.5 7 7 10.4/26.3 6 39 24.5 8 8 10.7/27.1 7 41 25.5 9 9 11/28 8 42 26 10 10 11.3/28.8 9 43 27 11 11 11.7/29.7 10 45 28 12 12 12/30.6 11 46 29 - 13 12.4/31.4 12 47 29.5 - 14 12.7/32.3 13 48 - 15 13/33.1 14 49.5 - 16 13.4/33.9 15 51 - Dr. Martens Youth's Shoes US (Kids) Foot Length (IN/CM) UK EU JP 5 9.5/24.2 4 37 23 6 9.9/25.1 5 38 23.5 Dr. Martens Junior's Shoes US (Kids) Foot Length (IN/CM) UK EU JP 11 7.2/18.3 10 29 17 12 7.5/19.1 11 29 11 13 7.9/20 12 31 18.5 1 8.2/20.8 13 32 19.5 2 8.5/21.7 1 33 20.5 3 8.9/22.5 2 34 21.5 4 9.2/23.4 3 36 22 Dr. Martens Toddler's Shoes US (Kids) Foot Length (IN/CM) Age (Approx) UK EU JP 7 5.9/14.9 18-24 Months 6 23 13.5 8 6.2/15.7 2 Years 7 23.5 14 9 6.5/16.6 3 Years 8 26 15 10 6.9/17.4 4 Years 9 27 16 Dr. Martens Infant's & Newborn's Shoes US (Kids) Foot Length (IN/CM) Age (Approx) UK EU JP 1 3.8/9.7 0-3 Months 0 16 8 2 4.2/10.5 3-6 Months 1 17 9 3 4.5/11.4 6-9 Months 2 18 10 4 4.8/12.2 9-12 Months 3 19 11 5 5.2/13.2 12-18 Months 4 20 12 6 5.5/14 18-24 Months 5 21.5 12.5 Essential Fitting Guide Dr. Martens shoes are designed to provide a true-to-size fit, with special accommodation for wider feet. The brand's signature leather construction allows for natural stretching and molding to the wearer's foot shape over time. Sizing down may provide a more secure fit for those with narrow feet. Break-in Period and Care Expected break-in time: 3-6 weeks Durability: 5-20 years with proper care Key break-in tips: Wear thick socks during initial wear Use newspaper stuffing when not worn Apply gentle heat to tight areas Consider using heel protection for blister prevention Additional Fitting Notes Half sizes are not available The leather upper will stretch and conform to the foot shape Regular cleaning and maintenance significantly extend the lifespan Consider weather protection products for harsh conditions Dr. Martens recommends measuring feet in the afternoon when they are slightly swollen for the most accurate sizing. This ensures a comfortable daily fit and accounts for natural foot expansion. When you're searching for that perfect pair of Doc Martens boots, one tool becomes your best friend: the Dr. Martens size chart. Considering, Doc Martens aren't made in half sizes, it can be very difficult to know exactly what your size is, especially if it's your first time buying Doc Martens. Finding the perfect Doc Martens fit isn't just about style, it's about comfort and longevity as well, unless you want a painful break-in period or constant blisters, it's worth getting right. By using this size chart, you are one step closer to striding confidently in boots tailored to your unique measurements. No two feet are the same, and Dr. Martens understands this, providing a detailed size guide to ensure you find your match. Secure your comfort and elevate your style by reading on to learn my best tips for finding the best fit. Walk with ease, step with style, and embrace the spirit of individuality that Dr. Martens embodies. docscollector / Instagram Dr Marten's Size Chart First, I've included the basic Doc Martens size chart to reference before you implement any of my tips. Keep reading to find my best in-person and at-home methods. US Men's Size UK Size EU Size Approx. Foot Length (inches) 6 5 38 9.3 7 6 39 9.6 8 7 41 10 9 8 42 10.3 10 9 43 10.6 11 10 45 11 12 11 46 11.3 13 12 47 11.6 14 13 48 12 15 14 49 12.3 What's Your Dr Martens Size? How to Find Your Best Fit 1. Try Them On At a Store The easiest way to find your perfect size is to refer to the Dr Martens size chart. However, if you live in an area where there is a Doc Martens storefront or one that offers the boots, they'll have access and understanding of the Doc Martens size chart. Once you get there, you can try out hopefully a lot of different types of Doc Martens and also see what the perfect fit for you is. You can try different leathers and see which one works for you as well. You can buy it there, or you can buy it online. Regardless, this method is low hassle and provides immediate reassurance. But what if you don't have that option? Now what? 2. Measure Your Feet at Home I don't know about you, but in some stores that I've been into, there's this device that they have where you can place your foot within the mechanism and then find out exactly what your size is. This always reminds me of shoe shopping with my mom - ah the good ol' days. Even if you don't have that device, you can use that concept to measure your feet at home. You can use my method or you can just Google a couple of ways. There are different ways to measure your feet, but the simplest way that I found is to put the back of your heel towards the edge of a wall, and then measure out to your longest toe (usually your first, big toe). You can get a friend to help measure your foot on the ground or you can make a mark and measure afterwards. Be careful not to use something that will scuff the floor or leave a permanent mark. Once you get that measurement, you can go onto Doc Martens website (or scroll back up to the Dr. Martens size guide I included) and see where your foot size lands. Remember to always round up and if you're between sizes - size up. 3. Consider Your Foot Width Another thing to consider when looking at the Dr Martens size chart is if you have wide feet. Hopefully, at this point in your life, you know based on how your feet fit in other shoes. If you have wide feet, please, (please!) go get a size bigger. Choosing a size bigger is going to help you out especially when it comes to breaking into and conditioning your Doc Martens. I really advise you, if you have wider feet, to go a size up. It'll make it easier on you, and you won't have to complain as much (your friends are thanking me right now). 4. Try on a Friend's Doc Martens docscollector / Instagram The last way I suggest using the doc martens size guide is if you have a friend, family, or anyone that you know that wears Doc Martens and it's around your same size, you can ask them if you can try it on. Depending on how long they've had the Doc Martens, sometimes they've already stretched it to a point where it fits their feet very nicely, so that can skew the results. But it will give you somewhat of a baseline where you can go from there and decide, "Oh, this one is too tight, or is too big. I should go a size up or a size down" etc. it all helps. Video: How to find you Dr Martens Size Final Verdict In the end, your journey to find the perfect pair of Dr. Martens boots narrows down to finding the right fit. The Dr. Martens size chart serves as your compass in this quest, guiding you toward an investment that assures both style and comfort for years to come. Hopefully, this guide helped steer you towards the right purchase. Remember, using the size chart is an integral part of this process. Once you've made your selection, you'll be part of the storied lineage of Dr. Martens wearers. With the right fit, your boots will walk with you through years of fashion, durability, and comfort. Foday Kamara is a seasoned YouTube content creator (see his content here) and Dr. Martens aficionado with a passion for showcasing the iconic footwear brand. With years of experience under his belt, Foday has established himself as an authority in the Dr. Martens community, sharing his extensive knowledge on styles, care, and the brand's history. His engaging and informative videos have garnered a loyal following, among Doc enthusiasts. Apart from being a footwear connoisseur, Foday also offers practical and affordable style tips whether dressing up or dressing down a pair of Docs. You can find new content on FashionBeans, Youtube or Instagram. Are Dr. Martens true to size? Even if you know your own shoe size, sometimes when you've bought a new pair of shoes they unfortunately don't fit right. So we're going to take a look at the different Dr. Martens shoes available and make sure we find the right size for you. First of all, it is important to determine your own shoe size. When you order shoes online, it is not as easy as when you walk into a shoe shop and can try on the shoe on the spot. 2 sheets of A4 paper A pencil A ruler Take a sheet of paper and the pencil, choose a wall you can stand upright against, and put your heel all the way up against it. It is best to put on the socks you will also wear in your new shoes. Secure the sheet of paper to the floor with tape or your weight and stand on it with your heel against the wall. It is best to ask someone to draw around your foot with the pencil. Once you have a nice outline, grab a ruler and measure the distance from the heel to the tip of your big toe. Record this result in centimetres. Repeat this process on your other foot too. It may sound duplicate, but for many people, the sizes differ from one foot to another. Then take the largest foot as a reference to determine your shoe size using the appropriate table. Remember that information from different manufacturers may differ and therefore you should always follow their size charts. UK EU US CM IN 4 364 5228.662 537522.58 85537.55 52395.538623.59 25638.56 5249.56 539724.59 667407 5259 857 541825.5108428.52610.258 543926.510 5943.59 52710.669 5441027 510.851044.510 528110.5451128.511.251145.511 52911.511 5461229.511 661246.512 53011.85 UK EU US CM IN 2344 5228.662 535522.58 85335.55 52393.536623.59 25436.56 5249.54 537724.59 665387 5259 855.538 5825.5106398.52610.256 540926.510 5740.59 52710.667 541027 510.8594210 5281 18.542 51128.511 2594311 5291 1.59 5441229.511 661044.512 53011.85 Born April 1st, 1960, this eight-eye boot is instantly recognisable, with a sole secured by Dr. Marten's signature yellow stitching. Available in a number of different materials and styles, the original silhouette still stands the test of time. The Dr. Martens 1460 falls true to size. The boot can be a bit wide for narrow feet, but this can easily be compensated with a thicker sock or insole. The Sinclair boot features a removable jungle zip, yellow stitching and a towering Quad platform sole at just over 5cm tall. The Dr. Martens Sinclair fits a little bit larger than most other models from the brand. It's worth downsizing a size for this boot. Dr. Martens' take on the classic Chelsea boot, the 2976 offers a laceless design with elastic side panels for easy wear. The Dr. Martens 2976 runs true to size, but can fit a little snug around the ankle, so be aware of that when purchasing in your size. A modern twist on the classic 1460, the Jadon boot, introduced in 2013, features a chunky platform sole, adding height and a bold statement to the traditional silhouette. The Dr. Martens Jadon boot is known to fit true to size, with thick padding. A shorter version of the 1460, the 101 Boot features a 6-yelet design, offering a sleek and versatile look while retaining the brand's signature durability. The Dr. Martens 101 boot is known to fit true to size. The Dr. Martens Combs is a lightweight, casual alternative to the brand's classic leather boots. It's designed for a more relaxed and comfortable fit, made from polyester, canvas, or synthetic leather. Some versions have a zip or buckle detail. The Combs boot is known to fit true to size, and has an easier break-in period due to its softer materials. Launched in 1961, this 3-yelet shoe offers a low-profile alternative to the 1460 boot. It's suitable for both casual and formal settings, maintaining the brand's hallmark durability and comfort. The 1461 shoe is known to run a little big, so consider sizing down a size when purchasing. Introduced in the 1970s, the Adrian loafer combines a chunky silhouette with double tassels and a kilite fringe, offering a unique blend of sophistication and edge. The Adrian loafer fits true to size. It can feel a little tight at first, but will stretch over time. A distinctive Mary Jane style featuring double straps and decorative perforations, the 8065 adds a touch of vintage charm to the Dr. Martens lineup. The Dr. Martens 8065 Mary Jane generally runs true to size but can feel slightly snug at first, especially across the top of the foot. A fusion of traditional brogue detailing with Dr. Martens' robust construction, the 3989 shoe offers a smart yet rebellious aesthetic. The Dr. Martens 3989 Brogue generally runs large, so consider sizing down a size when purchasing. With a 10-yelet design, the 1490 Boot stands taller than the 1460, providing a bold statement piece that embodies the brand's rebellious spirit. The Dr. Martens 1490 boot runs large, like the 1460, so size down a full size when purchasing. For more sizing guides for your favourite sneaker and shoe models, visit the Sneaker Sizing Guide page. Skip to content Home Search 0 Cart Account Use the chart below to find your best fit. These size conversions are approximate and may slightly vary depending on style and region. Unisex Size Conversion (Most Classic Boots & Shoes) US Men US Women UK Size EU Size Foot Length (cm) 4 5 3 36 22.0 5 6 4 37 23.0 6 7 5 38 24.0 7 8 6 39 25.0 8 9 7 41 26.0 10 8 42 27.0 10 11 9 43 28.0 11 12 10 45 29.0 12 13 11 46 30.0 13 14 12 47 31.0 Women's-Only Styles US Women UK Size EU Size Foot Length (cm) 5 3 36 22.0 6 4 37 23.0 7 5 38 24.0 8 6 39 25.0 9 7 41 26.0 10 8 42 27.0 Sizing Tips Break-in Period: Most Dr. Martens take time to soften up. Thick socks help reduce discomfort early on. Half Sizes: Dr. Martens doesn't offer half sizes. If you're in between, size down the leather will stretch. *Size conversions are based on manufacturer data and may vary slightly by style or region. Choosing a selection results in a full page refresh. Opens in a new window. Brand footwear Dr. Martens or Doc Martens, and colloquially say Martensa shoes. What characterizes their well-known footwear - an air cushion located in the heel of the footwear. Martensa shoes were worn in the previous century at the turn of the 70s and 80s by subcultures - punks and skinheads. Especially for you, we have prepared a Dr Martens size chart with exact dimensions of the length of the inserts. When it comes to Doc Martens sizing of footwear produced for women, it is adjusted to the requirements of the greatest number of prospective and regular customers imaginable. Dr Martens size chart cm covers UK sizes ranging from 3 to 9, which translates into 5-11 in US terms. Said size chart has also been prepared for European customers, who can select from goods available in sizes between 36 and 43. It can therefore be easily said that when it comes to Doc Martens sizing, there will be no issues for even the pickiest customers to find the right size. Size UK Size US Size EU Size JPN 3 5 36 22 4 6 37 23 5 7 38 24 6 8 39 25 6.5 8.5 40 25.5 7 9 41 26 8 10 42 27 9 11 43 28 Womens clothing Dr Martens - size chart While browsing the website of the company and familiarizing oneself with Dr Martens size chart cm for women, one may come to a conclusion that the firm only offers its female customers top quality footwear, which is not true. Doc Martens sizing also covers a wide range of traditional items of apparel that are available in sizes ranging from XXS to XL, meaning that both slimmer and thicker women will find it remarkably easy to select right goods for them from the available portfolio. The sizing can also be juxtaposed with American, English, and Japanese standards, limiting the possible confusion even further. The following sizes are given in inches (in) and centimeters (cm). Size XXS XS S M L XL UK 6 8 10 12 14 16 USA 2 4 6 8 10 12 Japan 5 7 9 11 13 15 Bust (cm) 80 84 88 92 98 104 Bust (in) 31.5 33 34.5 36 38.5 40 Mens shoes Dr Martens - size chart We have to say that when it comes to Doc Martens sizing with regards to products available for men, the selection is quite astounding. It is difficult to find such a remarkable selection of sizes in the case of competitive brands. Dr Martens size chart cm starts from 6 and ends on 15 in English terms, which directly translates into 7-16 in American standard. The company takes a proper care to eliminate any and all inconsistencies, as well as constantly updates the data set, so using it should be a pure pleasure to all individuals interested. Size UK Size USA Size EU Size JPN 6 7 39 25 6.5 7.5 40 25.5 7 8 41 26 8 9 42 27 9 10 43 28 9.5 10.5 44 28.5 10 11 45 29 11 12 46 30 12 13 47 31 13 14 48 14 15 49 5 15 50.5 Mens clothing size chart Dr Martens Doc Martens sizing has also been adjusted to the needs of male clothing throughout the year. The selection available is quite vast, as Dr Martens size chart cm incorporates sizes ranging from XXS to XL, meaning that every single gentleman should be able to find the right item of apparel for himself in the vast, constantly refreshed portfolio of the brand, which is a highly respectable approach to customers in our humble opinion. The size chart published on the website of the company is also available for American, European, English, and Japanese standards as well! The following sizes are given in inches (in) and centimeters (cm). Size XXS XS S M L XL Chest (cm) 86 92 97 102 107 112 Chest (in) 34 36 38 40 42 44 Waist (cm) 71 76 81 86 91 96 Waist (in) 28 30 32 34 36 38 Children shoes Dr Martens - size chart Size UK Size USA Size EU Size JPN 3 4 19 11 3.5 4.5 19.5 11.5 4.5 5 20 12 4.5 5.5 21 12.5 5 6 21.5 12.5 5.5 6.5 22 13.5 6.5 7.5 23.5 14 7 8 24 14.5 7.5 8.5 25 15 8 9 26 15 8.5 9.5 15.5 9 10 27 16 10 11 28 17 10.5 11 29 11 11.5 12.5 30 11.5 12 13 31 18.5 12.5 13.5 19 13 1 32 19.5 13.5 1.5 32.5 20 1 2 33 20.5 1.5 2.5 33.5 21 2 3 34 21.5 2.5 3.5 35 21.5 3 4 36 22 What are martens? These are iconic shoes that you can see publicly at your colleagues, friends, family, but also celebrities like Rihanna, Sting or the Dalai Lama. This model of shoes, or martensy, was developed by military doctor Klaus Martens. They look like soldier's boots, which thanks to the airbag mounted in the heel of the footwear reduce the level of pain during use. Characteristic martens The main feature of martens is 8 (eight) holes for shoelaces. Yellow yarn is often used to sew the upper. The shoes have rounded toes and massive soles. On the one hand, they are elegant and eye-catching, while on the other, worn by punk rockers or motorcyclists. The unusual potential of martens is noticed by stylists and trendsetters, introducing them to the world of fashion. Today it is difficult to find a star or fashionista who does not have at least one pair of these legendary shoes in her wardrobe. Although martens have retained their expressive character, they also undergo fashion transformations. Classic black or burgundy models have been joined by patterns in flowers, dots, leopard print or fashions tempting with vinyl gloss or a saturated shade of pink or red.