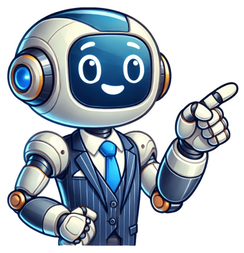
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Joel lambert bug-in guide

This survival book offers a unique approach by focusing on bug-in strategies rather than the usual bug-out methods. For most crises, it's actually safer to stay put and secure one's home. The book, written by former Navy SEAL Joel Lambert, provides detailed instructions and high-resolution photos to help readers turn their homes into safe havens. Key topics include water purification, food stockpiling, home defense, self-sufficiency projects, first aid essentials, and power outage preparedness. By following the guidelines in this 240-page DIY survival book, individuals can create a bug-in plan that will protect themselves and their families from various crises, including EMPs, social unrest, natural disasters, martial law, or economic meltdowns. If disaster strikes, it's likely that supermarkets and pharmacies will be depleted or looted. In such cases, bug-in strategies become more feasible. However, having a well-planned bug-in plan in place is crucial to ensure you don't overlook essential items once the crisis hits. A Navy SEAL's Bug-In Guide offers expert advice on preparing for various catastrophes, including natural disasters and economic meltdowns. This DIY survival book serves as an invaluable resource, helping you create a self-sustaining fortress that can support your family for extended periods. Within its pages, Joel Lambert shares the fundamentals of creating a bug-in plan, emphasizing the importance of being prepared to last "for however long it takes" until normalcy resumes. The guide is designed to be accessible and easy to follow, catering to individuals from all walks of life, regardless of age or background. Its physical format ensures that you'll retain access to vital information even during prolonged blackouts or EMP events. The core of the book revolves around 10 key elements, which Joel refers to as The Life Pie. These critical components are essential for a successful bug-in strategy and will be discussed in detail throughout the guide. By following these principles, you'll be well-equipped to safeguard your family's well-being during times of crisis. A closer look at what's included within A Navy SEAL's Bug-In Guide reveals a comprehensive approach to building long-lasting food stockpiles that require no refrigeration. The book begins by outlining a three-month stockpile, followed by six-month and one-year provisions. This structured approach ensures you're adequately prepared for any scenario. Inside A Navy SEAL's Bug-In Guide, Joel Lambert provides expert guidance on creating a self-sustaining fortress, covering essential topics such as food reserves, water storage, and security measures. The book serves as an invaluable resource for anyone looking to successfully bug-in and protect their loved ones during times of crisis. When people go hungry for weeks, desperation sets in – they may even start eating other humans. It's astonishing that most Americans still don't have a food stockpile, especially when it's now so easy and affordable to build one that can last for months without refrigeration. Inside A Navy SEAL's Bug-In Guide, you'll learn how to create such a stockpile, with complete meals for three months, six months, and a full year. You'll discover where to buy these foods at an affordable price and get a day-by-day meal plan to ensure you receive the necessary calories, protein, fat, and nutrients. Unlike many survival guides, this one is based on personal experience – I've lived off the food inside for myself. The book also covers topics such as under-$1 Walmart canned goods, preservation methods, and essential seeds to stockpile. Additionally, it highlights the importance of having a safe drinking water supply in crisis situations. In the event of a crisis, having access to safe drinking water is crucial. To prepare, consider using a water storage kit like a Water Bob in your bathtub, which can collect over 100 gallons of fresh water. This device also prevents water from spoiling for an extended period. In case of a blackout or EMP, there will still be some water left in the pipes that you can quickly access with this device. A Navy SEAL's Bug-In Guide provides valuable information on how to stockpile water, filter drinking water, and purify water using alternative methods. It also covers topics such as harvesting atmospheric water, testing water safety, and desalinizing water using a low-cost device. Additionally, the guide offers tips on home security, including how to clear your house safely, make it invisible after a crisis, and deter looters without resorting to violence. It also provides advice on what to say if neighbors or friends ask for food during a crisis and how to silence a conventional generator to avoid drawing unwanted attention. By being prepared and having the right knowledge, you can ensure your safety and well-being in the face of a disaster. Some key takeaways from the guide include learning from deadly water mistakes, stockpiling water for 365 days, and using simple and affordable devices to filter and purify water. Given article text here Looking forward to seeing everyone at the meeting tomorrow to discuss our strategies for survival during a potential civil war or martial law. The author has prepared several resources and tactics to help readers prepare their homes and communities for such an event. These include how to safely clear their houses room by room, make their properties invisible, and keep looters away without using violence. Additionally, the book will cover common security mistakes people may be making, what to say when neighbors or friends come asking for food, and signs to avoid on one's property. The author also shares ingenious strategies and items that can help people survive in a world without power, such as a breakthrough survival generator, inexpensive devices to insulate doors and windows, and ways to draw electricity from dead batteries. Furthermore, the book will cover how to communicate during a blackout or after an electromagnetic pulse that takes down cell towers and satellites, using unconventional methods that are not dependent on conventional communication systems. Looking forward to seeing everyone at the meeting tomorrow and discussing our strategies. One thing you'll be able to do is communicate like a Navy SEAL, navigate untraceable messages, and stay safe without anyone knowing your exact location. This chapter will also cover topics such as the best ham radio for preppers, how to turn a CB radio into an effective communication device, and essential off-grid appliances every household should have. Additionally, you'll discover more about staying safe during a crisis, including listening in on messages without being detected and finding affordable emergency radios. The chapter will also delve into natural remedies such as "Nature's Amoxicillin," how to make a black drawing salve, and vital medical supplies to keep at home. Furthermore, this section will expose the survival tools and gear you really need for bugging in, including household items to stock up on before the next great depression. You'll learn how to find essential emergency supplies, what to hunt for at Amish, Army surplus, and Salvation Army stores, and more. You'll also gain knowledge on how to make a simple homemade antenna that can amplify any radio signal. Survival Tools and Gear for the Dark Days Ahead == Are you prepared for the unexpected? A devastating EMP attack, a hurricane, or a civil war could leave you without access to modern amenities. This guide will reveal essential survival tools and gear that will help you weather the storm. #### Bug-In Essentials Don't rely on TV or YouTube videos for information; instead, focus on these critical items: * Household supplies: stock up on non-perishable food, water, and medical essentials * DIY EMP Survival Home Kit: protect your home from electromagnetic pulses * Essential emergency supplies: first aid kits, flashlights, batteries, and more * Amish, Army Surplus, and Salvation Army Stores: where to find valuable items #### Shelter and Safety Don't wait until it's too late; know how to: * Find shelter in the event of a nuclear strike or civil war * Bury a trashcan in your backyard to protect from radiation * Stay off the Government's Radar during SHTF * Identify potential looters among your neighbors #### Practical Skills Master these essential skills to survive: * Preserving food without a fridge * The only four knots you need for survival * Things you throw away that should be added to your stockpile instead * How to become untraceable when SHTF * Ingenious ways to outfox FEMA after SHTF #### Reminders Never share your survival plans or stockpiles with anyone. Loose lips sink ships. Stay informed, stay prepared, and stay safe. Given article text here **How to Prepare for and Survive a Crisis: A Comprehensive Guide** Learn how to protect yourself and your family from government tracking, looting, and other dangers during a crisis. Discover practical strategies for becoming untraceable, outfoxing FEMA, and creating a safe home sanctuary. In this guide, you'll find expert advice from a Navy SEAL who's spent years protecting his team and family in similar situations. You won't need to rely on online research or guesswork - the knowledge is based on real-life experience and proven strategies. The book covers essential topics such as: - How to become completely off the government radar - Ingenious ways to stop your phone from tracking you - Your rights under martial law - A fool-proof OPSEC plan - How to hide from thermal vision And, if things don't go back to normal soon, you'll find complete blueprints and step-by-step guidance for building: - An electricity-free fridge - A pressurized rainwater collection system - A year-round greenhouse - A backyard root cellar - The no-electricity coil water heater - The poor man's Faraday cage This guide is not just about preparing for a crisis - it's about becoming self-sufficient and creating a safe home sanctuary that will keep you and your loved ones protected. This book has been created using knowledge gained from personal experience as a seasoned SEAL who has spent decades protecting his team and family. Unlike information found on the internet, this guide is based on real-world experiences, including mistakes made along the way, which can help readers avoid similar errors. The book provides comprehensive coverage of essential survival skills required during a crisis without needing to leave one's home. By purchasing "A Navy SEAL's Bug-In Guide," readers will also receive two exclusive bonuses worth $29 each, free of charge. These include "How to Become Self-Sufficient on 4 Acres" and "How to Outlive an EMP the Early Pioneer Way." The latter is a day-by-day guide for surviving an EMP attack over a period of 30 days. The author aims to make this book accessible to everyone by pricing it competitively, considering the cost of printing and expert contributions. Normally priced at $59, the book has been discounted to just $37 thanks to a printing house near Austin, Texas, that provided a significant discount for being a prepper-friendly publisher. This one-time payment includes the guide and both bonuses, offering readers valuable lifesaving information. To achieve self-sufficiency on just 4 acres of land and learn how to survive an EMP like the early pioneers, consider the following guide. In the past, people were more self-reliant, growing their own food and medicine, building wells and root cellars, raising livestock, and performing various other tasks independently. The first bonus, "How to Become Self-Sufficient on 4 Acres," provides valuable insights into these practices. Additionally, the second bonus, "How to Outlive an EMP the Early Pioneer Way," offers a day-by-day guide for 30 days, detailing what to do after an EMP strikes. This knowledge is crucial, as our ancestors thrived without modern technology. These two free bonuses are available with the purchase of "A Navy SEAL's Bug-In Guide" today, normally priced at $29 each. The guide itself is reasonably priced at $37, considering the expertise of contributors such as a nutritionist and combat medic. This price includes the cost of printing and other expenses, making it an affordable investment for lifesaving information. By securing this deal, you will receive the guide, "How to Become Self-Sufficient on 4 Acres," and "How to Outlive an EMP the Early Pioneer Way" at a discounted price. CLAIM YOUR DISCOUNT AND FREE GIFTS NOW. One satisfied customer praised the book for its great ideas on stockpiling food, saving water, and providing easy recipes, making it an excellent resource for preparing for emergencies. The book is detailed and informative, making it highly recommended for those seeking to prepare for the coming societal meltdown. The author's first impression of "A Navy SEAL's Bug-In Guide" was its stunning visuals and the obvious expertise behind it. As someone with a military background, they found the book's practical approach to home security and preparedness to be compelling. The guide covers a wide range of topics, from securing entry points to stockpiling supplies, setting up defense systems, and creating a safe haven during emergencies. What sets this guide apart is its balance of expert tactical advice with everyday practicality, making it accessible to anyone preparing for natural disasters, power outages, or other uncertain situations. The author's use of real-world examples and straightforward instructions creates a sense of being coached by an experienced professional who has faced intense scenarios. Overall, the book is highly recommended for those serious about creating a secure home, offering expert insights and confidence in turning their house into the safest place on Earth. This book provides essential knowledge on preparing for emergencies, including stocking food and supplies, self-defense strategies, and maintaining personal boundaries during crisis situations. The author shares practical advice on managing electricity outages, earthquakes, and storms, as well as tips on securing one's home and family. With its down-to-earth approach and easy-to-follow instructions, the book offers a comprehensive guide to achieving self-reliance. The wealth of information covered includes recipes, DIY projects, and month-by-month food schedules, making it an invaluable resource for anyone looking to prepare for potential emergencies. This book is a valuable resource for those looking to prepare for emergencies, offering practical tips and information on how to stay safe and secure in the event of a crisis. Unlike many SHTF books that focus on bugging out, this one provides guidance on staying put and preparing for situations where evacuation is not possible. The author's approach is well-organized, easy to follow, and provides detailed instructions on topics such as food storage, water purification, medical supplies, and generator use. The book is filled with useful information that can be applied to various emergency scenarios, making it a great tool for anyone looking to improve their preparedness. Both individuals are enthusiastic about preparing, which prompted me to acquire one for our son and his grandson. I found the book to be excellent, offering a wealth of information that I had not previously considered. Unfortunately, it sold out initially, but I was able to purchase two copies a week later. The books arrived in perfect condition and will serve as a "happy" gift for them at Christmas. Although some reviews mention minor issues with typos, I focused on the valuable ideas presented in the book. It provides essential information to keep me and my family safe, especially in situations like natural disasters or storms. The guide devotes significant time to food storage, an important aspect of disaster preparedness. The recipes and menu ideas provided are easy to follow and can sustain us for three months. The book is well-structured and covers various topics, making it a great reference for beginners or those new to off-grid emergency readiness. I appreciate the author's wisdom and enthusiasm, which shines through in the writing. This book would be beneficial for anyone seeking to enhance their preparedness skills. I've read several reviews that praise the book's usefulness, even if some minor issues with editing are present. The shipping was fast, and the books arrived in excellent condition. I'm grateful for this comprehensive guide to bugging in and appreciate the author's efforts in creating a valuable resource. Overall, I highly recommend this book as an essential tool for anyone looking to improve their disaster preparedness skills. Given text here the other two books I bought are okay funny story my wife knows I'm a little bit obsessed with getting our house and property ready for a disaster so when she saw a Facebook ad for The Bug-In-Guide she couldn't help but order me one at first I thought this would be the same rehashed info you see all over the internet not good not terrible you probably know what I mean but let me tell you once I started reading I could not put it down for hours I was scribbling stuff down making lists and planning the next stockpile trip make sure you get the original version has a lot of information in it thought it would be a little bit more info but Im satisfied with the product this book is full of practical advice and guidance keep it for the time well need it check list inside of what to keep on hand before its too late there are so many good practical and very interesting tips in this book I am enjoying this read I just wish I had it a long time ago I highly recommend this book has so many ideas and tips many I havent even thought of good book to have great information this book is spot on when I saw thats written by a former Navy Seal I just knew I had to get a copy the survival hacks Joel shared in his book Ive never seen shared anywhere else in over a decade of prepping highly recommended if you want to prepare to outlast a crisis in your own home as I do at my age excellent information inside very pleased with book would recommend everyone needs to have this book very informative has alot of info and pictures very good information on a lot of relevant subjects easy to read and follow I really like this book I have several books in the same genre and this is one of the best play video came in large box with plenty of packing but the rip and dog eared corners and somewhat bent cover at the spine make me think I paid the cost for a new book but received a used copy maybe someone returned it looks to contain some good and useful info tho if youre okay with a used condition book at full price Id say go for it written with the common person in mind there is even a section on best canned goods to find from Walmart to add to your stockpile pleasantly surprised although theres always more to know this book has alot of good information some sources of items are made available which is wonderful a thorough book on foraging and utilizing wild foods is a must companion book or books I didnt agree completely with the only seeds you need section as survival okra isnt necessary at all growing zones must be considered sprouts grown inside in 3-5 days is a powerful nutritional source which can matter particularly in the winter remember a garden which is very helpful takes pre setup knowledge and experience I strongly recommend gardening but its not a quick solution this guide has great information especially for those just starting to prep but it also has good information experienced preppers Im always wanting to learn more and be more self sufficient this seemed like the perfect book for learning Ive not yet read the book but am looking forward to it We're so confident in the information inside our book that we'll give you a full refund if you're not completely satisfied with it. All you need to do is send us an email or message within 60 days, and we'll gladly return your $37 investment. You can even keep the physical book and bonuses if you choose to. That's how much faith we have in this guide's ability to help people stay safe. Joel Lambert spent 10 years as a Navy SEAL, completing covert missions in Kosovo and Afghanistan. After leaving the Navy, he worked as an instructor at BUD/S, training those who wanted to join the elite SEAL team. He was later recruited by Discovery Channel for their reality show "Manhunt," where he'd infiltrate secured areas of various countries and evade capture. However, Joel emphasizes that bugging out is a last resort, only something you should do if everything else has gone wrong. Instead, he's dedicated to teaching people how to survive in their own homes during times of crisis, using the same skills he relied on as a SEAL. This book contains all the knowledge and techniques he's gathered over the years, and it's something every household should have. A Safety Net for Hard Times: Protecting Your Family in Crisis In the face of any crisis, including natural disasters like fires and tornadoes, or more severe ones such as EMPs, civil wars, or economic meltdowns, having a plan is crucial. A Navy SEAL's Bug-In Guide can help you prepare and protect your family by providing essential skills and methods to survive with minimal outside help. The guide covers various aspects of preparedness, including food, water, communication, security, and more. By following the advice in this book, you can cover all your bases and avoid wasting money on unnecessary items or bogus products. You'll learn how to build small projects for a self-sufficient life, such as growing and preserving your own food, gathering rainwater, and making natural remedies. One of the most important steps is becoming more self-sufficient by stockpiling the right supplies and absorbing essential skills. This will not only save you money but also give you peace of mind knowing that you can take care of yourself and your family during a crisis. The Bug-In Guide can also help you save thousands of dollars on backup generators, food, medicine, and other essentials. By learning how to grow your own food and medicine, you'll add significant savings to the list. What sets this book apart is its focus on providing practical solutions that work for real people, not just advertising hype. The guide includes easy-to-implement DIY traps and alarm systems to ensure your property security, making you the one in control of your home's safety. Furthermore, the book reveals simple methods to make your house invisible to looters and FEMA agents, drastically reducing the risk of unwanted visitors. This is a precious gift for future generations of your family, providing them with the skills and knowledge to protect themselves during difficult times. Survival information that will be valuable for generations to come. If you pass this book down, it'll help your descendants in times of need and they'll thank you for having the foresight to prepare them. I hope you take advantage of A Navy SEAL’s Bug-In Guide, but even if not, I appreciate you reading this message and watching the accompanying video. God bless you and stay safe! Claim your discount and free gifts now. A comprehensive guide to crisis preparation, A Navy SEAL’s Bug-In Guide will help you prepare for various emergencies, including extreme situations like EMPs, civil wars, or economic meltdowns. By having it on hand, you'll have the best insurance policy for your family. Don't wait until it's too late to take control of your own survival. Many essential items will become impossible to obtain during a crisis. Rely less on corporations and government, and more on yourself by becoming self-sufficient through stockpiling, skill-building, and DIY projects. Stop wasting money on unnecessary products and focus on what truly matters. The Bug-In Guide can help you make informed decisions and save thousands of dollars in the process. With this book, you'll no longer worry about break-ins or looting. Simple DIY traps and alarm systems will keep your property secure, allowing you to sleep soundly at night. Take control of your security and rely less on an unreliable police force. Turn your house into an almost invisible shelter using the simple methods revealed in the book. Just as there's an art to human camouflage, there are ways to make a home disappear in plain sight. You should act quickly to reduce your home's vulnerability to looting, rioting, or unwanted government visits during a crisis. Even if someone is directly outside, they might hesitate to enter without being invited in.

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