I'm not a robot

If you're ready to buy your next California king mattress, keep these factors in mind:SizeMany people may assume that a California king mattress is the biggest bed you can get. But that's not strictly true. The size difference between a king and a California king mattress is all about the scale of the bed. A king mattress is 76 inches wide by 80 inches long. California king mattresses are 72 inches wide and 84 inches long, so you're trading width for length.To choose between a king and a California king, decide in which direction you need more space. ConstructionThe materials used to make your mattress will determine its lifespan and level of support. It will also determine the feel of your bed. If you like memory foam's dense, sinking feeling, stick with brands like Tempur-Pedic. If you're unsure about what you want, I suggest a neutral foam, such as Brooklyn Bedding, or a classic pillow top, like Saatva. Construction also matters when it comes to your body type. I always recommend that heavier folks, or those who want to feel the support from their bed, opt for a hybrid bed with steel coils. All-foam beds can sag over time depending on use, so it's best to avoid the problem by option for coils. That doesn't mean you can't enjoy memory foam; it just means there should be a coil base under the foam layers.FirmnessFirmness and feel are the two most important factors in determining whether you're happy with your bed. Yes, construction is important, but if we're talking about day-to-day satisfaction, firmness is the start of it all. Your weight and sleeping position will help you determine how firm you need your bed.Heavier people will experience a bed as softer because they put more pressure on the bed, while petite people will put the least pressure on the bed, making it feel firmer. That said, your sleeping position is the best way to narrow down how firm of a bed you need.Side sleepers need plenty of cushioning to avoid pressure points on their shoulders, hips and knees. Softer beds are best. I'd say medium or below is the sweet spot.Back and stomach sleepers require firmer beds to maintain proper spinal alignment during sleep. That doesn't mean you need the firmest bed out there. Although probably medium to medium-firm and up.Combo sleepers have the most flexibility, though my advice is to consider the sleeping position you spend the most time in and decide based on that.Some beds, like the Nest Sparrow, allow for split California king mattresses to have two different firmness levels. At 72 inches wide by 84 inches long, the California king is the longest of the six standard mattress sizes, but it’s not the largest. That award goes to the standard king, which offers more surface area at 76×80 inches. California kings are best for couples who want space while they sleep, and those who share their bed with children or pets. It’s also worth noting that due to material costs, California kings are typically the most expensive option for any given model, and that they usually share a price point with their standard king peers. At a Glance A sturdy mattress with a lifetime warranty, the WinkBed is our choice for the best California king mattress. It has targeted cushioning of pressure points and top-notch edge support. A single sleeper may enjoy the roominess of a Cal king, but our guide focuses primarily on criteria that matter most to couples (durability, edge support, motion isolation, & cooling). Need the Cliff’s Notes version? Watch 1-minute video reviews of our top picks. Most Comfortable Helix Midnight Luxe 27% off sitewide with code: SF27 Shop at Helix Pillow-top cushioning and zoned lumbar support for an extra-comfortable California king bed. See More Details Best Value Silk & Snow Mattress $150 off at Silk & Snow Shop at Silk & Snow An affordable memory foam mattress that minimizes motion transfer for couples sharing a California king. See More Details Best Luxury Saatva Classic Buy more, save more. Up to $625 off Shop at Saatva A durable, high-end design that ticks all the important boxes for a California king size mattress. See More Details Best for Side Sleepers Nolah Evolution 15 30% off sitewide Shop at Nolah Zoned pressure relief for side sleepers in a California king-friendly hybrid mattress model. See More Details Best for Couples Leesa Sapira Chill Hybrid 30% off select mattresses Shop at Leesa Adaptive foam and zoned coils are a winning combo, delivering top-notch motion isolation for couples in this hybrid California king mattress. See More Details Best for Back Pain Bear Elite Hybrid 40% sitewide with code: SF40 Shop at Bear Zoned pocketed coils ensure healthy spinal alignment in this California king. See More Details Best Cooling Brooklyn Bedding Aurora Luxe 25% off sitewide with code: LABORDAY25 Shop at Brooklyn Bedding Three firmness options and high-tech cooling features make this a no-brainer for California king sleepers in warm climates. See More Details Best for Heavy Sleepers Titan Plus Luxe 25% off sitewide with code: LABORDAY25 Shop at Titan A plush, supportive hybrid that accommodates heavier California king sleepers and their partners. See More Details Best Organic Birch Mattress 27% off sitewide with code: SF27 Shop at Birch A sustainably built hybrid with numerous benefits for a California king mattress. See More Details King and California king size beds differ in terms of their measurements and how much space they take up. The two beds have the following measurements: King: 76 inches x 80 inches California king: 72 inches x 84 inches Taller people who tend to sleep stretched out might prefer the California king since it measures 7 feet in length. People with pets might also prefer the additional length, so pets can sleep comfortably at the end of the bed. The size and shape of your bedroom can also influence which king size you prefer. The beds take up the following square footage: King: 42.22 square feet California king: 42 square feet Bedding is another factor to consider when choosing between a standard and California king. The standard king mattress is more common, so there are more bedding options for that size and it’s likely easier to find low-cost bedding. Different people need different characteristics in a mattress depending on their preferences, sleep position habits, and body weights. The following factors determine how a mattress feels to you, how long it will last, how well it supports you throughout the night, and more. Price: Most mattress companies offer king and California king sizes at the same price, so mattress cost isn’t usually a differentiating factor between those two sizes. Mattress prices often differ based on the quality of materials used. Online retailers have been able to offer lower prices by cutting costs associated with showrooms and stores. Sleeping Position: Your preferred sleep position influences which mattress is best for you. People who sleep on their backs might prefer firmer mattresses that offer adequate lumbar support. Side sleepers often need softer mattresses so they don’t develop pressure points in their shoulder and hip areas. Bodyweight also factors in, with heavier folks needing firmer mattresses. Mattress Type: Mattresses come in multiple constructions: innerspring, all-foam, hybrid, latex, and airbed. Each mattress type has its own feel. Innerspring and latex mattresses tend to be bouncy, while hybrid and foam beds are more conforming. Of course, there is also quite a bit of variation within each mattress type. Contouring: Contouring is the degree to which a mattress conforms to or cradles weight placed on top of it. Memory foam is the mattress material known for providing the most contouring. Memory foam can “hug” the body, providing a sensation that many sleepers enjoy. Contouring mattresses tend to cushion the body well and relieve pressure. All-foam mattresses and hybrid mattresses with memory foam are most contouring. Quality Materials: Each mattress material, from steel coils to memory foam, comes in a range of quality levels. Often, but not always, higher-quality materials come with a higher price tag. When it comes to memory foam and polyfoam, higher density is generally higher quality. In the world of latex, typically the more natural the product, the higher the quality. Firmness Level: The mattress firmness scale ranges from 1 to 10 and provides a standardized measurement according to which the firmness of different mattresses can be compared. Most mattresses fall between 3 and 8 in terms of firmness, while most sleepers prefer mattresses in the 4 to 6 range. Edge Support: Edge support to how firm the edges of a mattress remain when weight is put on them. When a mattress has strong edge support, sleepers can use the full surface of the bed without fear of rolling off due to buckled edges. Innerspring mattresses are known for superior edge support. Tester uses a weight to test edge support. Temperature Neutrality: When a mattress is truly temperature neutral, it doesn’t cause a person to feel too hot or cold throughout the night. Sleeping hot is a problem many people face. Foams and other materials that contour closely also tend to trap heat. There are many efforts manufacturers make to counteract this and achieve temperature neutrality. Noise: Some mattresses, particularly those with innersprings, can make noise when weight is put on them or movement occurs. Individually-encased pocketed coils are generally quieter than innersprings, which can squeak. All-foam mattresses tend to be the quietest of all and are virtually silent. There are five major mattress constructions on the market today: innerspring, foam, latex, hybrid (a combination of coils with foam or latex), and airbed. Generally, since the mattresses within each category are constructed similarly, they share commonalities and features. That being said, there is plenty of variation within each mattress type category as well. Individual models of mattresses within a larger group fall across a spectrum in terms of quality, materials used, and performance. Definition: Hybrid mattresses are an attempt to combine the best characteristics of different mattress types into a single bed. Hybrids contain a coil support core and comfort layers of either memory foam or latex. They are usually cooler and have stronger edge support than all-foam beds while providing more cushion than the average innerspring mattress. Widely Comfortable: California king mattress shoppers often share a bed with a partner, kids, or pets. Hybrids can be a good choice for bed sharing because they tend to stay temperature neutral due to airflow through the coil layer. Their feel is often a mix of responsiveness and conforming, which can be a good compromise for people with different preferences. Definition: Springs make up the support core of innerspring mattresses and create a bouncy, responsive bed. Innersprings tend to remain temperature neutral and provide a firm sleeping surface. As one of the oldest mattress technologies, innerspring mattresses are some of the most affordable beds available. Cooling Firmness: Innerspring mattresses allow for a lot of airflow and, as a result, remain temperature neutral throughout the night. People who sleep hot or share a bed will find that an innerspring mattress doesn’t trap heat the way some all-foam or hybrids might. Definition: Latex is made from natural or synthetic rubber and can be used in a mattress’s support core, comfort layers, or both. Latex mattresses tend to be the longest lasting and can potentially last decades. Sleepers who enjoy a soft yet responsive mattress surface will be happy with a latex mattress. Responsive Comfort: Latex provides cushion and contouring without sinkage. People who share a bed can enjoy the softness of latex without worrying that they will sink too far into the bed or into each other. Definition: Airbeds, not to be confused with inflatable air mattresses, are beds that use air chambers instead of coils, foam, or latex as their support core. Often, the air levels in the mattress can be controlled, allowing sleepers to instantly make their mattresses softer or firmer to meet their needs. Adjustable Support: Many airbeds have separate, adjustable firmness levels on each side of the bed, which is a major benefit to people who share a bed. If you fall in a different weight group or have different mattress preferences than your sleep partner, you could adjust only your side of the bed in many airbeds. Definition: Foam beds are known for the “hugging” sensation of memory foam, though not all foam beds are extremely conforming. Foam makes up both the support core and comfort layers, although some beds have additional comfort layer materials as well. Foam beds can tend to trap heat, so many are constructed with infusions of cooling material to help sleepers stay temperature neutral. Contouring Relief: Foam mattresses can be a good choice for people who share a bed with someone who prefers a different sleep position. Memory foam tends to provide the most cushion and pressure relief, and a well-constructed foam bed will be supportive of all sleep positions. Our industry-leading product testing team cares deeply about improving your sleep. Having a holistic understanding of a mattress’s role as part of a sleep system is paramount to our testing process. Since a bed’s comfort and feel depend largely on body weight and sleeping position, our testing team represents a wide range of body types, sleep positions, and comfort preferences. In our Seattle-based Test Lab, we use an objective, hands-on process to evaluate mattresses across performance categories. The following are the key guidelines that inform our performance ratings. Our ultimate goal is to ensure you have all the information you need to make the best purchase decision for you. To determine a mattress’s overall score, we assign weighted percentages to performance categories based on how important they are to the individual sleep experience. For instance, areas like pressure relief and temperature control tend to matter more to people than something like off-gassing, and because more people sleep on their side and back than on their stomach, we weigh those positions more heavily. This criteria alludes to the amount of motion a mattress absorbs when a sleeper moves on the surface. We use two testers lying side by side to evaluate motion isolation, who each feel for transfer while the other person moves on the mattress. To determine how well a mattress regulates temperature, we perform temperature tests and look closely at its materials and construction. Many mattresses are designed with cooling components meant to reduce heat retention. A bed with strong pressure relief excels at preventing pressure from building up in areas like the shoulders and hips. Beds with even contouring and weight distribution are top performers when it comes to pressure relief. A mattress in a box may release unpleasant chemical odors for a short period after you’ve unboxed it. The initial smell may be strong but typically fades within 2 or 3 days. This criteria reflects how easily a sleeper can move across a bed’s surface. Responsive surfaces made of latex typically perform better than foam surfaces, which can inhibit movement. We perform sit tests along a bed’s perimeter to measure how well the edges push back against weight. Mattresses with strong edge support have minimal sagging when sleepers sit on or lie close to the perimeter. If you’re still not sure a California king mattress is the right choice for your needs, you can review our detailed recommendations broken down by size. Bed Frame: Since California king mattresses are less common, bed frames might be harder to find. For simplicity, you could purchase a mattress from a manufacturer that also sells bed frames. Sheets and Bedding: California king size sheets and bedding are less common than standard king size sheets and bedding. As a result, you may have to do more searching and deal with having fewer bedding options. Doorways and Room Size: California king mattresses run 4 inches longer length-wise and 4 inches shorter width-wise than standard kings. Anyone interested in buying a California king should take this into consideration when measuring their spaces, because it could make the mattress easier or more difficult to install. Mattress Weight and Setup: California king and standard king mattresses have nearly identical weights, though California kings might weigh slightly less since they are slightly smaller in terms of square footage. Both mattress setup processes are generally identical. White Glove delivery services include in-home assembly, which may be worth it if you need assistance setting up a larger mattress. Sometimes known as a western king, a California king mattress offers more legroom than a standard king bed, and to some people’s surprise, a slightly smaller width. In addition to added space for your furry friends or big-and-tall partner, the best California king mattresses come with enhanced features and premium designs that make them well worth their investment. Our editors’ best overall choice is the Helix Midnight Elite, the highly-rated brand’s top-tier mattress option with enhanced edge and lumbar support, a cooling cover and a snuggle-worthy pillow top. The premium Helix Elite Mattress is one of the most premium online beds on the market and our top choice for the best California king mattresses.ILLUSTRATION: FORBES / PHOTO: RETAILER If you’re interested in another bed that caters to your specific niche, we’ve included seven other California king mattresses that suit a broad range of preferences and budgets. All of our picks have been reviewed by our team of mattress and sleep editors and are highly-rated by everyday shoppers. Gear-up to sleep like royalty with our best California king mattress choices below. Our Top RecommendationsBest California King Mattress Overall: Helix Elite MattressBest Affordable California King Mattress: Nectar Premier MattressBest California King Mattress For Side Sleepers: Nolah Evolution 15Best Hybrid California King Mattress: Leesa Sapira Chill HybridBest Organic California King Mattress: Avocado Green MattressBest California King Mattress For Heavy People: Big Fig MattressType: Hybrid | Firmness: Medium | Delivery: Free shipping (in a box) | Trial: 100 nights | Warranty: Lifetime limited | Split option: NoBuy if:You want a mattress with a responsive, balanced feelYou prioritize back and edge supportYou sleep warm (built-in cooling cover)You’re a side, stomach or combination sleeperSkip if:You want a mattress with a prominent memory foam feelYou want a bed that’s particularly soft or firm The Helix brand is one of our editors’ top-favorites and the Elite is a step above the Helix Midnight Luxe—our choice as the best mattress overall. It’s a luxury hybrid mattress equipped with almost everything a sleeper could want, besides smart features (which is its own other ballgame). Sandwiched in between its 16-inch construction are two layers of coils; one microcoil layer sits near the top for contouring and support while the bottom houses the primary support layer made zoned with pocketed coils that are denser under the lumbar region for spinal reinforcement. It also contains comfortable foam layers that contour around your curves without making you feel like you’re sinking. Finally, its cooling quilted pillow-top gives the bed a light and fluffy feel and boasts a physically cool-to-the-touch GlactioTex cover—an upgrade you have to pay extra for on many competing mattresses. With a medium firmness level with ample pressure relief and support, we think it accommodates most sleeping positions including side, back and combination. Stomach sleepers may want to consider a firmer option like the Helix Dawn Elite for better spinal lift or a denser option on our list like the Plank Firm. Type: Memory foam | Firmness:  Medium-firm (6.5) | Delivery: Free shipping (in a box) | Trial: 1-year | Warranty: Forever | Split option: NoBuy if:You share a mattress and don’t want to feel your partner’s movementsYou enjoy a hugging memory foam feelYou’re a side, back or combination sleeperSkip if:You weigh over 250 pounds (try the hybrid)You’re a stomach sleeper in need of an ultra-firm bedThe Nectar Premier Mattress has that contouring, slow-responding feel you get from popular memory foam mattresses like the Tempur-Pedic (another memory foam mattress mentioned in our roundup), but it retails at a more wallet friendly price. It’s made with layers of gel-infused memory foam for better temperature regulation that the traditional material, which is known for retaining heat, and is fitted with a cooling cover that helps draw body heat away and leaves you feeling more comfortable. Our editors have tested the Nectar Premier Mattress and say it feels doughy without the feeling that you’re sinking, and has great motion isolating abilities. In other words, if you share your California king mattress with a partner (and/or large pet), you hardly notice a disturbance when they move. Editors also claim that the Nectar Premier is softer than advertised and leans more towards a medium than medium-firm on the firmness spectrum. This makes the bed a better choice for back, side and combination sleepers. However, it may be too soft to give stomach sleepers the alignment they need for good posture and sleep. In that case, we recommend the firmer Nectar Classic Mattress or the Plank Firm on our list. Due to its all-foam construction it’s a better option for sleepers under 250 pounds, but the brand does offer a hybrid version that’s more supportive and durable for heavy body types. Type: Memory foam | Firmness:  Firm (8) and extra-firm (10) | Delivery: Free shipping | Trial: 120 nights ($99 return fee) | Warranty: 10 years | Split option: YesBuy if:You’re a back or stomach sleeperYou like a dense foam feelYou weigh under 250 poundsSkip if:You’re against a $99 return feeYou’re a heavyweight sleeper (opt for the Plank Firm Luxe)Most beds fall somewhere between medium and medium-firm, but the Plank from Brooklyn Bedding stays true to its name with a flippable design that boasts two firm profiles; firm and extra-firm. While the sound of such a hard mattress might be off-putting to some, body types close to 200 pounds, stomach sleepers and back sleepers can find solace in the alignment and comfort that the Plank Firm offers. It has a dense lifted feel that’s one step away from being the ground, with the help of its lightly quilted top that adds just a hint of cushion. You can also opt for the GlacioTex cover, a cooling cover upgrade for an extra $150. We see the Plank Firm being an optimal choice for stomach sleepers or back sleepers who prefer an ultra-dense, extra-hard feel. Though, it’s more supportive and long-lasting older sister Plank Firm Luxe is a better choice for heavier body types over 250 pounds who prefer a mattress with steel coils.  Type: Hybrid | Firmness: Plush (4-5), luxury firm (6-7) and firm (7-8) | Delivery: Free shipping | Trial: 120 nights | Warranty: Limited lifetime | Split option: NoBuy if:You want a choice of firmness levelYou want a plush, cushy mattress that feels like a pillow (plush model)You sleep hot (cooling cover design)Skip if: You don’t want to use deep pocket sheetsYou aren’t willing to pay a $99 return fee if you dislike the bedNolah as a mattress brand has always catered to side sleepers, and the Nolah Evolution is the top-of-the-line pick for side sleepers who want plushness with all the added upgrades. In addition to a thick and burly pillowy top, the Nolah Evolution 15 features several foam layers including zoned Air Foam, the brand’s own material that’s responsive, airy and more flexible under the shoulders for more pressure relief. In the base is a zoned pocketed coil layer meant to provide targeted support under the spine and softness for your hips and shoulders. Hot sleepers rejoice—the top cover of the bed is woven with cooling fibers that help wick away moisture and keep your body at a more neutral temperature. With three firmness levels to choose from, most side sleepers with petite to heavy body types can find a profile that properly suits their needs. The plush model is best for most side sleepers, especially those under 150 pounds, while the luxury firm may be a good pick for side sleepers over 250 pounds and side-leaning combination sleepers. Type: Hybrid | Firmness: Plush, medium-firm and firm | Delivery: Free shipping | Trial: 100 nights (free returns) | Warranty: Lifetime limited | Split option: NoBuy if:You’re prone to sleeping warmYou prefer a choice of firmness level to accommodate your needsYou want a responsive, balanced feel Skip if:You want a prominent, hugging foam feel like Nectar or Tempur-PedicA hybrid mattress is more durable and supportive than a regular all-foam bed, but the Leesa Sapira Chill stands out among competing models for its feature-rich design, versatility and ultra-comfortable feel that our editors enjoy. Senior mattress and sleep editor Bridget Chapman currently sleeps on the Leesa Sapira Chill and raves about the plush model’s pressure-relieving feel that accommodates her side sleeping habits. With up to 1,032 zoned pocketed coils that are reinforced around the edges for a stronger perimeter, five foam layers and fluffy quilted top, this bed’s blend of materials create a balanced feel that’s hard for anyone to dislike. It’s similar to disliking baby animals or a fresh slice of pizza because it’s that cozy. For the cherry on top, this mattress comes with a cooling cover that helps regulate temperature and wick away moisture. There are three firmness options to pick from, but make sure you choose one that suits your primary sleep posture. We recommend the plush model to side sleepers, medium-firm to back, stomach and combination sleepers and firm to back or stomach sleepers. See more about our best hybrid mattress choice in our Leesa Sapira Chill Hybrid review.Type: Memory foam | Firmness: Medium | Delivery: Free white glove delivery | Trial: 90 nights ($175 return fee) | Warranty: 10 years | Split option: YesBuy if:You sleep with a partner and value motion isolationYou want a mattress that contours to your curvesYou prefer white glove delivery and in-home set up over a bed-in-a-box deliverySkip if:You’re against a $175 return feeYou weigh over 250 pounds (consider the hybrid model)Tempur-Pedic is synonymous with memory foam due to its origination of the famous memory foam material, which was originally developed by NASA to help absorb motion in its rocketship’s seats. The result is a pressure-relieving, slow-moving and contouring foam that does an exceptional job at deadening movement across the mattress, a helpful feature for when you have a partner who constantly tosses and turns. The Tempur-Adapt Mattress is the entry-level model in its collection, but still features a cooling cover and multiple foam layers with a zoned section for targeted relief and support. It’s available in a medium firmness level, but we think Tempur-Pedic beds are slightly firmer than advertised. This makes it a good option for back, stomach, combination and some side sleepers. Keep in mind that the heavier you are, the softer a mattress feels. The 90-day sleep trial and 10-year warranty aren’t up to par compared to other brands, but complimentary white glove delivery and optional removal of your existing mattress are nice perks. Type: Hybrid | Firmness: Firm (7); also in medium (6) or plush (4) for an extra fee | Delivery: Free shipping | Trial: 365 nights ($99 return fee) | Warranty: 25 years| Split option: NoBuy if:You want a mattress made with certified organic materialsYou enjoy a responsive and bouncy feelYou’re a hot sleeperSkip if:You aren’t willing to pay extra for a softer modelYou value motion isolation most in a mattressMost mattresses are manufactured with some kind of processed synthetic material, but the Avocado Green Mattress goes the extra mile in being naturally derived, eco-friendly and comfortable. Its main materials are GOLS-certified (organic certification) latex foam, GOTS-certified cotton, New Zealand wool and recycled steel coils. Latex foam is known for its responsive, sponge-like properties, and in conjunction with the pocketed coils, these materials make the Avocado Green ultra-responsive. This is a plus for combination or “rotisserie” sleepers who switch around often and hate the feeling of being trapped inside of foam layers. The mattress is also good at preventing heat retention and promoting airflow, making it an optimal choice for sleepers who keep warm through the night. There are three firmness options to choose from and the softer the mattress the more money it costs. The plush model offers ample pressure relief and give for side sleepers, while the firmer models should be reserved for back and stomach sleepers. See what our testers have to say about the mattress in our full Avocado Green Mattress review. Type: Hybrid | Firmness: Medium-firm to firm (7 to 8) | Delivery: Free shipping | Trial: 120 nights (free returns) | Warranty: 20 years| Split option: NoBuy if:You and your partner weigh over 250 poundsYou’re a back, stomach or combination sleeperYou like a dense, lifted feelSkip if:You’re a side sleeperYou weigh under 250 pounds (its support level might be overwhelming)The brand name Big Fig stands for “bigger figure,” and its collection of beds cater specifically to sleepers with body types around 250 pounds and above. While regular hybrid mattresses do accommodate plus-sizes, the Big Fig is built differently with the capacity to support up to 550 pounds per side (compared to the average mattress that has a 250- to 300-pound capacity per side). Its construction includes up to 1,600 pocketed coils with dense foam rails to boost edge support capabilities, gel-infused foams for comfort and temperature control and a cover treated with the brand’s Thermogel for added cooling relief. With a medium-firm to firm profile, this Big Fig Mattress is ideal for back, stomach and combination sleepers over 250 pounds. However, the brand offers a Big Fig Luxe model with a softer, more plush profile that’s catered toward side sleepers.  The Forbes Vetted mattress and sleep category consists of tenured editors and writers who have created an expansive library of sleep-related content including roundups, individual reviews and product spotlights based on their own testing experience, reputable customer reviews and hours of research on top-rated brands. The author of this story is McKenzie Dillon, mattress and sleep editor at Forbes Vetted who has been writing about and reporting on sleep for six years. She has tested over 100 mattress models and countless other sleep products from pillows and bed frames to everything in between. McKenzie has also earned her sleep science coach certification. This category is overseen by senior mattress and sleep editor Bridget Chapman, a veteran in the sleep space who also has her sleep science coach certification and over 100 beds tested under her belt. Our editors spoke with medical expert Dr. William Kemp, Neurosurgeon at Virginia Spine Institute, for insights on how to choose the right mattress that accommodate your needs. We relied on our own testing experience with over 100 different beds and reputable customer reviews to determine the best California king mattresses, and only selected choices from top-rated brands. We selected mattresses with strong performance features including motion isolation, edge support, pressure relief and/or multiple firmness level choices. We focused on mattresses with high-end features like zoned pocketed coils, pillow-tops, reinforced edge support and cooling covers. Mattresses were not considered for our list if they have less than 4 out of 5 stars. While price and brand reputation are certainly important, there are several other factors to consider when searching for the best California king mattress: Sleeping Position It’s crucial to keep your primary sleep posture in mind when you’re selecting a mattress. A bed that’s too soft can lead to a misaligned spine and a bed that’s too firm can aggravate your pressure points. The goal is to find an accommodating firmness level that promotes a neutral spine and healthy sleeping position. Firmness Firmness levels aren’t always a one-size-fits-all solution. According to Dr. William Kemp, Neurosurgeon at Virginia Spine Institute, “The amount of firmness and support play an important role in a good night’s sleep. My recommendation is finding a mattress that provides good support for your legs, spine, and pelvis.” Here’s how we breakdown mattress recommendations by firmness level: Side sleepers should consider a medium to soft mattress that properly contours to the body’s shoulders and hips. Back sleepers need a medium to firm mattress, depending on body size and preference, to maintain a straight spinal alignment. Stomach sleepers require a medium-firm to firm mattress that keeps the spine and hips lifted for a neutral alignment. Materials The materials inside of your mattress contribute to its overall feel, which can make or break the way you feel about a bed’s comfort. Memory foam is ideal for people who love a hugging feel from their mattress that conforms to the shape of their body. The material makes it more difficult to change positions, but it provides a comforting and pressure-relieving feel that many sleepers enjoy. Keep in mind that memory foam can sleep warm, so consider foams infused with graphite, copper or other cooling gels. Latex foam can be either synthetic or natural. Natural latex is derived from the sap of rubber trees and has hypoallergenic and antimicrobial properties. It’s also breathable, supportive and responsive. Pocketed coils are the upgraded version of traditional innersprings and are found in many hybrid mattresses. Instead of moving together as one integrated system, pocketed coils move independently from one another, which helps with motion isolation. Kemp suggests, “A hybrid mattress can provide pressure relief and responsiveness for the pain you might be feeling in your back, hips, and legs, and can greatly contribute to a good night’s sleep.” Body Type Your body type influences the way you perceive a mattress’ feel and firmness profile, and should be considered when making a purchase as large as a new bed. The more you weigh the softer a mattress feels (equally, the less you weigh, the firmer it feels). Most firmness levels are displayed from the perspective of individuals between 150 to 250 pounds; If you have a heavy body type over 250 pounds, a mattress that’s rated a 6 out of 10 may feel more like a 4 or 5. According to Kemp, “If you have a heavier body weight, I recommend finding a firm mattress that provides good support for your legs, spine, and hips while still being comfortable and individualized to your body.” Construction also comes into play for properly accommodating your body’s needs. Hybrid mattresses are more ideal than all-foam models for heavyweight sleepers because they offer more support and durability in the long run. Price Compared to standard mattress sizes, a California king is the most costly (but is often priced the same as a king). Price tags vary according to materials, design, added features and brand name. A mid-range California king mattress costs you around $1,200 to $1,500, and split California king mattresses command an even higher price. California King Mattress Vs. King Mattress A California king mattress measures 72 inches wide x 84 inches long. By contrast, a king mattress is 76 inches wide x 80 inches long. Though you’ll usually pay the same price for either size, each has its benefits and drawbacks. California King Mattress Pros Long enough for tall sleepers 6-feet-tall and up More legroom for couples and/or a pet Offers a larger sleep surface for narrow spaces California King Mattress Cons Bedding and frames can be pricier and harder to come by Split California kings are rare King Mattress Pros Plenty of room for individual sleepers under 6-feet tall Roomy enough for couples and families Bed frames and sheets are more costly and easy to come by King Mattress Cons Limited legroom for sleepers over 6 feet tall Requires an extra-large bedroom What Are The Dimensions Of A California King?A California king measures 84 inches long x 72 inches wide. Alternatively, a standard king is a bit shorter (80 inches long) but wider (76 inches wide).How Much Should I Pay For A California King?The cost of a California king mattress varies but expect to spend between $1,200 and $1,500 for a mid-range option. Our list features choices under $1,000 as well as higher end models exceeding $3,000.What Is The Advantage Of A California King Mattress?California king is the longest mattress sizes (among standard sizes) at 84 inches, so it comfortably accommodates sleepers over 6-feet-tall. It’s a viable alternative for people who want more personal space but don’t have a large enough bedroom for a king. Approximately: 72” wide x 84” long / 6,048 sq. inches / 42 sq. feet The main difference between a King and a California King lies in their dimensions. A regular King mattress is approximately 76 inches wide and 80 inches long. On the other hand, a California King has slightly different measurements, with a width of approximately 72 inches and a length of 84 inches. Therefore, a California King is longer and not as wide as a regular King. The cost of a California King mattress can vary depending on various factors, such as the materials used and the features it offers. On average, a quality California Kings can range from $950 to $7000. The choice between buying a California King mattress online or in-store ultimately depends on your personal shopping preference. Online shopping provides convenience and allows you to make a decision at your own pace, while in-store shopping offers the advantage of being able to physically see, touch, and feel the product before making a purchase. There is no right or wrong way to shop for a mattress; it depends on what you are most comfortable with. No, technically you do not need a box spring for a Beautyrest California King mattress. All you need is a hard, flat surface to provide proper support. However, some bed frames may require the use of a box spring. It is best to check the specific requirements of your bed frame. No, fitted King sheets do not fit properly on a California King bed due to its longer and narrower dimensions. However, flat sheets, comforters, and bedspreads that are designed for a King bed can usually be used interchangeably between a standard King and a California King. Casper Dream Hybrid Mattress406 ReviewsBeautyrest BR800 Firm Mattress310 ReviewsSealy Altway Mattress1853 ReviewsSealy Belvoire Firm Mattress1853 ReviewsBEDGEAR S3 Performance Mattress261 ReviewsCasper Snow Hybrid Mattress322 Reviews Here’s the thing: There’s no single best mattress for everyone. Your ideal bed depends on your body type, sleep position, and what feels right to you. But that doesn’t mean you’re on your own. I’ve spent the last eight years testing mattresses in our Seattle-based lab, sleeping on them at home, visiting factory floors, and interviewing brand executives and product designers to understand what really makes a mattress great. I’ve even helped design a few beds myself. So when I say I know what to look for, I mean it. A good mattress should balance comfort, support, durability, and cooling—and it should feel tailored to your needs. Our team has tested more than 2,000 beds, analyzing everything from motion isolation and pressure relief to temperature control and edge support. This guide highlights the best mattresses of the year based on performance, value, and lasting power. Through all our hands-on testing, we found the Helix Midnight to be the best mattress of 2025 overall. It’s important to note that each person has their own unique mattress needs. Read on to see our top picks for different types of sleepers, as well as a comprehensive mattress buying guide. Read More Read Less Best Mattress Overall 9.7 /10 Test Lab Score A premium quality, hybrid mattress created with side sleepers in mind. 27% off sitewide with code: SF27 Shop At Helix Key Details Who It’s Best For: The Helix Midnight Luxe tested best with side and back sleepers weighing up to 230 pounds, but Helix has an entire line of mattresses suited for different sleepers, and provides a quiz to help you decide. Good motion isolation also limits night time disturbances for couples. Feel: This bed has a medium firm (6/10) feel with cushioning memory foam on the surface. It conforms closely to your body and provides a bit of a hugging sensation. What It’s Made Of: The Helix Midnight Luxe is a hybrid mattress, with memory foam and polyfoam comfort layers and coils in the support core. What We Don’t Like: We have found this bed is harder to move around on due to to the contouring memory foam. That could be an issue for someone who has mobility problems. Why Choose the Helix Midnight Luxe: The Midnight Luxe is an incredibly well-rounded mattress that tested well in almost every category. If you’re not sure what to buy but want a quality bed that’s customized to your sleeping position and weight, go with Helix. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. SELECT AN ICON TO VIEW DETAILS: Motion Isolation Pressure Relief Temperature Control Edge Support Ease of Movement As a medium firm mattress with thick foam comfort layers, it’s no surprise that the Midnight Luxe tested very well for motion isolation. Our testers could barely feel any movement across the surface of the mattress when fellow testers rolled around on it. All of the Helix Luxe models have thick foam comfort layers and conform fairly close to the body. Consequently, they’ve all performed well in our pressure mapping tests, with notably less pressure in the hips and shoulders than many hybrids. With it’s 6 out of 10 firmness, The Midnight Luxe in particular performs average among other Helix Luxe beds. The Helix mattresses perform about average for hybrids when it comes to sleeping cool. Memory foam is well-known for its tendency to sleep hot, as it often traps and retains heat through the night, but the coil cores of these beds promote airflow to help balance out heat retention. All Helix mattresses feature a reinforced perimeter, meaning the coils on the edges are thicker than the coils in the middle of the bed. When putting this to the test, we found significantly less sinkage on the edge than the middle while applying weight. Helix Luxe mattresses tend to be somewhat responsive and bouncy, and all tested pretty well for ease of movement. The Midnight Luxe in particular had a middle-of-the-road performance in our tests, as the medium firm surface conforms a bit to the body, but doesn’t fully provide that ‘stuck’ feeling and inhibit motion. Full Breakdown Strong performance across our ratings, durable design, and fair pricing make the Helix Midnight Luxe one of our top overall picks. It has a medium firm feel that strikes the right balance between plush and supportive, which is probably why it worked so well for so many people on our team. Side, back, stomach, combination sleepers—it fits the broadest range of preferences and profiles. How It Feels to Sleep On When I slept on it, I noticed the foam comfort layers did a great job of cushioning pressure points without making me feel stuck. The coils underneath added just the right amount of bounce and helped keep the surface cool and easy to move on. Inside the Mattress The top layer is Helix’s proprietary Memory Plus Foam—it’s adaptive, but not slow or sinky. Underneath is a more responsive transition foam that keeps you lifted, followed by a pocketed coil base that adds durability, airflow, and a bit of bounce. It’s a thoughtful design, and it shows in the way this mattress performs night after night. Read Our Full Helix Midnight Luxe Review Most Comfortable Mattress 8.9 /10 Test Lab Score High end hybrid bed providing ample support, cushion, and cool sleep. Get $300 off all mattresses at Winkbeds Shop At WinkBeds Key Details Who It’s Best For:The Winkbed is great for those with back pain who need a bed that supports their midsection and keeps their spine aligned. With three firmness options, sleepers of any position or weight have a solid option. It’s also quite breathable, making it great for hot sleepers. Feel: Like the Saatva, the Winkbed has a plush euro-top and a more traditional innerspring feel. It’s more responsive and sturdy, and doesn’t conform closely to the body, although the soft option gets there a bit. What It’s Made Of: Euro-top on the surface, some foam layers, and coils in the core. What We Don’t Like: With a starting price of $850, the Winkbed is definitely closer to a luxury option. Why Choose the Winkbed: Choose the Winkbed if you have back pain, or simply because you want to achieve the healthiest spinal alignment possible when you sleep. This is a very high-quality durable bed that did very well in our tests. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. SELECT AN ICON TO VIEW DETAILS: Motion Isolation Pressure Relief Temperature Control Edge Support Ease of Movement All four firmness options offer above-average motion isolation compared to other hybrids we’ve tested. The Softer, Luxury Firm, and Firmer models have polyfoam layers that significantly absorb vibrations, preventing motion from traveling across the surface. The Plus features latex, and does not isolate as much motion – though it still received high marks from our team. Although the coil core gives the mattress some bounce, the foam layers are substantial enough to dampen motion transfer. Like with many hybrid models, the WinkBed’s strong contouring can help relieve painful pressure points. Using pressure-mapping sensors, we found the Softer, Luxury Firm, and Firmer versions of the mattress generously cradle your body and ease pressure off sensitive joints, thanks largely to the multiple foam layers. The Plus version uses polyfoam and latex layers, which offer gentle contouring as well. The WinkBed’s Tencel cover wicks heat and moisture away from the sleeper’s body. In the Softer, Luxury Firm, and Firmer models, polyfoam infused with cooling gel helps to minimize heat retention. The Plus version uses latex, a naturally breathable material that resists heat buildup.The coil core also promotes significant air circulation. All of these components make the WinkBed one of the best cooling mattresses on the market. While many hybrid models have sturdy edges, the WinkBed’s perimeter is exceptionally strong . Thanks to extra reinforcement along the edges, our testers noticed minimal compression when sitting along the edge. Most sleepers should feel secure enough to sleep or sit on the full surface of the mattress without worrying about rolling off.The edge of the Softer model may not seem quite as sturdy as the Luxury Firm, Firmer, and Plus versions, due to its plusher design. The three softest versions of the WinkBed Mattress feature polyfoam comfort layers. Polyfoam is more responsive than memory foam, so the WinkBed won’t hug your body as closely as hybrid mattresses made with close-conforming memory foam. The result is strong ease of movement across the surface.The Plus model features a very responsive latex layer, so this option shines when it comes to ease of movement. Full Breakdown The WinkBed feels incredibly sturdy and well-made—something that becomes obvious the moment you lie down. During testing, it consistently struck that rare balance of plush comfort and solid support that people love but rarely find. How It Feels to Sleep On Each version of the WinkBed shares the same core strengths: pressure relief, responsiveness, and reliable support. The Euro-top provides a plush, breathable surface, while the coil base keeps your spine aligned and helps with airflow. It’s a great match for anyone who wants a mattress that feels instantly comfortable but still holds up through the night. Inside the Mattress All WinkBed models start with a quilted Euro-top for that initial cloud-like feel. Underneath is a comfort layer of adaptive foam, followed by a transition layer that varies by firmness—polyfoam in softer models and latex in the firmest. Zoned pocketed coils round out the design, offering targeted support and stronger edges so you feel equally supported whether you sleep in the middle or near the side. Read Our Full WinkBed Review Best Value Mattress 8.5 /10 Test Lab Score An all-around great hybrid mattress at an affordable price. Up to 60% off mattresses + $599 in free sleep accessories Shop At DreamCloud Key Details Who It’s Best For: Our tests show the DreamCloud’s medium firm (6) feel is a great match for side sleepers who weigh at least 130 pounds, back sleepers between 130 and 230 pounds, and stomach sleepers under 130 pounds. The mattress also features cooling components to help hot sleepers stay comfortable, and the foam layers should isolate motion and prevent sleep disruptions for couples. Feel: The DreamCloud’s comfort system contains three foam layers totaling nearly 4 inches of padding material. The result is a hybrid mattress that feels very similar to an all-foam model on the surface, but the coils deliver excellent overall support and most people won’t sink excessively. What It’s Made Of: The DreamCloud begins with plush adaptive polyfoam quilted into the cover and gel-infused memory foam that contours closely. Transitional polyfoam provides additional cushioning while also pushing back against your weight. In the support core, pocketed coils and high-density base foam stabilize the mattress nicely. A breathable cashmere blend cover encases the mattress. What We Don’t Like: The DreamCloud will feel too soft for some people, including many back and stomach sleepers over 230 pounds. We also noticed strong off-gassing odor after unboxing the mattress. These smells eventually dissipate, but are still rather unpleasant for the first few nights. Why Choose the DreamCloud Mattress: We recommend the DreamCloud to anyone who has found other hybrids too firm or rigid. The foam layers are plush and inviting, so you’ll get a deep contour as your body settles into the mattress, but there’s also plenty of coil support to keep you on an even plane. The mattress is also eligible for payment with FSA or HSA funds. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. SELECT AN ICON TO VIEW DETAILS: Motion Isolation Pressure Relief Temperature Control Edge Support Ease of Movement During our hands-on evaluations, the DreamCloud provided impressive motion isolation. The layers of foam in the comfort system, including a top layer of memory foam, conform to the body and help prevent vibrations from spreading across the mattress surface. This makes the DreamCloud a good choice for anyone who shares their mattress with a partner. Most of our testers appreciated how much pressure this mattress alleviated without feeling excessively soft or enveloping. Its ability to cushion the shoulders, lower back, and hips make it particularly appealing for side sleepers between 130 and 230 pounds and back sleepers up to 230 pounds. We found that the DreamCloud Classic delivers above-average temperature control, especially for a mattress with two layers of adaptive foam. A cooling gel infusion in the top layer further reduces heat retention, and air flows easily through the coils for ventilation. Although not the coolest mattress on the market, the DreamCloud Classic offers enough temperature control that even hot sleepers can stay comfortable through the night. Our testing found that edge support from the DreamCloud was solid. The coils are reinforced around the perimeter, making it easier to feel supported anywhere on the mattress surface. This results in minimal compression when you sleep close to the edges of the mattress or get in and out of bed. We found sufficient ease of movement on the DreamCloud Classic, and there was not much resistance because of its bouncier support core. The memory foam in this mattress gently conforms around the heavier parts of the body. That can make it harder to move on the mattress surface, but our testers didn’t feel like they were stuck in place. Full Breakdown The DreamCloud Classic Hybrid feels way more expensive than it is—and that’s exactly why I chose it as our Best Value mattress. It’s a hybrid with a stretch-blend cover, multiple foam layers, and a strong coil base, but the price stays well below most luxury competitors. Add in a year-long sleep trial, and it’s one of the best deals out there. How It Feels to Sleep On The Classic Hybrid has a medium firm (6) feel that worked especially well for side and back sleepers on our test team. I liked that it offered pressure relief without too much sink, which also made it comfortable for changing positions. It runs cool, too—the coils help with airflow, and the cover is breathable and soft to the touch. Inside the Mattress The top layer is quilted memory foam sewn into the cover, which gives it a cushy, upscale feel on the surface. Then comes a layer of transitional foam that keeps the surface from feeling sluggish. The pocketed coils are reinforced along the perimeter for extra edge support, and a high-density base layer adds durability and helps with motion control. Read Our Full DreamCloud Classic Hybrid Review Best Luxury Mattress 9.5 /10 Test Lab Score Traditional innerspring with a plush euro-top and excellent breathability. Buy more, save more. Up to $625 off Shop At Saatva Key Details Who It’s Best For: The Saatva caters to sleepers of all types, particularly those who like a more supportive, innerspring feel rather than a conforming foam one. It’s particularly great for hot sleepers, as it tested incredibly in temperature regulation. Feel: This bed is available in three different firmness options. Feels quite plush on the surface due to its euro-top, but then gets a bit sturdier and firmer an inch or so down. It’s quite responsive and bouncy. What It’s Made Of: The Saatva is topped with a euro-top layer, followed by a thin foam layer, a micro coil system, and then larger coils in the support core. What We Don’t Like: Unlike beds with thicker foam on the surface, the Saatva doesn’t relieve quite as much pressure on the body. Why Choose the Saatva Classic: Choose the Saatva if you’re not a fan of foam beds and want something with a more traditional innerspring feel that’s durable, luxurious and supportive. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. SELECT AN ICON TO VIEW DETAILS: Motion Isolation Pressure Relief Temperature Control Edge Support Ease of Movement Motion isolation is one of the Saatva Classic’s weaker performance areas. The dual-coil design makes the surface responsive to movement, resulting in a noticeable bounce when you switch sleep positions or get in and out of bed. This can be problematic if you share your bed with a partner, as their movements can disrupt your sleep and vice versa. While all of the Saatva firmness options have pressure-relieving potential, the amount of pressure relief that an individual experiences on the mattress will vary based partially on their weight and sleep position. Individuals who weigh under 130 pounds will likely experience the most pressure relief on the Plush Soft version of the mattress, while sleepers over 230 pounds will likely get the best balance of contouring and support from the Firm version. While hybrid mattresses tend to sleep cool, the Saatva Classic’s construction may help it sleep even cooler than many other hybrid models. While all the firmness options may help promote a cooler night’s sleep, the Plush Soft version has more conforming that could lead to slightly more heat retention. The Saatva Classic has a sturdy enough edge to allow almost all individuals to sit or sleep near the perimeter without excessive sinkage. This reinforcement is excellent even compared to most hybrid models.Because the Plush Soft version of the Saatva allows individuals to sink in more, its edges may not feel quite as secure as those of the Luxury Firm and Firm versions of the mattress. The Saatva Classic’s comfort system consists of polyfoam and minicoils. While these materials conform to your body, they regain their shape more quickly than memory foam. This prevents sleepers from feeling “trapped” in the bed.All three designs are relatively easy for sleepers to move across and change positions on. However, most individuals will probably find the firmer versions of the mattress easier to move on, since they conform less than the Plush Soft version. Full Breakdown The Saatva Classic has the kind of high-end feel you’d expect from a luxury hotel mattress—elevated, supportive, and thoughtfully built. That’s why we named it our Best Luxury Mattress. It’s one of the most breathable beds I’ve tested, and it stands out in a sea of lookalike foam beds for its traditional innerspring design and real craftsmanship. With multiple firmness and height options, it also gives you flexibility to choose what luxury means to you. How It Feels to Sleep On The Saatva has a balanced, responsive feel that adapts well to different sleeping positions. I found the Euro-top cushioned pressure points without compromising support, and the dual coil layers made it easy to move around. It stays cool, too—plenty of airflow moves through the coils, which helped it perform really well in our temperature regulation tests. Inside the Mattress The top layer is a quilted Euro-top made with breathable organic cotton and soft foam layers, including a targeted memory foam pad under the lower back for extra lumbar support. Below that is Saatva’s coil-on-coil system: individually wrapped coils on top to contour to your body and reduce motion transfer, and a thicker, more durable coil base underneath. A high-density foam perimeter reinforces the edges, so the whole surface feels stable and supportive—right up to the edge. Read Our Full Saatva Classic Review Best Mattress for Side Sleepers 9.0 /10 Test Lab Score A foam hybrid that cushions your body without trapping heat. 30% off select mattresses Shop At Leesa Key Details Who It’s Best For: Since the Leesa Sapira Chill Hybrid is available in three firmness levels, the mattress is suitable for most sleepers—provided they choose the best option for their sleep position and body type. Our tests show the medium (5) design is a good fit for side sleepers under 130 pounds, while the medium firm (6) and firm (7) models are sturdier options for side sleepers over 230 pounds and back and stomach sleepers who weigh 130 pounds or more. Feel: The Sapira Chill Hybrid has a thick comfort system that consists of four individual foam layers, so the mattress feels plush and adaptive when you first get into bed. However, the transitional foam is on the denser side and the coils are zoned to support your midsection, so you’ll notice some pushback as your body settles. Cooling fibers woven into the cover also help ensure a comfortable surface temperature. What It’s Made Of: The Sapira Chill Hybrid begins with two layers of adaptive polyfoam, followed by memory foam and transitional foam. Pocketed coils and high-density base foam make up the support core. The coils are zoned to feel more robust beneath your lower back and hips, and reinforced along the perimeter to bolster edge support. What We Don’t Like: While the Sapira Chill Hybrid offers above-average motion isolation and pressure relief, its thick foam layers may hinder movement on the surface for people who weigh more than 230 pounds. There’s also some noticeable off-gassing odor when the mattress is removed from its shipping box. Why Choose the Leesa Sapira Chill Hybrid: The Sapira Chill Hybrid is a “best-of-both-worlds” option for people who want a mattress that alleviates aches and pains but also doesn’t retain too much heat. Leesa also allows you to exchange the mattress for a softer or firmer model if your first choice isn’t quite right. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. Full Breakdown If you’re a side sleeper, chances are you’ll prefer a mattress that conforms closely to your body—especially around the shoulders and hips—without sinking too deeply. With the Leesa Sapura Chill Hybrid, you can choose from three firmness levels based on your weight. This selection helps ensure side sleepers can find at least one comfortable option regardless of their body type. How It Feels to Sleep On Each of the Sapira Chill Hybrid’s firmness levels feels distinct. The medium (5) design is the most adaptive option, cradling your body closely. The medium firm (6) model is most balanced, gently cushioning your sore spots while

keeping you on an even plane. If you're looking for less hug and more support, the firm (7) model contours to a minimal extent and feels flat across its surface. All three sleep quite cool thanks to moisture-wicking fibers embedded in the cover and a gel infusion in the top layer. Inside the Mattress The Sapira Hybrid's top layer consists of 2 inches of gel-infused polyfoam sewn to the Euro-top cover, Additional comfort layers of polyfoam and memory foam add to the cushy, adaptive feel, while dense transitional foam acts as a buffer between your body and the support core. Pocketed coils and dense base foam deliver excellent stability for the mattress. The coils are zoned to feel stronger beneath your midsection, and also reinforced along the sides for perimeter support when you lie close to the edges or get in and out of bed. Read Our Full Leesa Sapira Chill Hybrid Review Best Mattress for Back Pain 8.5 /10 Test Lab Score A close-conforming memory foam hybrid offering great pressure relief. 40% sitewide with code: SF40 Shop At Bear Key Details Who It's Best For: When we measured pressure across the body on each of these mattresses, the Bear Elite scored best for the most types of sleepers. Pressure relief tends to be one of the biggest factors in whether you find a bed comfortable, so this is a big deal. With three firmness options, this bed should suit any sleeping position or weight. Feel: The Bear Elite Hybrid has a close-confirming, memory foam feel that relieves pressure on the shoulders and hips. You can also feel the mid-section support from the zoned foam layer. What It's Made Of: A memory foam comfort layer, transitional polyfoam zoned to support the midsection, and a coil support core. It also has an optional celliant cover, which is cool to the touch and is said to promote muscle recovery in athletes. What We Don't Like: At 14 inches, this bed is quite thick, and may require deep pocket sheets for a good fit. Why Choose the Bear Elite Hybrid: This bed provides great pressure relief, three firmness options, and a zoned layer of mid-section support. If you're looking for comfort and quality, you've found it. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. SELECT AN ICON TO VIEW DETAILS: Motion Isolation Pressure Relief Temperature Control Edge Support Ease of Movement The Bear Elite Hybrid shows considerable ability to prevent vibrations from traveling across the surface of the mattress. Its memory foam layer only reacts where weight is directly applied, which helps keep movement from causing ripple effects that spread to the other side of the bed.However, the bounce of the coils can cause some motion transfer, especially on the firm model that has a reduced amount of contouring. The Bear Elite Hybrid offers excellent pressure relief that stems from its comfort system and the zoned, pocketed coils in its support core. In our testing, it was side and back sleepers who tended to get the best pressure relief and support. That said, stomach sleepers liked the firm (8) model that maintained a flat, stable surface with just enough cushioning for the midsection. This mattress doesn't feel overwhelmingly hot, but it also probably shouldn't be the top choice for hot sleepers. The copper-infused foam makes it slightly cooler than some other memory foam mattresses, but heat can still collect in and around the foam. The risk of overheating is highest on the Luxury Plush model because it has the closest contouring around the skin, which may make it harder for heat around the body to dissipate during the night. Reinforced edges in the support core help give this mattress a solid rating for edge support. While you'll notice foam compression around the perimeter, it's not so significant that you'll feel like the mattress is giving out beneath you.Of the three different firmness options, edge support is clearly strongest in the firm (8) model and weakest in the one with a firmness level of medium (5). When you need to switch your sleeping position or adjust your body's alignment on the mattress, you generally won't encounter much resistance. Sleepers over 230 pounds may find that there's less ease of movement, especially on the softer models. But in most cases, the springiness from the thick layer of pocketed coils enables relatively easy movement on the surface of the Bear Elite Hybrid. Full Breakdown Back pain is one of the most common reasons people shop for a new mattress—and the Bear Elite Hybrid stood out for how well it supports the spine while still relieving pressure. I picked it as our Best Mattress for Back Pain because of its zoned foam design, which gives extra support where you need it most (like your lower back), without sacrificing overall comfort. How It Feels to Sleep On The Elite Hybrid is available in three firmness levels, and our team tested each one. The medium feel (5) offers a softer, more cloud-like surface that worked well for lighter side and back sleepers on our team. The firm version (8) felt much more solid and supportive – great for back and stomach sleepers who weigh at least 130 pounds. The medium firm (6) struck the best balance for side sleepers in that same weight range. Across the board, I was impressed by how well it handled both pressure relief and spinal alignment. It also sleeps cool, thanks to the breathable coil system and a Celliant-blend cover that stays cool to the touch. Inside the Mattress The comfort system starts with gel-infused memory foam that cushions pressure points while pulling heat away from the surface. Below that is a zoned polyfoam layer that reinforces the midsection to prevent sinking, while staying gentler around the shoulders and hips. The support core uses pocketed coils for targeted support, with thicker coils along the edges for better stability. A dense foam base keeps everything durable and quiet, and the whole mattress is wrapped in a breathable, Celliant-blend cover. Read Our Full Bear Elite Hybrid Review Best Cooling Mattress 9.2 /10 Test Lab Score Luxury hybrid with deep foam layers and cooling technology. 25% off sitewide with code: LABORDAY25 Shop At Brooklyn Bedding Key Details Who It's Best For: The Brooklyn Bedding Aurora is an awesome all-around mattress that has a firmness option that will suit practically any sleeper type, but its close-conforming cloud-like surface is favored among side and back sleepers. Those who sleep hot at night will be pleasantly surprised that all that foam traps very little heat. Feel: The Aurora's comfort layers are thick, even on the firmer options, and you really get that feeling of sleeping "in" the mattress rather than on it. But since the foam is polyfoam rather than memory foam, it has a nice little bounce to it and feels a bit more breathable. What It's Made Of: There's a PCM cover that makes the surface cool to the touch, thick polyfoam layers and a coil support core. What We Don't Like: You really sink down into this bed, and it can be a little hard to move around in if you're not used to it. Why Choose the Brooklyn Bedding Aurora Luxe: Foam relieves pressure, but it also retains body heat. The Aurora is a very rare example of a pressure relieving mattress that stays cool. Choose this mattress if you want a best of both worlds experience. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. SELECT AN ICON TO VIEW DETAILS: Motion Isolation Pressure Relief Temperature Control Edge Support Ease of Movement We found the Aurora Luxe provides above-average motion isolation. Although the coil system gives the mattress a somewhat bouncy feel, the bed absorbs movement from sleepers and eliminates most motion transfer across the surface.The medium soft and medium firm Aurora Luxe models isolate motion especially well. The firm model feels a bit springier on the surface, resulting in slightly more transfer, but overall the mattress earns favorable ratings in this category. Our tests show the Aurora Luxe excels at pressure relief across each firmness level. It's important to choose a design that reduces pressure for your specific body type and sleep position.If you sleep on your side and/or weigh 130 pounds or less, the medium soft feel should alleviate pressure due to its close contour. If you sleep on your back or stomach and/or weigh 130 pounds or more, the medium firm or firm feel should offer sufficient pressure relief without too much sagging. We ran temperature tests on the Aurora Luxe using thermal cameras and collected subjective feedback from testers who sleep hot. We found the mattress sleeps fairly cool thanks to steady airflow through the coil system. The cover of the Aurora Luxe also has cooling fibers intended to prevent heat buildup.The medium soft model may trap more heat than the other two, since deeper cushioning can restrict airflow. If you're a hot sleeper, we recommend the medium firm or firm model. Our testers sat on the edge of the Aurora Luxe and measured how deeply the bed compressed. With pocketed coils and perimeter reinforcement, the Aurora Luxe's support system was quite robust. You won't sink too much when getting in and out of bed, as you might on an all-foam mattress.The medium soft Aurora Luxe is a bit weaker along the perimeter than the other two firmness levels. This is especially true for sleepers who weigh more than 230 pounds. Our ease of movement tests, which involve us rolling around on the beds and dropping kettlebells on them to measure how quickly their surfaces recover, show the medium firm and firm models are quite responsive to movement. That said, your body weight and chosen firmness level are key. The firm Aurora Luxe sinks the least and promotes movement well. You may have a harder time moving on the medium soft model because it sinks more. This is especially true for people over 230 pounds. Full Breakdown If you sleep hot, you know how frustrating it is to find a mattress that actually stays cool through the night. That's what made the Brooklyn Bedding Aurora Luxe stand out—and why I named it our Best Cooling Mattress. Between the breathable coil system, copper-infused foam, and phase change material in the cover, this bed is packed with features specifically designed to pull heat away from your body. It also comes in three firmness options, which makes it one of the more versatile cooling beds I've tested. How It Feels to Sleep On The foam layers have a responsive, almost latex-like feel, so you get some pressure relief without feeling stuck. I found the medium firm (6) model struck the best balance for most sleepers, but there's a softer version that works well for side sleepers under 130 pounds and a firmer option for back or stomach sleepers over 230. Edge support is strong, and the surface stayed cool throughout our tests—even during heat-mapping. Inside the Mattress The comfort system starts with CopperFlex foam, which is infused with copper for added cooling and antimicrobial benefits. Beneath that is TitanFlex polyfoam, which adds bounce and responsiveness. Softer models include a third layer of gel-infused memory foam for extra contouring, while the firm model swaps that out for a denser foam called VariFlex to boost support. All versions use a thick pocketed coil system for airflow and structure, with high-density foam at the base for added durability. The whole thing is wrapped in a breathable cover treated with TitanCool—a phase change material that actively works to maintain a comfortable surface temperature. Read Our Full Brooklyn Bedding Aurora Luxe Review Best Mattress for Pressure Relief 9.2 /10 Test Lab Score A cloud-like experience with a plush euro-top in multiple firmnes options. Key Details Who It's Best For: In addition to side sleepers, the Evolution's three different firmness options makes it a good fit for back and stomach sleepers as well. It's ample cushioning and support make it ideal for people with pain, and its motion isolation and edge support are good for couples. Feel: A lot of mattress companies advertise their beds as "cloud-like", but the Nolah actually gets there. The euro-top paired with the foam layers makes for a very cushy, deep mattress feel. This is generally the preferred feel of side sleepers. What It's Made Of: The cover is made of a proprietary fabric that's cool to the touch. Under that is a foam euro-top, polyfoam comfort layers, and a coil support core. What We Don't Like: This bed has a starting price of around $1000, which is a bit higher than the average hybrid on this list. Why Choose the Nolah Evolution 15: This mattress tested well with just about every sleeper type, but it did phenomenally with side sleepers. If you're a side sleeper looking for a luxury experience with great pressure relief, go with the Nolah. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. SELECT AN ICON TO VIEW DETAILS: Motion Isolation Pressure Relief Temperature Control Edge Support Ease of Movement Thanks to its thick polyfoam layers, the Nolah Evolution 15 Hybrid absorbs enough movement to prevent most sleep disruptions. However, there is still some motion transfer because of the bounciness of the coils. You can expect the most motion transfer on the firm (8) model and the least on the plush (5) option. Across the board, though, our testers noticed only light motion transfer across all three firmness levels. The combination of zoned coils and multiple polyfoam layers, including zoned AirFoam, enable the Nolah Evolution Hybrid to cushion pain points and provide above-average pressure relief. Choosing the right firmness option can optimize pressure relief. While individual preferences vary, a plush (5) or luxury firm (6) model works best for most side sleepers under 230 pounds, while the luxury firm (6) or firm (8) are better suited to the majority of back and stomach sleepers. Like many hybrids, the Nolah Evolution 15 excels at temperature regulation. Cooling fibers in the cover are engineered to draw heat away from the body, and the aerated polyfoam layers help reduce heat retention. The coil layer also promotes steady ventilation.In our testing, all three models resisted heat retention. That said, compared to the firm (8) model, the plush (5) and luxury firm (6) permit more sink and allow slightly less cooling airflow around the skin. The sturdy 8-inch coils gives the Nolah Evolution Hybrid a reliable level of edge support. While there can be some sink from the foam layers, resilient polyfoam prevents instability around the perimeter of the bed.Edge support does vary based on the firmness level. Our team noticed a reduction in edge support between the firm (8) and the luxury firm (6) and plush (5) models. Even on the softer models, though, you get solid edge support from this mattress. The Nolah Evolution 15's foam layers don't sink or hug excessively, and the bounce of the coils facilitates movement on the surface. This makes this mattress a solid fit for combination sleepers or anyone who hates feeling stuck in place when lying in bed. With its softer surface, the plush (5) model restricts movement a bit more than the other two. The firm (8) model provided standout ease of movement to all of our sleepers. Full Breakdown When you're dealing with pressure point pain, you need a mattress that cushions without letting you sink too far. That's why our team picked the Nolah Evolution 15 as our Best Mattress for Pressure Relief. The Euro-top has a plush, cloud-like feel, but underneath, there's enough structure to keep your spine aligned. With three firmness options, it's also easy to find the right balance of contouring and support based on your sleep style. How It Feels to Sleep On The plush (5) version offered deeper contouring and was a favorite among testers under 130 pounds. If you need more support, the luxury firm (6) or firm (7) models are better bets—I found the luxury firm hit that sweet spot for cushioning pressure points without feeling too soft. Zoned coils helped reinforce the lower back and hips while offering gentler cradling for the shoulders, which made a big difference for side and combination sleepers. It also sleeps surprisingly cool, thanks to graphite-infused foam and strong airflow through the coil system. Inside the Mattress The comfort system starts with Nolah's AirFoamICE, a proprietary polyfoam that feels similar to memory foam but sleeps cooler. That's layered beneath a plush Euro-top and supported by a denser transition foam to prevent sagging. The coil system is zoned to give more support where you need it most—like the midsection—while easing up around lighter areas. Reinforced edge coils also give the mattress a stable, usable perimeter. Read Our Full Nolah Evolution 15 Review Best Firm Mattress 8.2 /10 Test Lab Score High-end flippable bed that's firm on one side, and even firmer on the other. 25% off sitewide with code: LABORDAY25 Shop At Plank Key Details Who It's Best For: First and foremost, this bed is best for people who like a firm mattress. Generally this includes stomach sleepers, heavier back sleepers, and some heavier side sleepers. It's also a good option for sleepers who tend to run hot at night. Feel: The Plank is named the Plank for a reason, it's a firm, flat surface. The heavier you are, the more the foam on the surface will conform to your body, but there generally isn't a ton of give on this one. One side is a bit firmer than the other, but they're both quite firm. What It's Made Of: The Plank Firm Luxe consists of a coil support core sandwiched between two high-density foam comfort layers. What We Don't Like: This mattress will be too firm for most sleepers. It's a niche mattress. Why Choose the Plank Firm Luxe: If you're heavier, sleep on your stomach, or just love a firm mattress, this is built for you. The flippable design gives you some optionality as well, so you don't have to commit to one firmness. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. SELECT AN ICON TO VIEW DETAILS: Motion Isolation Pressure Relief Temperature Control Edge Support Ease of Movement The Plank Firm Luxe has lower ratings for motion isolation than most hybrid mattresses.Because of its firmness and bouncy coils, the Plank Firm Luxe has limited ability to absorb motion that happens when there's movement on another part of the mattress. With less cushioning, the extra firm (9) side tends to permit more motion transfer.Couples who are worried about sleep disruptions from movement may prefer a mattress with foam materials that better absorb vibrations. A lack of pressure relief is one of the main drawbacks of the Plank Firm Luxe Mattress. The firm (7) side has limited ability to cradle the joints, and the extra firm (9) side offers even less cushioning.That said, this mattress isn't built to hug sleepers and provide a cloud-like feel. Instead, it is meant precisely for people who need or prefer a harder sleep surface. Based on our testing, the mattress appeals most to back and stomach sleepers. We found that the Plank Firm Luxe offers above-average temperature control. None of our testers complained about overheating, especially when using the extra firm (9) side. Since sleepers don't sink into the mattress, there's plenty of room for airflow around the skin, which helps the body naturally regulate its temperature.For hot sleepers who want extra cooling features, the optional cooling cover can make it even easier to avoid waking up in a sweat. Because of its firmness, the Plank Firm Luxe has excellent edge support. The extra firm (9) side of the mattress is particularly supportive around the perimeter, but both sides allow you to comfortably sit or sleep near the edge of the bed. Strong edge support also makes getting in and out of bed easier. Our testers had very few problems when they wanted to move around on the surface of the Plank Firm Luxe. The firmness level means that you don't sink into the mattress, so there's little resistance when you want to adjust your body's positioning. The bounce of the coils also contributes to the high marks for ease of movement for the Plank Firm Luxe. Full Breakdown If you like your mattress on the firmer side—or really firm—the Plank Firm Luxe is hard to beat. We chose it as our Best Firm Mattress because it's one of the few beds out there that's flippable, with a firm feel on one side and an extra firm feel on the other. Both sides felt incredibly supportive during testing, and it was especially popular with back and stomach sleepers who want a no-sink surface and solid spinal alignment. How It Feels to Sleep On The firm side (7) has a little bit of give without compromising on support, while the extra firm side (9) is dense and ultra-flat—ideal for people who want zero plushness. Our mattress esters over 230 pounds found both sides comfortable, depending on sleep position. I also noticed how stable the edges felt and how easy it was to move around, which is a bonus if you don't like feeling "stuck" in your mattress. Temperature control was strong across both sides, and it only got better with the optional cooling cover. Inside the Mattress The firm side has quilted fibers on top, followed by layers of responsive and high-density polyfoam that offer just a hint of contouring. Flip it over and the extra firm side uses a thinner quilted layer and a single dense foam layer for maximum firmness. Between both sides is a pocketed coil system that adds structure, bounce, and airflow. The whole mattress is wrapped in a breathable knit cover, and you can upgrade to a phase change material (PCM) cooling cover if you want even more temperature regulation. Read Our Full Plank Firm Luxe Review Best Mattress for Combination Sleepers 8.5 /10 Test Lab Score A close-conforming, flippable hybrid with a different firmness on each side. Get an extra $10 off with exclusive code: sleepy10 Shop At Layla Key Details Who It's Best For: This flippable mattress is great for sleepers who want two entirely different mattress feels at their disposal on any given night. The softer side is more ideal for lighter sleepers and side sleepers, whereas the firmer side is better for back sleepers and those a bit on the heavier side. Feel: The Layla has foam comfort layers that conform closely to the sleepers body. The softer side relieves more pressure, and the firmer side is a bit easier to move around in, but they both have the hugging memory foam feel. What It's Made Of: Each side has memory foam comfort layers, with the softer side having thicker layers. In the middle is a coil support core. What We Don't Like: If you're a combination sleeper that changes positions throughout the night, then you can't really make use of the multiple firmnesses without flipping the mattress. Why Choose the Layla Hybrid: If you like a memory foam feel and want two firmness options in one mattress, then choose the Layla Hybrid. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. Full Breakdown I love this bed as our Best Mattress for Combination Sleepers because of its flippable design: one side is medium soft (4), the other is firm (7), so you can choose the feel that matches your sleep habits. It's a versatile option that adapts well if you switch positions often or aren't totally sure what firmness you prefer. How It Feels to Sleep On The medium soft side has a deeper cradle that works well for side sleepers up to 230 pounds, especially if you deal with pressure points at the shoulders or hips. The firm side offers more lift and support, which made it a better match for stomach and back sleepers – especially those over 230 pounds. Both sides use zoned transition layers that help with alignment, so I didn't feel like my hips were sinking too low, even when changing positions throughout the night. Inside the Mattress Each side of the Layla Hybrid has a copper-infused memory foam comfort layer designed to relieve pressure and pull heat away from the body. Underneath that is a zoned polyfoam layer that reinforces heavier areas while keeping lighter zones cushioned. In the middle, a shared pocketed coil system provides bounce, airflow, and edge support—so you can use the full surface without feeling like you're going to roll off. It's all wrapped in a breathable, stretchy cover that moves with you as you shift positions. Read Our Full Layla Hybrid Review Best Mattress for Couples 8.6 /10 Test Lab Score Versatile hybrid with six differet firmness options. Extra $100 off with code: SLEEP Shop At DLX Mattress Key Details Who It's Best For: People who aren't sure which firmness is best for them and couples with differing firmness preferences. Feel: Available in medium soft (4), medium firm (6), and firm (8) designs, as well as split-style options with any of these three firmness levels on each side. What It's Made Of: Adaptive polyfoam layers encased in a Euro-top, followed by pocketed coils with perimeter reinforcement and high-density base foam. What We Don't Like: Off-gassing odor can be overwhelming for the first 72 hours after the mattress is unboxed. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. SELECT AN ICON TO VIEW DETAILS: Motion Isolation Pressure Relief Temperature Control Edge Support Ease of Movement The DLX Premier Hybrid tested pretty well for motion isolation. As a polyfoam hybrid, the foam comfort layers are gonna eat up a fair amount of motion transfer, but the coil support core won't isolate motion as well as an all-foam base. Also the fact that the comfort layer is all polyfoam instead of memory foam contributes to this. Since this bed has three firmness options, it's also important to consider that the softer the bed is, the better it will isolate motion. With a hefty 4″ foam comfort layer, the DLX Premier Hybrid did a really good job easing pressure points across the body, particularly in the shoulders and hips. If you like that close-conforming mattress feel, this is a good option for you. This bed tested pretty well for temperature neutrality. We found that while the coils in the support core allows for a good amount of airflow, the foam in the comfort layers trap a good amount of body heat throughout the night. This bed tested very well for edge support, with our testers find very little sinkage when applying weight to the edge of the mattress. This is due to the reinforced perimeter, where the coils on the edge are a bit thicker than those in the middle of the bed.Since this bed has three firmness options, it's also important to consider that the firmer the bed is, the better edge support it will have. Our testers, particularly the heavier ones, noticed a bit more resistance to move across the bed when performing our ease of movement tests. This comes as no surprise, since the foam comfort layers are pretty thick and conform close to the body. Full Breakdown The DLX Hybrid is available in three firmness levels. If you and your partner disagree on which firmness level is best, you can select a split-surface design with a different feel on each half of the bed. How It Feels to Sleep On Like many competing foam-on-coil mattresses, the DLX Premier Hybrid molds to your figure while pushing back against your weight as your body settles into the mattress. You'll also notice some pushback from the coils, especially along the edges. Each firmness level feels distinct. The medium soft (4) offers deep contouring and cushioning, the medium firm (6) provides a nice balance of plushness and support, and the firm (8) conforms very little with plenty of bounce. Inside the Mattress The DLX Premier Hybrid begins with a layer of cooling viscose fibers, followed by three adaptive polyfoam layers – all encased in a sleek Euro-top cover. Depending on the firmness you choose, these layers may feel plush, firm, or somewhere in between. Pocketed coils and high-density base foam make up the support core. The perimeter coils are reinforced to prevent excessive sinkage when you lie along the edges of the mattress or get in and out of bed. Standard models measure 12 inches thick, but you can upgrade to a 14-inch design at no extra cost if you want more cushioning. Best Organic Mattress 8.8 /10 Test Lab Score Latex hybrid with quality, zoned support for great alignment. 27% off sitewide with code: SF27 Shop At Birch Key Details Who It's Best For: The Birch offers light cushioning and sturdy support, so anyone who struggles with the deep cushioning of all-foam or foam hybrid mattresses is a great candidate for this latex hybrid model. Our tests show the Birch is particularly well suited to back and stomach sleepers. Feel: Latex is a naturally springy material that responds to movement with a strong bounce. Steel coils in the support core provide additional pushback. While the Birch is medium firm (6), this mattress doesn't conform very closely to your body and maintains an even surface. What It's Made Of: The Birch's comfort system contains organic wool batting over a layer of responsive, natural Talalay latex. Pocketed coils with a reinforced perimeter make up the support core, and the cover is composed of breathable organic cotton. What We Don't Like: Due to the Birch's bouncy design, you may notice extra motion when your sleep partner moves in bed, and vice versa. This mattress also isn't ideal for people who need close contouring and cushioning to sleep comfortably. Why Choose the Birch Mattress: The Birch is reasonably priced for a latex hybrid, especially given the eco-friendly materials used in its build. Other strengths include excellent cooling, strong edge support, and a longer-than-average lifespan thanks to the durable latex comfort layer. Scoring & Reviews The following ratings show how suitable this mattress is for different sleeping positions and sleeper weights. These scores are determined by how well the mattress supports and relieves pressure for each sleeper type. In addition to the hands-on feedback from our team, we conduct a number of quantitative tests in our Test Lab. The below ratings are based on the experience of our testers. SELECT AN ICON TO VIEW DETAILS: Motion Isolation Pressure Relief Temperature Control Edge Support Ease of Movement The Birch Natural Mattress definitely has more bounce than contouring, which in our testing lab meant more motion transfer. Vibrations from movement on one part of the bed could be felt at least lightly on other parts of the bed. For most couples, a little motion transfer doesn't create significant problems. But if you're easily awoken during the night, you may encounter more sleep disruptions from your bed partner's movement when sleeping on the Birch Natural Mattress The Birch Natural Mattress offers effective pressure relief for many sleepers, but it may not be the top option for people who want deep contouring around their body.The wool and latex layers of the Birch Natural Mattress lightly cradle the joints and heavier parts of your body, but these materials do not hug you closely. In most cases, the cushioning from the latex is enough to relieve pressure, but it may be lacking in this category for people with very sharp pressure points. We found that the Birch Natural Mattress offers excellent temperature control. It has several components that promote cooling and temperature neutrality. Wool and cotton are highly breathable to wick away moisture and dissipate heat. Latex does not heat up the way foam does, and the coil support core promotes plenty of ventilation.The responsiveness of the mattress also keeps you from sinking in too far. As a result, airflow can reach your skin and help cool you down. The Birch Natural Mattress offers solid edge support that comes from the bounciness of its materials and its thick layer of pocketed coils. The coils are reinforced around the perimeter to give the mattress a more stable feel when sitting or lying down near the edge. The Birch Natural Mattress keeps you from feeling stuck in one position. Our testers observed that, thanks to its responsive materials like latex and coils, you can easily adjust your sleeping position, roll over, or get up out of bed.The ease of movement on the Birch Natural Mattress makes it a good fit for combination sleepers and anyone else who prefers to feel like they are sleeping on top of the bed rather than "in" the bed. Full Breakdown If you're looking for a mattress made with natural materials that doesn't sacrifice performance, the Birch Mattress is a standout. We chose it as our Best Organic Mattress because it combines eco-conscious construction with genuinely great support, pressure relief, and breathability. It uses natural latex, organic cotton, and wool – so it's free from polyurethane foams and synthetic chemicals – and still holds its own against other hybrids in terms of durability and comfort. How It Feels to Sleep On The medium firm feel has a nice mix of bounce and light contouring. Side sleepers on our team weighing 130 pounds or more liked how it kept their hips and shoulders aligned without feeling too stiff, and back and stomach sleepers up to 230 pounds found it supportive without being rigid. I also noticed how easy it was to move across the surface—there's plenty of responsiveness, and it stayed cool all night thanks to the breathable wool and latex layers. Inside the Mattress The comfort system starts with a wool blend that adds breathability and moisture-wicking right under the organic cotton cover. Beneath that is a layer of natural Talalay latex, which feels springy and adaptive without the sink of memory foam. The support core is made of individually pocketed coils, including thicker coils around the edges for added support. Underneath everything is a final layer of wool batting for extra stability and fire resistance—all without synthetic additives. Read Our Full Birch Mattress Review Watch our video below to learn about our lab's top mattress picks for 2025. When you're trying to choose a mattress, things like brand reputation and build quality definitely matter, but at the end of the day, it comes down to you. Everyone sleeps differently, and no one-size-fits-all mattress exists (though some of these picks come close). My team and I take this to heart when we test beds, which is why we look at how they perform for back, side, and stomach sleepers across all body types. Below, I'll go through the things we recommend you consider when shopping for a mattress, but it's ultimately you who is the best judge of what feels good. Before we dive into brands and reviews, it helps to understand the different mattress types out there. Based on the descriptions below, you can start to get a feel for the type that most appeals to your preferences, as well as your body weight and sleeping position.  For me, finding my right fit comes down to balancing pressure relief, support, and firmness—enough to keep my spine aligned and prevent soreness. As such, I've had my best sleep on hybrid mattresses. If you love the feeling of being cradled by your mattress, foam might be just the thing for you. These mattresses are made entirely of foam—usually memory foam or polyfoam—and they're amazing for pressure relief and motion isolation.  I tend to toss and turn, and memory foam mattresses help reduce movement across the surface so I'm not waking myself (or anyone else) up all night. The downside? Foam can retain heat, so it might not be ideal if you're a hot sleeper, unless you find one with built-in cooling tech. This is the classic mattress you might have grown up sleeping on. Innerspring mattresses have a core of metal coils and sometimes a thin comfort layer on top. They're highly breathable and offer great support with a bouncy, responsive feel.  If you like to feel like you're more on the bed than in it—or you want something that sleeps cool—an innerspring could be your match. Personally, I like a little more cushioning, but for some people, especially those with heavier bodies, the firm feel is perfect. Hybrid mattresses combine the best of both worlds: coils for support and latex or foam layers on top for comfort. This is what I sleep on now, and I love the balance it gives me: It's supportive without being too firm, and soft without making me feel like I'm sinking.  Hybrids are great for just about any sleep style or body type, especially if you're looking for a little bit of everything: pressure relief, airflow, bounce, and durability. Latex mattresses are known for being durable, bouncy, and naturally breathable. They offer gentle contouring without that deep, sink-in feel you get from memory foam. If you sleep hot (like I do) or want something made from natural or organic materials, latex is a great option. Plus, this type tends to be hypoallergenic and resistant to dust mites and mold, and that's a huge bonus if you're sensitive to allergens. Not to be confused with the kind of inflatable air mattress you pull out of a box for guests or drag into a tent on camping trips, airbeds have adjustable air chambers inside that let you customize the firmness level. Some even let you and your partner set different firmness levels on each side. These can be pricey, but if you want full control over your comfort (or have chronic pain or medical conditions), airbeds are worth considering. Firmness is one of the first things you'll notice when you lie down on a mattress, and it's also one of the most personal. It refers to how soft or firm the mattress feels under your body, and finding the right level is key to comfort and spinal alignment. We measure mattress firmness on a 10-point scale, where 1 is the softest, and 10 is the firmest. To find your ideal firmness, take into account your sleep position, body weight, and personal preferences, which I've laid out below. One of the most important things I learned—both from testing mattresses and from dealing with my own sleepless nights—is that your sleep position plays a huge role in choosing the right mattress for you, as it helps determine where your body needs the most support.  If you sleep on your side like I do, you want a balance of comfort and support. You'll want a mattress that cushions your shoulders and hips—pressure points that bear the most weight in this position—without letting you sink so far that it throws your spine out of alignment.  I've found that medium (5) mattresses usually strike the right balance for side sleepers like myself (I'm 180 pounds), especially when they include memory foam or a plush comfort layer that molds gently to the body. If you sleep on your back, support is everything. You'll need a mattress that keeps your spine aligned by supporting your lower back without feeling too stiff. Medium-firm (6) models usually do the trick: They're firm enough to prevent sinkage under your hips but still provide some cushioning for comfort. I also recommend beds that offer added lumbar support or zoned construction for back sleepers. Stomach sleeping is the trickiest position: It puts your spine in a vulnerable position, so you need a mattress that keeps your hips from sinking too far. A firmer feel is key here.  I've tested quite a few beds that felt amazing for side or back sleeping, but just didn't cut it for stomach sleepers. If this is your go-to position, stick with something supportive and firm (7 to 9), like an innerspring or a firmer hybrid. Your body weight plays a big role in how a mattress feels and performs. What feels soft to a lighter sleeper might feel overly firm to someone heavier, and vice versa.  Heavier individuals tend to sink deeper into the mattress, so they often need firmer support to keep their spine aligned and prevent sagging. On the flip side, lighter sleepers may not compress the comfort layers as much, so they typically do better with soft mattresses that provide adequate cushioning. As a general guideline, we've put together the following table, based on a decade of testing results with team members of a variety of body types. WeightFirmness RecommendationFirmness Scale RatingUnder 130 poundsSoft to medium mattress3 to 5130 to 230 poundsMedium to medium-firm mattress5 to 6Over 230 poundsFirm mattress7 to 8 What mattress size should you get? If you're not sure, use this chart to compare dimensions and see who each size is best for. SizeDimensionsWho It's Good ForTwin38" x 75"Solo sleepers or kids, especially in smaller spacesTwin XL38" x 80"Taller teens or adultsFull54" x 75"Sleepers who want more roomQueen (most popular mattress size)60" x 80"CouplesKing76" x 80"Couples who want more personal space or if pets or kids share the bedCalifornia King72" x 84"Taller sleepersSplit KingTwo Twin XLs (38" x 80" for a total of 76" x 80")Couples with different sleep preferences We all sleep differently—and that's OK! Don't worry that your quirks or particular challenges will make buying a new mattress too hard; there's something for everyone out there. Here's what I've learned to look for from testing beds. If you often wake up sweaty or kick off the covers in the middle of the night, you're probably a hot sleeper. Look for mattresses with cooling features like gel-infused foam, breathable covers, or coil systems that allow air to flow through the bed. I've found that hybrids and latex mattresses usually sleep cooler than all-foam beds, but the right materials can make a big difference no matter the type. Sharing a bed—whether with a partner, a pet, or a toddler who occasionally sneaks in—means you'll want to pay extra attention to motion isolation and space. Foam mattresses tend to absorb movement better, which helps if one of you tosses and turns. And if you're both light sleepers, opt for a larger size (at least a queen, maybe a king), so you're not bumping elbows at 2 a.m. Whether it's back pain, shoulder stiffness, or a cranky hip, the right mattress can either help you feel better or make things worse. Pay attention to pressure relief and support—that means a mattress that cushions your sore spots but still keeps your spine straight. From personal experience with back pain, this often comes down to finding the right firmness level for your sleep position and body type. If getting in and out of bed or changing positions is challenging, you'll want a mattress that makes movement easier, not harder. Firmer beds and those with responsive materials (like latex or steel coils) tend to provide more support and bounce, so you don't feel stuck in one spot.  I've found that edge support matters, too. A sturdy perimeter can make sitting down or standing up feel a lot more stable. If natural, non-toxic materials are a priority for you, look for beds made with certified organic materials like latex, cotton, or wool. There are more eco-conscious brands than ever now, and many offer GOTS or GOLS certifications so you know they're legit.  I love that these beds often have fewer synthetic smells and are a more sustainable choice—a bonus if you're sensitive to chemicals or just like to keep things natural. Some mattresses—especially all-foam, mattress-in-a-box options—can off-gas when they're first unboxed. If you're sensitive to chemical smells (like I am), this can be a dealbreaker.  Latex mattresses and beds made with organic materials tend to have much less off-gassing. And if you're buying a bed in a box, look for ones that are CertiPUR-US certified. It means they're made without harmful chemicals and should air out more quickly. Brand loyalty is real, especially if you've had a great experience in the past. That said, don't be afraid to branch out if your go-to brand isn't meeting your current needs. Mattress companies evolve, and what worked for you five years ago might not be the best match today. I've found some of my favorite beds by trying something totally new. I always recommend focusing on your specific needs first and going from there. Think about how much you're comfortable spending, but also what kind of features you're hoping for—materials like latex or advanced cooling tech usually come with a higher price tag.  From my testing experience, I've found that you don't have to spend a fortune to get great sleep, especially if you take advantage of holiday sales or bundle deals. Mattress prices are notoriously dynamic, especially if you're buying online. I've seen some really high-quality mattresses go on sale for hundreds off—sometimes even 50 percent less than the list price.  The biggest mattress sales usually happen around holidays like Presidents' Day, Memorial Day, Labor Day, Black Friday, and Cyber Monday. I always tell people: If you can wait, do. Patience could save you serious cash. Even if you're on a budget, it pays to prioritize materials that will hold up over time. I learned the hard way that cheaper foam can break down quickly and start to sag. Look for CertiPUR-US certified foams, solid coils in hybrid models, and—if your budget allows—latex, which is super durable and naturally breathable. Investing a bit more upfront can save you from having to replace your mattress too soon. Some of the best value you can get with your mattress purchase has nothing to do with the actual mattress, rather, it's in the policies that come with it. I always look for free shipping, a risk-free sleep trial (ideally 100 nights or more), and an easy return policy. A generous warranty is a nice bonus, too.  I once returned a mattress after 45 days because it just wasn't working for me, and because the return was easy and totally free, it made trying it a no-brainer. These policies are especially helpful if you're buying a mattress online and can't try it in person first. When we test mattresses, we're not just flopping down on them for a couple of minutes. In our Seattle-based Test Lab, we use an objective, hands-on process to evaluate mattresses, and we've used that process to test nearly 2,000 mattresses in the last decade. Our industry-leading product testing team cares deeply about improving your sleep. Since a bed's comfort and feel depend largely on your body weight and sleeping position, our team represents a wide range of body types, sleep positions, and comfort preferences. During our testing, we draw on multiple sources of information that each enhance our overall perspective. When you look at our mattress reviews, you'll see ratings for six key categories. Not every performance category is equally important to your overall satisfaction with a mattress, so we give some categories greater weight when determining an overall score. Here's a quick breakdown of the categories and why they're important. This is how much vibration a mattress absorbs when someone moves on its surface. We measure this with a vibrometer, and the results help determine whether you'll be woken up when your bed partner rolls over or gets in or out of bed. No one wants to wake up clammy and hot, so we perform temperature tests with a heat gun to see how much a mattress heats up and how quickly any built-up heat dissipates.  Pressure relief is particularly important for people with chronic pain, but it's also an essential factor for side sleepers and heavier people. We use pressure mapping technology that shows just how much impact occurs around the heavier parts of the body. Mattresses with strong edge support provide a more dependable and reliable sleep surface. We perform tests measuring how much the edges sink when you sit or lie down near the perimeter and how long it takes for the edge to return to its original shape.  This category reflects how easy it is to move on the bed's surface. Materials like latex tend to get higher scores for ease of movement. As with testing edge support, we use kettlebells to determine how deeply a mattress compresses and how quickly it bounces back. A mattress that has been compressed to ship in a box can release unpleasant chemical odors due to volatile organic compounds (VOCs). Though they're not harmful, they can be annoying, so we analyze how strong the smell is and how long it takes to fade away. Still haven't found your perfect mattress? For more help deciding which mattress is right for your specific needs, check out the guides below. The reasoning for buying a new mattress varies from person to person, but we've typically found that people buy a new bed when their old bed starts to sag or generally feel uncomfortable, or you start to wake up feeling stiff or sore. Whether or not you find a mattress comfortable depends on factors like your body shape and preferred sleeping position. For example, a back sleeper who weighs over 230 pounds will usually prefer a significantly firmer mattress than someone who weighs less than 130 pounds and sleeps on their side.Mattresses can also feel comfortable in the short term but uncomfortable after several hours or even days, making it difficult to choose the right mattress without sleeping on it. It's helpful to choose a mattress with a sleep trial, as these allow you to double-check that your new bed is comfortable before committing to the purchase. The best time to buy a mattress is typically during major holiday sales, when retailers offer deep discounts and bundle deals. Presidents' Day, Memorial Day, Labor Day, and Black Friday are some of the biggest mattress sale weekends of the year. Many companies also run promotions during New Year's and back-to-school seasons, especially for mattresses in a box or dorm-friendly models. If you're not in a rush, waiting for these events can help you save significantly—especially on higher-end models or when shopping in-store. However, many online brands offer ongoing deals year-round, so it's worth watching for flash sales or signing up for email alerts. A good mattress is an investment in better sleep and long-term health, but how much you should spend depends on your budget and what features matter most to you. For most people, $800 to $1,500 is the sweet spot for a quality queen-size mattress with good support, durability, and comfort. Budget mattresses under $500 may work well for guest rooms or short-term use, but often lack long-term support or pressure relief. Luxury or specialty models, like those with advanced cooling or zoned support, can cost $2,000 or more. Think about your sleep style, materials you prefer (like memory foam vs. latex), and any specific needs like back pain or temperature regulation when setting your budget. There's no one-size-fits-all answer—it depends on your sleep preferences and body type. Memory foam mattresses are known for their contouring feel, which hugs the body and relieves pressure points. They're especially popular with side sleepers and people with joint or back pain. However, they can retain heat and may feel too soft or "sinking" for some. Hybrid mattresses, on the other hand, combine foam comfort layers with a coil-based support system. This gives you more bounce, better airflow, and stronger edge support—making hybrids a great option for hot sleepers, combination sleepers, or anyone who prefers a balance of comfort and responsiveness. Jump to: Mattresses are highly customizable: Choose your firmness, materials, extra features and even delivery methods (hey there, mattress-in-a-box). But the first choice you're probably going to make is size. After all, a twin mattress won't work for a couple, and the mattress must also fit into your bedroom. If you're looking for a large or oversize mattress, you've likely come across the terms king mattress and California king mattress. So what is the difference between the two? Our experts can explain.The Good Housekeeping Institute Textiles Lab is full of fiber scientists who are constantly testing to find the best mattresses, best sheets, best pillows and more. They've tested and evaluated hundreds of mattress models to find the best recommendations for every type of sleeper. In the past three years, they've surveyed more than 10,000 mattress owners and reviewed answers to more than 170,000 questions. We asked them to share how to decide whether a king or California king is right for you. You probably already know the answer: size. A king mattress is wider and shorter, while a California king is thinner and longer. Though most people think a California king mattress is bigger than a king, it's actually smaller in terms of square footage. The footprint of each mattress is different so you have to determine which is better suited to the space you have. Below, we've included our best overall pick (the Saatva Classic Mattress) and best value pick (the Allswell Luxe Hybrid). Our top performers don't change based on mattress size, so both are great options in any size you decide. Best Overall MattressBest Value MattressA standard king mattress is the largest common mattress on the market. The best way to think of the dimensions of a standard king is that it's the size of two twin mattresses. It can fit multiple sleepers — often two adults though it can accommodate children or pets.A standard king mattress is usually 80 inches long by 76 inches wide. It's a wider option, one that Lexie Sachs, executive director of the Good Housekeeping Institute Textiles, Paper & Apparel Lab, prefers since she has two kids. But if you are over six feet tall (a.k.a., 72 inches), you might find your toes hanging off the end of the bed in the middle of the night.Pros: Wider than a California KingEasier to find Ideal for shorter and wider roomsCons:Might not fit tall sleepersA California king is narrower than a king, yet most people think the mattress is bigger because it's longer. A good way to think of the dimensions of a California king mattress is to think of the state in its name: taller than it is wide. It's ideal for taller people, though you might find a tight fit if there are any kids or pets hopping into bed with you.A California king is usually 84 inches long by 72 inches wide. This means if you're six feet tall, you've got plenty of extra space (12 inches to be exact) to move around without your toes going cliff-jumping. But you are losing four inches on the width of the mattress.Pros: Longer than a standard king Ideal for people over six feet tallBetter for narrow roomsCons: Not as common as a standard king Might be more expensive, depending on the brandThe primary considerations are the dimensions of the room and the sleeper's height. In general, the shape of the mattress should match the shape of the room, depending on where the bed is to be located. For example, if you have a room that is 14" x 16" and you can put your bed along either length, a king mattress would work well with the headboard against the wider wall, and a California king would work well with the headboard against the narrower wall. The second thing to consider is height. If anyone using the bed is over six feet tall, you have to decide what's more important: how the bed fits in the space or how you fit in the bed. Something else to keep in mind is while it isn't terribly hard to find sheets and pillows for a California king, they still aren't as common as bedding that fits a standard king. More specialized items like a bed frame, box spring or mattress protector can be harder to find for California king. California king options are usually more expensive too. Unfortunately, no. Because the dimensions don't match, the end of the mattress would hang off the end of the frame, which isn't good for the mattress. If you already have a king-size bed frame and don't want to replace it, stick to the standard king mattress. If you're looking to change everything over though, you can start by checking out our guides to the best bed frames. There are plenty of options for bed frames that are under $300, or you can opt for luxury and snag an adjustable bed frame. Yes! Most comforters come in combined sizing: Twin/Twin XL, Full/Queen, and King/CA King. Comforters drape over the edge of the bed so there's usually enough fabric for versatility. Sheets are a different story, particularly the fitted sheet. If you want a good, snug fit on your sheets, it's best to go with the specific size and not a combined option. Need some inspo for your new bedding look? We've got articles on the best comforters, best bedding sets, best duvet inserts and best duvet covers. Why trust Good Housekeeping? The Good Housekeeping Institute Textiles Lab has been evaluating bedding and home products for over a century. Since the online mattress industry's rapid expansion in 2014, our experts have actively researched and reviewed hundreds of models, surveyed thousands of our readers and analyzed countless data points to find the best mattresses available.Abigail Bailey (she/her) covers everything from kitchen gear to mattresses for the GH Institute, and she assists the General Manager with any number of projects. She graduated from Louisiana State University with a B.A. in creative writing, and she earned her M.S. in publishing digital and print media from New York University.Abigail BaileyAbigail (she/her) is product reviews writer who has covered everything from kitchen gear to mattresses and smart blinds. She graduated from Louisiana State University with a B.A. in creative writing and earned her M.S. in publishing digital and print media from New York University. She currently works at Wirecutter, but has also spent time on staff at Good Housekeeping and The Southern Review literary magazine. In her free time you can find her quilting, cross-stitching or trying to figure out how to squeeze one more bookshelf in her tiny apartment.