Who is Disability Rights DC?

- We are the Protection and Advocacy Program for individuals with disabilities in Washington D.C.
- We provide information about services in the community.
- We investigate complaints of abuse and neglect.
- Advocate for the rights of people with disabilities.

Pre-register to Vote!

If you’re 16 or 17, you can pre-register to vote. Then, when you turn 18, you are immediately able to cast your vote. Learn more at https://www.dcboe.org/FAQS/Voter-Registration.

COVID-19 Vaccine

Protect yourself and others by getting the COVID-19 vaccine and booster shot.
Developmental Disability Administration (DDA)

DDA provides services and support to individuals with developmental and intellectual disabilities. This includes:

- Residential supports
- Employment supports
- Day activities
- Assistive Technology
- Art, music, and dance therapy
- Physical Fitness services
- Behavioral supports
- Parenting supports

Start the application process by calling 1-202-730-1700.

“You are your own best advocate!”

Rehabilitation Services Administration (RSA)

Each DC high school should have an RSA counselor. Once you turn 14, RSA can help you with your transition to work after high school. They can help you:

- Find internships
- Find a job
- Pay for job training
- Pay for college
- Provide assistive technology

Apply for RSA services through your school or online at https://dda.dc.gov/mcis/rsa_intake_outside/rsaintakeform.asp.

Department of Behavioral Health (DBH)

Adults, families, and youth can get services and therapy for help with mental health issues through DBH. Ask your teacher or social worker for help applying.

Apply by calling the Access HelpLine: 1-888-793-4357

For emergency, 24/7 mental health help, call ChAMPS (Child and Adolescent Mobile Psychiatric Service) at 1-202-481-1440.

Call or text the suicide & crisis helpline by dialing 988.