



Young Bristol
Works for young people



Impact Report 2022-23

Our Impact

An Overview

Total provision contacts

20,562

Contacts

1,489

Sessions

1,818

Unique
Individuals

802

New
Participants

Open Access Provision

13,611

Contacts

919

Sessions

Club Programmes

481

Contacts

36

Sessions

Community Provision

823

Contacts

107

Sessions

Holiday Provision

2,932

Contacts

133

Sessions

Outdoor Activities

2,264

Contacts

338

Sessions

Outdoor Employment Programme

451

Contacts

102

Sessions

Chair & CEO Report

An Overview

Jamie Cameron, Chair of Trustees

It is my privilege as the Chair of Trustees to introduce this year's Annual Impact Report for Young Bristol.

As we reflect on the past year's journey, we are incredibly proud to see the progress that has been made against all of our strategic priorities. While this is most visible through the fantastic transformation of a number of our buildings, we have also invested significantly in the development of our team, the diversity and quality of our programmes and the strength of our partnerships.

This progress was only possible because of the fantastic work of our dedicated team, volunteers, and partners and I would like to take the opportunity to thank you all for your incredible support. As you will see from this report, you have helped us to make a positive difference to the lives of young people and communities across Bristol.



Lee Williams DL, Chief Executive Officer

Welcome to our 2022-23 Impact Report. As you will see it's been another year of continued investment, development and growth across the whole of Young Bristol. From increasing our staff team, as we continue to grow as a charity, through to offering a wider range of engaging and fun programmes for the children and young people we work for.

This report highlights our key achievements and the sustainable difference our work makes for the children, young people and the growing number of communities we work with across the Greater Bristol area. We cannot do this on our own, so I would like to acknowledge the incredible efforts and support offered to us by so many supporters.

This, together with the tireless efforts of the staff team and trustees ensure we continue to work towards achieving both our Mission and successful implementation of our 2022-25 Strategy.

I hope you enjoy the read and if you would like to get involved and support our work, then please do get in contact.

To see our accounts please see the charity commission website.



About Young Bristol

Who we are

Founded in 1928, **Young Bristol** is a **mission-led, values driven** charity, with a focus on **supporting young people 8-25** during their critical out of school hours.

Young Bristol has evolved into one of Bristol's leading youth charities, providing critical out of school services for young people aged 8-25 in communities across the city.

Today we are recognised as Bristol's leading provider of community-based youth services, through our community youth club network based in some of Bristol's most challenging communities, and a valued provider of outdoor activities, creative arts, mobile youth services, outdoor employment, and informal educational programmes for young people.

We believe that every young person has the right to discover what they're capable of.

OUR MISSION: To be an **outstanding** provider of **high-quality** community-based youth services and **innovative** programmes that **positively** and **sustainably impact** the lives of young people.

Through our **FIVE VALUES**
we support **YOUNG PEOPLE** to be

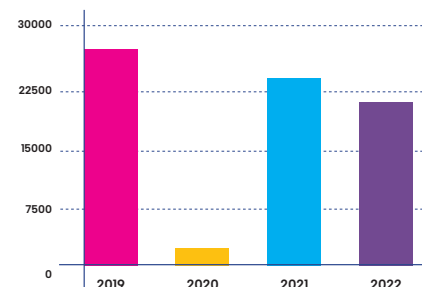


**Successful Responsible Resilient
Healthy Confident**

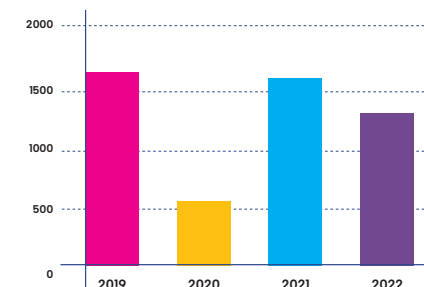
Our Impact 2022-23

Making a Difference

TOTAL CONTACTS



NO. OF SESSIONS



(Due to refurbishments of our buildings, there is a slight decrease in the number of sessions and contacts for 2022-23. Please see page 9 for more details.)

FIGURES FOR GRAPHS

2019

- 26,330 Total contacts
- 1,857 No. of sessions

2020

- 2,025 Total contacts
- 629 No. of sessions

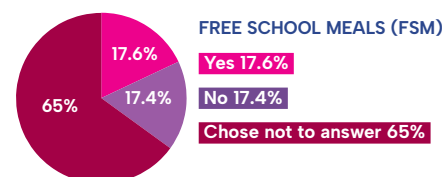
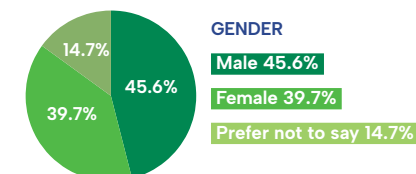
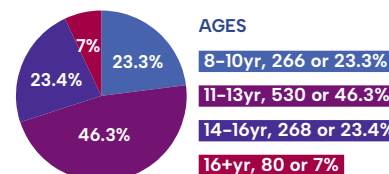
2021

- 23,048 Total contacts
- 1,851 No. of sessions

2022

- 20,562 Total contacts
- 1,489 No. of sessions

BETWEEN APRIL 2022 - MARCH 2023



We believe the number of children entitled to FSM's is higher, but families have chosen not to say when registering with the clubs. We also understand schools are having a similar issue and so we are looking at how we can support families in this area.

Frazer from BS14

Our Stories

Frazer aged 9 is a young person with Autism.

He has been attending BS14 youth club since August 2022 after he came along to one of our summer holiday clubs, (funded by Bristol City Council's Holiday Activity and Food (HAF) funding).

Before Frazer started coming to club, he had no social life and would isolate himself at home with his mum.

However, after reluctantly coming to the holiday club, he enjoyed himself so much he decided to join in our open access youth club sessions, but only if his sister came too.

Over the last eight months, the team have formed a close bond with Frazer, encouraging him to join in with the activities.

Frazer's confidence has flourished and recently took part in presenting an idea in BS14's "Dragons Den Evening". His Mum was shocked and proud with how his confidence has grown and said:

"I have seen a massive improvement in Frazer's social skills, and they continue to improve".

He now attends the club without help from his sister, actively makes friends with other young people and has the confidence to find activities of his own.



Our Strategy 2022–25

An Overview



We continue to build on the solid foundations of our 2022–2025 strategy, where young people are at the centre of everything we do. We are thrilled to share with you some significant milestones we have achieved in 2022–23.

Our People

In order to support our long-term growth ambitions, we are continually investing in our people. Having a staff structure that supports this growth and the right training is integral, so this year we have increased our staff team by introducing 3 new roles, as well as adding to our community-based delivery teams.

- **Head of Operations** – supporting the overall day to day running of the organisation.
- **Corporate and Events Lead** – supporting with raising money and awareness of the organisation through new corporate partnerships and events.
- **An extra Mobile assistant** – supporting with the increased demand for delivery on the Youth Club on Wheels.
- **Community based team** – delivering in our youth club network.

Also 57% of all youth leaders with the club network have now been accredited with a formal Youth Work qualification.

Our Buildings & Facilities

An Overview



Continued investment in our buildings for current and future generations is crucial to our continued success and growth.

Following on from the £210,476 invested in 2021–22, during 2022–23 we invested a further **£352,280** into capital improvements at a number of our Community Youth Clubs. Coming from a mixture of our **reserves, grants** and the unyielding support from **Corporate Partners**.

Regrettably, it was necessary for us to close some of our facilities for health and safety reasons during periods of these works, which explains a slight reduction in our delivery and contact with children and young people at these venues.

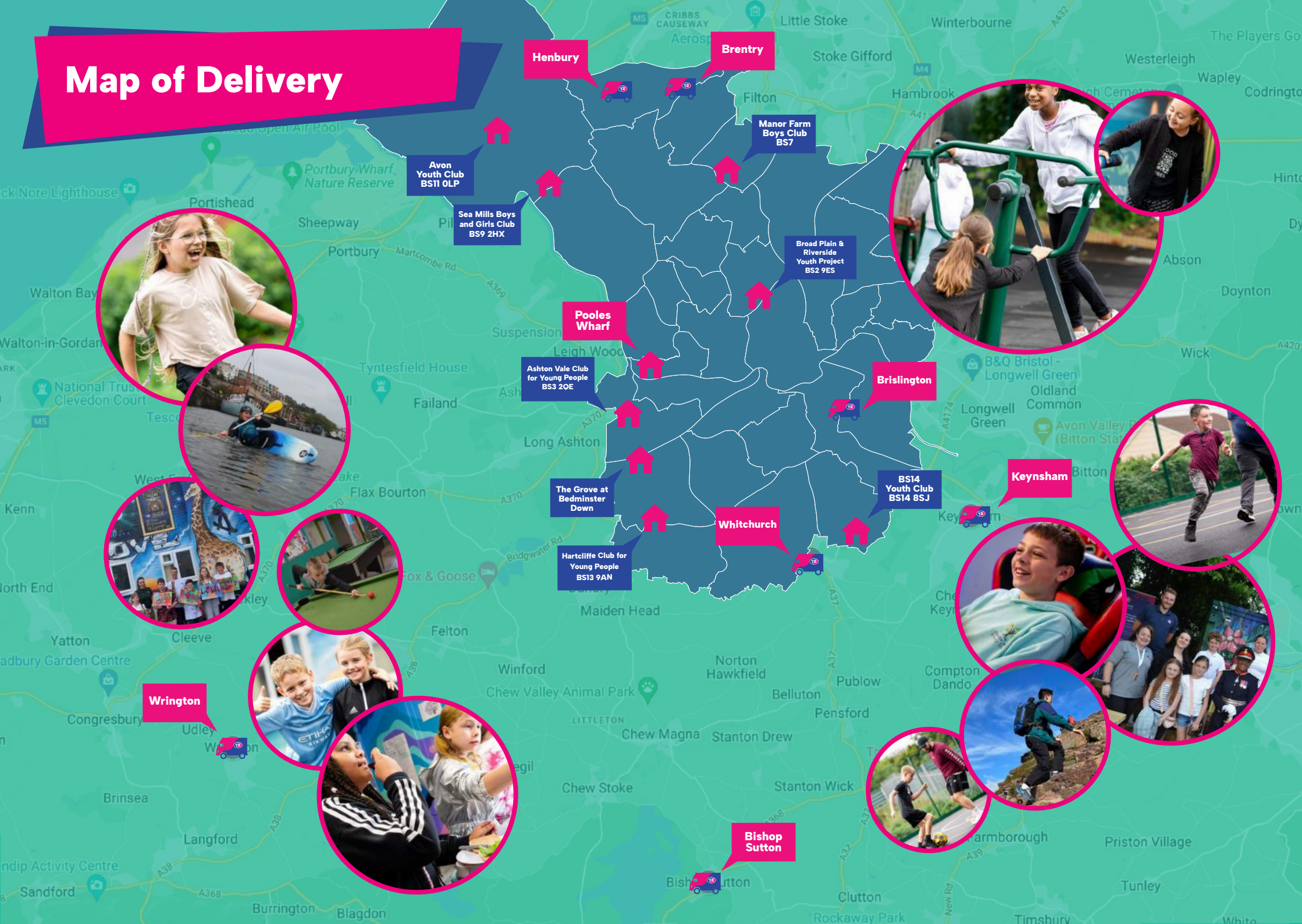
However, following the re-opening of these clubs, our young people agree the improvements were worth the wait.

A massive **THANK YOU** to the Community Infrastructure Levy (CIL) funding and the following companies for their fantastic support, which enabled the following capital improvements:

- **Masters Facilities, J&G Fencing, Asphalt Services, Core3, Leggwork and Olas Art** in the refurbishment of **Ashton Vale Club for Young People** including, the installation of an outdoor community gym and outdoor hard court, a beautiful mural and general painting.
- **Masters Facilities, Master Roofing, Olas Art, Leggwork, Balfour Beatty** for improving the outdoor area and creating a safe space for all at **The Grove at Bedminster Down**.
- **Vinici building and partners** who installed a Community Wellbeing Garden at **BS14 Youth Club**. Please see page 27 for more on this project.

... and we do not intend to stop there. We have ambitious plans for further capital improvements going forward, ensuring our buildings remain a well-used and vital resource for the whole community.

Map of Delivery



Our Programmes

What we do

Our **8 city-wide community youth clubs** are open up to 4 nights per week, 48 weeks a year; and our Youth Club on Wheels is out 4 evenings a week in communities in the surrounding areas of Bristol, that have no other youth provision. We will continue to be there for the young people aged 8-19 years (up to 25 with SEND), who access these services.

In 2022-2023 we had **13,611 Contacts** with **1,370 unique young people** across open access sessions at our youth clubs.

Positive Changes

The Positive Changes programme saw young people take part in 8 sessions geared towards helping them make informed **positive choices** in the present and in the future. They looked at strengths and weaknesses, how to **express themselves** and how to **make decisions**. It ended with a community project where young people made food parcels to give to local residents.

We also worked with a Foster Carer Association to run a programme for young people that may not be able to attend a typical youth club session. During the sessions they took part in discussions, sport and art-based activities to help create a safe environment for them to engage with the positive changes programme.

Interclub Events

In February 2023 we launched our new **bi-monthly interclub** events programme, with a football competition at Avon Youth Club. **Over 50 young people attended** with the winning club selected to represent Young Bristol in a tournament in the summer. There are more events planned for 2023-24.



Thrive Programme

The Thrive Programme was launched in collaboration with **Marcus Rashford MBE**, NatWest and the **National Youth Agency**.

Led by inspirational youth workers, the content of the programme has been tailored to make the financial messages and guidance practical and relevant, suiting the learning-styles of different young people, promoting discussion with real-life examples.

The Grove at Bedminster Down was chosen to be one of the 15 youth clubs across the country to join the second phase of the programme in the Summer of 2022.

BS14 Youth Club will join **The Grove at Bedminster Down** in the Thrive programme, during the next phase in summer 2023.



Missie

Our Stories

Missie aged 15, first joined The Grove at Bedminster Down youth club in September 2022.

Missie was extremely close to her Nan and would always turn to her for advice and support. Unfortunately, her nan passed away in early 2022 and at the same time Missie lost confidence in herself and started to suffer from anxiety and panic attacks.

Shortly after her nan's passing, Missie started helping at The Grove as a young leader, volunteering three times a week, where she completes registers, organises and tidies the club as well engaging other young people with activities.

Her dedication is admirable especially as on one evening, she has dance practice until 7.30pm and will rush to club with only 45 minutes of the session left, just so she can serve the juniors their tuck and help cash up.

Over the last year, with support and encouragement from the team, Missie has taken on more responsibilities and played a key part in the Natwest Thrive programme led by Marcus Rashford. During the programme, she took part in Teams video calls and led activities with the other young people.

Her confidence has grown tremendously, shown when she was given less than 24 hours' notice to go on BBC Radio Bristol. Due to her past anxiety, her Mum was doubtful Missie would be able to cope. However, using some calming strategies she has learnt over the years, she put her anxiety to one side and made us all proud.

Youth Club on Wheels

What We Do



Our **Youth Club on Wheels** mobile provision launched in 2019 providing vital youth services in rural and urban communities where there are gaps in youth provision.

The pioneering service paused for a few months during 2022 due to staff availability, but was back in early 2023 providing activities and opportunities across the Greater Bristol Area.

The Youth Club on Wheels holds a variety of sports equipment, art kits, computers and much more covering many different social action projects.

We understand that every area has its own local dynamic and to make change we must adapt to our surroundings, that is why the Youth Club on Wheels team are so receptive, they can make the magic happen wherever we deliver.



276

Contacts

42

Sessions

115

Unique
Individuals

12

New Young
People

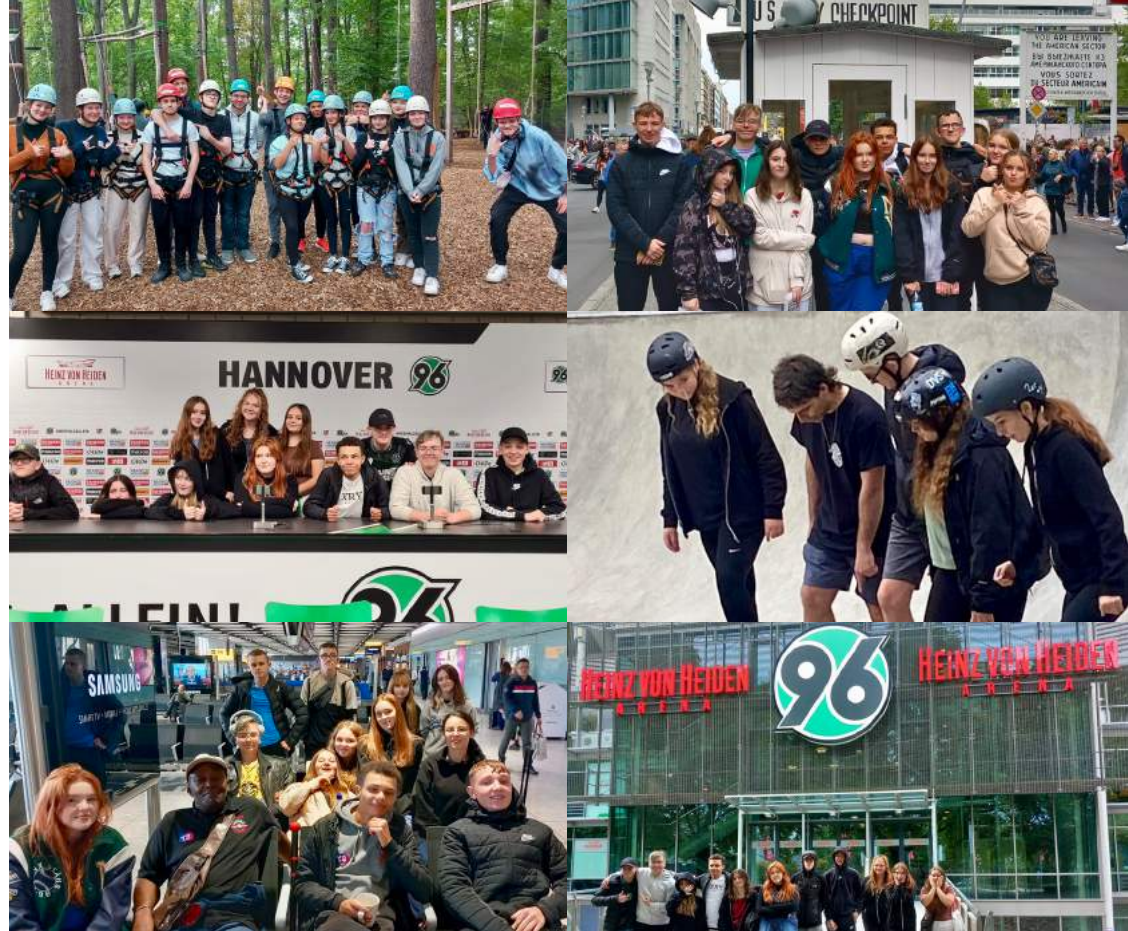
Youth Voice

Our Influence

Youth Voice empowers young people across Bristol to make a positive influence through

- Opportunities to discuss young people's issues and ideas, with an aim to improve and advise decision makers.
- Consult other young people in our Community Youth Clubs around the programmes and future developments.
- Help to break down barriers between young people in different areas of the city.
- Raise awareness of the needs of young people.

"The voices of young people are at the heart of what we do. Informing decision makers, breaking down barriers and making a difference in our city."



Youth Voice in Hannover

A Special Trip

In September 2022, **Young Bristol's Youth Voice** took 11 members, who represent our Youth Club network, to Hannover for a wonderful 5-day adventure.

This trip was both educational and an opportunity for the group to experience a wide array of Germany's culture. This was part of an exchange after young people from Germany came over to Bristol in 2019.

Thank you to the UK-German Connection for helping fund this trip.

"Youth Voice has given me opportunities I never would've had without the group."



Tremaine

Our Stories

Tremaine, was 8 when he moved to Bristol from Scotland with his brother to live with his grandparents.

At age 11 he joined the local secondary school but was bullied about his dual heritage and Scottish accent. This caused Tremaine to **struggle** to fit in and make friends and did not socialise outside of school, spending most of his time with his (white) grandparents. During this time his grandad's health declined also making Tremaine a young carer.

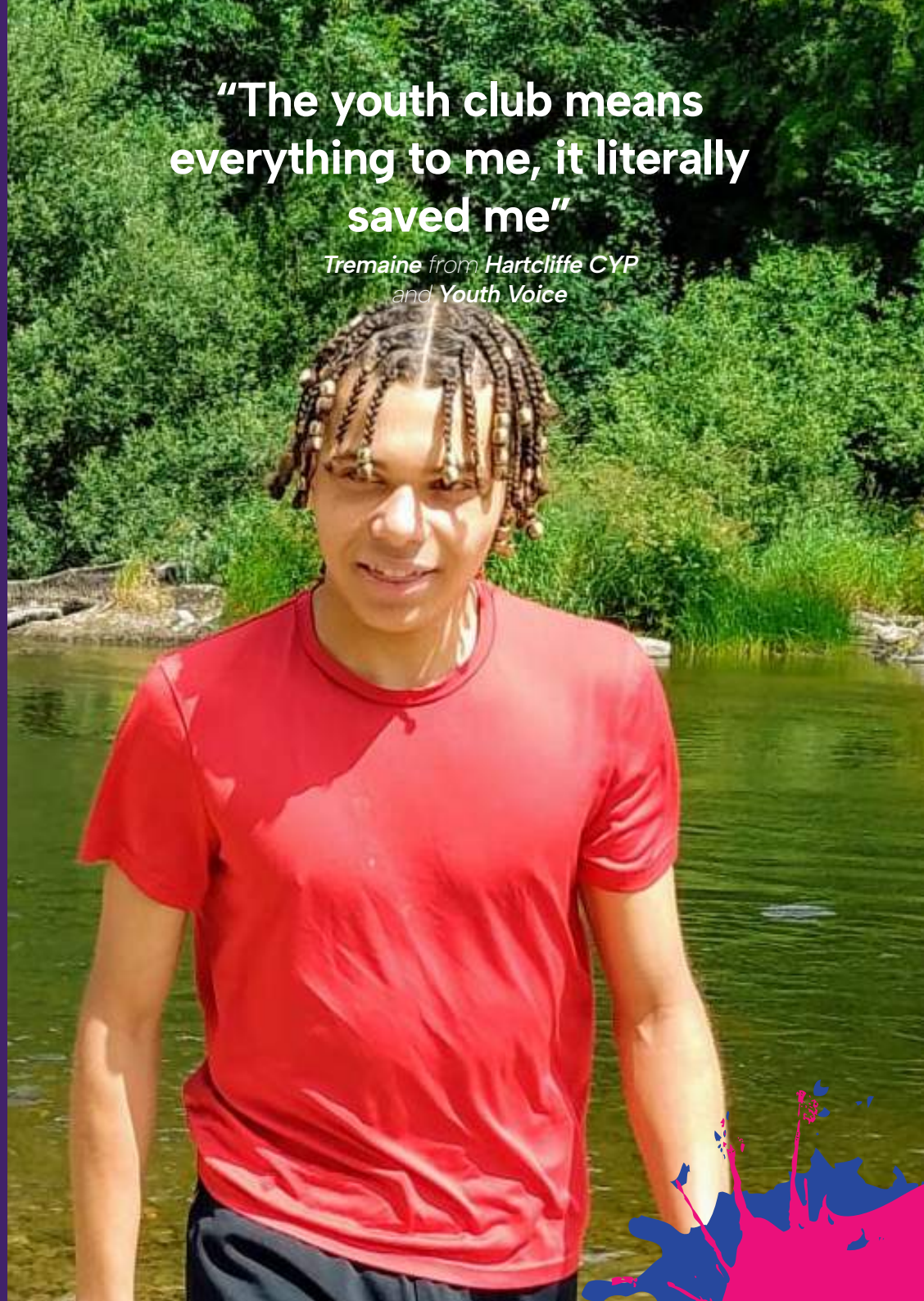
Tremaine started coming to an after-school project with his cousin at **Hartcliffe Club for Young People** to help with low confidence and social skills. Within a few weeks of attending the club Tremaine had started to **make friends** and join in with the activities. During this time, he built up a strong relationship with a black youth worker who supported him through discussions and information about race, culture and heritage.

Over the following **6 years** Tremaine has continued to **grow in confidence** and **popularity** and in 2022 (aged 16) he took part in a **young leader's course** covering issues of equality, teamwork and public speaking. He completed the course with flying colours and went on to complete a volunteer training course and was voted as the **'Young Leader of the Year'** by his peers and staff.

In the past year Tremaine has attended residentials abroad, 'the NABGC conference' and the Young Bristol AGM, where with no preparation or warning was asked to talk in front of the 60+ attendees about his journey, to which he received a standing ovation. His final words on the night were: **"The youth club means everything to me, it literally saved me"**.

"The youth club means everything to me, it literally saved me"

Tremaine from Hartcliffe CYP and Youth Voice



Outdoor Employment Programme

What We Do



Our **Outdoor Employment Programme** is an entirely **free** programme that trains young people aged 16 – 25, to become outdoor activity instructors in a variety of activities including Kayaking, Canoeing, Climbing and High Ropes.

The programme offers young people the chance to **develop new skills**, gain nationally recognised qualifications, and **build a positive future** into employment as an outdoor instructor, with local partner outdoor centres. Young people can gain qualifications including:

- ERCA' High Ropes Instructor
- 'British Canoeing' Canoe and Kayak Instructor
- 'Mountain Training' Climbing Instructor
- 'Royal Yachting Association' Powerboat driving course
- HSE accredited First Aid Qualification

The programme runs one afternoon and one evening per week delivered by experienced and accredited outdoor instructors at our AALA licensed Pooles Wharf Outdoor Activity Centre.

It is a very practical programme, trainees will be outside come rain or shine!

55

Young people
16-25

102

Sessions

50

Qualifications
gained

80%

of Young People
directly employed
or back in
Education

Outdoor Activities

What We Do



Outdoor pursuits remain central to some of Young Bristol's programmes; developing young people's wider experiences through unique and fun opportunities, right on their doorstep.

Our **Outdoor Activity Team** deliver 16 water and land-based activities from our water-based activity centre on Bristol's historical docks and other locations in and around Bristol.

From canoeing to raft-building and archery to caving, our range of activities suit a wide variety of groups and ages.

Our activities give young people the opportunity to build teamwork and communication skills, whilst doing something inspiring and motivating.

3,189

All contacts
through the
centre

54%

increase in
Kayak Club
members

18

Young People
directly
employed by
YB

Beyond Our Young People

What We Do



Today, negative attitudes towards their local area and weaker social networks, are reported to be some of the key drives of loneliness amongst older people. During daytime hours Young Bristol's venues are being under-utilised, whilst children and young people attend school. Over the years it has become an increasing passion for our buildings to become a vibrant facilitator to local communities.

Intergenerational opportunities have become a beneficial experience for young and old, encouraging empathy, understanding, and helping to build strong ties across local communities.

Young Bristol has formed intergenerational connections across its programmes, with trainee instructors from our Outdoor Employment Programme delivering sessions at our weekly over 55's water sports club from Pooles Wharf Activity Centre, and young people from our Youth Clubs taking on social action programmes in local care homes.

Young Bristol was also part of Bristol City Councils 'Welcoming Spaces' over the winter of 2022-23, offering a space where people could keep warm, socialise with others and access support related to the cost of living. YB's work with older generations has developed over the years,

- Silver Social group for over 55's at Ashton Vale Club for Young People, providing company, a chat and a hot drink.
- Walking Football
- Walking Tennis
- Welcoming Spaces

823

Contacts

107

Events for
older people

John from Walking Football

Our Stories



John aged 68, spent a lot of time at home on his own, which left him feeling isolated and depressed.... until he joined the walking football sessions.

In late 2021 after being in and out of hospital with pancreatitis, and overweight (20 stone), John decided he needed to change his lifestyle. After seeing an advert, he started coming to the over 55's walking football sessions, Young Bristol run in partnership with Grassroots Sports Bristol.

Walking Football is, as the name suggests, a version of football where players walk instead of run.

18 months later John says, "it is a vital part of my week!" He now comes three times a week doing most of his socialising at the sessions. Not only has it had a massively positive impact on his mental health, he has also lost almost 7 stone through this regular exercise and taking part in the 'Lifestyle club' recommended by his GP.

His family have even commented on what an improvement it has had, with his son Aaron expressing "You actually smile now, it's great to see you happy." And "I never thought I'd play football with you again!"

"It's amazing such a small thing can have such a massive impact" said John.

Our Partnerships

Working Together

We know working in partnership is vital to Young Bristol being able to address the needs of the young people we work with. Through working with Bristol-based and national youth organisations, to building relationships with local police, communities, and partnering with local businesses; it is because of these partnerships we can ensure we are making a positive difference.

Youth and Play

Young Bristol attends all North and South Bristol Youth and Play meetings and is an active member of the Youth Work Alliance, which influences the development of youth and play in the city.

Corporate

Young Bristol is fully committed to building mutually beneficial relationships, and in 2022–2023 had a focus of investing in our corporate partnerships through; Volunteering days, team building and networking events, skills sharing, donations in kind, fundraising events and payroll schemes.

We are so grateful to all of our corporate partners who went above and beyond for us in 2022–23.



2,808
hours
volunteered
by corporate
supporters

Equating to
approximately
£98,280
in kind
support

£15,736
Directly donated
in financial
support

Vinci Construction

Our Stories



This year Young Bristol have had some wonderful support from UK Company, **VINCI Construction** who are focused on buildings, structures and infrastructure that improve the living environment, mobility and economic competitiveness of the regions it works in.

Working alongside multiple sub-contractors from Vinci's supply chain, a gorgeous and spacious **Community Wellbeing Garden** was created at our **BS14 Youth Club** to be used and enjoyed by young people, staff and the wider community.

This large project involved a total refurbishment of wasteland, previously a completely unusable space, into a place where young and old can participate in nature/gardening activities, grow food or just have lunch in beautiful surroundings.

Along with birdboxes being introduced to encourage wildlife, there is now also a brick BBQ and benches for social activities and events as well as an outdoor tap. New fencing was installed to secure the building and car park and enclose the new community wellbeing garden.

We are hugely grateful to all at Vinci Construction for their help and support.

"The youth club means everything to me, it literally saved me"

Tremaine from Youth Voice



"I have seen a massive improvement in Frazer's social skills, and they continue to improve".

Parent from BS14 youth club



"We support YB, as it provides brilliant and worthwhile opportunities for young people."

Kelly Almond from Computer Share

"It's amazing such a small thing can have a such a massive impact."

John from Walking football



"We are pleased to see the great outcomes achieved for our customers and communities & are excited to continue our partnership with Young Bristol."

Andrew Cooper from Sovereign



Corporate Supporters

Partnerships

Atkins

AXA

Balfour Beatty

Burges Salmon

Bristol University

Car Shop

Channel Comms

Clarion Housing Association

Computershare

EG Fencing Solution LTD

Hargreaves Lansdown

Highadmit Project

Hurley

ISG

Juniper Construction & Groundworks LTD

Leggwork

Masters Facilities

Padi

Pattersons

PG Group

Persimmon

Proctor and Stevenson

Redington

Redpoint Bristol

Richmond Event Management

Sandford Building Contractors LTD

Sheridan Maine

Sovereign Housing Association

SR2 (Socially Responsible Recruitment)

Suez

Sunbelt Rentals

Unite Students

University of Bristol

Vinci Construction

Yeo Valley

Delivery Partners

Partnerships

Access Sport

Age UK

Bristol Drugs Project

Bristol Youth Alliance

City of Bristol College

Climb Up Bristol

Creative Youth Network

Essex Boys and Girls Clubs

Grassroots Sports Bristol

Lifecycle

National Association of Boys' and Girls Clubs

NatWest

Off The Record

Olas Art

SS Great Britain

The Cause

Grants, Trusts & Foundations

Partnerships

BANES Community Contribution Fund

Barclays

Basil Brown Charitable Trust

BBC Children in Need

Bristol Children's Charter

Bristol City Council

Bristol City Health and Wellbeing Fund

Bristol Youth and Community Action (BYCA)

Community Access Support Scheme (CASS)

Clubs in Crisis Fund

Crime Prevention Through Sport Fund

Commissioner's Community Action Fund

Community Infrastructure Levy (CIL) Fund

Coop Local Community Fund

Garfield Weston Foundation

GertLug

Help Counselling Services

John James Bristol Foundation

Marks and Spencers

Nani Huyu Charitable Trust

National Lottery

National Youth Agency (NYA)

Percy Bilton Foundation

Quartet Community Foundation

Sport England

St John's Foundation

Stowey & Bishop Sutton Parish Council

The Bristol Masonic Benevolent Institution

The Captain Tom Foundation

The Department for Education

The Julia and Hans Rausing Trust

The National Lottery Community Fund

The Nisbet Trust

The Rotary Club of Bristol

The Rotary Club of Clifton

The Society of Merchant Venturers

The Southern Co-op Fund

The Spielman Trust

The World Federation of Youth Clubs

The 401 Foundation

UK German Connection

UK Youth

Virgin Media O2 Together Fund

Wesport

Woodward Charitable Trust

Wrington Parish Council

W G Edwards Foundation

Your Holiday Hub Bristol Holiday Programme

Youth Sector Support Fund

Key Individuals

Partnerships

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Peaches Golding OBE CStJ

President & Trustee

Jonathan Webb MB Chb, FRCS (Orth)

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Jamie Cameron

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Martin Sessions Hodge

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Nancy Chambers

Peter Moreman

Peter Prater

Robin Geller

Sir David Wills Bt

Sir Jay Tidmarsh KCVO MBE JP

Trevor Jones MBE

The High Sheriff of Bristol

The Lord Bishop of Bristol



Young Bristol

Works for young people

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by making a Donation**

