



DeNISTifying Cybersecurity

Leveraging A Proven Framework to Evolve Your Stack



Today's Agenda

- 1 Introduction
- 2 NIST Cybersecurity Framework
- 3 CIS Controls v8
- 4 Takeaways

01

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Introduction

NEED SOMETHING HERE—BUT WHAT?!!

Cybersecurity frameworks

Easy to implement

Document is ~500 pages

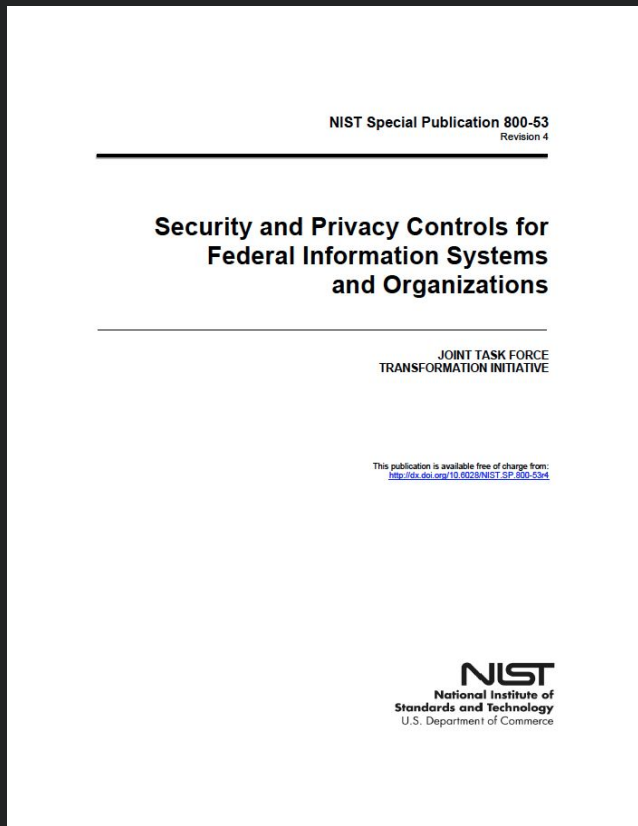


Light Reading

463 Page Document

Abstract:

This publication provides a catalog of security and privacy controls to protect organizational operations, organizational assets, individuals, and the Nation from a diverse set of threats. The controls are customizable and implemented as part of an organization-wide process that manages information security and privacy risk.



All the Controls

AC-1	AC-21	AU-16	CP-4	IA-11	MP-4	PE-8	PL-8	RA-3	SC-8	SC-28	SI-4	SA-7
AC-2	AC-22	AT-1	CP-5	IR-1	MP-5	PE-9	PL-9	RA-4	SC-9	SC-29	SI-5	SA-8
AC-3	AC-23	AT-2	CP-6	IR-2	MP-6	PE-10	PM-1	RA-5	SC-10	SC-30	SI-6	SA-9
AC-4	AC-24	AT-3	CP-7	IR-3	MP-7	PE-11	PM-2	RA-6	SC-11	SC-31	SI-7	SA-10
AC-5	AC-25	AT-4	CP-8	IR-4	MP-8	PE-12	PM-3	CA-1	SC-12	SC-32	SI-8	SA-11
AC-6	AU-1	AT-5	CP-9	IR-5	PS-1	PE-13	PM-4	CA-2	SC-13	SC-33	SI-9	SA-12
AC-7	AU-2	CM-1	CP-10	IR-6	PS-2	PE-14	PM-5	CA-3	SC-14	SC-34	SI-10	SA-13
AC-8	AU-3	CM-2	CP-11	IR-7	PS-3	PE-15	PM-6	CA-4	SC-15	SC-35	SI-11	SA-14
AC-9	AU-4	CM-3	CP-12	IR-8	PS-4	PE-16	PM-7	CA-5	SC-16	SC-36	SI-12	SA-15
AC-10	AU-5	CM-4	CP-13	IR-9	PS-5	PE-17	PM-8	CA-6	SC-17	SC-37	SI-13	SA-16
AC-11	AU-6	CM-5	IA-1	IR-10	PS-6	PE-18	PM-9	CA-7	SC-18	SC-38	SI-14	SA-17
AC-12	AU-7	CM-6	IA-2	MA-1	PS-7	PE-19	PM-10	CA-8	SC-19	SC-39	SI-15	SA-18
AC-13	AU-8	CM-7	IA-3	MA-2	PS-8	PE-20	PM-11	CA-9	SC-20	SC-40	SI-16	SA-19
AC-14	AU-9	CM-8	IA-4	MA-3	PE-1	PL-1	PM-12	SC-1	SC-21	SC-41	SI-17	SA-20
AC-15	AU-10	CM-9	IA-5	MA-4	PE-2	PL-2	PM-13	SC-2	SC-22	SC-42	SA-1	SA-21
AC-16	AU-11	CM-10	IA-6	MA-5	PE-3	PL-3	PM-14	SC-3	SC-23	SC-43	SA-2	SA-22
AC-17	AU-12	CM-11	IA-7	MA-6	PE-4	PL-4	PM-15	SC-4	SC-24	SC-44	SA-3	
AC-18	AU-13	CP-1	IA-8	MP-1	PE-5	PL-5	PM-16	SC-5	SC-25	SI-1	SA-4	
AC-19	AU-14	CP-2	IA-9	MP-2	PE-6	PL-6	RA-1	SC-6	SC-26	SI-2	SA-5	
AC-20	AU-15	CP-3	IA-10	MP-3	PE-7	PL-7	RA-2	SC-7	SC-27	SI-3	SA-6	

**NIST 800-53
has 256
security
controls**

The Great NIST Caveat

Situations Requiring Potential Baseline Supplementation

ADVANCED PERSISTENT THREAT

Security control baselines do not assume that the current threat environment is one where adversaries have achieved a significant foothold and persistent presence.

02

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**NIST
Cybersecurity
Framework**

Framework Core

Functions	Categories	Subcategories	Informative References
IDENTIFY	Subdivisions: groups of outcomes	Further subdivisions: specific outcomes	Specific sections of standards or guidelines: example methods to achieve subcategory outcomes
PROTECT			
DETECT			
RESPOND			
RECOVER			

IDENTIFY

- Asset Inventory
- Governance, Risk, Compliance
- Vulnerability Scanning

- Identification of assets: How can you defend what you don't know you (or your partners) have in their environments?
- Assets != Devices
 - Users
 - Data
 - Applications
 - Vendors
- Critical to achieve success throughout the CSF. (Strong Foundation)



IDENTIFY Categories

- Asset Management: 6 subcategories
- Business Environment: 5 subcategories
- Governance: 4 subcategories
- Risk Assessment: 6 subcategories
- Risk Management Strategy: 3 subcategories
- Supply Chain Risk Management: 5 subcategories



PROTECT

- AV/NGAV
- Firewalls
- DNS Filtering
- NAC / MFA
- Least Privilege
- Email Security
- Phishing Training
- Encryption
- IDS/IPS
- SIEM

- Mostly technical controls.
- What amount of coverage is sufficient to limit or contain the impact of a cybersecurity incident?
- Don't forget about physical security!



PROTECT Categories

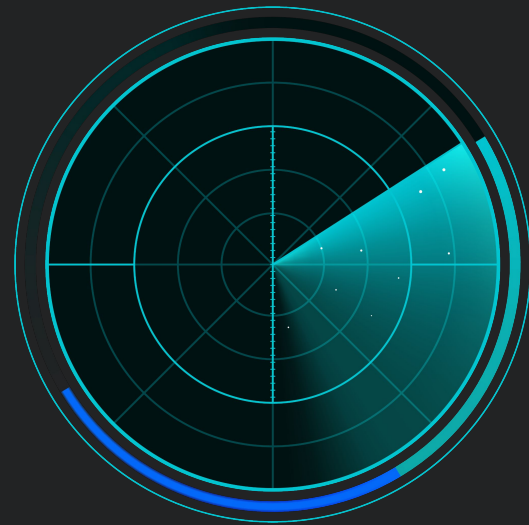
- Identity Management, Authentication and Access Control: 7 subcategories
- Awareness and Training: 5 subcategories
- Data Security: 8 subcategories
- Information Protection Processes and Procedures: 12 subcategories
- Maintenance: 2 subcategories
- Protective Technology: 5 subcategories



DETECT

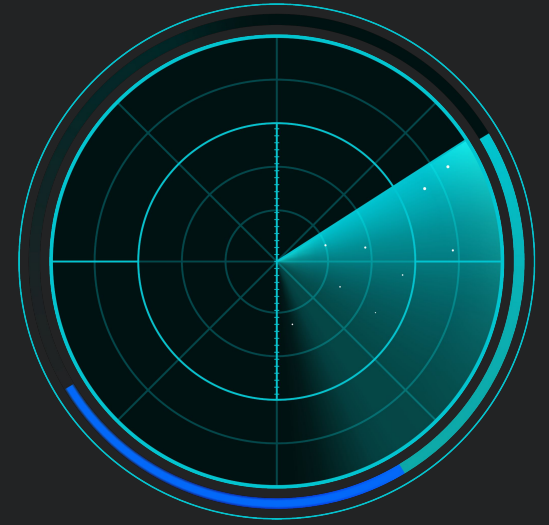
- Threat Hunting
- Endpoint Threat Detection
- Network Behavior Analysis
- Honeypots
- Sandbox Analysis
- SIEM

- Detecting cybersecurity *events*.
 - New devices or users
 - Recently installed software/applications
 - Failed logins
- Monitoring all the things, all the time.



DETECT Categories

- Anomalies and Events: 5 subcategories
- Security Continuous Monitoring: 8 subcategories
- Detect Processes: 5 subcategories



RESPOND

- Endpoint Threat Detection and Response (ETDR)
- Network Behavior Analysis
- GRC Tools
- Global Threat Feed Tools
- (SOC) + Automation

- Containing the impact of a cybersecurity incident.
- Responding to alerts created by the detection tools.
- People need to know their roles and responsibilities during an incident.
- Review responses retroactively and incorporate *lessons learned*.



RESPOND Categories

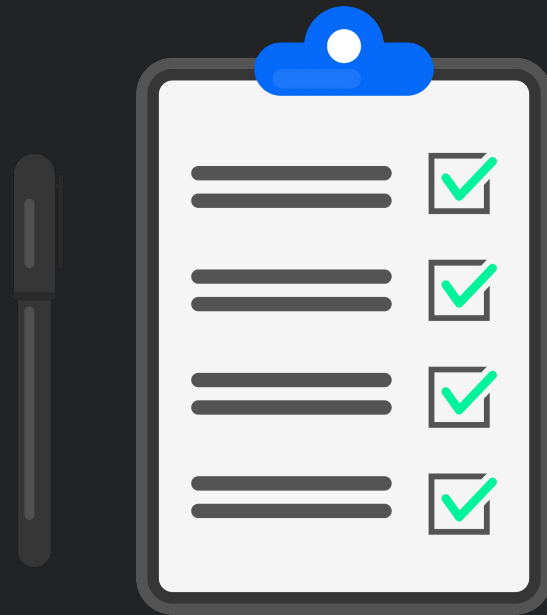
- Response Planning: 1 subcategory
- Communications: 5 subcategories
- Analysis: 5 subcategories
- Mitigation: 3 subcategories
- Improvements: 2 subcategories



RECOVER

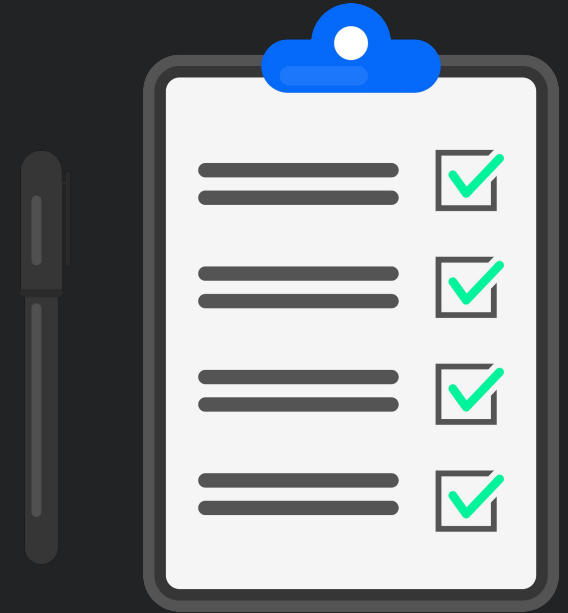
- Data replication and backup
- DR COOP Sites
- Disaster Recovery Plans

- Prioritize the data so you can restore based on business needs.
- Test your backups
- Tabletop exercises



RECOVER Categories

- Recovery Planning: 1 subcategory
- Improvements: 2 subcategories
- Communications: 3 subcategories



Identify

Protect

Detect

Respond

Recover



Security
Expertise
Required

Customer
Spend



Identify

Protect

Detect

Respond

Recover

- Asset & Network Mgmt
- Governance, Risk, Compliance
- Vulnerability Management

- AV/NGAV
- Firewalls
- DNS Filtering
- NAC / MFA
- Email Filtering
- Phishing Training
- Encryption
- IPS

- Threat Hunting
- Endpoint Threat Detection
- Network Behavior Analysis
- Honeypots
- Sandbox Analysis
- SIEM
- IDS

- Endpoint Threat Detection and Response (ETDR)
- Network Behavior Analysis
- Global Threat Feed Tools
- (SOC) + Automation

- Data replication and backup
- DR COOP Sites
- Disaster Recovery Plans
- Incident Response Plans
- Cyber Insurance

Framework Profiles

Aligning the Framework Core With Organizational Goals

- Current Profile
 - Reflects the current state of the organization.
 - Requires periodic updates for target profile alignment.
- Target Profile
 - The agreed upon profile of the organization.
 - As business needs change, the target profile should be updated to reflect such changes.
- Profile Comparison
 - Helps identify gaps between the current and target profile.

Implementation Tiers

Tier 1: Partial

Most orgs are here

Tier 2: Risk Informed

Some are here

Tier 3: Repeatable

Few are here

Tier 4: Adaptive

Little to none are here

There has to be a shortcut... or a simpler starting path, right?

HOW DO I ACTUALLY DO THIS?

$A = \pi r^2$
 $C = 2\pi r$

$V = \pi r^2 h$

	30°	45°	60°
sin	$\frac{1}{2}$	$\frac{\sqrt{2}}{2}$	$\frac{\sqrt{3}}{2}$
cos	$\frac{\sqrt{3}}{2}$	$\frac{\sqrt{2}}{2}$	$\frac{1}{2}$
tan	$\frac{\sqrt{3}}{3}$	1	$\sqrt{3}$

$\int \sin x dx = -\cos x + C$
 $\int \frac{dx}{\cos^2 x} = \tan x + C$
 $\int \tan x dx = -\ln|\cos x| + C$
 $\int \frac{dx}{\sin x} = \ln\left|\frac{x}{2}\right| + C$
 $\int \frac{dx}{a^2 + x^2} = \frac{1}{a} \arctan\left(\frac{x}{a}\right) + C$
 $\int \frac{dx}{x^2 - a^2} = \frac{1}{2a} \ln\left|\frac{x-a}{x+a}\right| + C$

$\tan(\theta)$
 θ/rad

$ax^2 + bx + c = 0$
 $a\left(x^2 + \frac{b}{a}x + \frac{c}{a}\right) = 0$
 $x^2 + 2\frac{b}{2a}x + \left(\frac{b}{2a}\right)^2 - \left(\frac{b}{2a}\right)^2 + \frac{c}{a} = 0$
 $\left(x + \frac{b}{2a}\right)^2 - \frac{b^2 - 4ac}{4a^2} = 0$

03

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CIS Controls

CIS Contols Enters the Chat

Complementary to the NIST CSF

NIST CSF

- **Descriptive** in nature - “What good looks like across the board”
- Created by NIST (think: federal government)
- More holistic around people, process and technology

CIS Controls v8

- **Prescriptive** in nature - “How-to”
- Created outside of government (SANS and now CIS)
- Mostly focused around identification and prevention

CIS Controls v8

18 Controls

3 Implementation Groups

153 Safeguards



IG1 is the definition of essential cyber hygiene and represents a minimum standard of information security for all enterprises. IG1 assists enterprises with limited cybersecurity expertise thwart general, non-targeted attacks.

56
Cyber defense
Safeguards



IG2 assists enterprises managing IT infrastructure of multiple departments with differing risk profiles. IG2 aims to help enterprises cope with increased operational complexity.

74
Additional
cyber defense
Safeguards



IG3 assists enterprises with IT security experts secure sensitive and confidential data. IG3 aims to prevent and/or lessen the impact of sophisticated attacks.

23
Additional
cyber defense
Safeguards

Total Safeguards **153**

CIS Controls' Safeguards

Identify

Protect

Detect

Respond

Recover



21

93

20

12

7

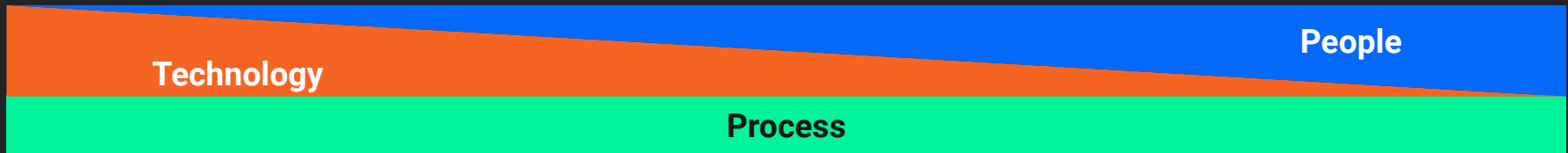
Safeguards

Safeguards

Safeguards

Safeguards

Safeguards



Degree of Dependency

<https://www.nist.gov/cyberframework>
<https://www.cyberdefensematrix.com>

CIS CSAT

- The Controls Self Assessment Tool can help guide the implementation of your stack.
- Maps to NIST CSF subcategories.
- Can possibly be of use in your marketing.

1.1 Establish and Maintain Detailed Enterprise Asset Inventory Group 1

Establish and maintain an accurate, detailed, and up-to-date inventory of all enterprise assets with the potential to store or process data, to include: end-user devices (including portable and mobile), network devices, non-computing/IoT devices, and servers. Ensure the inventory records the network address (if static), hardware address, machine name, enterprise asset owner, department for each asset, and whether the asset has been approved to connect to the network. For mobile end-user devices, MDM type tools can support this process, where appropriate. This inventory includes assets connected to the infrastructure physically, virtually, remotely, and those within cloud environments. Additionally, it includes assets that are regularly connected to the enterprise's network infrastructure, even if they are not under control of the enterprise. Review and update the inventory of all enterprise assets bi-annually, or more frequently.

NIST 800-53 Rev 5 CM-8 NIST CSF PR.DS-3 NIST CSF ID.AM-1 NIST CSF ID.AM-3 NIST CSF DE.AE-1

Add tags Add

Policy Defined	Select an option	Asset Type	Devices
Control Implemented	Select an option	Security Function	Identify
Control Automated	Select an option	Assigned by	-
Control Reported	Select an option	Completed by	-
		Validated by	-

“

Enterprises achieve a high level of protection and are well-positioned to defend against the top five attack types through implementation of essential cyber hygiene, or IG1. -CIS

”

IG1 Coverage across the Top 5 Attack Types

Attack Type	% of ATT&CK (Sub-)Techniques Defended Against by IG1 CIS Safeguards	% of ATT&CK (Sub-)Techniques Defended Against by CIS Safeguards
Malware	77%	94%
Ransomware	78%	92%
Web Application Hacking	86%	98%
Insider Privilege and Misuse	86%	90%
Targeted Intrusions	83%	95%

04

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Takeaways

Takeaways

- You MUST start somewhere!
 - We love CIS as a starting point.
 - IG1 is a starting point
 - CSF is perfect as you mature past CIS IG1 and as a guide to “learn more”
- Assess your current controls. Where are your gaps?
 - CSF and CIS should drive your tool adoption
- Security frameworks are your BLUEPRINT for security success.
- Stop selling tools and start selling expertise.

Questions?

Thank you

Test-Drive the Platform

Start your free 21-day trial today



Deploy in minutes to an unlimited number of endpoints



Remediate persistent footholds and other identified threats



Receive custom incident reports
From our ThreatOps team



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