

Sweet
Spot

Remote Development Experience

Learn new skills while working remotely in Barcelona or
Cape Town during our 1-month development program



It's time to get everything out of work and life

01

Are you looking for a way to **grow professionally**, in **a way that you've never done before**?

02

Do you seek to **break free from the routine** and welcome the excitement of **new people and perspectives**?

03

Have you always wanted to **spend more time abroad**, but don't want to compensate on your career?

**We've got you,
welcome to
Sweet Spot**





How does that look like?

Take your job abroad for 1 month

Continue your day-to-day job for 4 days a week from Cape Town or Barcelona.

Work from a professional co-working space with everything you need to be productive.

Grow as a professional

Develop yourself with professional training sessions 1 day a week.

Boost your Personal Leadership, take your Soft Skills to the next level and/or expand yourself by working on a NGO project.

Join our group of like-minded professionals

Share experiences, learn collaboratively and explore your temporary home together.

Gain new perspectives and insights from a diverse group of professionals from various backgrounds.



What's included?

- Co-working space
- Development workshops
- Community events
- Optional: Accommodation

Plus, our on-site Community Manager is your go-to person for all the cool spots and happenings while you're here - always ready to lend a hand when you need it!

**We hussle,
you focus on the Sweet stuff.**



SAT 02 ↘

12AM
Kick-off Day

@ Winery in Constantia



08PM
Welcome dinner

@ Sunset restaurant



SUN 03 ↘

--AM-05PM
Free spend weekend

@ Exploring the City



06PM-09PM
Learning Experience 1

Self-exploration hike





Development elements Regular working hours Possible free-time activities Sweet Spot Community activities

MON
04 ↘

08AM
Monday Motivation

Cold dip @ Camps Bay Beach



09AM-05PM
Regular Working Hours

@ Co-working space



TUES
05 ↘

09AM-05PM
Regular Working Hours

@ Co-working space



01PM-02PM
Reflection Lunch

@ Lunch spot



WED
06 ↘

09AM-05PM
Regular Working Hours

@ Co-working space



01PM-02PM
Lunch & Learn Session

@ Boardroom 3.1



THU
07 ↘

09AM-05PM
Regular Working Hours

@ Co-working space



06PM-07PM
Join Weekly Running Club

@ Barcelona Promenade



FRI
08 ↘

08.30AM-11:30AM
Soft Skills Workshop

@ Training space

12:30PM-14:30PM
Personal Leadership V

@ Training space

14:30PM-16:30PM
Learning Experience

Free-Diving @ Muizenb





SAT

09 ↘

09AM
Table Mountain Hike

@ Cable Car Road

01AM
Wine Tasting

@ Constantia

SUN

10 ↘

12PM
Brunch Elektronik

@ in the park



Matthew Hoogendijk

Adoptify | Consultant



"Sweet Spot is something else! They've got this fantastic way of turning learning into an inspiring journey that doesn't hold back your productivity. What's even cooler is the bunch of amazing people they bring together."



Jorin van Lindenberg

KLM | Marketing Manager



"The **combination of personal development, a new environment, meeting new people, and expanding my network** meant that I gained a lot from my time in Barcelona."



Cherelle de Graaf

Goboony | Marketeer



"Sweet Spot Abroad's training course turned this into the best choice ever! Work-life balance? In balance! And that clearly has had a **positive impact on my work.**"





Why your company benefits


(even more than you do...)

Your company will benefit as they will engage talent, increase well-being and accelerate personal development. More specifically, it will result in..



- 01** **Becoming an attractive place to work**
...and a competitive edge in this tight job market.
- 02** **Strengthened & resilient workforce**
...with fewer burnouts, capable of navigating stress and heavy workloads.
- 03** **Improved high-performing workforce**
...with the required soft skills to advance your companies business results.



Participants that already  walked this path with us worked for...



There's a whole lot of reasons why we are not your regular development program

Say goodbye to boring corporate trainings

We encourage playful learning, fostering experimentation and creativity through a blend of learning elements.

Not-your-average learning environment

Break out of your familiar surroundings and routines. We expand your perspective and insights by taking you out of your comfort zone and immersing you in a new environment abroad.

Powering up your network

Joining the Sweet Spot community doesn't only offer instant friendships - it also promotes peer learning, knowledge sharing and long-lasting network opportunities.



Sounds interesting! I have more questions!

If you want to know more about..

- The logistics (timing, accommodation, coworking space, etc.).
- How the training program looks like and how it possibly aligns with your development goals.
- How we can help you to introduce this to your manager/ HR.



Let's continue the conversation!

We love to chat, and especially if that means we will help you come closer to your development goals.

Simply reply back to this e-mail, or schedule a call directly.

Joost

j.verhage@sweetspotabroad.com

[Schedule a call](#)

Sweet
Spot