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## T shirt guide ruler

Custom T-shirts can be a blast to create, but getting the design placement just right is crucial. You don't want it too high or too low, or it won't look great! Don't worry, you can make your own ruler guide for any type of shirt using cardstock or plastic. Making your own tools and accessories is one of the best parts of being a Cricut crafter. I'll show you how to make them and use them with my free cut designs. Your new T-shirt rulers will work perfectly for all my custom projects, and I'll share my favorites with you. Want to save this project? Enter your email below, and we'll send it straight to your inbox. Cricut Maker 3 or other compatible machines can create custom t-shirts using specific tools and a ruler guide. To begin, download the T-Shirt Ruler Guide from the resource library, which includes PDFs for cutting by hand and DXF/SVG files for use with a Cricut machine. The download folder contains SVG files for individual T-shirt ruler sizes and free decals to demonstrate the rulers in action. The process involves cutting and drawing cardstock rulers, then using them to achieve precise decal placement on various t-shirt sizes. To start, upload the SVG files to Cricut Design Space and add them to the Canvas. Note that T-shirt rulers are already sized correctly, so re-sizing is not necessary. For the Heavyweight Cardstock Version, draw markings on the solid white ruler shape in the Layers Panel. Adjust the marks by selecting "Pen" under Operation and choosing a pen size and color. Next, prepare the Plastic Version using Dollar Tree chopping boards and the same SVG file. Use the fine-point blade to engrave markings while cutting the ruler shape, only wanting surface-deep markings. Cutting a Ruler in Cricut To get started on cutting a ruler with your Cricut machine, first choose the right machine and select "Make It". If prompted, click "On Mat", "12 in x 12 in", and "Continue" to proceed. Selecting Cardstock Material If using heavy yellow cardstock for contrasting color on shirts, change the material size setting to "8.5" x "11" according to your mat settings. However, you can select any available cardstock with a suitable pressure setting applied. Preparing the Mat Place your chosen cardstock on a Green Standard Grip Machine Mat and use a brayer to secure it in place. Verify that the Fine-Point Blade is clean and locked into Clamp B. Then, scribble some ink on scrap paper for better flow, apply it to the ruler mat's Clamp A, load the mat, and press "Go". The Cricut machine will draw lines first, followed by two passes of cutting. Now that you have your chopping mat ready to go, let's move on to creating a unique vinyl design using Cricut Holographic Iron-on Vinyl in Cobalt. STEP 4 is all about cutting out the design for your T-shirt decal. Make sure you're using the correct size, as I've already done for you - it's sized perfectly for a women's medium crew-neck shirt. You can find more reference images for maximum design sizes in the T-shirt ruler guide folder. When cutting the vinyl, don't forget to mirror it and use the "Holographic Vinyl" setting with "More" Pressure on your StandardGrip machine mat. Remove the vinyl from the mat, trim the excess, and weed around the design carefully. If you need help with this process, check out my Easy Iron-On T-Shirts Tutorial for some valuable tips. Next up is STEP 5: adding the design to your T-shirt using a ruler guide. Since I'm using an Adult Crew Neck shirt, I'll show you how both cardstock and plastic rulers look in use. If you're working with a Cricut EasyPress, refer to their Interactive Quick Reference Guide for detailed instructions on prep work, application, and aftercare. Preheat your EasyPress or iron according to the guide's temperature recommendations - it should be around 330°F for an EasyPress 2. Place your T-shirt face up on a mat or towel, clean any stray lint with a lint roller, and find the vertical center by folding the shirt in half and making a crease. Line up the center of your ruler with this crease to ensure perfect placement. One last thing: you can place your T-shirt ruler just below the collar seam, and don't worry if it doesn't perfectly match the curve - there's some wiggle room here. Now, go ahead and apply that design with confidence! 1. Place the decal in the center of your shirt, ensuring it's symmetrical. You can use a measuring tape or a ruler to verify its position. 2. Fold the non-sticky sides of the vinyl in half vertically and open it up to align the creases with the shirt's design. Align the top of the design with the bottom of the ruler for a crew neck, starting about 3" from the neck seam. 3. For irregularly-shaped designs, you can eyeball the placement or adjust it as needed. 4. Press the decal onto the shirt using firm pressure, ensuring it adheres without moving around. Remove the ruler carefully to avoid shifting the design. 5. If using an EasyPress 2, cover the entire decal in one press with 330°F and 30 seconds of firm pressure. For home irons or alternate heat sources, press in sections to ensure all parts are pressed for 30 seconds. 6. Flip the shirt over and press the back for another 15 seconds. Wait until the vinyl cools before removing the plastic. The design should not be hidden. Lay the hoodie flat with the hood up and align it under the neck seam using my Adult-Back t-shirt ruler. Bring the hoodie down to see if it will cover too much of the design, then adjust as needed. This placed the top of my decal right under the tip of the hood when it's down. When washing your shirt for longest-lasting designs, do so inside out in cold water. Q: How do you use a shirt ruler guide? A: Place the guide at the neck seam with the shirt face up and smooth, then use it to place your design. Q: What size is a T-shirt ruler? A: My rulers come in slightly different sizes depending on the garment, but they can all be cut from an 8.5" x 11" piece of paper. Q: How do you find the center of a shirt? A: Lay the shirt flat and smooth out any wrinkles. Then pick up one sleeve and the lower edge on that side, and bring them over to match the other side so the edges all line up. Q: How far down should a design be on a shirt? A: For a crew neck, put the design two to three inches from the collar. For a v-neck, start about an inch below the collar. Q: How big should a graphic be on a shirt? A: The best size really depends on the garment and design, but I have handy references for the maximum recommended sizes in my printable tutorial. Q: How do I decorate a Cricut shirt? A: Heat transfer vinyl designs are great for custom t-shirts. If you want to create detailed projects, check out my Sublimation T-shirt tutorial or try screen printing for a different look. Get my free download of T-shirt ruler guide SVG cut files and free designs here! Jennifer, una apasionada de la vida plena, disfruta jugando a D&D y videojuegos, cultivando su jardín, confeccionando disfraces y visitando Disney en su tiempo libre. Vive en Ann Arbor, Michigan, con su pareja Greg, su hija Alexa, sus dos perros Hunter y Chloe, y su gato naranja Butterscotch. Jennifer está emocionada de mudarse a su nuevo hogar en Maker Farm pronto. Las camisetas personalizadas son divertidas de hacer, pero ¿cómo colocas el diseño perfectamente? Si está demasiado alto o demasiado bajo, no se ve bien. No te preocupes, puedes crear tu propia guía de regla para camisetas para cualquier tipo de camisa, desde infantil hasta adulta. Hacer tus propias herramientas y accesorios para proyectos es una de las mejores partes de ser un artesano de Cricut. Te mostraré cómo hacerlas con cartulina o plástico y cómo usarlas con mis diseños de corte gratuitos. Tus nuevas reglas para camisetas funcionarán para cualquier proyecto de camiseta personalizada, te compartiré mis favoritas a continuación. ¿Quieres guardar este proyecto? Ingresar tu correo electrónico a continuación y te lo enviaremos directamente a tu bandeja de entrada. Mira mi tutorial paso a paso sobre cómo hacer y usar una guía de regla para camisetas: la colocación correcta puede ser la diferencia entre el éxito y la tristeza en los proyectos de camisetas. Si te equivocas, el diseño puede ser difícil de leer o incómodo de usar. No temas, puedes crear la herramienta de alineación perfecta para camisetas usando tu Cricut. Te mostraré cómo usar mis SVG gratuitos para hacer una guía de regla para camisetas con cartulina o plástico. ¿Cuál deberías hacer? Depende de tus necesidades. Si haces la versión de papel en cartulina de alta calidad, aguantará muchos usos y puede ser más fácil de usar si tienes problemas de visión. Pero si necesitas ver la superficie de la tela durante el alineamiento o planeas hacer muchas camisetas, la versión de plástico es más durable y fácil de hacer. Una vez que hayas hecho una herramienta de guía, ¿cómo la usas? Coloca tu regla para camisetas en la costura vertical de la camiseta, no en el borde del cuello. Luego, coloca la parte superior del diseño en la parte inferior de la regla. Esto es especialmente útil si tu diseño no tiene un borde superior uniforme. Obtendrás un alineamiento consistente en múltiples camisetas usando mi colección de guías de regla para camisetas. Mis ejemplos de camisetas usan una capa, pero para ayuda adicional en la alineación de vinilo en diseños de más de una pieza, consulta mi tutorial sobre Cómo superponer vinilo. ¿Estás listo para hacer algunos proyectos perfectos con mi tutorial de guía de regla para camisetas? Estoy emocionada de mostrarte cómo. Este artículo contiene algunos enlaces de afiliado para tu conveniencia. Here's my full disclosure policy. To create a T-shirt Ruler Guide Set and Designs, check out my Amazon shopping list with the exact items I used for this project. For both versions of the ruler, you'll need: \*\*Cardstock Version:\*\* To make a cardstock T-shirt alignment ruler, gather: A way to cut your T-shirt rulers and vinyl (I used the Cricut Maker 3 but you can also use other machines with the Fine-Point Blade) Standard tools like a measuring tape, scissors, weeding tool, and brayer \*\*Plastic Version:\*\* To make plastic guides, you'll need: A way to cut your T-shirt rulers and vinyl (I used the Cricut Maker 3 but you can also use other machines with the Fine-Point Blade) Standard tools like a measuring tape, scissors, weeding tool, and brayer \*\*Common Materials:\*\* For either version, I used: Cardstock Vinyl A way to cut your T-shirt rulers and vinyl (I used the Cricut Maker 3 but you can also use other machines with the Fine-Point Blade) To make custom t-shirts, you'll need: The T-Shirt Ruler Guide SVG/DXF/PDF files from my free resource library (Design #433) A cutting machine or a way to cut by hand Standard tools like scissors, weeding tool, and brayer Here's how to access the design files: First, download the T-Shirt Ruler Guide SVG/DXF/PDF files from my free resource library. Go to the top of the page, click on Libraries, then either Get a Password (if you don't have one) or Enter the Library. Search for Design #433 and click it to download. The download folder includes PDFs for cutting by hand and DXF or SVG files for use with a cutting machine. I'll show you how to use the SVG files with a Cricut. To prepare the ruler designs, follow these steps: \*\*Cardstock Version:\*\* Upload the SVG files to Cricut Design Space and add them to your Canvas. TIP: If you're not sure how to upload an SVG cut file to Cricut design space, watch this helpful video training series I made. If you are on an iPad or iPhone, here is how to download and upload SVG files to the Cricut design space app. \*\*Plastic Version:\*\* To make the ruler on Dollar Tree chopping boards, you'll need to adjust the marks on the layer in the Layers Panel. Select the layer, click the drop-down menu under "Operation" and select "Pen." Then, click the color box next to the drop-down to select your pen size and color. I'm using my Cricut 0.4 Fine Point pen in black, so my settings are correct. The solid ruler outline layer should stay set to "Basic Cut". Drag a bounding box over the ruler and click "Attach" below the Layers Panel to keep the layers together during cutting. Your cardstock or plastic ruler is ready to cut! Start with the same SVG on Canvas, remembering that each ruler has two layers: a solid white ruler shape and top markings. You don't need to change any operations since you'll be using the fine-point blade to "engrave" the markings and cut the ruler shape simultaneously, but only want the markings to be surface-deep. It's easier to double up on the ruler outline cut rather than adjusting pressure settings or dealing with misaligned cuts. For cardstock rulers, select the right machine and click "Make It." If prompted, choose the 8.5" x 11" material size if using yellow heavyweight cardstock. Use any color cardstock you prefer and apply the "Heavy Cardstock" setting. Place the cardstock on a Green StandardGrip Machine Mat and ensure it's fully adhered with a brayer. Load the mat into the machine, check that your Fine-Point Blade is clean, and press the "Go" button. For plastic rulers, select the right machine and click "Make It." If prompted, choose the 12" x 12" material size and leave the ruler shape within the 11" mark to avoid excess material. Click "Mirror" to ensure the "engraved" texture is on the underside of the ruler. Leave the pressure at default and feel for the smooth side of the mat before placing it on a purple StrongGrip Machine Mat. Your rulers are now ready! To create a customized T-shirt using a plastic ruler guide, follow these steps: Clamp B, then load the mat into the machine and press the "Go" button. Ensure the cut is complete by lifting up a corner to check the ruler's shape. If not, repeat the process. Once satisfied with the cut, unload the mat and roll it back to release the chopping mat. Prepare your T-shirt decal using a free design found in the downloaded guide folder. Choose a suitable size for a women's medium crew-neck T-shirt and follow reference images for maximum design sizes. Cut the vinyl using the "Holographic Vinyl" setting with "More" Pressure, shiny side down on a green StandardGrip machine mat. Weed the excess vinyl around the design and trim as needed. Place the decal face up on a Cricut EasyPress Mat or folded towel and find the vertical center of the shirt by folding it in half and creating a crease. Use an EasyPress or iron to apply heat, aligning the ruler with the crease for perfect placement. This process serves another purpose: preheating the material without affecting the final design. Place your T-shirt ruler against the collar seam of your shirt but slightly below it. Don't worry if the curve matches perfectly; being centered is all that matters. The measuring tape will show it's perfectly centered, so you can proceed with confidence. Fold the non-adhesive sides of your decal in half to create a crease and then open it up to align it with the shirt's folds. Position the design 3" from the neck seam for crew necks or adjust accordingly for irregularly-shaped designs. Mount the liner firmly onto the shirt, ensuring the design stays put. Remove the ruler carefully to avoid moving the decal. EasyPress the design at 330°F for 30 seconds with firm pressure, keeping the vinyl shielded by its carrier sheet. Cover large decals in one press or divide smaller ones into sections if needed. Reverse your shirt and apply gentle heat to the back for an additional 15 seconds. Wait until the vinyl cools down before removing the protective layer; mine took about 5 minutes. Note: Additional ruler placements are provided for various t-shirt styles, including Adult Crew Neck, V-Neck, scoop neck, Youth, Toddler, and Infant onesie. For hoodies, position large decals near the back's center while considering the unique alignment challenges they present. 1. place your decal on the hoodie so that it is fairly large, as in the example with the "Remember the Lesson" design. 2. align the top of the design at the tip of the hood, or use a ruler to find the center and position the design accordingly. 3. lay the hoodie flat face down with the hood up and use a ruler to guide you into the perfect position. 4. try on your new shirt or hoodie and admire how amazing you look. 5. for long-lasting designs, wash the shirts inside out in cold water. I'd love it if you shared that my design was used in your listing or product - good luck with your business endeavors! Wishing you success from a fellow maker. Jennifer, a crafty designer and teacher, enjoys gaming, gardening, and Disney escapades when not working on her passions. She lives happily with partner Greg, daughter Alexa, and pets Hunter, Chloe, and Butterscotch in Ann Arbor, Michigan.

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