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Reality transurfing english

Transurfing: Harnessing the Power of Reality through Choice and Mindfulness The moment a person synchronizes with the pendulum's frequency, an energetic exchange occurs between them and the pendulum. For this synchronization to happen, one's thought energy must resonate at the same frequency as the pendulum's resonance frequency. I'm not taking part in the pendulum's game, but I'm also not trying to defend myself against it. It's essential to recognize that our habitual reactions to annoying situations can activate the pendulum's capture mechanism, drawing us into its influence. Transurfing is a powerful tool for shaping reality through conscious choice and mindfulness. By applying this concept, one can take control of their life and make desired changes. The book doesn't promise specific outcomes but rather helps readers become aware of their choices and their impact on reality. Those who have tried Transurfing report being surprised by the profound shifts in their perception of reality. This book offers a fresh perspective on the world and our place within it. It encourages readers to reevaluate their choices and relationships with themselves, their minds, and others. The author's unique approach has resonated with many, transforming their lives in unexpected ways. With Transurfing, individuals can tap into the infinite possibilities of reality, aligning their desires with their current circumstances. For those interested in exploring the intersection of philosophy, psychology, physics, and human consciousness, Transurfing is an accessible and thought-provoking read. Its impact extends beyond the pages, inviting readers to embark on a transformative journey of self-discovery and personal growth. As long as we're not seen on a pedestal, nobody really cares what we look like or where we came from. Some folks, like American Indians, believe that copying someone's portrait takes away a piece of their soul, but let's be real, it's just superstition. What matters most is the freedom to create and share our ideas without being tied down by personal biases. My name is irrelevant; I'm more of a "retranslator" of Transurfing than its creator. This knowledge isn't about me or my personality; it's about using our choices to reshape reality in our favor. When we understand this, the impossible becomes possible, and reality transforms into something we can manage through simple rules. The secret is hidden in plain sight, and when we see through it, our personal selves become less relevant. Perhaps those who shared this wisdom with me are of interest, but even they prefer to stay behind the scenes. Transurfing: A Powerful Tool for Creating Your Reality This book breaks down the Transurfing principles into 78 concise chapters, empowering readers to change their destiny. By applying these fundamental principles, individuals can gain the power to shape their own reality and create a life aligned with their goals. The course teaches that physical reality is not a fixed phenomenon but rather a constantly changing tapestry of possibilities. By focusing one's attention on specific decisions, individuals can learn to navigate the vast array of options and bring about desired outcomes. The knowledge gained from this journey opens eyes to the illusory nature of external reality and reveals the true potential for shaping one's life. Transurfing is a unique technology developed by Russian scientist Vadim Zeland, focusing on the idea that thought has no material impact but can influence the infosphere, which in turn shapes material reality. The theory postulates that information is primary, while matter is subsidiary, and that the informational field, or ether, serves as a carrier of information. The main idea behind Transurfing is to look forward into the future and compose one's own reality by choosing the film roll and determining the direction of life's frame. This approach emphasizes the importance of focusing attention and utilizing special techniques to create desired outcomes. Transurfing is a widely practiced doctrine with many followers worldwide, from Canada to New Zealand. Its effectiveness has been proven through personal experiences of its adherents. Vadim Zeland, a prominent Russian esoteric author, has written several books on the subject, which have been translated into over 20 countries and remain popular in Italy, Germany, France, and the Arab world. The method is taught in various schools globally, with significant growth seen in the USA recently. Despite the numerous published works and available versions of the book, it's difficult to estimate the number of readers due to millions of unofficial copies circulating online. Vadim Zeland is considered a readable modern writer, yet his personal life remains shrouded in mystery. His name appears on the list of 100 most spiritually influential living people, according to British magazine Watkins Mind Body Spirit. However, some individuals warn against certain coaches and trainers who may not provide genuine Transurfing knowledge, emphasizing caution when seeking instruction. Space is structured in a hierarchical system with different sectors, each representing an alternative scenario. The distance between these sectors affects how closely they resemble one another, with more distant ones exhibiting significant differences. Organisms contribute to the creation of materialization through their thoughts and energy. As parameters change, individuals shift towards a new life line. While scenery exists regardless, our perception of it can be altered by choosing an alternative reality. Unconditional love is about genuine admiration without expectation or possession. It's about letting go of conditions and comparisons, which can lead to dependent relationships that create excess potential. Idealization only ends in disillusionment. To experience reciprocal love, you must release the need to possess and assert superiority. Your positive qualities compensate for any shortcomings, but striving to hide them actually creates the opposite effect. Instead, focus on letting go of guilt and the need to justify your actions. Give yourself permission to be yourself, without judgment from others. Money will come naturally as an attribute on your path to success when you greet it with love and attentiveness. Having let go of inner and outer importance, you acquire freedom of choice. Reduce the importance you project onto obstacles, instead of trying to overcome them. Take care without worrying. In your own world, each person creates a separate layer that can be compromised by negative energy. Aggression is often mistaken for strength, but it's actually a sign of dissatisfaction. Don't react to negative events; instead, intentionally ignore the information and focus on your inner state. The mind interprets information using established designations, while the heart feels and knows. New discoveries come from unrealised sectors in the alternatives space. The heart serves as a medium between new information and the mind. By paying attention to your inner state and foregoing the projection of importance, you're free to choose your destiny and make choices without unnecessary constraints. To achieve what you want, don't just act on instinct but instead take a step back and think about your strategy. The information structure is like a chain of cause and effect, which generates different paths to consider. These paths are influenced by our inner and outer priorities, which can sometimes throw us off track. The key to success lies in understanding that everything works in harmony and simplicity. What's important is not the situation itself but how you respond to it. Pay attention to signs that indicate a possible shift in direction, such as changes in your mood or intuition. These signs are like warning signals that help you make better decisions. It's also essential to let go of control and trust the natural flow of life. When we try to force our way into something, we can become stuck. Instead, focus on observing and adapting to the situation. This will allow you to take genuine control and move forward with ease. In your dreams, your mind is in charge, but it's not a reflection of reality. Remember that intention is what drives us, not just desire or external factors. Focus on the process, not just the outcome. And when you wake up, be aware of your thoughts and emotions to make informed decisions. Ultimately, success comes from aligning your inner and outer intentions, allowing yourself to move with the natural flow of life. Detachment from life's game allows for awareness, achieved by being a vigilant observer with mental clarity. This detachment isn't about controlling things but observing them, and control should only be exercised to bring desired outcomes into your life. To make those outcomes possible, you have to imagine they'll happen exactly as you desire. Inner intention is the resoluteness in acting on something, while outer intention is the power that makes it happen. However, this process can fail, so accepting failure at the start reduces its importance and allows progress towards a goal without overthinking it. Illusions aren't fantasies but different perceptions of reality by individuals present in the material world. Inner convictions can distort how we perceive reality, creating "slides" - personal beliefs that others may not share. These slides are based on importance and cease to exist when their significance is gone. Outer intention realises the content of these slides gradually, and it's beneficial to focus on positive slides that bring joy both to your heart and mind. The will to have is knowing you deserve what you want and can choose it freely. Positive slides help push boundaries and make the impossible seem plausible. They're not just images; they should be lived in the virtual world, allowing any information related to your dream into your life. It's about visualising the process of growth rather than focusing on results. In Transurfing, the heart can feel outer intention but lacks will, while the mind has will but cannot feel it. The union of heart and mind harnesses this power, making them as capable as others. Everyone deserves their best; they just need to use what's within them. Stars shine regardless of pendulums' light, and individuals have unique abilities that can be hidden by rules like "Do as I do." The rigid walls of accepted norms can only be shattered by embracing our true essence. Every person has a unique spark waiting to be ignited, but it requires courage to defy societal expectations. Allow yourself the audacity to reject mediocrity and tap into your boundless potential. Your individuality is a gift that deserves to shine. In a world governed by dependencies and conditioned responses, remember to stay grounded in self-awareness. Don't attach too much significance; instead, focus on the essence of things. It's not about effort or persistence but about cultivating conscious intention. Your inner being holds the secrets to your true nature. By aligning with your soul, you'll discover hidden strengths and virtues. In a state of unity, your heart will sing in harmony with your mind's satisfaction. Don't fixate on means; it's a path that leads to an elusive goal. True fulfillment comes from embracing what already is, not chasing after external validation. Pay attention to how you feel when considering your goals, and never let others dictate what you should strive for. A genuine goal brings comfort, while a forced one feels like oppression. Listen to your inner voice; it knows exactly what you want. Don't think about prestige or practicality but focus on the feelings that arise from considering your aspirations. Affirmations should be positive, narrow in scope, and focused on the cause, not the effect. When your desire is free of attachment, you'll find yourself effortlessly taking what's yours, just as you take a letter from the mailbox. Chapter 10: Goals and Doors A goal imposed by others feels like an obligation, a burden to prove oneself. It often masquerades as a means to achieve material success or prestige. Pay attention to your heart; it knows exactly what makes life joyful and happy. Don't worry about the how until you've clearly defined your true desire. Listen to your inner voice, which always responds truthfully. Slides may ease inhibitions, but they won't eliminate discomfort. Your heart knows its boundaries, and it's not the mind's task to find them. Instead, focus on paying attention to both external information and your inner guidance. Your door is the path that will lead you to your true purpose, a place where your heart sings in harmony with your mind's satisfaction. The path to achieving your goal starts with visualizing it clearly in your mind. If you can't see the way, imagine the mental picture of your target destination. Your true intention will guide you towards your life's purpose. When you feel inspired on your journey, you know you're on the right track. Every action you take should be effortless and meaningful. Remember not to script out every detail in your mind; trust that you already possess what you desire. Don't put all your hopes and dreams into one "basket." Instead, explore alternative options and find potential substitutes. Be cautious not to slam any doors shut or burn bridges behind you. Avoid letting others influence your decisions; have faith in yourself. In Chapter 11, we discuss the importance of energy flow. Physical action drains our physiological energy, while intention relies on free energy. This energy flows through our body in two opposing currents, and stress blocks the flow of intention. To overcome stress, acknowledge its importance and let go. If you can't release your importance, it's futile to try relaxing. Strengthening your energy shield through exercises is essential. High energy levels depend on open central meridians, which can be widened by cleansing the body and performing energy exercises. Inner intention focuses on healing and getting better, while outer intention prioritizes a healthy lifestyle. Never accept the destructive cycle of illness pendulums. In Chapter 12, we learn about leveraging others' inner intentions to achieve our goals. The core of inner intention lies in self-worth. Rather than trying to change yourself or others, focus on increasing others' sense of self-worth. By doing so, you'll attract attention and create a positive impact. To achieve this, express genuine interest in those around you and let go of your desire for gain. Outer intention helps you understand the inner intentions of others. Arguing and criticizing are mental battles that harm others' self-esteem. Avoid such actions and instead, work towards defending their self-worth. By doing so, you'll build stronger relationships and create a positive impact. Healthy visualization creates a comfortable energetic environment, while an individual's personal power is proportional to their free energy. Charm is the result of mutual love between heart and mind. Lastly, allow yourself to acknowledge your shortcomings and weaknesses; it's through embracing these that we can truly grow. You can't find your strength unless you first find your voice. When you're not holding on to something, you stop feeling insecure, and that's when confidence starts to come through. When there are no stakes involved, you don't need any self-confidence. Without importance to defend yourself against, you lose motivation. Don't fight the battle when provoked; change how you respond to it instead. Be indifferent to failure and avoid setting limits for yourself. You have complete freedom of choice, all that's required is the will to take action. Focus on your goal like you already achieved it. The law says that the choices you make define who you are. You can shape your reality by making those choices. How do you not feel afraid? Find a safety net for yourself or an alternative route. How do you stop worrying or getting anxious? Act immediately. How do you stop wanting something? Accept that you might lose and act anyway. How do you avoid waiting for the future? Take action now instead. How can you become more valuable to yourself? Stop fighting with your self-worth. How can you not get irritated? Change the game by playing with the pendulum and breaking its rules. If you're filled with guilt, stop justifying yourself. When dealing with resentment, stop battling against it and go with the flow instead. Don't worry if you can't manage resentment; let yourself feel that way too. The Transurfing rule is to accept yourself and others, eliminating polarization. Awareness means being present and aware of actions, intentions, and their consequences. The pendulum's laws help organize structures, but enslaving will can lead to zombification. To break free, adopt the spectator role and focus on goals. The world has two aspects: material reality and metaphysical alternatives space. Reality is perceived through conditioning. Life is a non-lucid dream; observe it with an objective mind. Lower importance levels and flow with the universe's rhythms to navigate. Life is a co-creative process with God, driven by striving towards goals. Species evolution is influenced by intention. God creates reality through intentions, giving beings freedom to shape their world. Expressing intention means aligning with God; doubt is not possible. Create without question or resistance. The mirror reflects relationships, formed in heart and mind unity. Delays occur, but ignore the nature of relationships instead of thinking about what's lacking. Release attachment and let the world flow naturally. Any reflection should be seen as an opportunity for growth. You have the power to shape your reality through your thoughts, so it's essential to control your mental outlook. Change your perspective on things and focus on the end goal, rather than dwelling on obstacles. Your emotions play a significant role in this process, but don't let them consume you - instead, change how you relate to problems. Concentrate on what you're doing in the present moment, without getting caught up in justifications or self-proofs. Regular practice is key to success, so find the techniques that work best for you and stick to them. By focusing your intention on creation rather than reception, you can unlock new ideas and manifest your desires. Training yourself to tune into your inner comfort allows for the freedom to make deliberate choices about your life's direction. By letting go of external expectations, you can find liberation from the pressures that hold you back. This newfound autonomy empowers you to explore and pursue what truly resonates with you. The natural flow of life is like a stream, where the paths of least resistance lead you toward effortless progression. However, when internal or external forces disrupt this balance, you're drawn away from your optimal trajectory. It's essential to recognize that it's not the obstacles themselves but rather your attachment to them that creates suffering. Pay attention to the subtle signs and nudges that guide you toward change. These gentle whispers can be a clear indication of an opportunity for growth or a need to re-evaluate your path. Don't be afraid to trust your intuition and make decisions that align with your inner wisdom. Ultimately, embracing uncertainty and the unknown allows you to tap into a deeper sense of control and harmony within yourself. By releasing the grip of control and instead observing the flow of life, you'll discover real freedom and find yourself moving in alignment with your true nature.