

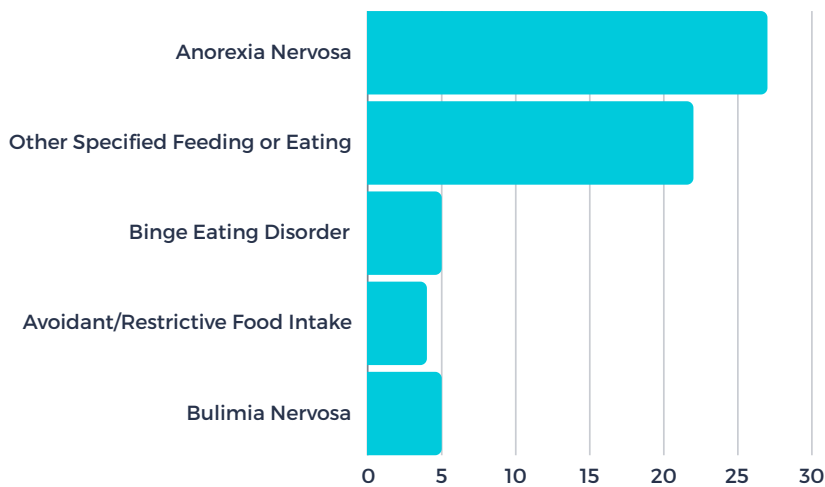
Outcomes Report 2023

PHP AND IOP PROGRAM



CLIENT DEMOGRAPHICS

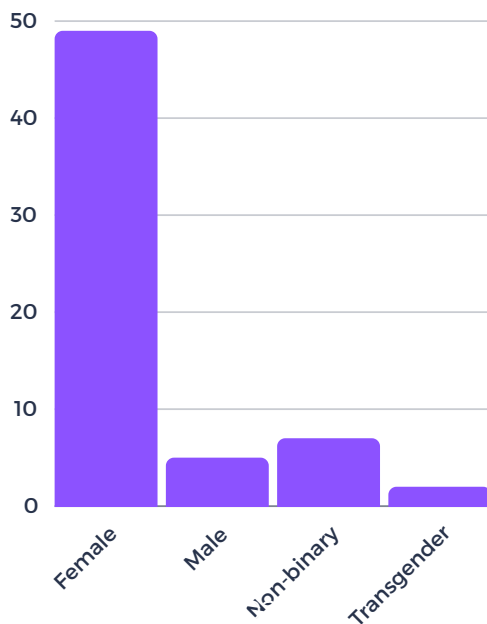
Primary Diagnosis



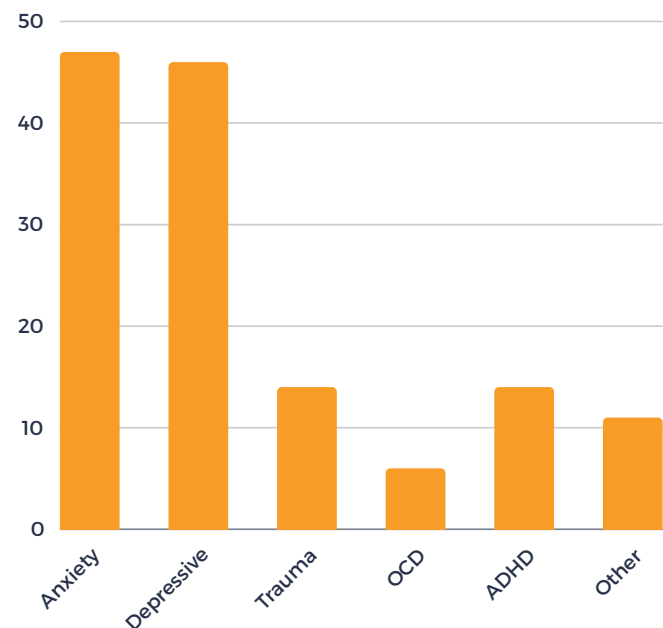
CLIENTS SERVED

In 2023, TranscendedED served 63 clients in the PHP and IOP programs. TranscendedED has had the opportunity to offer services to clients with private insurances as well as clients with Medicaid policies. TranscendedED provides comprehensive multi-disciplinary treatment for eating disorders and co-occurring disorders. Throughout treatment, clients complete outcome measures that allow their progress measured closely. The results of these measures can be found in this report.

Gender Identity



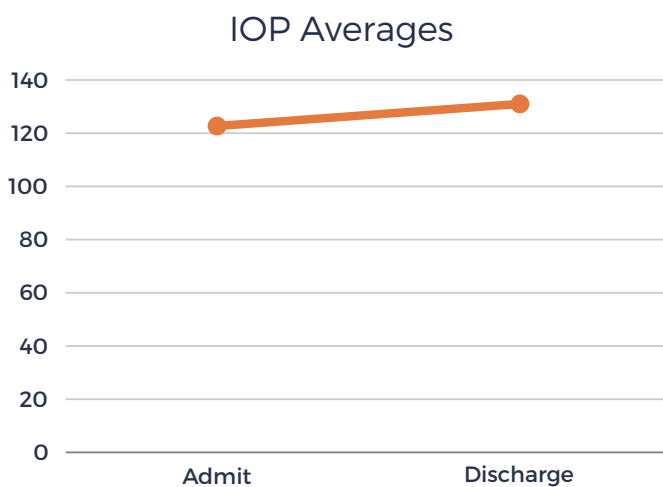
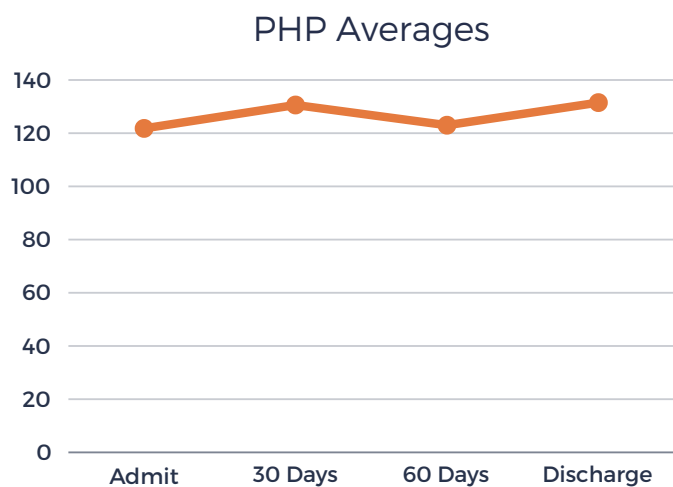
Co-Occurring Disorder



In order to assess our treatment outcomes in our PHP/IOP level of care, TranscendED analyzes outcomes. Patients consent to participate in completing self-administered questionnaires upon admission, 30- and 60-days during treatment as well as upon discharge from our programs. The surveys administered represent the gold standard of assessments for eating disorder pathology, as well as assess comorbid symptoms such as anxiety and depression. The true purpose of capturing this data is that it represents our commitment to person centered planning, deepening our understanding of the clinical challenges of our patient population, as well as providing guidance about treatment factors that may be maintaining our patients eating disorders. The use of this data is to guide the clinical teams in understanding the therapeutic impact upon the patients, to build engagement and design more effective evidence-based interventions and treatments that will lead to better treatment outcomes for our patients.

Eating Disorder Quality of Life Scale (EDQLS1.0)

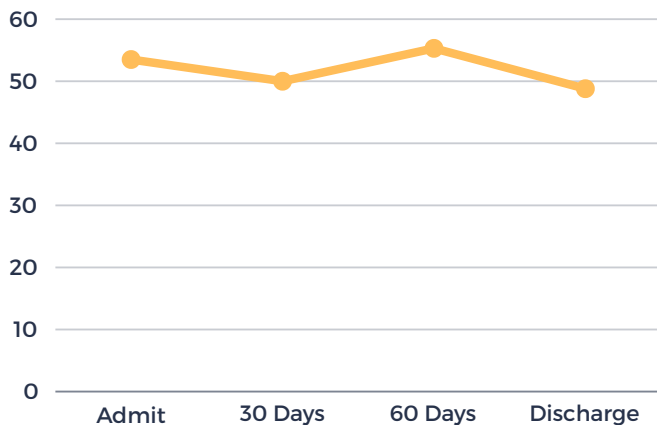
Eating Disorder Quality of Life Scale (EDQLS1.0) measures a sense of satisfaction with aspects of life across 12 domains: cognitive functioning, educational/vocational, family and close relationships, relationships with others, future/outlook, appearance, leisure, psychological health, emotional health, values and beliefs, physical health and eating issues). Scores range from 76-193, with the higher the rating indicating greater satisfaction across the domains. (normative community sample has a mean score of 145) These measures are captured at admission, 30 days into treatment, 60 days into treatment, and at discharge.



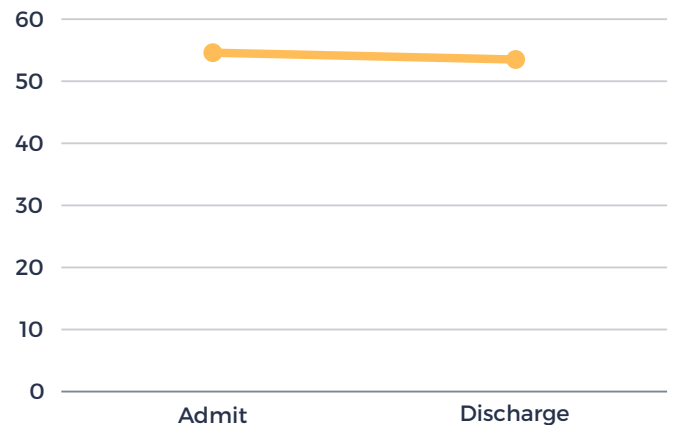
ZUNG Self-Rating Anxiety Scale

Zung Self-Rating Anxiety (SAS) measures the presence and severity of common anxiety symptoms manifested by cognitive, autonomic, motor and central nervous system symptoms. Scores 0-80 from a “little of the time” to “most of the time.” 0-45 (normal), 45-59 mild to moderate anxiety, 60-74 marked to severe anxiety, 75-80 extreme anxiety. These measures are captured at admission, 30 days into treatment, 60 days into treatment, and at discharge.

PHP Averages



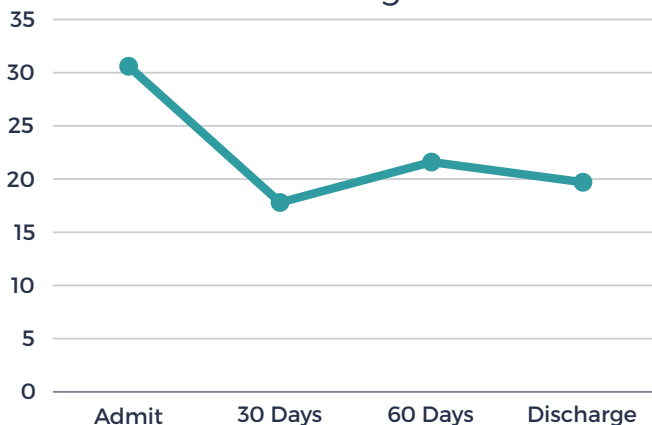
IOP Averages



Major Depression Inventory (MDI)

Major Depression Inventory (MDI) measures the presence and degree of depression over the last 2 weeks. Scores 0-50, 0-20 no depression exists, 21-25 mild depression, 26-30 moderate depression, 31-50 severe depression. These measures are captured at admission, 30 days into treatment, 60 days into treatment, and at discharge.

PHP Averages



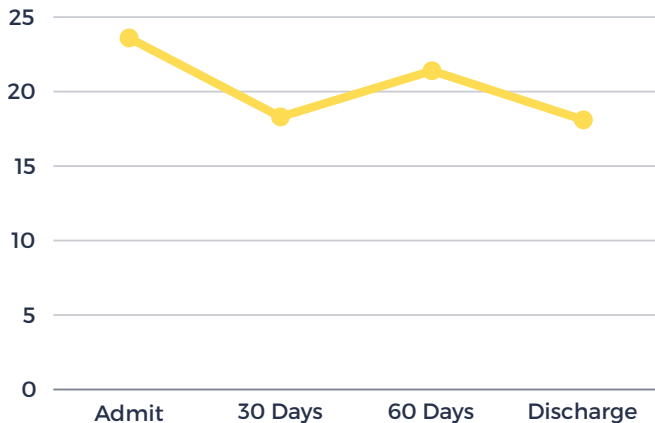
IOP Averages



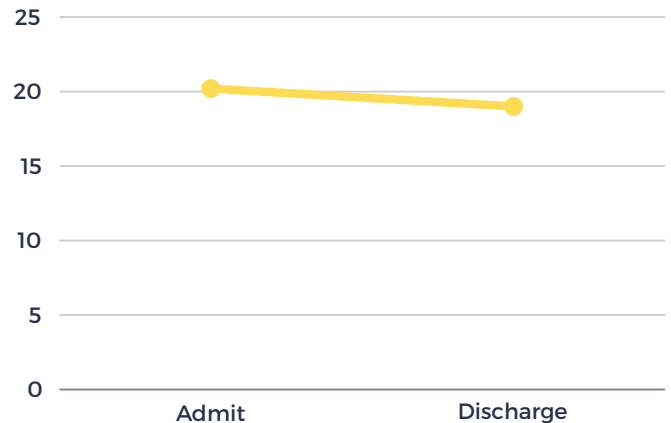
Clinical Impairment Assessment (CIA)

Clinical Impairment Assessment (CIA) measures the severity of psychosocial impairment in life domains (such as mood, self-perception, interpersonal functioning, work performance, and cognitive functioning) due to the ED in the past 28 days. These measures are captured at admission, 30 days into treatment, 60 days into treatment, and at discharge.

PHP Averages



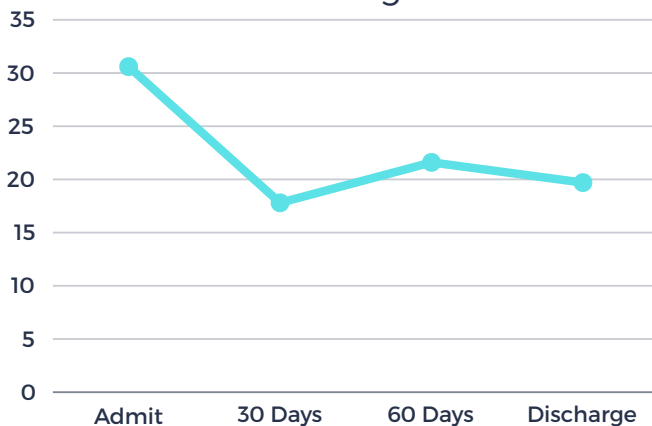
IOP Averages



Eating Disorder Examination Questionnaire (EDE-Q 6.0)

Eating Disorder Examination Questionnaire (EDE-Q 6.0) measures core features of ED pathology, such as restricting, fear of fat, discomfort with body, and perception of weight and body shape. Scores 0-6 on each subscale. Higher scores indicate greater level of symptomatology from not at all (0) to markedly (6). These measures are captured at admission, 30 days into treatment, 60 days into treatment, and at discharge.

PHP Averages



IOP Averages

