APEX Transitional Care

Transitioning patients from SNF or hospital to home

- Intake within 24 hours of discharge and in person visit within 7 days
- Reconciling medications to ensure compliance
- Decreasing and avoiding emergency room visits and re-hospitalizations
- Ensuring needed services are in place such as home health, therapies, palliative, etc.
- Collaboration amongst providers and care team.



APEX Health Services

Patients have made "home" their preference for care. APEX Health Services continues to expand our skilled care services to provide care and services to patients, as they transition through the various stages of post-acute care after a recent illness or hospitalization.

We offer a network of services, so patients can receive a continuum of care with a team which they are familiar with throughout their healthcare journey, while improving collaboration amongst providers.

> **APEX Home Health** 630.908.4830

APEX Home Care 630.581.5582 / TY711

APEX Hospice and Palliative Care APEX Transitional Care 630.601.1280

www.apex-health.com



Home Health Care • Home Care Services Transitional Care • Palliative Care • Hospice Care

APEX Home Health Care

APEX Home Health Care employs a team-based approach in managing the care of our patients. Offering multilingual staff.

Providing individualized care at the comfort of home, while collaborating with your Primary Care Physician to coordinate treatment options.

Services offered:

- Skilled Nursing
- Physical Therapy
- Occupational Therapy
- Speech and Language Pathology
- Medical Social Worker
- Home Health Aide
- Wound and Ostomy Care
- Tube Feeding Monitoring
- Therapeutic Drug Monitoring
- Medication Management
- Wound Vac / Pleurx Care
- Stroke Rehabilitation
- Post-Surgical Rehabilitation
- Post-Op Orthopedic Care

APEX Non-Medical Home Care

Our agency is contracted with the IL Department of Human Services and IL Department on Aging, to provide home care services to those who qualify at no cost:

- 60 years old or older
- U.S. Citizens or eligible non-citizens with the specific category
- Residents of Illinois
- Are under the age of 60 and have a significant disability lasting 12 months or longer, or for the duration of life and are at imminent risk of nursing facility placement

You may qualify for free Home Care Services paid by IDOA or DHS

APEX Home Care provides assistance with activities of daily living in the privacy of your home. Our trained, dependable Home Care Aides can assist you with:

- Light housekeeping & laundry
- Planning and Preparing meals
- Transportation to medical appointments and errands
- Non-medical personal care
- Assistance with transferring
- Medication reminders
- Supervision & Companionship

Our Home Care Aides are required to complete:

- Background checks/finger printing
- Reference checks
- 24 hours pre-service training & skill check
- Annual training

APEX Palliative Pathways

Navigating and providing medical expertise at home for symptom and pain management as the result of a chronic illness or onset of new treatments. Engaging patients in their care.

Medical Management at home that can be accompanied by Home Health and Home Care services:

- Enhance quality of life through pain and symptom management
- Provide emotional and spiritual support
- Plan of care coordination and active support system
- Providing patients a voice and choice in advanced care planning
- Certified in Heart Failure

APEX Hospice

Our team of hospice experts is committed to providing care for those at the end of life, their families, and our hospice team members through the practice of Standards of Excellence in Hospice care. **APEX** Hospice promotes dignity, respect, choice, and voice as our priority to each individual.

Our team works collaboratively with community health care professionals you have chosen for a responsive and positive experience.





"Apex Home Health Care is recognized as a Home Care Elite Agency for 10 Years"