MARIJUANA PREVENTION STRATEGIES FOR A CHANGING POLITICAL LANDSCAPE

Marijuana Prevention Initiative San Diego County

Substance Use Disorders Conference

August 23, 2016

Funded by the County of San Diego, Health and Human Services Agency, Behavioral Health Services

WELCOME!

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Joe Eberstein – Program Manager, Center for Community Research, Marijuana Prevention Initiative

AGENDA

- County of San Diego AOD Prevention System
- Marijuana Prevention Initiative Overview
- Data-Driven Approach to Prevention
- Changing Landscape of Marijuana
- Prevention Strategies
- Key Takeaways and Discussion

County of San Diego Prevention System



SAN DIEGO COUNTY PREVENTION SYSTEM

- Adopted in 1997 to reduce the impacts of AOD abuse on youth
- Aligns with SAMHSA's five-step Strategic Prevention Framework:
 - (1) assessment
 - (2) capacity
 - (3) planning
 - (4) implementation
 - (5) evaluation
- Emphasizes evidence-based practices, community engagement, and system integration

SAN DIEGO COUNTY PREVENTION SYSTEM

Health and Human Services, Behavioral Health Services

4 AOD Initiatives

Binge and Underage Drinking Initiative (BUDI)

Marijuana
Prevention Initiative
(MPI)

Methamphetamine Strike Force (MSF) Prescription Drug Abuse Task Force (PDATF)

3 Countywide Programs

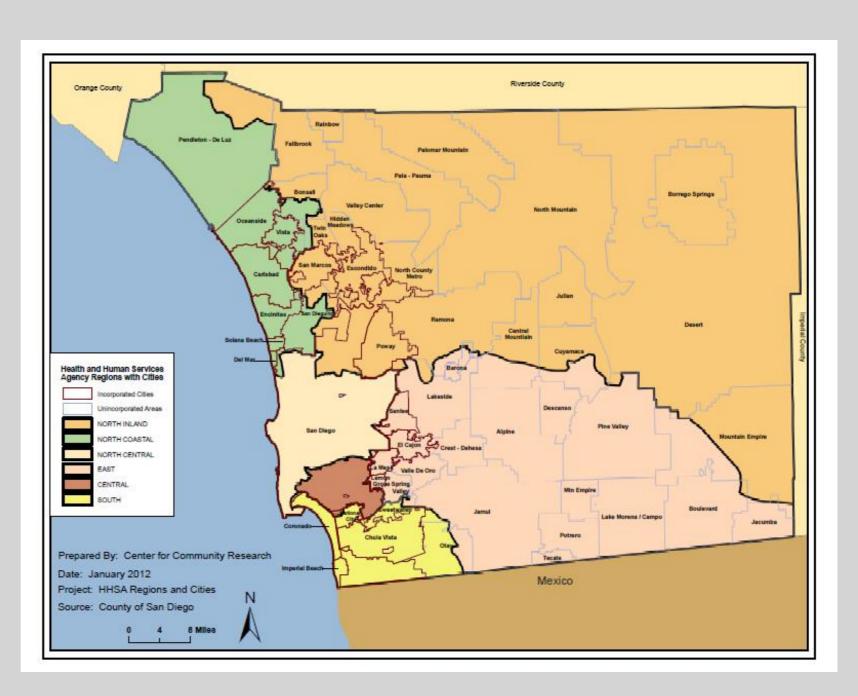
Countywide Media Friday Night Live/Club Live

Evaluation Services

Six Regional Prevention Providers

SAN DIEGO COUNTY HHSA DESIGNATED REGIONS

- Six HHSA designated regions
 - North Inland
 - North Coastal
 - North Central
 - East
 - Central
 - South



LIVE WELL SAN DIEGO



 County's Prevention System/Activities aligned with and support the county's health initiative, Live Well San Diego



Goal: County that is building better health, living safely, and thriving

Four Key Approaches to the Imitative:

- 1. Building a Better Service Delivery System.
- 2. Supporting Positive Choices
- 3. Pursuing Policy and Environmental changes
- 4. Improving the culture from within

Marijuana Prevention Initiative (MPI) Overview

Marijuana Prevention Initiative San Diego County

MARIJUANA PREVENTION INITIATIVE (MPI)

Problem Statement: High levels of marijuana use by youth (12-25) in the county negatively affect overall health and contributes to family and community problems.

Goals:

Reduce youth access to marijuana by increasing public awareness of the adverse effects resulting from youth marijuana use.

Decrease community acceptance and tolerance of youth marijuana use.

MPI STRATEGIES FOR ADDRESSING CHANGING ENVIRONMENT

- Data-driven approach to prevention

 Output
 Data-driven approach to prevention

 O
 - Use local data sources
 - Multiple sources of data
 - Enhance existing tools to the extent possible, to capture the emergent trend information
- Engage in education, outreach, and media efforts
 - Dissemination of educational materials/flyers
 - Most information is available in English and Spanish
- Collaboration with key stakeholders throughout the county

MPI COLLABORATIONS

Coordinated & Structured Collaborative Infrastructure

Key Leadership Team (KLT)

- Comprised of diverse group of representatives that advise/guide the initiative
- Meet 4 times per year
- Health sector, law enforcement, education, research, treatment

Youth Access Workgroup (YAW)

- Collaborate with the six regional prevention provider youth groups as well as Friday Night Live to develop prevention strategies
- Meet 6 times per year
- Set up trainings, forums, media events

KEY LEADERSHIP TEAM (KLT)

Building strong relationships is central to prevention efforts \rightarrow engaging key stakeholders throughout the year

- San Diego County Sheriff's Department
- San Diego County Office of Education
- San Diego County Probation
- University of California San Diego Addiction Research CMCR
- Friday Night Live
- Californians for Drug-Free Youth (CADFY)
- San Diego Unified School District
- Behavioral Health Advisory Board
- McAlister Institute Treatment
- Scripps Mercy Hospital

Data Driven Approach to Prevention

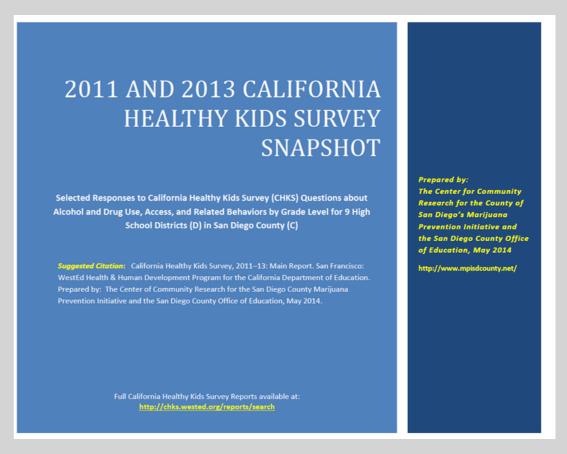
Marijuana Prevention Initiative San Diego County

CALIFORNIA HEALTHY KIDS SURVEY (CHKS)

- Assess trends over time
- Used to focus prevention efforts
 - Focus on Non-Traditional School students with higher use rates
- Collaborate with WestED to develop custom module inclusive of marijuana specific items
- Support from San Diego County for continued funding of CHKS
- "Package" information and make it available for the regional prevention system

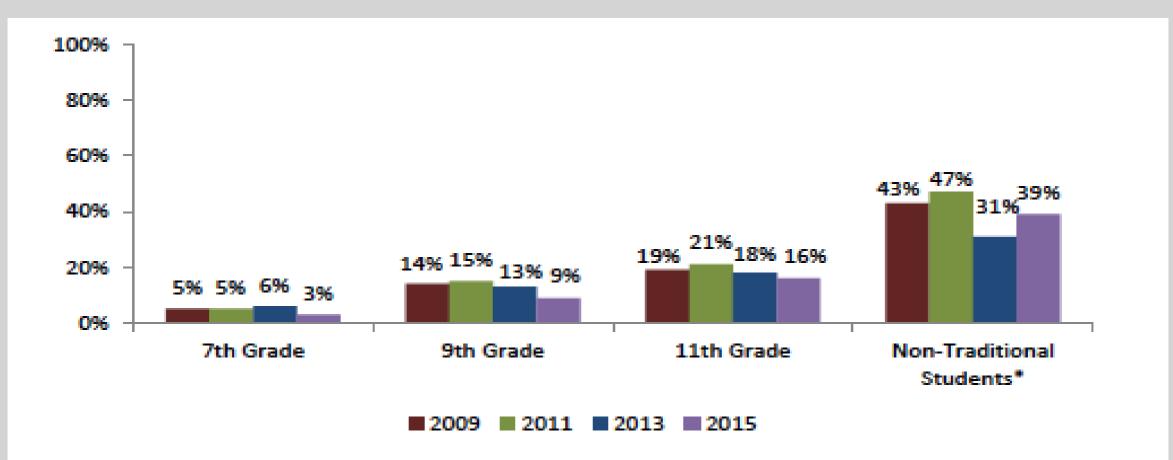
CHKS SCHOOL DISTRICT SNAPSHOT

- "Develop" countywide and region-specific data summaries to inform areas of most "need" for prevention.
- Disseminate findings to regional prevention providers
- Target efforts based on dataE.g., non-traditional school students



PAST 30-DAY MARIJUANA USE AMONG SAN DIEGO COUNTY YOUTH

Percentage of students reporting past 30-day use of marijuana by grade level

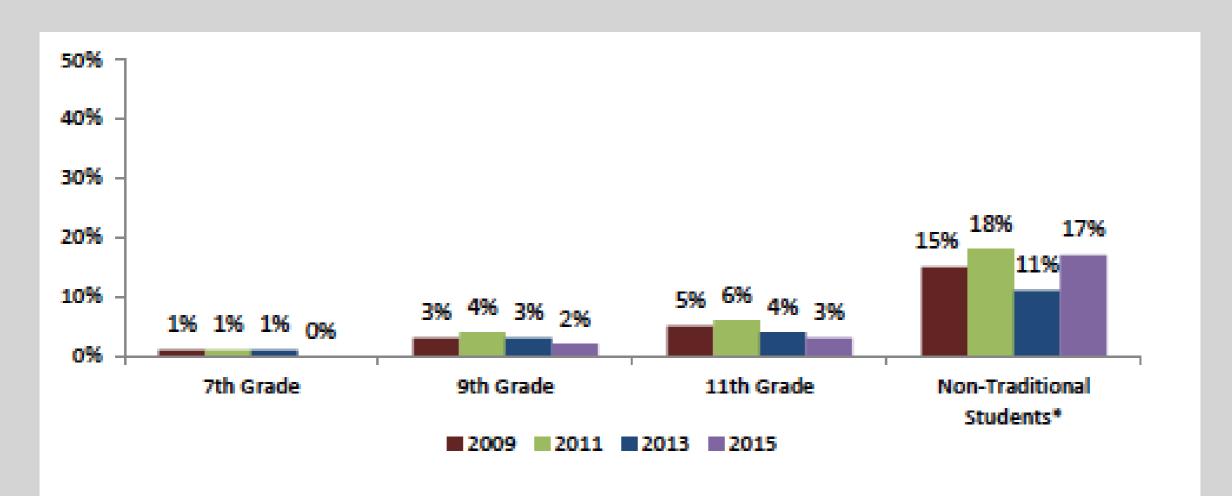


^{*}The response rate for non-traditional students participating in the 2013 Survey was lower than in 2009, 2011, and 2015, which may in part account for the decrease in reported past 30-day use rates among this population in 2013.

Source: CHKS

DAILY MARIJUANA USE AMONG SAN DIEGO COUNTY YOUTH

Daily marijuana use is defined as smoking pot 20 or more times in the past 30 days.

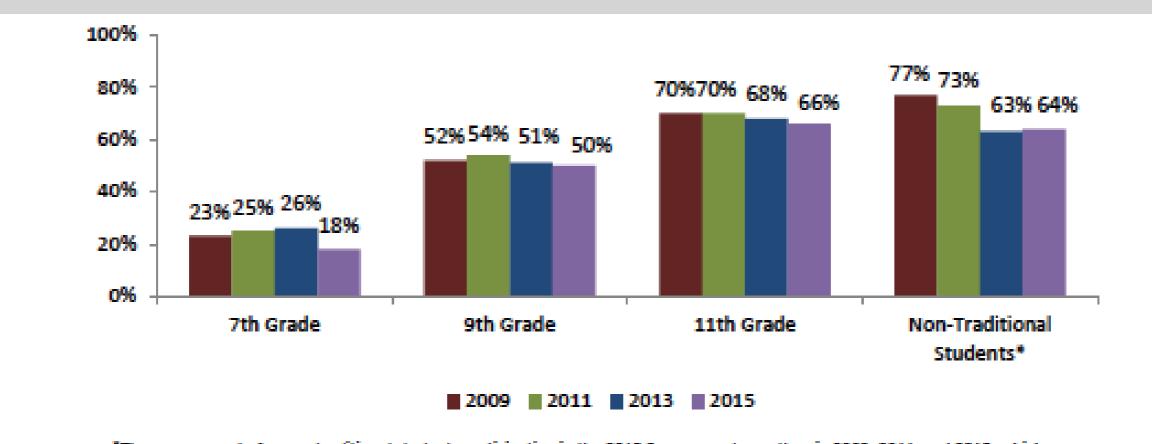


[&]quot;The response rate for non-traditional students participating in the 2013 Survey was lower than in 2009, 2011, and 2015, which may in part account for the decrease in reported daily use rates among this population in 2013.

Source: CHKS

ACCESS TO MARIJUANA AMONG SAN DIEGO COUNTY YOUTH

Percentage of students who reported that it is "fairly easy" or "very easy" to get marijuana.

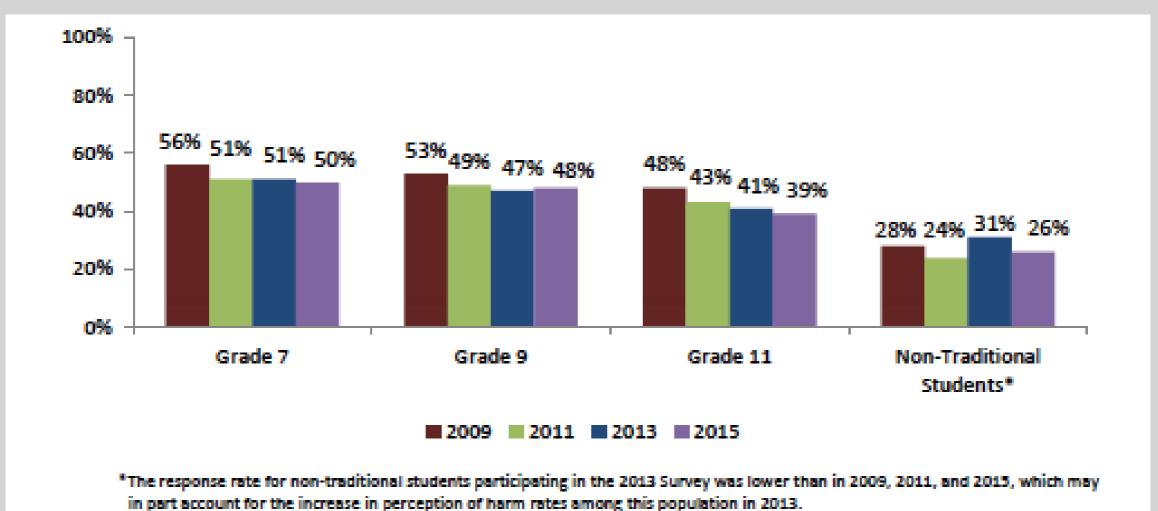


[&]quot;The response rate for non-traditional students participating in the 2013 Survey was lower than in 2009, 2011, and 2015, which may in part account for the decrease in ease of access rates among this population in 2013.

Source: CHKS

PERCEPTION OF HARM

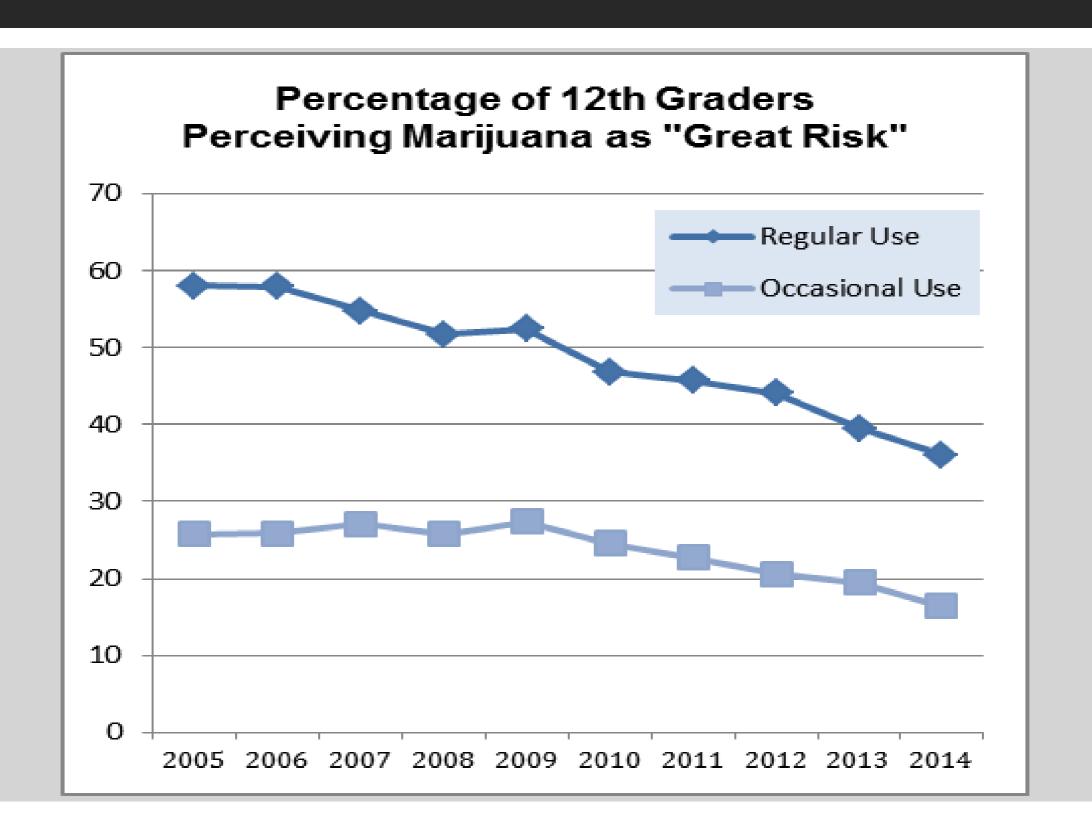
Percentage of students who reported that people greatly risk harming themselves physically or in other ways by smoking marijuana "once or twice a week"



Source: CHKS

epoor or norm roces among and population in 2023.

NATIONAL DATA: PERCEPTION OF HARM



HARM PERCEPTION

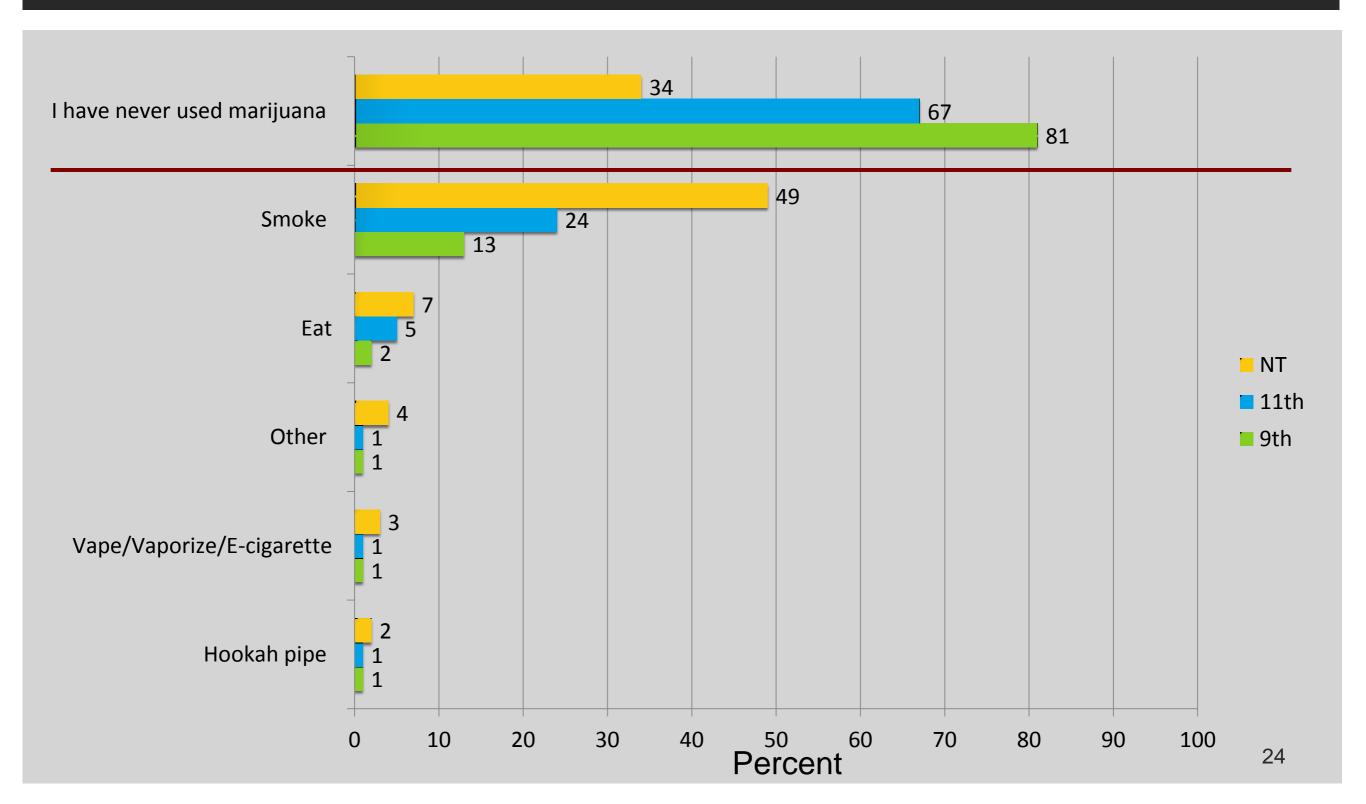
Steady decreases in the perception of harm for marijuana, prescription drug use and synthetic drug use



ADDED QUESTIONS TO COUNTY CUSTOM MODULE

- Included items specific to marijuana to obtain more detailed information about use trends current with the evolving climate:
 - How/where marijuana was accessed
 - Modes of consumption
 - Driving while under the influence of marijuana
 - Synthetic drugs
 - Prescription medications

IF YOU EVER USED MARIJUANA OR CONCENTRATED MARIJUANA, HOW DID YOU CONSUME IT?



IF YOU EVER USED MARIJUANA, WHERE DID YOU GET IT FROM?

Top 3 mentions, by grade:

9th

15% - Friend, relative or family member

6% - Drug dealer

4% Someone you just met or didn't know

11th

27% - Friend, relative or family member

11% - Drug dealer

7% - Someone you just met or didn't know

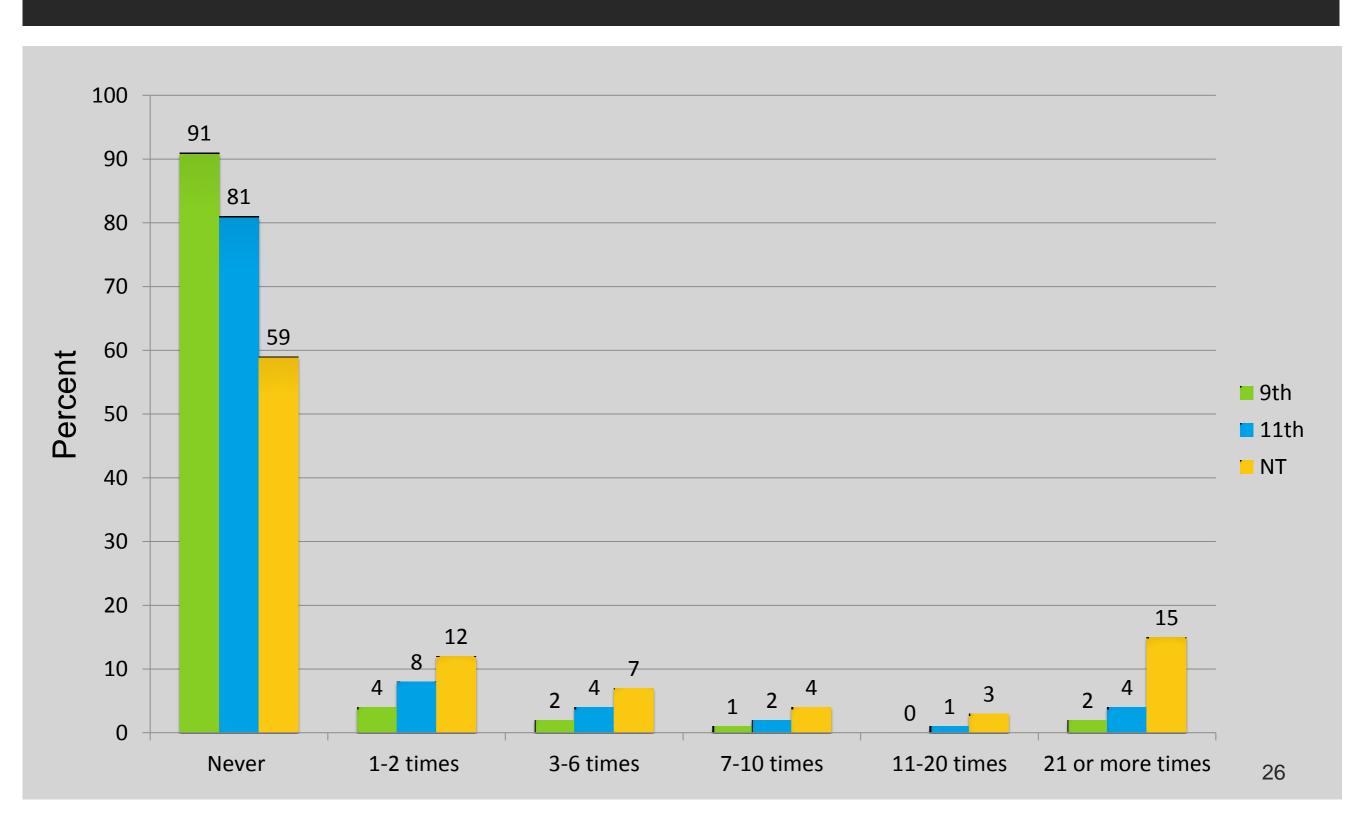
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48% - friend, relative or family member

32% - Drug dealer

20% - Medical marijuana dispensary/Pot Shop

NUMBER OF TIMES DRIVEN A CAR WHILE UNDER THE INFLUENCE OF MARIJUANA, OR BEEN IN A CAR WHERE THE DRIVER HAD BEEN USING MARIJUANA



SAN DIEGO COUNTY COMMUNITY SURVEY

- To systematically collect AOD-related perception and opinion data across San Diego County
- To identify AOD-related trends and track changes in perceptions and opinions over time
- To identify new or emerging issues/concerns
- To inform prevention strategies and media, policy, and community advocacy efforts
- To inform the Countywide evaluation

SAN DIEGO COUNTY COMMUNITY SURVEY

San Diego County's Prevention System has administered the Community Survey at three points in time: 2011, 2014, and 2016

- Most 2016 Community Survey items are consistent with 2011 and 2014 survey items to maximize comparability
- In 2016, some items were added, deleted, or slightly revised based on:
 - Review of 2011 and 2014 Community Survey findings; and
 - Feedback/input from Initiatives, Prevention Providers, and Behavioral Health Services

SAN DIEGO COUNTY COMMUNITY SURVEY

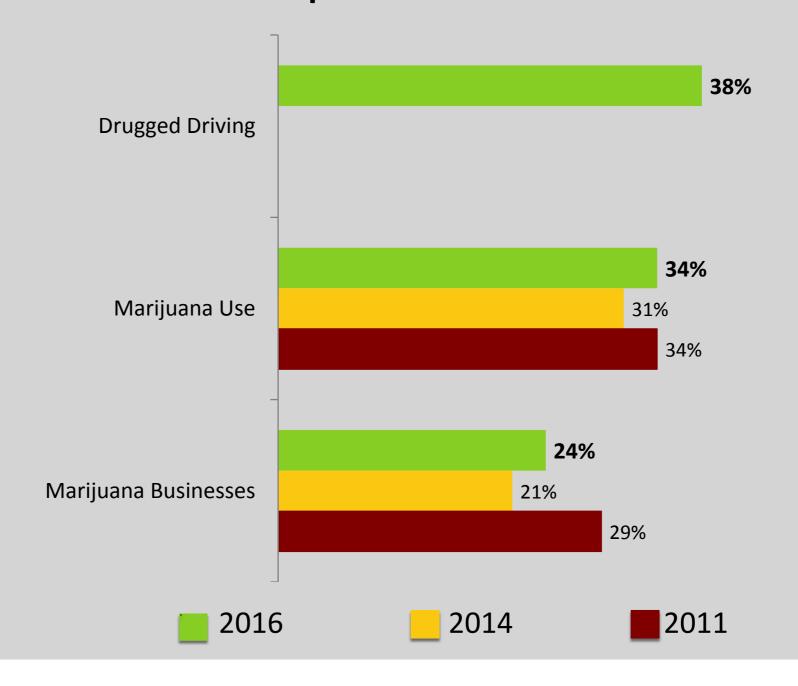
- All Community Survey respondents were at least 18 years old and indicated that they live in San Diego County
 - 1,829 respondents were surveyed in 2011
 - 1,871 respondents were surveyed in 2014
 - 2,023 respondents were surveyed in 2016
- Survey data are analyzed in aggregate across all regions resulting in the development of a countywide and six regional summary reports that are shared with the Prevention System
- Findings pertinent to each Initiative are additionally developed upon request

MARIJUANA-SPECIFIC ITEMS

- Perceptions of harm
 - Smoking marijuana if the person is under 21 years old
 - Occasional marijuana use
 - Frequent marijuana use
- Support for policies
- Issues in the community stemming from marijuana use
 - Drugged Driving
 - Marijuana use

COMMUNITY SURVEY FINDINGS

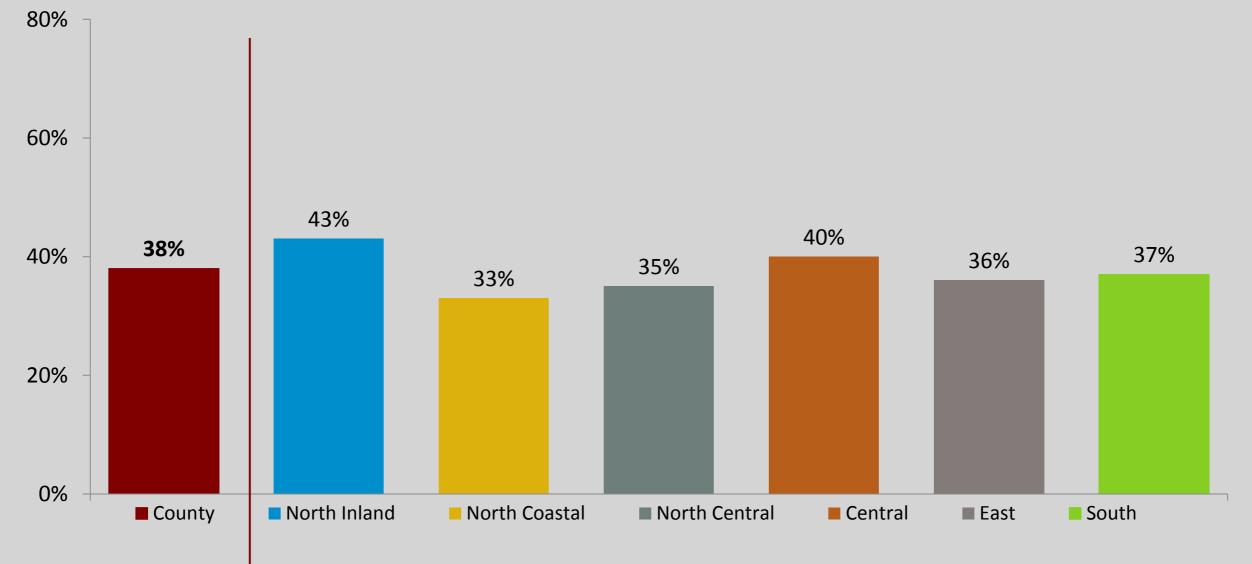
Percentage of respondents indicating that the following marijuana-related items cause problems in their communities:



31

COMMUNITY SURVEY FINDINGS

Percentage of respondents indicating that "Drugged Driving" causes problems in their community:

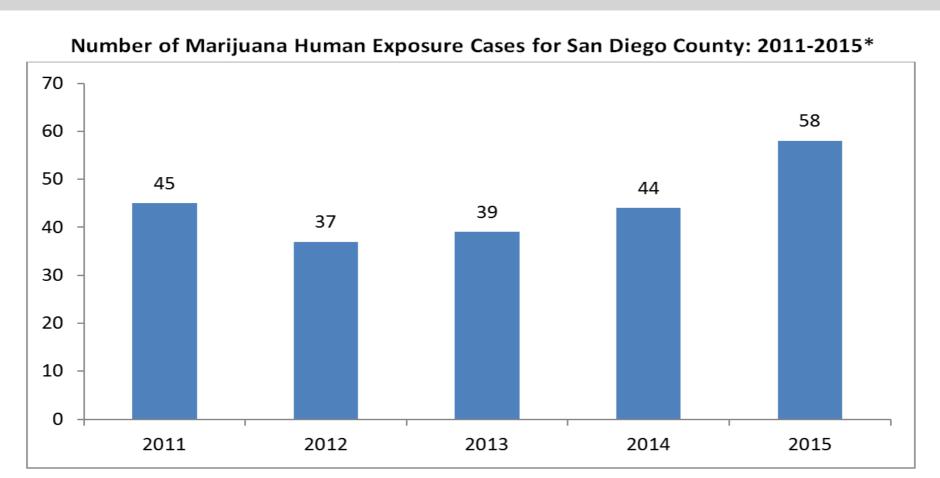


2016 COMMUNITY SURVEY FINDINGS

	Harmful 2011	Harmful 2014	Harmful 2016
Smoking marijuana if a person is under 21 years old.		76%	77%
Smoking marijuana every day or every week.	80%	77%	76%
Eating edible marijuana food products.			67%

POISON CONTROL 2011-15

Increase in the number of marijuana exposure cases from 2011 - 2015



*Timeframe for 2011-2014 is from January-December; timeframe for 2015 is from January-November. Source: California Poison Control Center, personal communication (March 2015).

EMERGENCY DEPT. DISCHARGE DATA



Marijuana-Related Emergency Department Discharge Data San Diego County 2006-2014

This fact sheet summarizes data obtained from the Office of Statewide Health Planning and Development, Emergency Department Discharge Database on County of San Diego Emergency Department visits related to cannabis use over a nine-year time frame (i.e., 2006-2014).¹ Table 1 provides data on discharges in which cannabis use was (1) the primary diagnosis or (2) either the primary or secondary diagnosis upon discharge (i.e, all diagnoses that included coding for cannabis).² For most secondary cases, individuals came into the Emergency Department for something else (e.g., broken arm, injury, flu, etc.) and cannabis use was added as a secondary diagnosis. In these cases, the drug use may or may not have contributed to the reason for the Emergency Department visit.

Table 1. Cannabis-related San Diego County Emergency Department Discharges by Year											
	2006	2007	2008	2009	2010	2011	2012	2013	2014		
Total ER Discharges	573,858	601,102	612,310	643,091	635,302	671,815	698,303	727,510	781,289		
Primary Cannabis-related Diagnosis Only											
Primary Cannabis-related Discharges	86	107	77	111	136	188	205	171	232		
Primary Cannabis-related Discharge Rate* by Total ER Discharges	15.0	17.8	12.6	17.3	21.4	28.0	29.4	23.5	29.7		
Primary Cannabis-related Discharge Rate* by County Population	2.9	3.5	2.5	3.6	4.4	6.0	6.5	5.4	7.2		
All Cannabis-related Diagnosis (Primary & Secondary Diagnosis Combined)											
All Cannabis-related Discharges	1,108	1,734	1,851	2,362	3,722	4,300	5,311	7,354	10,302		
Cannabis-related Discharge Rate* by Total ER Discharges	193.0	288.5	302.3	367.3	585.9	640.0	760.6	1011.4	1318.6		
Cannabis-related Discharge Rate* by County Population	37.1	57.5	60.7	76.7	119.6	137.2	168.0	231.0	320.5		

^{*}Rate per 100,000 people



¹ Source: California Office of Statewide Health Planning and Development, Emergency Department Data. Prepared by the California Department of Public Health, Safe and Active Communities Branch. Reports generated from http://epicenter.cdph.ca.gov on: March 14, 2016.

² A primary or secondary cannabis-related diagnosis is assigned an ICD-9 code of 304.3 or 305.2 following a positive blood test for the presence of THC or the patient's self-disclosure of use.

USE DATA COLLECTED AND DEVELOP USER FRIENDLY MATERIALS

MPI develops and disseminates data documents and educational

materials

- Examples:
 - Community Readiness Assessment Report
 - 30,000+ Informational Postcards on marijuana,
 - Materials available in English and Spanish
 - County and School District CHKS Snapshot
 - At-A-Glance, San Diego County Marijuana Prevention Initiative
 - Key Data: Marijuana Prevention Points of Consideration
- Materials also posted on MPI website:

http://www.mpisdcounty.net/



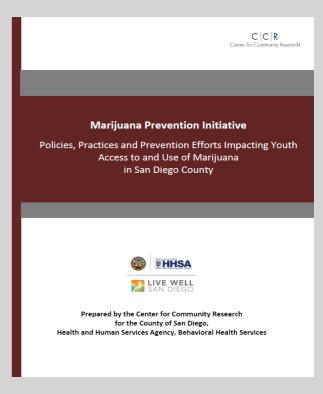
EDUCATION ON EMERGING TRENDS

Trainings/Presentations:

- On marijuana, synthetic drugs, butane hash oil, edibles
- Community Forums, Town Hall Meetings & Seminars:
 - Impacts of Chronic Marijuana Use among Youth
 - Vape Pens, Marijuana and the Teen Brain: What Every Parent Needs to Know
- Community Partnerships:
 - UCSD Dept. of Neuropsychiatry, Toussaint
 - Academy, SDUSD Police Dept., Regional Prevention Providers
- Youth Trainings/Outreach: Non-traditional schools, middle/high schools, regional youth groups, focus groups
- Spice Prevention: Postcards, presentations, Spice Fact Sheets, environmental scans in collaboration with Regional Providers

MPI REPORT - 2016

- Centralized location for county-wide data points
- Meant to be used as a roadmap for the county
- Available on SUD website



Changing Landscape

Marijuana Prevention Initiative San Diego County

CHANGING POLITICAL LANDSCAPE!

- Prop 64 Recreational Use Initiative called the Adult Use of Marijuana Act
- Creation of the MMRSA (Medical Marijuana Regulatory and Safety Act)
 - Medical use
- States that have legalized marijuana
 - Alaska
 - > Oregon
 - > Colorado
 - Washington
 - > DC



DEA POT REMAINS SCHEDULE 1

What it means to be a Schedule 1 Drug:

- No medical value
- High propensity for abuse and addiction



A DIFFERENT GENERATION!

- All about the "experience" vs. material possessions.
- Access to everything all the time! Constant distractions!

"Imagine being a 7 year old and sitting in front of a computer where you could type anything you wanted into a search engine (Google) and have it appear in front of you."

"Our issue is that the world and what we have access to is expanding so fast, and we have no idea how to create simplicity for ourselves."

... source: Nicholas Cole - Inc.com

DISPENSARIES

- 150 designated locations for dispensaries in Un-incorporated San Diego County and two currently operating legally. Temporary moratorium on new storefronts. March - 2016
- County Collective/Dispensary Ordinance prohibits the sale of edible products. Can sell dry ingredients!
- The City of San Diego allows (4) dispensaries per (9) council districts.
- Several other San Diego cities have bans!
- Many non-compliant operations



REGARDLESS OF THE POLITICAL OUTCOMES!

Prevention around youth marijuana use must continue!

EVOLVING PRODUCT

Marijuana Prevention Initiative

San Diego County

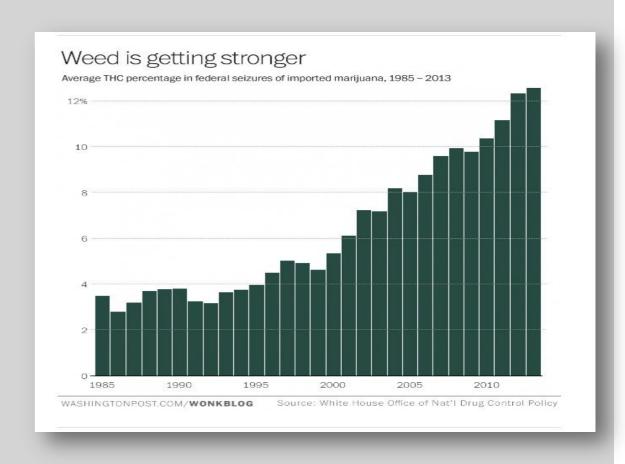
ERA OF HIGH POTENCY POT!

- Improvements in gardening technology (Grobo.)
- Cross breeding (Indica & Sativa species).
- Genetic modification, breeding out certain chemicals to enhance others.
- Extraction methods that create resigns using chemicals such as butane.



THC INCREASE

- Strength of weed seized by federal authorities has steadily risen over time
- Local retail outlets advertise strains containing 26% + THC
- National Institute on Drug Abuse caps research on marijuana at 12% THC



CONCENTRATES - WAX, BUTANE HASH OIL, EDIBLES

(BUD CONTAINING - 26% THC, CONCENTRATES MAY CONTAIN 30 - 90%)











THE POT PLANT



- The pot/cannabis plant has over 400 chemicals.
- Tetrahydrocannabinol or THC is the chemical responsible for marijuana's high.
- Some chemicals derived from the pot plant may help control seizures and aid with appetite.

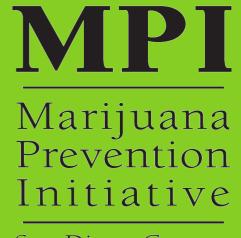
Legitimate Prescriptions- (Dronabinol to treat nausea caused by chemotherapy and boost appetite in patients with AIDS wasting syndrome and Nabilone - MS)

You do not need the psychoactive components to get the medical value

MEDICAL BENEFITS

- Most of the beneficial health effects from marijuana are from the chemical - Cannabidiol or CBD not THC.
- CBD is not psychoactive. THC is!
- CBD interferes with the "high" caused from the THC.
- CBD is non-psychoactive because it does not act on the same pathways as THC.
 - These pathways, called CB1 receptors, are highly concentrated in the brain and are responsible for the mind-altering effects of THC.
- Many of todays strains contain low doses of CBD.

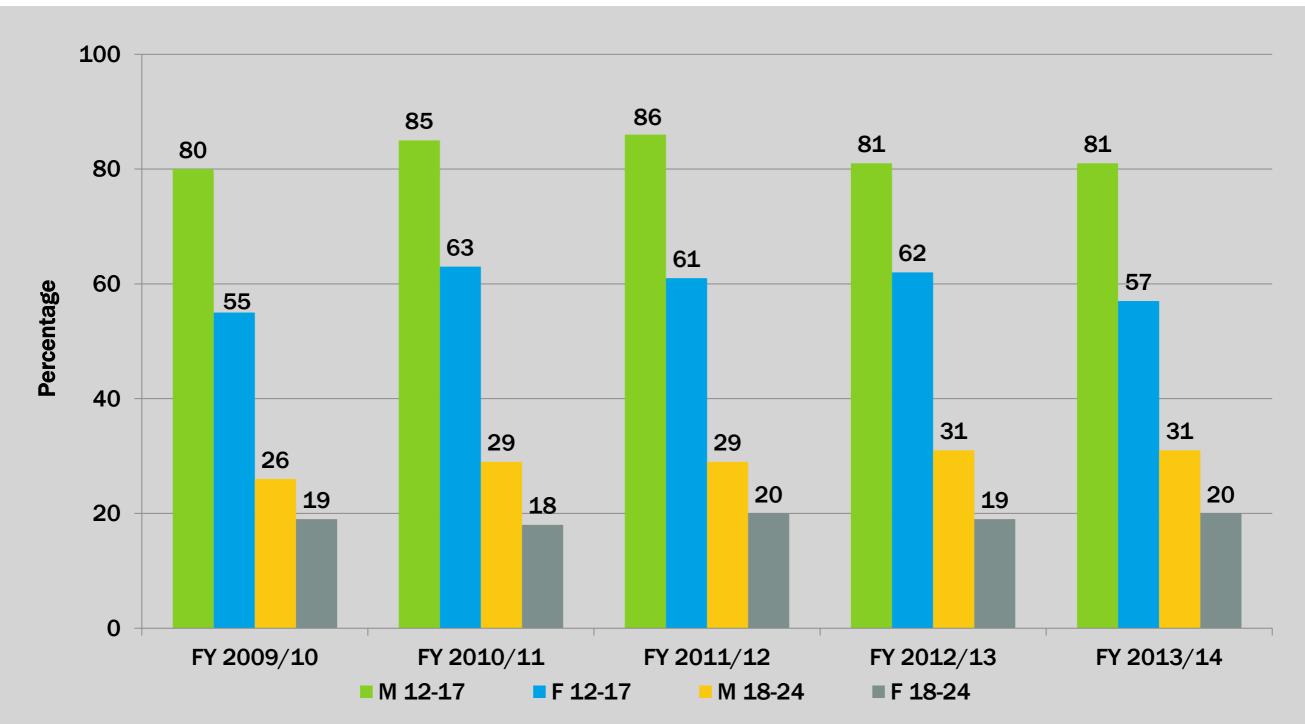
EVOLVING PUBLIC HEALTH IMPACTS



San Diego County

PERCENTAGE OF YOUTH TREATMENT ADMISSION RATES BY GENDER & AGE RANGE

MARIJUANA AS PRIMARY DRUG OF CHOICE - SAN DIEGO COUNTY TREATMENT PROGRAMS



WHY TREATMENT FOR POT?

- No one ever overdosed from marijuana, so why treatment? How do you know if the ME's office is not looking for it????
- Treatment is not just about saving peoples lives from a chemical overdose it is about managing the addiction to allow for a healthy productive life.

NEED FOR TREATMENT

The drug use is impacting the individual in a way that:

- Disrupts daily life!
- Impacts family, friends, health, grades, use interferes with a healthy daily routine (use as a coping mechanism).
- When use is causing involvement with Law Enforcement and School Officials, truancy/attendance issues, curfew violations, drug sales, poor grades, unsafe driving, other public safety hazards.

LOCAL HEALTH ISSUES

- Many people who smoke marijuana have lung issues including chronic bronchitis. Marijuana smoke contains many of the same cancer causing carcinogens as cigarettes.
- Too much marijuana, has resulted in Cyclical Vomiting Syndrome, severe abdominal pain and vomiting.



EVOLVING PREVENTION STRATEGIES



SPEAKING TO YOUTH

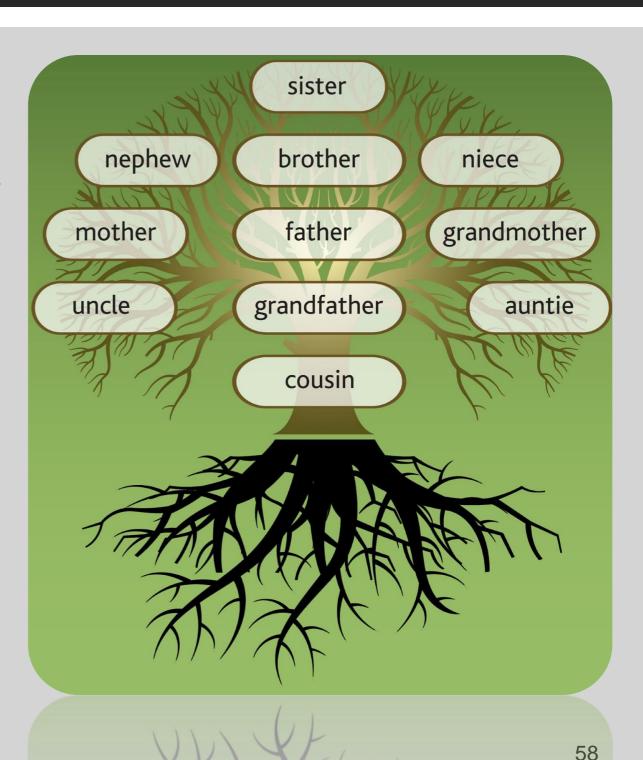
- Be honest!
- Discuss the information, allow for many questions!
- Know what you are discussing! Co- present with someone that does.
- Do not get lost in a political debate.
- Telling them not to do it, is not enough!

EVERYONE REACTS DIFFERENTLY TO DRUGS AND ALCOHOL!

Metabolism - Your Body

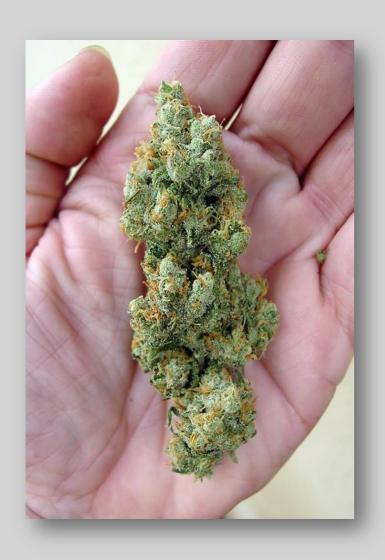
Family History

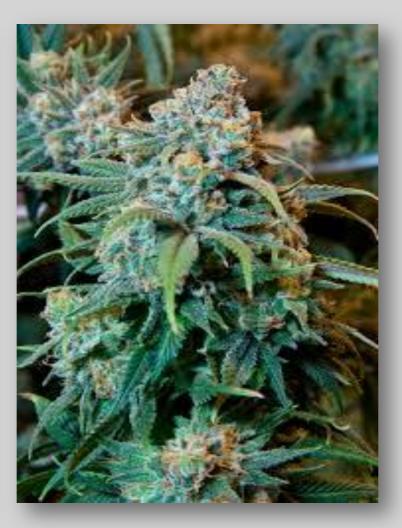
Environment



IF YOU NEED MEDICAL ADVICE GO TO YOUR PRIMARY CARE PHYSICIAN!

Do not take yourself off of Doctor prescribed medication and supplement with marijuana!







DIRECT STUDENT CONTACT

- MPI and collaborative partners continue to directly engage youth regarding marijuana and health.
- Continue to conduct emerging drug trainings with school staff, SRO's, Probation.
- MPI is a member of the Grossmont district SARB (Student Attendance Review Board).
- Access to MPI materials are disseminated through <u>www.mpisdcounty.net</u>. Staff can schedule trainings through the website.

IMPACTS

Mr. Ebeestein, Sorry to make you read this but I really wonted to talk to you after class and didn't have the Courage to . I've "osed" this as a coping mechanism for around holf a year. I'm aware continuing on this Potth leads to using it to cope as an adult, but I didn't plan on using long term, I just used to run away From my feelings. Stible ofter stide, you really made me realize that this does have negative effects, contrary to Popular belief. I sincerely think I would've Stayed on this Poth but thanks to specifically you, i'm two days sober and trying to never substance abuse again. Me and my parents made a list of better coping strategies, like drawing and

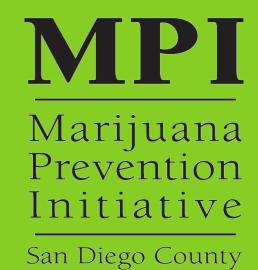
Reading books I like. To wrap it up, I want to thank you a million times with my life for opening my eyes on what i'm really doing. Because if you didn't Gome in, Because if I wouldn't have woken upe and evertually would be died from my using. You gave me the Courage, i've never had, to actually do Something and help myself for once. I will get therapy if I experience withdrawal because you motivated me to help myself and Stop, so thank you.

SCHOOL RESOURCE OFFICER (SRO) TRAINING 2013

- Focus: Trends related to youth and marijuana, synthetic drug, and prescription drug use/abuse; administrative and juvenile justice issues; and campus intervention policies
 - Attendance: 80 SROs from across San Diego County
- Partners: San Diego County Office of Education, Sheriff's, Probation,
 Assistant District Attorney, Grossmont School District and Grossmont
 College
- Key Findings: Almost all SRO Post-Training Survey respondents said:
 - The SRO training was relevant to their work
 - They learned new AOD-related trends on campus
 - They would participate in similar trainings



REGIONAL PREVENTION COLLABORATIONS

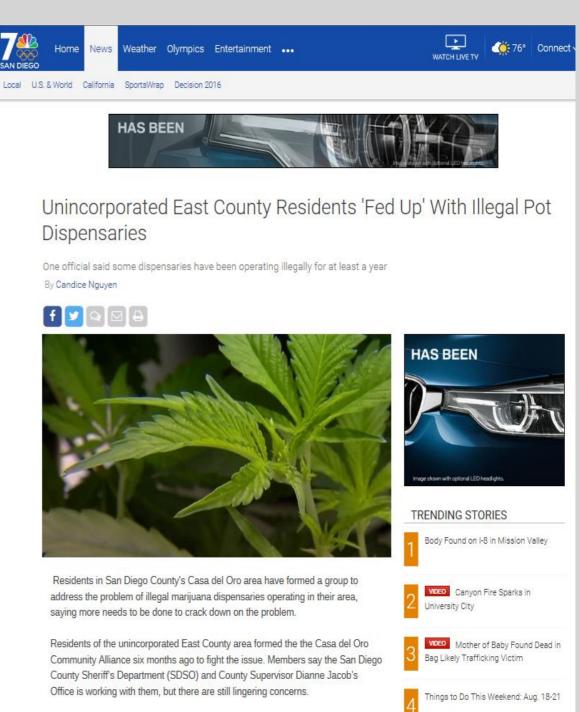


INVESTIGATIVE REPORT: BHO EXPLOSIONS

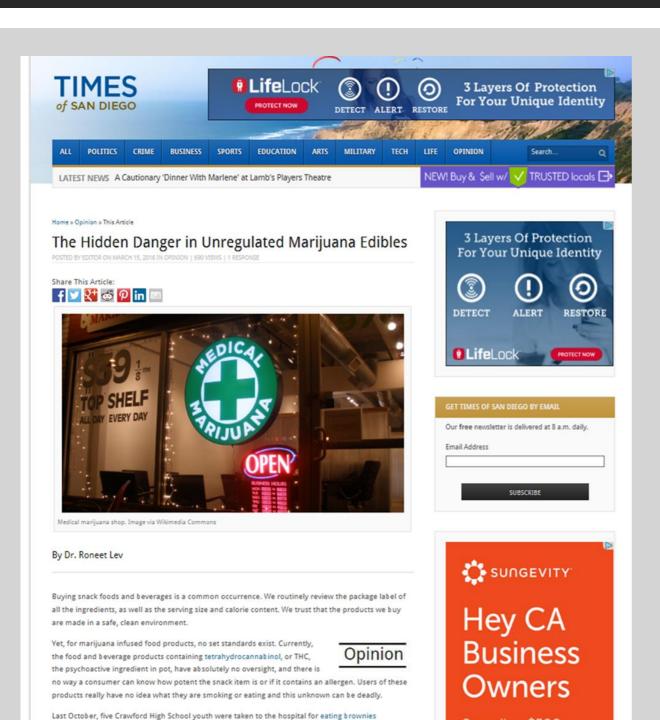


PREVENTION IN THE MEDIA





EDIBLES

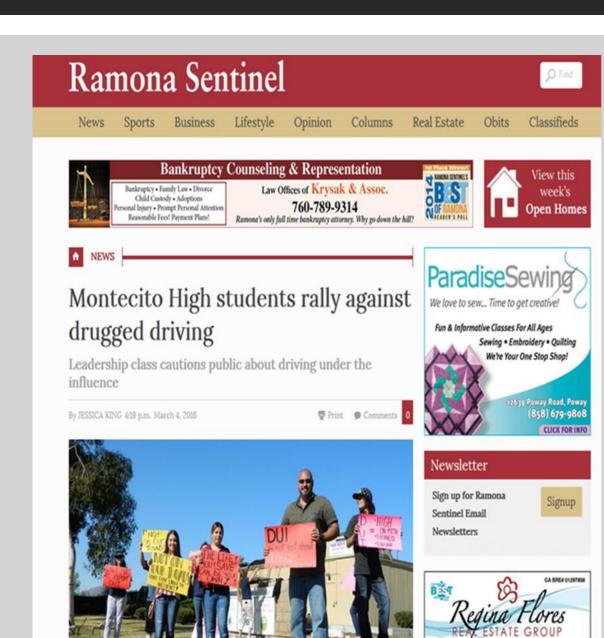


containing marijuana. The principal took the time to write a letter to parents stating, "Unfortunately,

Spending \$500+



DRUGGED DRIVING



Montecito High School students join mental health officials in a rally against drugged driving. Jessica King

South Bay Youth Takes On Drugged Driving

SOUTH BAY YOUTH BRINGS AWARENESS OF DRUGGED DRIVING TO DUI CHECKPOINTS

By Barbara Rodriguez (Open Post) - March 7, 2015 7:41 pm ET P



(South Bay)— Think alcohol is the only substance that impairs drivers? Think again. Drugged driving is now a public health and safety issue on our roads and highways.

According to the National Survey on Drug Use and Health (NSDUH), in 2009, one-in-three drivers killed in motor vehicle crashes who were tested had drugs in their systems.

In response to the increase in drugged driving, the South
Bay Youth 4 Change—a local group of high school students
who work to increase their communities health and safety
by reducing underage drinking and drug use in the South
Bay—are partnering with the Chula Vista Police
Department during the March 7th DUI checkpoint.

At the DUI checkpoint, youth distributed developed informational flyers from the Marijuana Prevention Initiative on the consequences of driving under the influence of drugs.

"I'm doing this because I want to see a change in my community", said Alexander Rodriguez, South Bay Youth 4 Change. "My cousin was killed by a drunk driver and I wish we can make a change for future generations," he said.



Trending Now Across Patch

- Mother Swims More than 2 Hours to Shore After Family Nearly Drowns
- Watch Live Stream: Donald Trump Speaks In Michigan
- 3. 2017 NBA All-Star Game Will be Played in New Orleans
- NYC Parks Department Mocks Donald Trump Statue's Tiny Man Parts
- Patch's Live Back-To-School Deals Blog!

Stay Connected

SOCIAL MEDIA

POSTED GRAPHICS ALONG WITH A FACTOID ON BOTH INSTAGRAM AND FACEBOOK EVERY

DAY FROM MARCH 28 - APRIL 19 -

KNOW WEED?



Keynote Speakers:

Dr. Susan Writer: Aurora Behavioral Health - Early Intervention

Dr. Roneet Lev: Scripps Memorial Hospital - Overdose Incidents

Joe Eberstein: Center for Community Research – Current Trends

Patrick Foley: N. Central Teen Recovery Center - Treatment

Jeanne McAlister: McAlister Institute - Long Term Recovery

KNOW THE FACTS

- One in five 9th graders (18%)reported using marijuana sometime in their life.
- One in three 11th graders (32%) reported using marijuana sometime in their life.
- 10% of high school students reported trying marijuana before they were 13. (CHKS, San Diego County, SDUSD, 2015)

ASK THE EXPERTS

- Why is marijuana use associated with attention and memory problems?
- How does marijuana use accelerate the onset of psychotic disorders?
- · Can habitual marijuana use lower IQ over time?
- · Why is marijuana considered a gateway drug?
- · What's different about today's marijuana?
- . How do I know if my child is using and what should I do?



Teens, Parents, & Community Members Are Invited to Join the Conversation

April 19, 2016

North Central Region
Community Forum
Madison High

(in the Auto-torium) 4833 Doliva Drive 5:30-7:30 pm



Did You Know...

Marijuana smoke contains 50% - 70% more carcinogens than tobacco smoke.



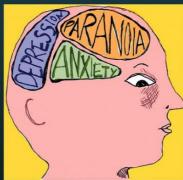
These carcinogens can lead to phlegm production, wheezing, bronchitis, and injure the cell lining of your lungs.

Source: American Lung Association

#ichoosenottouse

#uthinkuknowweed

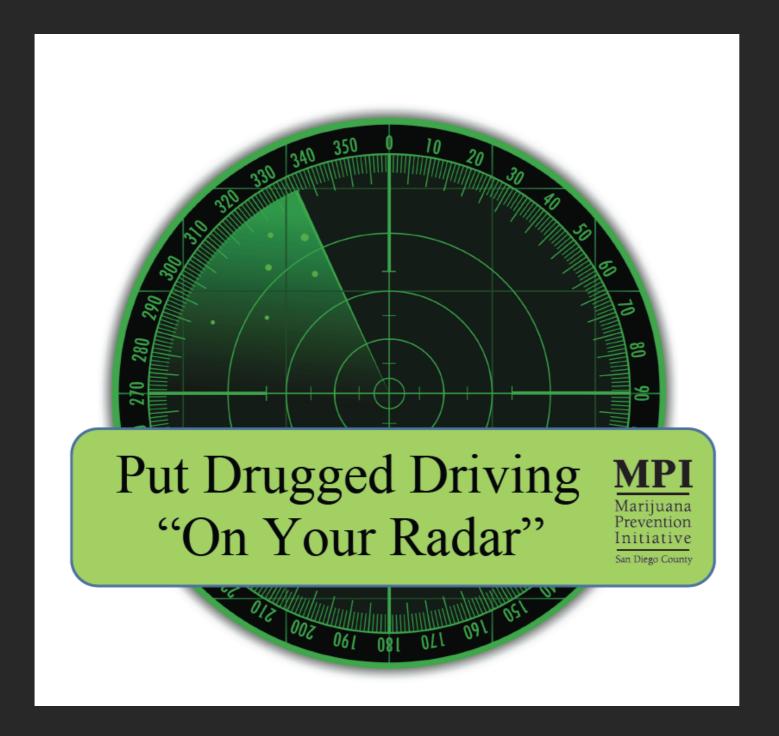




Marijuana doubles the risk of psychosis and schizophrenia with withdrawal symptoms of anxiety, insomnia, loss of appetite, and depression.

Source: Telegraph Media Group Legi

#ichoosenottous



DRUGGED DRIVING
CAMPAIGN KICK OFF JUNE 11, 2015

Marijuana Prevention Initiative San Diego County

CLEAR MESSAGE!

"No one should be driving under the influence of any substance that can impair your driving ability."

California's drugged driving law is found at Sec. 23152 of the California Vehicle Code: It states that:

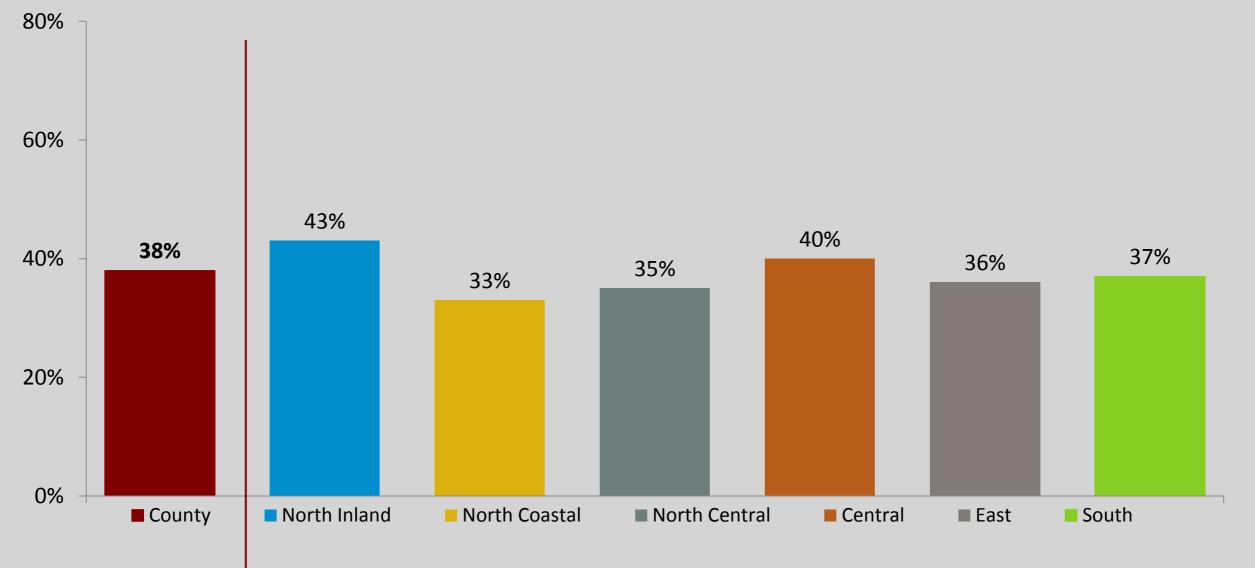
- (c) It is unlawful for a person who is addicted to the use of any drug to drive a vehicle. This subdivision shall not apply to a person who is participating in [an approved] narcotic treatment program
- (e) It is unlawful for a person who is under the influence of any drug to drive a vehicle.
- (f) It is unlawful for a person who is under the combined influence of any alcoholic beverage and drug to drive a vehicle.

In California it's a crime to drive while impaired from drug use. No blood testing standard is established in California – that is, there is no fixed amount of drugs within the blood system that determines conviction. Whether a driver is impaired is determined on a case-by-case basis and at the discretion of the prosecutor.

California also prohibits driving by someone who "is addicted to the use of any drug" unless the person qualifies as participating in an approved recovery program. "Addicted" refers to emotional and physical dependence on a drug so that it is taken compulsively. See People v. O'Neil, 62 Cal.2d 748 (1965)

COMMUNITY SURVEY FINDINGS

Percentage of respondents indicating that "Drugged Driving" causes problems in their community:



PUT DRUGGED DRIVING ON YOUR RADAR!



YOUTH ACTIVITIES



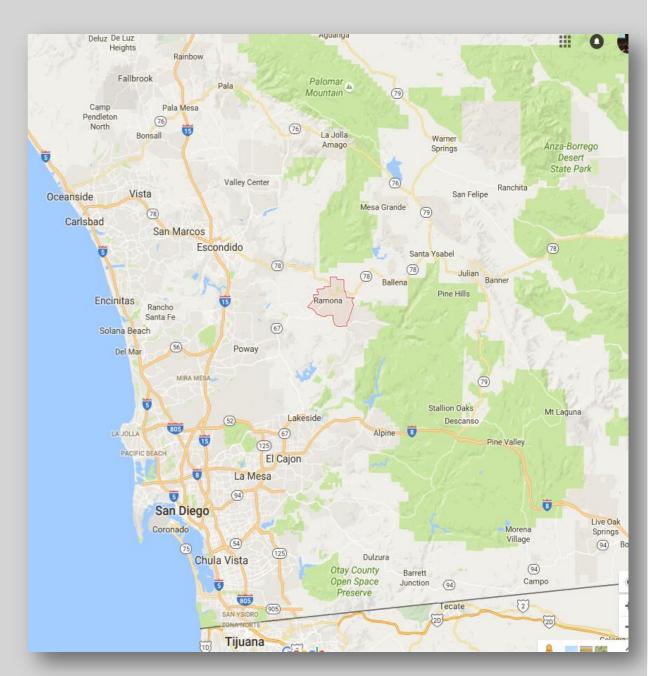


CITY OF RAMONA

City of Ramona (pop. 20, 292) Rural area, windy mountain roads

City was set to get 6 marijuana dispensaries. (One existing and five were permitted to open.)

The County ordinance was written with specific land use regulations.



PREVENTION EFFORTS

- Regional provider partnered with NT School.
- Developed Drug Awareness week with partners including MADD and CHP.
- Organized a Drugged Driving rally and invited media.



SUPPORTING THE COMMUNITY

Utilizing prevention to support the concerns of local residents.

PAGE A2 - APRIL 14, 2016 - RAMONA SENTINEI

www.ramonasentinel.com

Planning group addresses dispensary moratorium

Receives update on parks account

BY KAREN BRAINARD

The county's 45-day moratorium on medical marijuana collectives might be extended, according to Ramona Community Planning Group chair Jim Piva.

"What I'm being told by (county) staff. from Supervisor (Dianne) Jacob, is there's a high probability that the moratorium will be extended 10 months," he said at the planning group's April 7 meeting.

The county Board of Supervisors unanimously approved the moratorium March 16 and directed staff to research information for consideration of banning collectives or amending the county ordinance regulating them. Piva said if staff does not have enough time to research, supervisors can extend the moratorium by 10 months

The planning group brought the issue to the county's attention because several applicants were interested in opening dispensaries in Ramona. One dispensary, ShowGrow on Montecito Way, had already received its operating certificate and was open before the moratorium.

Resident Joe Minervini said he is concerned there could be lawsuits because two dispensary locations - 1210 Olive St. and 618 Pine St. — had building permits and beforehand. Piva said the planners can were close to opening, but the moratorium change the agenda order, and suggested prevents final approval. Minervini suggested checking public speaker slips at the start of the county allow the one that is open and amortize the other two so the applicants can topic



Lynn Thomas shows a map of where he wants to build a single-family residence to planners Elio Noyas and Donna Myers, as planner Jim Cooper looks at a copy of the map.

Planner Donna Myers also addressed the medical marijuana issue, stepping down from her seat to share thoughts from residents. Myers said many came to the medical marijuana discussion but talk ran so apply the funds to its list of park-related long on development projects that they left the meeting to see if there are a lot of on one

In other business:

· Dan Scherer, chair of the group's Parks and Recreation Subcommittee, said the latest open space at 17132 High tally in Ramona's Park Lands Dedication Ordinance account overseen by the county planners' March 3 meeting for the agendized is \$904,283. The planning group wants to projects but money cannot be released until county staff and supervisors give final

Piva has complained that the county deducts an amount from the account each year for an administrative fee, and the

Cooper said county Parks and Recreation Department staff is working with the subcommittee and believes they are heading in the right direction.

· Applicants for a prope Main Street, next to Auto Pala streets, gave an infor presentation. No trees we front of the site, they said

· Planners approved Es Ridge's waiver request to utilities on the developm Hanson Lane, as there we reduction in utility poles involved in the 15-reside development.

· Planners endorsed a r the corner of Hanson Lar to include four lots and a on 8.27 acres owned by 1 said he will keep his orga farmstand on the remain motion included adding along Ashley and Hanson

· Also approved was a p family residence on a lot

Because the property is area, applicant Lynn Tho D-8 waiver request. Thon will be removed, there ar outcroppings, no setback vegetation removal will b

Absent from the meeting Tomlinson, Barbara Jense Torry Brean, Paul Stykel a

GOVERNMENT & POLITICS

County extends ban on medical pot facilities

Supervisors to look at dispensaries already in the works



By Joshua Stewart | 4:43 p.m. April 27, 2016



DRUGGED DRIVING RESEARCH



MMRSA

Research underway by the Center for Medical Cannabis Research CMCR at the University of California, San Diego will be supported by the MMRSA. (http://www.cmcr.ucsd.edu/)

The research will lay the groundwork for new marijuana-specific field sobriety tests and other tools to detect drug-impaired

drivers.

CURRENT CMCR RESEARCH:

Cannabis has a definite effect on driving similar to other RX, with swerving effects at the highest levels 3 hours after consumption of fairly low cannabis dose.

Key Findings:

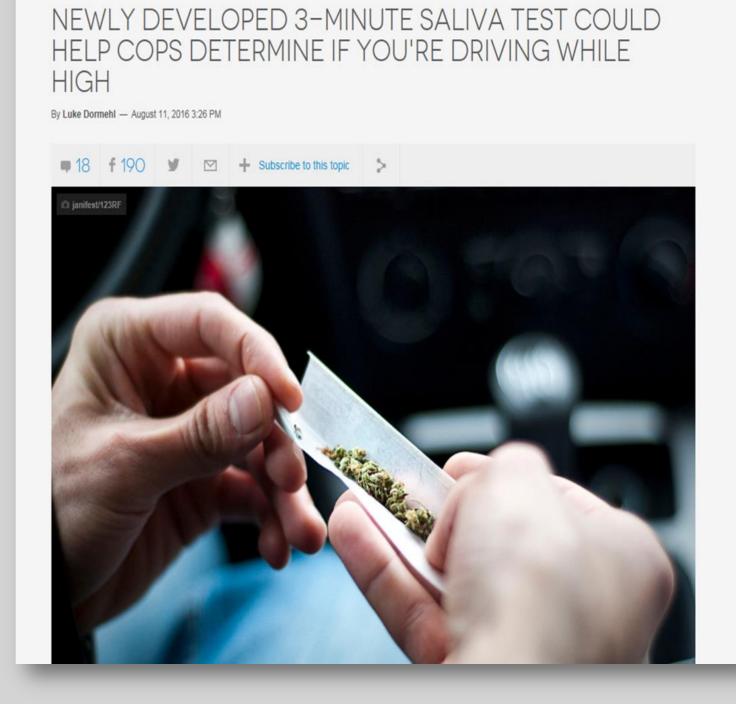
- Slower breaking times
- Impaired ability to judge speed and distance
- Poor lane maintenance

The CMCR is allowed to study up to 12% THC in driving simulators. NIDA caps the amount at 12%. We know that dispensaries are advertising THC products ranging from 20% - 90%.

NEW TECHNOLOGY

- The device uses a magneto - nanosensor able to detect traces of marijuana in saliva as rapidly as three minutes.
- No reason to take saliva samples back to the lab for analysis.

CMCR in process of developing IPad-based cognitive impairment tests and new saliva based tests. (Edible marijuana can be detected in a saliva test).



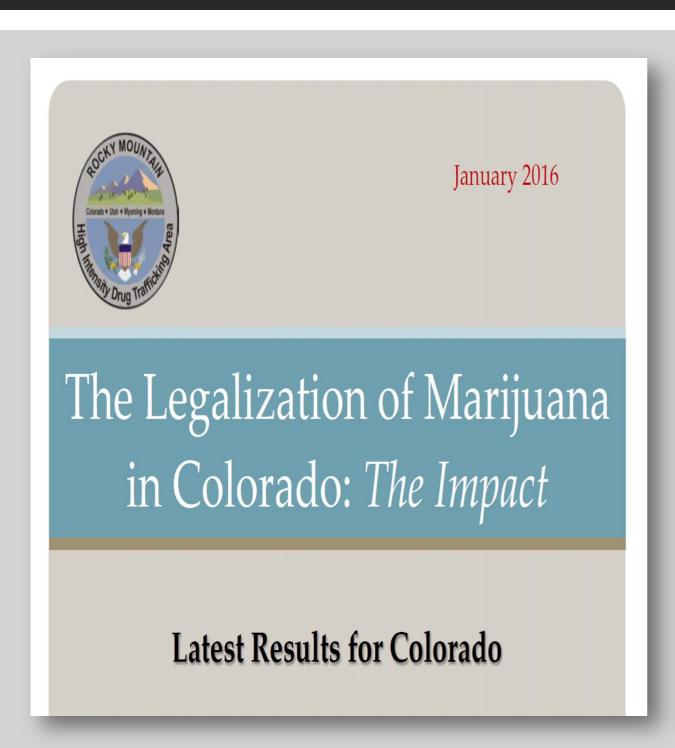
STILL QUESTIONS?

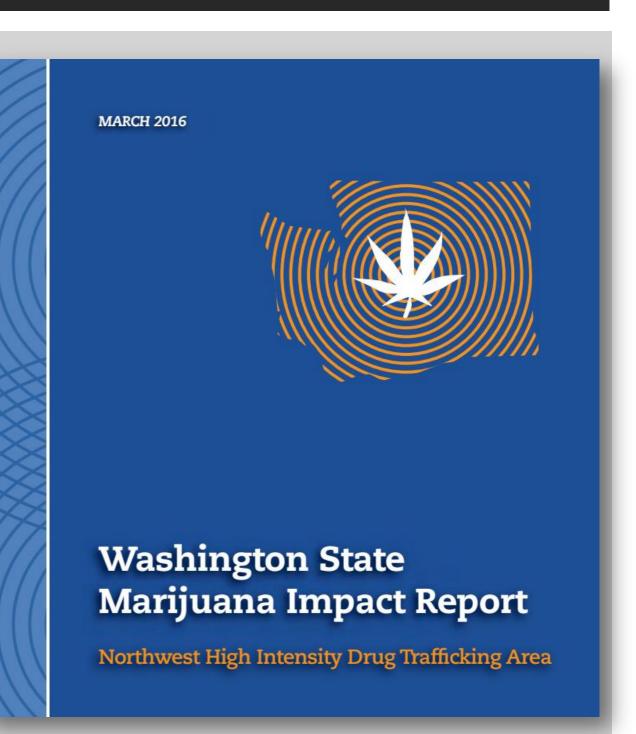
- How many hours after using pot is it "OK" to drive?
- What is the relationship between THC levels and driving?
- What recommendations can doctors make for persons taking marijuana for medical reasons regarding safe driving windows?

PREVENTION STRATEGIES TO PREVENT DRUG DRIVING

- Working with Law Enforcement to increase their DRE capacity
- Raising Awareness among youth groups.
- Consistent messaging with regional providers.
- Collaborations with UCSD researchers.

UPDATES COLORADO & WASHINGTON



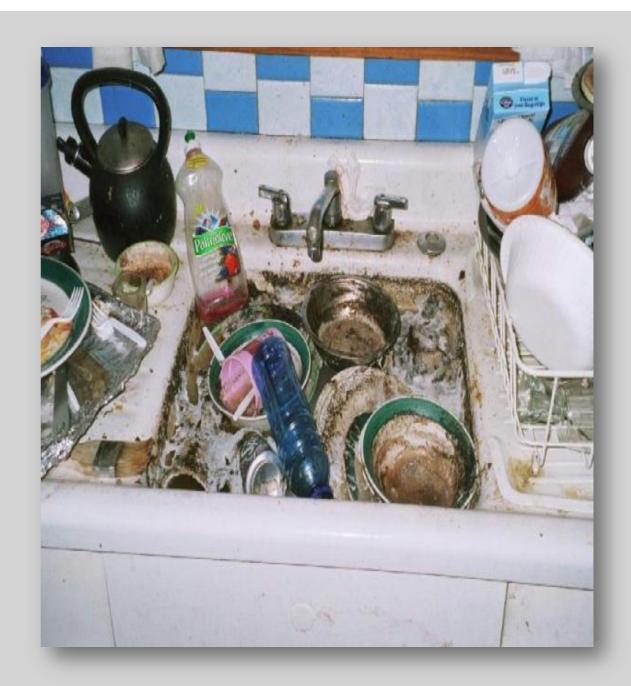


CHALLENGES RELATED TO MARIJUANA



NO REGULATIONS

- No quality assurance!
- No potency limits!
- No sanitary requirements!
- No labeling requirements!
- No advertising requirements!



EDIBLE EFFECTS

May not feel anything for 30 to 60 minutes (on a full stomach may take nearly two hours to feel full effects).

The high can last 4 to 8 hours while the effects from smoking can

wear off in an hour or less.





23 YEAR OLD LUKE GOODMAN

- Consumed 5 peach tart candies
- Each candy containing10mg of THC
- Started becoming jittery and speaking incoherently
- Shot himself

Food Safety News

Breaking news for everyone's consumption

Home Foodborne Illness Outbreaks Food Recalls Food Politics Events Subscribe About Us

Third Death in Colorado Linked to Marijuana Edibles

The third death associated with marijuana edibles could not have come at a worse time for the state's 15-monthold legal pot industry. Services are being held today in Tulsa, OK, for Luke Goodman, 23, who reportedly killed himself last Saturday night in a condo at Colorado's Keystone Ski Area, where he was staying for two weeks with his family.

It will be a few weeks before toxicology reports will be returned, but Goodman's family and friends suspect that edible marijuana was a factor in the self-inflicted gunshot death. His mother, Kim Goodman, blames her son's death on "a complete reaction to the drugs."

Another controversy from a death linked to marijuana edibles was not what the industry needed, especially this week when it was making legislative moves to kill a regulation taking effect in 2016 calling for all marijuana-infused foods to have a distinct look.



The bill to loosen the coming requirement that marijuana-infused cookies or candies be clearly identified as potinfused did not get a single vote in the committee. The outcome was hailed as a bipartisan agreement that potinfused food is going to look different than regular food in Colorado come 2016.

It left the conservative Colorado Springs Republican who sponsored the bill to repeal the requirement, state Sen. Owen Hill, charging his colleagues with "micromanagement."

Edibles account for about 45 percent of Colorado's newly legal pot market.

Goodman and his cousin, Caleb Fowler, reportedly purchased \$78 worth of marijuana products, including edibles, last Saturday afternoon. They began ingesting peach tart candies, each containing the recommended dose of 10 mg of THC, or tetrahydrocannabinol, which is the chemical responsible for most of marijuana's psychological effects.

Fowler says his cousin ate at least five of the candies and later became jittery and was talking incoherently.

1ST WRONGFUL DEATH CASE AGAINST A RECREATIONAL MARIJUANA COMPANY



He got high and killed his wife. A lawsuit claims edible marijuana is to blame



Kristine Kirk's husband has been charged with first-degree murder.

By David Kelly

JUNE 1, 2016, 3:00 AM | REPORTING FROM DENVER

ristine Kirk's last moments were a harrowing collision of terror and confusion.

Her husband, Richard, had burst through the door ranting about the end of the world. He began climbing in and out of the first-floor window, lying on the bedroom floor and asking for someone to kill him. Then he retrieved a pistol from his safe.



Labor Market Solid, Bu Claims Increase

ADVERTISEMENT

In Case You Missed



How George Tak boyhood made hi Donald Trump —



Watch the final d Democratic Nation in less than 4 min 4:10 AM



Teachers, dishwa engineers: Other Marcos who mov without their par

3:00 AN

"He's taking the gun out, sir," Kristine, 44, told the Denver 911 dispatcher. "I don't know

- Suspect shot wife while she was on the phone with 911.
- The victim, told dispatchers her husband was so impaired after eating the "Karma Kandy Orange Ginger" that he was crawling through a bedroom window and cutting his legs on broken glass.
- Only substance found in Kirk's blood was THC.

DRUG ACCESS



APPS TO ACCESS WEED

Nestdrop

estdrop is a Los Angeles startup that began as an alcohol delivery app nd has been in and out of the law's good graces since it made the jump medical marijuana delivery last year. After downloading the app, it uickly let me know that the service was not available in Los Angeles espite delivering to nearby Pasadena. Nestdrop currently functions for reed delivery in Orange County, Oceanside, San Francisco, Stockton, ortland and Seattle. While Nestdrop touts itself as available in Seattle, ther Washington-based cannabis industry startups such as Canary and ave have not been able to stay operating legally within the state. I uess you can't stay legal in a city if your business started there. That is, unless you're Eaze.



Berry White Sativa THC 15%, CBD 18% Super frosty and smooth with ... More free delivery. all fees included 55 free credit included 1/8 oz 1/4 oz 1/2 oz 1 oz \$50 \$90 \$170 \$300 Add to cart +

Eaze

After a failed attempt at using Nestdrop, I tried ordering through the San Francisco-based app Eaze (which touts Snoop Dogg as one of its investors). Although the app is advertised as being for both iOS and Android, in LA I could only find it in the Google Play store. After quickly getting an account verified via a photograph of my medical marijuana prescription and photo ID, the system let me browse through a selection of flowers (what the legal smoking community calls weed in plant form), prerolls, edibles and concentrates. But when I attempted to order any of their products, Eaze said that none of their drivers were in my area but that I should try again later. I doubted I would have had much luck later though, it's clear from the app's map that the drivers are steering clear of LA city proper and only driving in the nearby cities of Santa Monica and Culver City. The fact that any delivery drivers are showing up on the map at all is surprising because according to Eaze's website, the app is only available in San Francisco and the Bay Area.

Nugg

Nugg is the only app that is legally functioning in all of Los Angeles, but it is no longer available for download on iOS or Android, meaning you have to order through its web browser application. Despite not being able to get weed with the press of a single button, Nugg sorts out the closest dispensary and tells you which ones have delivery service, a similar function to that of Yelp, except it's pot.

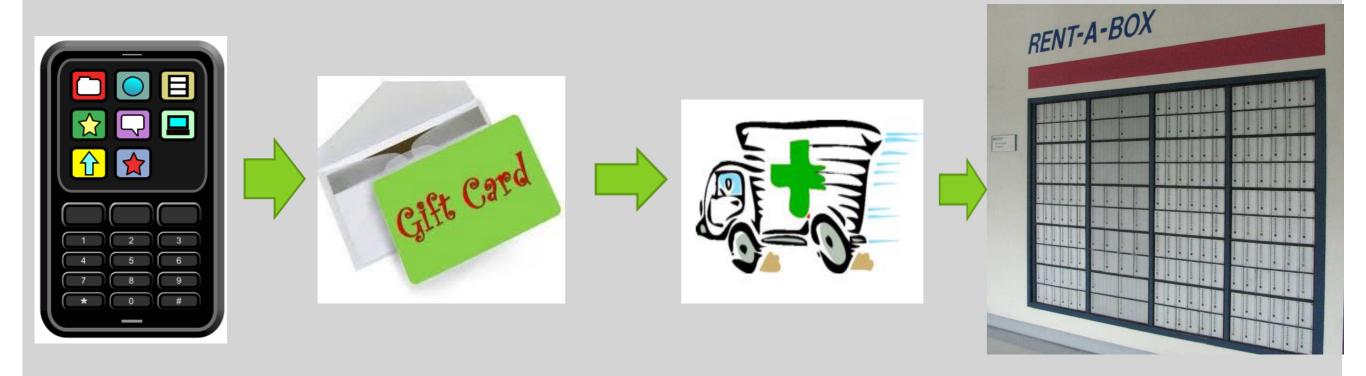




Blaze O'clock

Speaking of 420, in case you didn't know when to smoke up, one of the most prevalent weed culture apps are those that remind users when it's 4:20. This includes Blaze O'Clock (or more obviously called, the 420 Wallpaper Changer) which will not only give a quick audible alert, but also converts your phone's background to one of eight weed themed wallpapers (two of which feature Snoop Dogg) for 420 seconds. I'm not quite sure what happens on iOS but on my Android device there is also a little cannabis leaf that appears in the upper left–hand corner where my roaming and data error symbols might show up.

DRUG TRANSACTIONS TODAY!



POT AND VAPING -NATIONAL DATA

Among high school students who had used marijuana at least once in their lifetime, 23% reported using e-cigarettes to vaporize dried cannabis leaves; 15% reported using e-cigarettes to vaporize hash oil; and, 10% reported using e-cigarettes to vaporize "wax" (a high-potency marijuana product)



Source: Morean, et al., 2015

HOW SAFE ARE THE DEVICES?

Vaper Severely Injured When His E-Cigarette Blows Up In His Face, Creating A New Hole In His Mouth

BY BRANDON WENERD - 09.10.15









r or not vaping is safer than smoking. We've posted like four articles on t BroBible (here, here, here, and here). It's a contentious subject with sion is that both have their inherent risks that all users should be

uria is an awful one, however. According to Fox 5 DC, he was te device exploded in his face.

ed James. "I'm at work and things quieted down and I stepped do. Next thing I know, it exploded and I was on my way to a

hospital in an ambulance, and that is the last thing I remember."

A 16-Year-Old Teen Suffered Second Degree Burns When an E-Cigarette Exploded in His Face

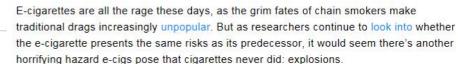
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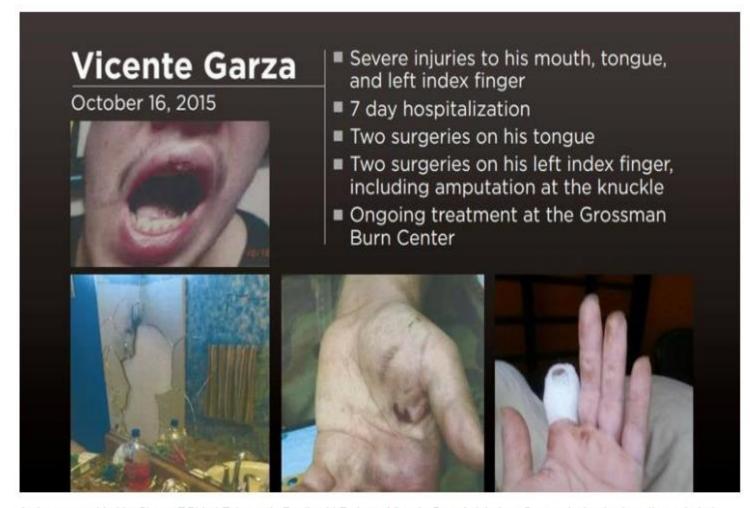
Such was the fate of 16-year-old Ty Greer, a teen in Alberta, Canada, who suffered second degree burns and broken teeth after his e-cigarette spontaneously exploded just inches from his mouth while he was using it in his car.

"It lit my kid's face on fire, busted two teeth out," Perry Greer, Ty's father, told the Canadian Press. "It burned the back of his throat, burned his tongue very badly. If he wasn't wearing glasses, he possibly could have lost his eyes. ... He wanted to die. That is how much pain he was in."



LAWSUITS

E-cigarette explosions prompt three lawsuits in California







In Case You Missed It



Doctors' message to Asian Americans: Watch out for diabetes even if you're young and thin

3:00 AM

VAPING DEVICES

Vaping devices can be used for many drugs and may look like familiar

products.











SPICE (SYNTHETIC MARIJUANA)



DOWNTOWN AREA SPICE POISONINGS

EMS reporting 4-5 poisonings a day!

- Possibly new "Spice" compound with unknown health effects.
- Just between March 2015 and February 2016 400 percent increase in Emergency Medical System (EMS) incidents involving Spice.
- Taxed EMS system and resources expenditures of \$2.4 million.
- Increase production and accessibility of New Psychoactive Substances (NPS).

KEY TAKE AWAYS FOR PREVENTION EFFORTS IN A DYNAMIC ENVIRONMENT

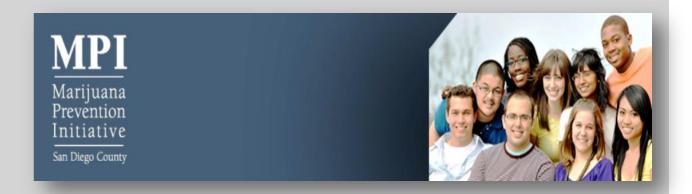
- Use data to inform prevention efforts and track trends
- Strategic coordination between key prevention partners to ensure consistent messaging
- Engage in innovative prevention
 - DRE
 - No scare tactics
 - Include drugged driving information in driver education classes/Start Smart classes
- Prevention messaging throughout the year

RECOMMENDATIONS

- Prevention should start in elementary and middle school.
- Parent involvement in drug prevention efforts.
- Recruit key stakeholders from many sectors.
- Frequent training for staff and administration on emerging drugs.
- Learn lessons from the alcohol and tobacco industries.
 Maintain local control over access points.
- Collaborate with local businesses to gauge the environmental conditions.
- Identify public health issues in States that have recreational use.
- Develop strict standards/protocols for drugged driving and edibles.

MPI WEBSITE

mpisdcounty.net



Multiple resources, info cards, data, PowerPoints available for download.

Half day trainings available marijuana, RX and synthetics.

Discussion

Marijuana Prevention Initiative San Diego County

DISCUSSION QUESTIONS

- 1. What are some innovative strategies you are working on in your counties or agencies?
- 1. What the greatest challenges you encounter in your work?
- 1. Where are you finding the greatest resistance?
- 1. Are you seeing any emergent trends that we haven't discussed around marijuana?

QUESTIONS?

Marijuana Prevention Initiative San Diego County