

Sweet
Spot

Remote Development Experience

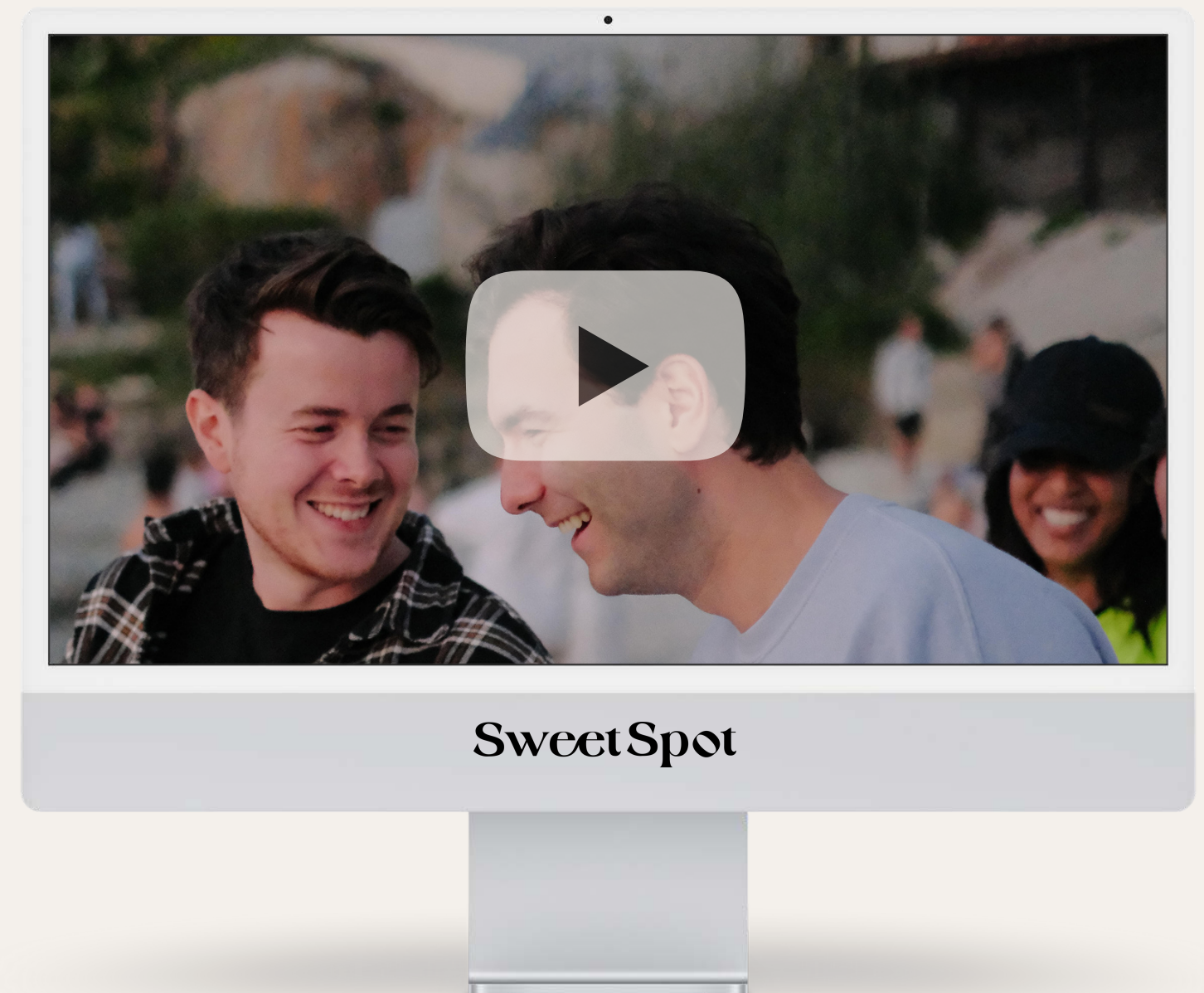
Learn new skills while working remotely
in Barcelona or Cape Town during a
1-month development program



It's time to get everything out of work and life

Hello, welcome to Sweet Spot. Have you reached your full potential? We're here to help

- Are you looking for a way to **grow professionally**, in a way that you've never done before?
- Do you seek to **break free from the routine** and **welcome** the excitement of **new people and perspectives**?
- Have you always wanted to **spend more time abroad**, but don't want to compensate on your career?



How does that look like?

Take your job abroad for 1 month

Continue your day-to-day job for 4 days a week from Cape Town or Barcelona

Work from a professional co-working space with everything you need to be productive

Grow as a professional

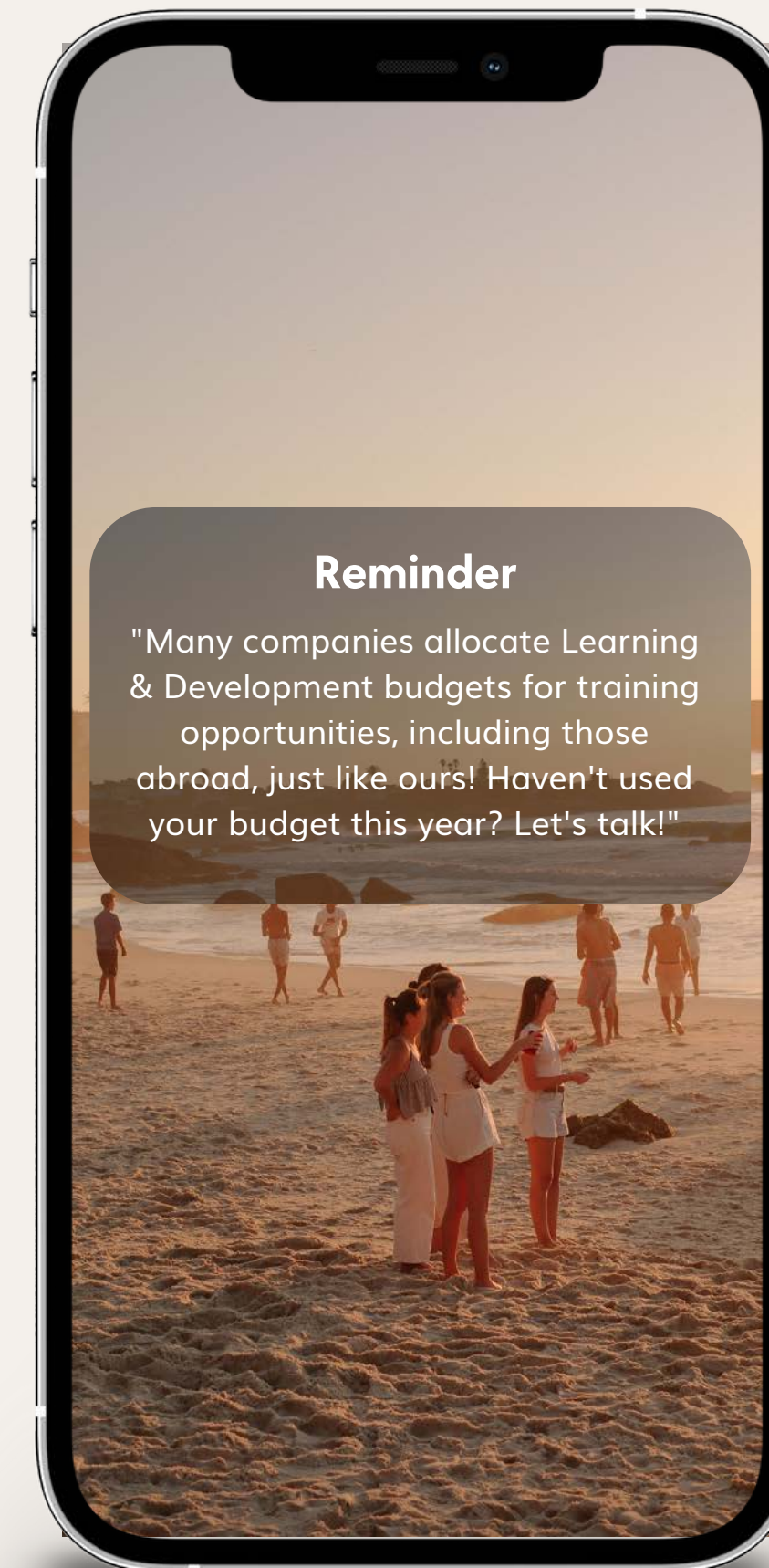
Develop yourself with professional training sessions 1 day a week

Boost your Personal Leadership, take your Soft Skills to the next level and/or expand yourself by working on a NGO project

Join our group of like-minded professionals

Share experiences, learn collaboratively and explore your temporary home together

Gain new perspectives and insights from a diverse group of professionals from various backgrounds





The program includes everything you'll need

A Remote Development experience includes:

- Coworking space
- Development program
- Community events
- Optional: Accommodation

Plus, our on-site Community Manager is your go-to person for all the cool spots and events - always ready to lend a hand when you need it!

**We hussle,
you focus on the Sweet stuff.**

**SAT
02** ↘

**12AM
Kick-off Day**

@ Winery in Constantia



**08PM
Welcome dinner**

@ Sunset restaurant



**SUN
03** ↘

**--AM-05PM
Free spend weekend**

@ Exploring the City



**06PM-09PM
Learning Experience 1**

Self-exploration hike



**MON
04** ↘

**08AM
Monday Motivation**

Cold dip @ Camps Bay



**09AM-05PM
Regular Working Hours**

@ Coworking space





Development elements Regular working hours Possible free-time activities Sweet Spot Community activities

TUE
05 ↘

09AM-05PM
Regular Working Hours

@ Coworking space



01PM-02PM
Reflection Lunch

@ Lunch spot



WED
06 ↘

09AM-05PM
Regular Working Hours

@ Coworking space



01PM-02PM
Lunch & Learn Session

@ Boardroom 3.1



THU
07 ↘

09AM-05PM
Regular Working Hours

@ Coworking space



06PM-07PM
Join Weekly Running Club

@ Barcelona Promenade



FRI
08 ↘

08.30AM-11:30AM
Soft Skills Workshop

@ Training space

12:30PM-14:30PM
Personal Leadership
Workshop
@ Training space

14:30PM-16:30PM
Learning Experience

Free-Diving @ Muizenberg



SAT
09 ↘

09AM
Table Mountain Hike

@ Cable Car Road

01AM
Wine Tasting
@ Constantia

SUN
10 ↘

12PM
Brunch Elektronik
@ in the park

A development program that fosters an attractive and effective way of learning

NOT ANOTHER TRADITIONAL
TRAINING BUT A UNIQUE
DEVELOPMENT EXPERIENCE

[Get in touch](#) to request the brochure and get more information about the different modules.

➤ **Personal Leadership**

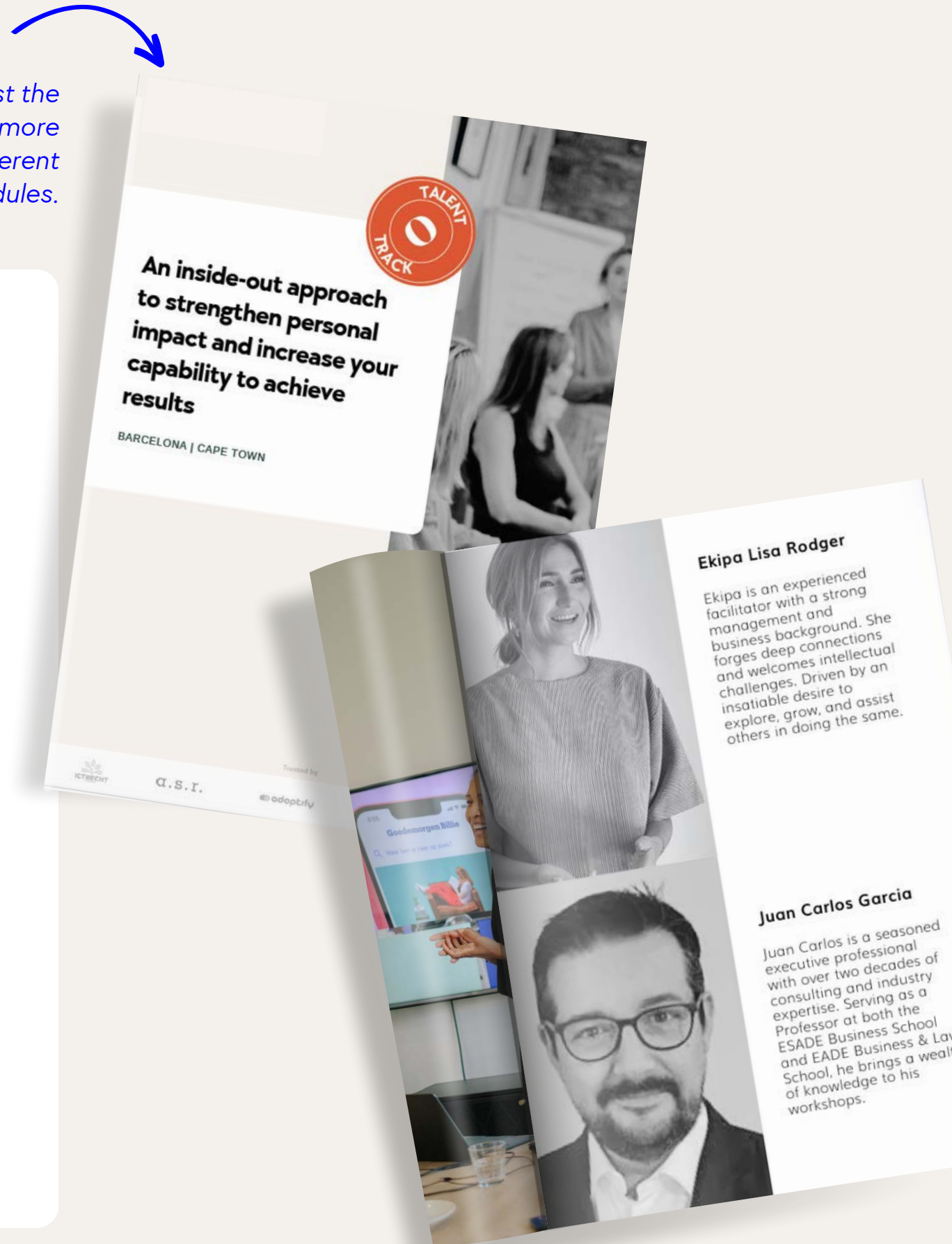
Build resilience, manage energy, and establish assertive communication for strong relationships
[Workshops](#)

➤ **Soft Skill Development**

Deepen essential soft skills to influence your relations and collaborations most effectively
[Workshops](#)

➤ **Learning Experiences**

Extend the Personal Leadership insights and experiment with them to experience the impact immediatly
[Out-of-classroom experience](#)



Discover what's outside of your comfort zone



"Being able to **use my professional skills to support a NGO** as part of the Social Impact Track was a very **fulfilling** addition to my experience in Cape Town"



SANNE LEIJTEN
ACHMEA ZILVEREN KRUIS | 



"I gained a lot from the **combination of personal development, a new environment, expanding my network** with new people while being in Barcelona."



JORIN VAN LINDENBERG
TRAFFIC BUILDERS 



"I was way **more inspired and energized** to start new projects. I think it's because I have **more positive energy** here with everything I experience."



MICHIEL DE RUYTER
GREEN RESOURCE GROUP 



"I especially **loved the blend of theory, immediate practical application, and fun Learning Experiences.**"



LAURA MONHEMIUS
ICTRECHT 





Why your company benefits

(even more than you do...)

Companies will benefit as they will **engage talent, increase well-being and accelerate development**. This will result in..



Becoming an attractive place to work

...and a competitive edge in this tight job market



Strengthened & resilient workforce

...with fewer burnouts, capable of navigating stress and heavy workloads



Improved high-performing workforce

...with the required soft skills to advance your companies business results



Previous participants
worked for... ↗

If you haven't noticed by now, we are not your regular development program

No more boring corporate trainings



Grow with our development programs. Boost personal leadership, self-awareness, and soft skills

A valuable community



Connect with our sweet community. Gain new perspectives from individuals in diverse industries, roles and cultures

An attractive & effective environment



Explore new environments. Broaden your horizon by stepping out of your comfort zone and experience living abroad





Sounds interesting?! Curious to discuss the possibilities?

[Let's discuss them together.](#)

Maybe you're keen to learn more about:

- The logistics (timing, accommodation, coworking space, etc.),
- The training program and if it aligns with your development goals
- How to introduce this new concept to your manager/HR

Let's continue the conversation, we're here to help!

Joost Verhage

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[SCHEDULE A CALL](#)



WWW.SWEETSPOTABROAD.COM

