



Pre-Operative Guide: Sedation

Instructions Before Oral Sedation or IV Sedation:

If you are reading this you have decided to undergo IV sedation to help you during your dental procedure with Dr. Thousand.

- ___ *Do not eat 8 hours before your dental appointment
- ___ *Do not drink any fluids 2 hours before your dental appointment
(You may drink water to take your medication)

1HR PRIOR TO YOUR DENTAL APPOINTMENT:

- ___ Take one 0.25mg tablet of triazolam (Halcion) 60 minutes before your appointment.

Other instructions:

- ___ Do not smoke for 24hrs before surgery.
- ___ Make sure to wear loose fitting clothing. Short sleeves or shirts with sleeves that can be rolled up past the elbow must be worn. Its ok to wear a sweater or sweatshirt overtop of this. Its best to wear low-heeled lace up shoes for comfort in the chair.
- ___ Contact lenses, jewelry, and dentures must be removed at time of surgery
- ___ Please avoid wearing lipstick or excessive makeup or nail polish on the day of surgery

In all instances, you must have someone drive you to and from your appointment. Only take the medications that were recommended to you by Dr. Thousand. Taking additional medications could result in over-sedation and serious adverse effects.