

WARNING: Marijuana/Cannabis Food Products

MPI

Marijuana
Prevention
Initiative

San Diego County

Marijuana food products are an **alternative** to smoking marijuana.

Packages often are **designed to appeal to youth**, and may **closely resemble familiar brands**.

Marijuana food and snack products tend to be **more potent** and contain higher levels of THC.


The **safety, potency and quality of these products are often unknown** to the user.

Edibles can **look similar** to popular food products.

Marijuana oils can be added into **baked goods, candies, and drinks**.

The **psychoactive effects or "high"** from eating marijuana-laced food may not appear for **30 to 60** minutes depending upon an individual's metabolism and last meal.

The high felt from eating marijuana may last **4 to 8 hours**.



Individuals eating marijuana food products have side affects that have resulted in emergency department visits, including:

- Anxiety
- Hallucinations
- Paranoia
- Panic

In some cases packaging will display the product as containing marijuana (Tetrahydrocannabinol or THC – the main psychoactive ingredient).

However, once the packaging is removed **there is no way of determining whether the product contains marijuana!**

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Unlike other foods, there **is no local or federal oversight** on these products.

While packaged as a single serving, they may be intended for multiple “doses” over time. **If eaten all at once, effects may be severe.**

For more information on marijuana edibles visit mpisdcounty.net