

Our Approach to Caring for Persons with Dementia

Dementia can be a challenging condition, often marked by the progression of memory loss, confusion, and anxiety. Taking a holistic approach, we strive to look at the person, not just the disease. In order to reflect this within the Spring Cottage Memory Care Environment, we provide a philosophy of care which includes our unique *Care Flowers*. Within this environment, we are able to better identify the various needs of each resident, removed from often overwhelming negative terminology and impersonal care.



No matter the progression of your loved one's dementia, our caring team can offer the assistance they need most, now and in the future.



SPRINGHILLS.COM





Poets Walk Memory Care Flower Descriptions

Care flowers are a way of identifying the needs of the resident in a positive manner, which will signal the care partner, nurse, family member or friend to value what the resident is trying to tell them by their action or interactions with the environment.

Daisy

The person may have sensory needs and/ or sensory tolerances. When experiencing low sensory needs the person may display behaviors such as humming, rubbing of hands, waving, wiping furniture and/ or picking lint from clothes of self or others. When the person is experiencing high sensory needs some may display behaviors such as clenching of their teeth. The person may also be observed pushing chairs, moving things around and stomping feet, which often times expresses an unmet need, like toileting, hunger or thirst.

Iris

Like the long stemmed flower, the person will always walk in a straight line or lean to one side. They may be unable to coordinate speech but can sing almost anything with rhythm. Fine motor skills are usually missing as well and they may have difficulty with tasks that require these skills. Care team should always have a familiar song with rhythm up their sleeve. It may come in handy!

Rose

Roses don't like change and they are strong willed and like routine. They will use old habits to get through the day. They can "talk a good game" and always wants to know who is in charge. They are also very territorial. Provide routine, choice and keep them informed.

Violet

People on the go. Something is always brewing. They will constantly need to do things. They are known to say things like "Where do I go now?" "I need to go home", "What do I do? This person needs concrete choices, usually verbal; some visual.. Just keep them busy!

Morning Glory

Like the flower, they fully open in the morning, but curl up and close during the warm parts of the day. This person's environment is limited and often trapped inside a shell that is the mind, in a moment in time. The morning glory flowers signify love, affection and mortality. We must use sincerity in our voice (soft, sweet tone) and touch when communicating with this person. Always approach from the front, and always smile.