

## ALI (ALISON) SILL



### PROFILE

Growing up with two athletic, competitive, older brothers, Alison Sill had two choices: she could ignore sports and her brothers altogether or dig in and compete with them. For Ali (as she prefers to be called) it was an easy choice.

“I looked up to my brothers,” she said. “I wanted to be just like them. I wanted to be better than them.”

Using her brothers as a driving force, Sill competed in just about “every sport you could name.” She started playing youth soccer when she was five years old; she played baseball in Castro Valley Little League until she was 12; she swam for the Chabot Swim Club; she played softball for the Synergy travel team; she even played volleyball one year in middle school.

By the time Sill reached Castro Valley High – where she lettered in soccer, swimming and track – she realized soccer was the sport that would take her farthest. She led the Hayward Area Athletic League in scoring all four seasons (2001-2004), was a three-time first-team All-HAAL selection and two-time Most Valuable Player.

Recruited by St. Mary’s, Cal Poly and Fresno State, Sill accepted an athletic scholarship at Fresno where she continued to excel. She was second-team All-Western Athletic Conference her freshman season (2005) and first-team All-WAC all three years after that. A center midfielder, Ali still holds the Bulldogs’ career assists record with 23 and is 10<sup>th</sup> in career scoring with 49 points (13 goals, 23 assists).

Castro Valley High won the HAAL soccer championship every year she was there and Fresno State won the WAC in three of her four years there. During Sill’s career, Fresno was 47-31-8 overall and 20-4-4 in conference play.



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Ali, who now lives in Walnut Creek, still finds ways to keep those competitive juices flowing. She plays Sundays in a “just for fun” coed soccer league in Pleasanton. She also runs, snowboards, wake boards, mountain bikes and coaches her five-year-old daughter, Collins, who’s already playing baseball and basketball.

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