

BREKKIE

TWO EGGS ANY STYLE 11
poached, fried, or soft scrambled eggs on
sourdough toast

BACON & EGG ROLL 14
fried egg, bacon, pickled onions, boston
lettuce, tomato jam, garlic aioli, ciabatta
add: avocado 5

AVOCADO TOAST 16
crumbled feta, grain and seed mix, alfalfa
sprouts, basil oil, sourdough

SMOKED SALMON TOAST 19
whipped garlic feta, cucumbers, pickled
onions, dill, lemon, sourdough

MUSHROOM TOAST 16
cremini mushrooms, whipped garlic feta, grain
& seed mix, watercress, basil oil, sourdough

BANTER BIG BREAKFAST 23
two poached eggs, bacon, halloumi, tomato
jam, mushrooms, avocado, roasted tomato,
parsley, sourdough toast
NO ALTERATIONS

GOLDEN FOLDED EGGS 21
soft scrambled eggs, mushrooms, bacon,
greens salad, avocado
add: sourdough toast 3
sub: smoked salmon or halloumi for bacon 2

HOUSEMADE GRANOLA 14
maple greek yoghurt, seasonal fresh
berries, berry compote (GF) (N)



SANDWICHES

served with either fries, sweet potato fries, or salad

FRIED CHICKEN SANDWICH 18
buttermilk fried chicken, lettuce, pickles, hot
honey, garlic aioli

CLASSIC BURGER 16
fresh beef patty, tasty cheese, caramelized
onions, lettuce, tomato jam, potato bun
add: bacon 3

MUSHROOM WRAP 19.5
mushrooms, avocado, sundried tomato cashew
pesto, purple cabbage, harissa aioli on a
toasted spinach wrap (GFO) (N) (DF)

CHICKEN SALAD WRAP 19.5
housemade chicken salad, spinach, cucumber,
carrot on a toasted spinach wrap (GFO) (N) (DF)

EMPLOYEE OWNED SINCE 2023

SIDES

GRILLED CHICKEN	6	POACHED EGG	3
FRIED CHICKEN	7	FRIED EGG	3
HALLOUMI	6	SOFT SCRAMBLED	5
BACON	6	ROASTED TOMATO	4
SMOKED SALMON	7	PICKLED ONION	3
3 FALAFELS	5	PICKLED CHILLIES	3
CHICKEN SALAD	5	TOMATO CASHEW PESTO	3
AVOCADO	5	BLACK GARLIC AIOLI	2
MUSHROOMS	5	TOMATO JAM	2
FETA CHEESE	4	BERRY JAM	2
SIDE SALAD	6	VEGEMITE	2
MIXED BERRIES	6	SOURDOUGH TOAST	3

BOWLS

BANTER BOWL 18
pickled carrot, cabbage, radish, cucumber,
edamame, avocado, quinoa served with miso
ponzu dressing (GF) (DF)
choice of grilled chicken, smoked salmon, or
poached egg

FALAFEL BOWL 18
three falafels, pickled onions, avocado,
cucumber, whipped garlic feta, green salad,
romesco, zaatar dressing (GF) (N)

ROASTED VEGETABLE & FARRO 16
sweet potatoes, parsnips, broccoli, beets,
butternut squash, Tuscan kale, roasted shallot
balsamic vinaigrette (GF) (DF)
add: chicken 6

CURRIED BUTTERNUT SQUASH SOUP 13
lime crema, cilantro, spiced pepitas, served with
sourdough toast

THAI SALAD 16
shaved cabbage, carrots, radish, mushrooms, green
onions, cilantro, Thai cashew dressing (GF) (DF)
add: chicken 6

SNACKS

SWEET POTATO FRIES 7
bowl of sweet potato fries served with spicy mayo

SPICY FRIES 7
bowl of crispy fries, house chili sage seasoning
served with black garlic aioli

HUMMUS 15
harissa, honey & cumin roasted carrots, broccoli,
turnips, sweet potato, beets, Za'atar spiced pita

PORK & FENNEL SAUSAGE ROLL 10
served with homemade tomato jam
add: fries & salad 5

COFFEE

served hot or iced	
DRIP COFFEE	3
AMERICANO	4
ESPRESSO	4
MACHIATTO	4
CORTADO	4.5
FLAT WHITE	5
CAPPUCCINO	5
LATTE	5.5
HOT CHOCOLATE	5.5
MOCHA	5.5
COLD BREW	4.5
add almond or oat milk	0.5

WELLNESS DRINKS

served hot or iced	
MATCHA LATTE	6
CHAI LATTE	6
GOLDEN LATTE	6

TEA BY RISHI

served hot or iced	
ENGLISH BREAKFAST	4.5
JASMINE GREEN	4.5
TANGERINE GINGER	4.5
herbal	

JUICES & DRINKS

ORANGE JUICE	7
GRAPEFRUIT JUICE	7
FRESH START	8
lemon, apple, ginger	
GREEN VITALITY	8
kale, cucumber, lemon, celery,	
fennel, parsley	
CARROT KICK	8
carrot, orange, yellow beet	
HOUSEMADE LEMONADE	5
ICED MATCHA LEMONADE	8
SPARKLING LEMON SPINDRIFT	6

COCKTAILS

MIMOSA	12
prosecco, oj	
BELLINI	12
prosecco, peach	
ESPRESSO MARTINI	15
vodka, mr black, banter blend espresso	
APEROL SPRITZ	15
aperol, prosecco, sparkling water	
BLOODY MARY	14
vodka, housemade bloody mix	
THANK EVANS	15
vodka, st germain, cucumber, lemon,	
sparkling water	
MARGARITA	14
tequila, triple sec, lime	
PALOMA	13
tequila, grapefruit, lime, sparkling water	

WINES

ALKOOMI	13/44
cabernet merlot, Frankland River, Victoria, Australia	
HARE & TORTOISE	14/50
pinot noir, Yarra Valley, Victoria, Australia	
COLAB & BLOOM	13/46
rosé, Riverland, Australia	
CANTINA BLANCA	15/52
sauvignon blanc (orange), Mt. Gambier, Australia	
BARE WINEMAKERS	14/49
chardonnay, Adelaide Hills, Australia	
DEAN CREEK ESTATE	13/45
sauvignon blanc, South Australia	
ROMIO	13/47
prosecco, Italy	
VEUVE CLIQUOT	54
champagne, France	

BEERS

EBBS no.1 lager	9
FIVE BOROUGHS pilsner	9
MONTAUK wave chaser ipa	9
ATOMIC DOG cider	7
PARTAKE non-alcoholic ipa	7

SWEETS

NUTELLA FRENCH TOAST	19
nutella, nut crumble, blackberries,	
strawberries, banana, maple syrup (N)	
CHOCOLATE NUTELLA BAR	10
fudgy base, Nutella mousse, candied hazelnut	
crunch, house caramel (GF) (N)	
BANANA BREAD	7
served with spiced orange butter (GF)	