

HOUSE ROLL (4pcs)



ALASKAN ROLL
In: Krab, Avocado
Out: salmon, Avocado



HAWAII ROLL
In: Krab, Avocado
Out: Tuna, Avocado



RAINBOW ROLL
In: Krab, Avocado
Out: Assorted Fish, Avocado



TIGER ROLL
In: Krab, Avocado
Out: Cooked Shrimp, Avocado



RED DRAGON ROLL
In: Krab, Avocado
Out: Spicy Tuna



DRAGON ROLL
In: Krab, Avocado
Out: Eel, Avocado



SHRIMP TEMPURA ROLL
In: Krab, Avocado, Shrimp Tempura



BAKED SALMON ROLL
In: Krab, Avocado
Out: Baked Salmon



CRUNCH ROLL
In: Krab, Avocado, Shrimp Tempura
Out: Flake Crunch



CAJUN SALMON ROLL
In: Krab, Avocado
Out: Seared Salmon, Cajun Seasoning



ALBACORE DELIGHT ROLL
In: Spicy Krab, Avocado
Out: Seared Albacore, Deep Fried Sliced Onion

E EEL SAUCE

R RAYU

G SOY & MUSTARD

H HOUSE MAYO

P PONZU SAUCE

S SPICY MAYO

O SESAME OIL

A SRIRACHA SAUCE

KRAB: Imitation Crab Meat

PREMIUM TEMPURA ROLL (4pcs)



GOLD DRAGON ROLL
In: Spicy Tuna, Cucumber
Out: Eel Tempura, Avocado



HOUSE SPECIAL ROLL
In: Krab, Avocado
Out: Shrimp Tempura, Krab Sticks, Flake Crunch



GREEN MONSTER ROLL
In: Krab, Avocado, Shrimp Tempura
Out: Avocado



KING TIGER ROLL
In: Krab, Avocado, Shrimp Tempura
Out: Cooked Shrimp, Avocado



MIAMI VICE ROLL
In: Krab, Avocado, Shrimp Tempura
Out: Seared Albacore



HOT NIGHT ROLL
In: Krab, Avocado, Shrimp Tempura
Out: Spicy Tuna, Flake Crunch



BIG DOG ROLL
In: Krab, Avocado, Shrimp Tempura
Out: Spicy Tuna, Eel Tempura, Avocado



EL TORO ROLL
In: Krab, Avocado, Shrimp Tempura
Out: Baked Salmon



SPIDER ROLL (5PCS) FULL SIZE
In: Deep Fried Softshell Crab, Gobo, Cucumber

PREMIUM BAKED ROLL (4pcs)



BAKED LANGOSTINO ROLL
In: Krab, Avocado
Out: Baked Langostino



BAKED SCALLOP ROLL
In: Krab, Avocado
Out: Baked Scallop



SNOWCONE ROLL
In: Krab, Avocado
Out: Baked Albacore, Langostino



T.N.T. ROLL
In: Krab, Avocado
Out: Baked Shrimp Tempura, Flake Crunch



HAWAIIAN VOLCANO ROLL
In: Krab, Avocado
Out: Baked Spicy Tuna, Salmon



CATERPILLAR ROLL
In: Eel, Cucumber
Out: Avocado

Items may vary from pictures. All prices, ingredients and flavors are subject to change without notice. Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. Not all ingredients may be listed on the menu for each item. Please let your server know if you have any food allergies. No substitution.

PREMIUM FRESH ROLL (4pcs)



BOOM BOOM ROLL
In: Krab, Cucumber, Tuna, Soy paper
Out: Spicy Tuna, Salmon



BANZAI ROLL
In: Spicy Tuna, Cucumber
Out: Yellow Tail, Sliced Jalapeno



POKE HAWAIIAN ROLL
In: Spicy Tuna, Cucumber
Out: Marinated Chunk Tuna, Avocado



ALBACORE TATAKI ROLL
In: Spicy Tuna, Cucumber
Out: Seared Albacore



CHERRY BLOSSOM ROLL
In: Salmon, Avocado
Out: Tuna



MARATHON ROLL
In: Spicy Krab, Avocado, Shrimp Tempura, Soy Paper
Out: Tuna, Yellow Tail, Avocado, Sliced Orange

NO RICE ROLL (4pcs)



NUDE ROLL
In: Spicy Tuna, Krab, Avocado, Assorted Fish
Out: Cucumber



PINK BLOSSOM ROLL
In: Spicy Tuna, Spicy Krab, Avocado
Out: Salmon



RED BLOSSOM ROLL
In: Spicy Tuna, Spicy Krab, Avocado
Out: Tuna



ONLY FOR YOU ROLL
In: Krab, Avocado, Shrimp Tempura,
Eel, Tamago with Soy Paper



SUSHI BLOSSOM ROLL
In: Spicy Tuna, Spicy Krab, Avocado
Out: Salmon, Tuna, Albacore, Yellowtail

E EEL SAUCE	R RAYU
H HOUSE MAYO	P PONZU SAUCE
G SOY & MUSTARD	A SRIRACHA SAUCE
S SPICY MAYO	O SESAME OIL

KRAB - Imitation Crab Meat

NEW STYLE SASHIMI (4pcs)



MADAI (JAPANESE SNAPPER)
Sliced Madai, Yuzu, Ponzu,
Sea Salt With Truffle Oil



YELLOW TAIL
Sliced Yellowtail, Yuzu, Ponzu,
Sea Salt With Truffle Oil



BLUEFIN TUNA
Sliced Bluefin Tuna, Yuzu, Ponzu,
Sea Salt With Truffle Oil



SALMON
Sliced Salmon, Yuzu, Ponzu,
Sea Salt With Truffle Oil



HOKKAIDO JUMBO SCALLOP
Sliced Jumbo Scallop Yuzu,
Ponzu, Sea Salt With Truffle Oil



SEARED ALBACORE
Sliced Albacore, Yuzu, Ponzu,
Sea Salt, Truffle Oil With Fried Onion



OCTOPUS
Sliced Octopus, Sliced Lemon,
Yuzu, ponzu Sea Salt With Truffle Oil

APPETIZER



MIXED TEMPURA



SQUID LEG KARAAGE



SHISHITO PEPPER



CRISPY RICE WITH SPICY TUNA
Crispy Rice with Spicy Tuna, Sliced Avocado

TEISHOKU

Served W/ Miso Soup, Salad,
Rice, Gyoza, Tempura



SALMON TERIYAKI

CHICKEN TERIYAKI

BEEF TERIYAKI

CHICKEN KARAAGE

TEISHOKU

(JAPANESE MEAL SET)

SERVED W/ MISO SOUP, SALAD, RICE, GYOZA AND TEMPURA

CHICKEN TERIYAKI	\$15 ^{.95}	BEEF TERIYAKI	\$17 ^{.95}
SALMON TERIYAKI	\$17 ^{.95}	CHICKEN KARAAGE	\$16 ^{.95}

BOWL

SERVED W/ RICE, MISO SOUP AND SALAD

CHICKEN TERIYAKI	\$9 ^{.95}	BEEF TERIYAKI	\$13 ^{.95}
SALMON TERIYAKI	\$13 ^{.95}		

NOODLE & RAMEN

VEGETABLE UDON <small>JAPANESE MOUNTAIN VEGETABLE, NAPA, ONION, CARROT</small>	\$12 ^{.50}	PLAIN UDON	\$11 ^{.50}
UDON + TEMPURA	\$15	UDON <small>NAPA, ONION, CARROT, , FISHCAKE</small>	\$12
UDON + GYOJA	\$15	CHICKEN UDON <small>NAPA, ONION, CARROT, CHICKEN, FISHCAKE</small>	\$16 ^{.50}
UDON + KARAAGE	\$17	BEEF UDON <small>NAPA, ONION, CARROT, BEEF, FISHCAKE</small>	\$17 ^{.95}
MILD RAMEN <small>NAPA, ONION, CARROT, EGG</small>	\$13 ^{.50}	SPICY RAMEN <small>NAPA, ONION, CARROT, SPICY SAUCE, EGG</small>	\$13 ^{.50}

SALAD

HOUSE SALAD <small>MIXED LETTUCE, RED RADISH, CUCUMBER, CARROT, YELLOW RADISH WITH HOUSE DRESSING</small>	\$6 ^{.95}	SEAWEED SALAD <small>JULIENNE SEAWEED WITH SESAME SOY SAUCE DRESSING</small>	\$7 ^{.95}
CUCUMBER SALAD <small>CUCUMBER SLICES WITH SWEET VINEGAR DESSING.</small>	\$6 ^{.95}	SALMON SKIN SALAD <small>CRISPY SALMON SKIN, BURDOCK ROOT, CUCUMBER WITH SPECIAL DRESSING</small>	\$8 ^{.95}
HAWAIIAN POKE SALAD <small>HOUSE SALAD WITH CHUNKS OF AHI-TUNA, AVOCADO, CUCUMBER WITH SPECIAL DRESSING</small>	\$16 ^{.95}	SASHIMI SALAD <small>HOUSE SALAD WITH MARINATED ASSORTED FISH, AVOCADO, CUCUMBER WITH SPECIAL DRESSING</small>	\$16 ^{.95}

DESSERT

ICE CREAM \$5 ^{.50} <small>GREEN TEA ICE CREAM</small>	MOCHI ICE CREAM \$6 ^{.50} <small>STRAWBERRY • MANGO • GREEN TEA</small>	TEMPURA ICE CREAM \$8 <small>DEEP-FRIED GREEN TEA ICE CREAM</small>
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TruSushi 'n Fish

23702 El Toro Rd Ste A Lake Forest, CA 92630
T. 949.830.5458

Special Request

Server

Table No.

SOUP, RICE & SALAD

MENU NAME	PRICE	1st	Add
MISO SOUP	2.50		
STEAMED RICE	2.50		
SUSHI RICE	2.95		
CUCUMBER SALAD	6.95		
HOUSE SALAD	6.95		
SEAWEED SALAD	7.95		
SALMON SKIN SALAD	8.95		
HAWAIIAN POKE SALAD	16.95		
SASHIMI SALAD	16.95		

APPETIZER & TAPAS

MENU NAME	PRICE	1st	Add
EDAMAME	4.95		
GARLIC EDAMAME	5.95		
SPICY GARLIC EDAMAME	6.95		
SHISHITO PEPPER	7.95		
CHICKEN KARAAGE	8.95		
SQUID LEG KARAAGE (6PCS)	9.95		
SOFT SHELL CRAB	9.95		
BAKED GREEN MUSSEL (3PCS)	4.95		
MIXED TEMPURA (5PCS)	6.95		
VEGETABLE TEMPURA (5PCS)	4.95		
SHRIMP TEMPURA (2PCS)	3.95		
GYOZA (4PCS)	4.95		
AGEDASHI TOFU (6PCS)	5.95		
JALAPENO BOMB (2PCS)	4.95		
CRISPY RICE SPICY TUNA (2PCS)	4.95		
HAMACHI KAMA	12.50		
SALMON KAMA	7.95		

NEW STYLE SASHIMI (4PCS)

MENU SANME	PRICE	1st	Add
MADAI (JAPANESE SNAPPER)	10		
YELLOWTAIL	10		
BLUEFIN TUNA	10		
SALMON	10		
SEARED ALBACOER	10		
HOKKAIDO JUMBO SCALLOP	10		
OCTOPUS	10		

SUSHI (1PC)

MENU NAME	PRICE	1st	Add	MENU NAME	PRICE	1st	Add
BLUEFIN TUNA	2.25			STICK KRAB	2.25		
SALMON	2.25			BAY SCALLOP	2.25		
YELLOWTAIL	2.25			AJI	2.5		
ALBACORE	2.25			FRESH WATER EEL	2.5		
MADAI	2.25			PEPPER BLUEFIN TUNA	2.5		
SHRIMP	2.25			PEPPER SALMON	2.5		
ROASTED EGG	2.25			BLUEFIN TUNA TORO	4.25		
SMELT EGG	2.25			YELLOWTAIL TORO	4.25		
SALMON EGG	3.5			SEA URCHIN (Ltd.)	8.5		
OCTOPUS	2.25			SWEET SHRIMP (Ltd.)	4.5		

SASHIMI (5PCS)

MENU SANME	PRICE	1st	Add
BLUEFIN TUNA	13		
SALMON	13		
YELLOWTAIL	13		
SEARED ALBACORE	13		
COMBO SASHIMI A (9PCS)	24		
COMBO SASHIMI B (12PCS)	31		

NO RICE ROLL (4PCS)

MENU NAME	PRICE	1st	Add
NUDE ROLL (G/P)	8.50		
PINK BLOSSOM ROLL (G/P)	8.50		
RED BLOSSOM ROLL (G/P)	8.50		
ONLY FOR YOU ROLL (E)	10.00		
SUSHI BLOSSOM ROLL (G/P)	8.50		

CLASSIC CUT ROLL (5PCS-8PCS)

MENU SANME	PRICE	1st	Add
CALIFORNIA ROLL	5.95		
SPICY CALIFORNIA ROLL	6.25		
TUNA ROLL (5PCS)	6.95		
SPICY TUNA ROLL	6.25		
SALMON ROLL (5PCS)	5.95		
SPICY SALMON ROLL (5PCS)	6.25		
PHILADELPHIA ROLL	7.95		
YELLOWTAIL ROLL (5PCS)	6.95		
SPICY YELLOWTAIL (5PCS)	7.25		
SPICY ALBACORE	6.25		
★ VEGETABLE ROLL (5PCS)	5.95		
★ AVOCADO ROLL (5PCS)	4.95		
★ CUCUMBER ROLL (5PCS)	4.50		
SALMON TEMPURA ROLL (5PCS) (E)	6.50		
★ VEGETABLE TEMPURA ROLL (5PCS) (E)	6.50		
CALAMARI TEMPURA ROLL (5PCS) (E)	6.95		
SALMON SKIN ROLL (5PCS) (E)	5.95		
CALIFORNIA TEMPURA (E/S)	7.45		
SPICY TUNA TEMPURA (E/S)	7.95		

HOUSE ROLL (4PCS)

MENU NAME	PRICE	1st	Add
ALASKAN ROLL (G)	5.50		
HAWAII ROLL (G)	6.50		
RAINBOW ROLL (G)	6.00		
TIGER ROLL (G)	5.50		
RED DRAGON ROLL (G)	5.50		
DRAGON ROLL (E)	6.00		
SHRIMP TEMPURA ROLL (E)	5.25		
BAKED SALMON ROLL (E/S)	5.50		
CRUNCH ROLL (E)	5.50		
CAJUN SALMON ROLL (G)	6.00		
ALBACORE DELIGHT ROLL (E/S)	6.00		

PREMIUM TEMPURA ROLL (4PCS)

MENU NAME	PRICE	1st	Add
GOLD DRAGON ROLL (E/S)	6.95		
HOUSE SPECIAL ROLL (E/S)	6.95		
GREEN MONSTER ROLL (E/S)	6.95		
KING TIGER ROLL (E/G)	6.95		
MIAMI VICE ROLL (E/G)	6.95		
HOT NIGHT ROLL (E/S)	6.95		
BIG DOG ROLL (E/S)	7.95		
EL TORO ROLL (E/S)	6.95		
SPIDER ROLL (5PCS) FULL SIZE (E)	12.95		

PREMIUM BAKED ROLL (4PCS)

MENU NAME	PRICE	1st	Add
BAKED LANGOSTINO ROLL (H/E/S)	9.95		
BAKED SCALLOP ROLL (H/E/S)	7.95		
SNOWCONE ROLL (H/E/S)	8.95		
T.N.T. ROLL (H/E/S)	6.95		
HAWAIIAN VOLCANO ROLL (H/E/S)	7.95		
CATERPILLAR ROLL (E)	6.95		

PREMIUM FRESH ROLL (4PCS)

MENU NAME	PRICE	1st	Add
BOOM BOOM ROLL (E/S)	7.95		
BANZAI ROLL (G/A)	6.95		
POKE HAWAIIAN ROLL (G/S/O)	7.95		
ALBACORE TATAKI ROLL (G/P)	6.95		
CHERRY BLOSSOM ROLL	6.95		
MARATHON ROLL (E/R/G)	8.95		

★Vegetarian

*Krab - Imitation crab meat

Add \$1.50 Soy Paper

Please mark if you want a hand roll

Please notify your server for any food allergies