

A Publication of The Ohio Eastern Star Home Campus





CHANGES TO SATURDAY

JUNE 22, 2019
IN THE COMMUNITY ROOM

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Wish...

I wish you could hear how many times throughout the day we hear sentences from our residents and our staff that start with "I wish..." Well, you may not be able to hear

the sentences, but you CAN see what the wishes are! We have created a new section on our website called "The Wish List."

There you will find opportunities to help in a tangible way as there are many items listed at various cost levels and all items contribute to the life and well-being of our residents. Please take a look and see how you can make wishes come true!

As always, my wish is to create Home every day — please join me!

Michele Engelbach, CEO The Ohio Eastern Star Home

Share Your Talents

I am Joell Buchanan, Chairman of the Board of Trustees of YOUR Ohio Eastern Star Home.

Have you considered volunteering at YOUR OES Home? Volunteering puts our talents to use; we may learn something new; it helps you feel good and you are making a difference in someone's life. Volunteers are



always needed. I hear you saying you don't live in Knox County; no problem, there are many different opportunities to serve. Some Chapters come and serve dinners, assist elders to programs in the community room and many just come to visit. You do not have to commit to a weekly or even a monthly visit. It can be a one-time visit or if you live closer it can be more frequent. Before planning a visit please contact Marci Thomas, our Life Enrichment Director at 740-397-1706 ext. 3025 to make sure nothing will interfere with your visit. If there is a planned activity that day the elders may not want to visit with someone as they want to conserve their energy for the special activity. You can provide a special treat for a special occasion gathering. Marci has many ideas and can always use some help.

Have you visited the OES Home website lately at www.oeshome.org? There's a nice newspaper article about the Home under the news tab. The article is about the Eden Alternative Philosophy which is the philosophy of caring for elders and keeping the atmosphere as close to a home atmosphere as possible. This includes gardens and pets. Some of you have asked how you can help. Please visit the website for suggestions. It's constantly being updated.

The staff works tirelessly for the benefit of our elders. Let's help them in any way we can.

Joell Buchanan, Chairman **OESH Board of Trustees**

Never Pass Up an Opportunity to Enjoy Nature's Beauty



The Worthy Grand Patron and I have witnessed so much love for our beautiful Order in the past four months during our exciting year of "Nature's Life and Beauty." In October the 2018 Grand Officers and Deputy Grand Matrons illustrated our program for the **Educational Opportunities to** the Past Grands. We were so proud of our Grand Officers.

We witnessed the General Grand Chapter session held in Orlando, Florida, where we observed PGP Brother F. Lon Lowry become the Right Worthy Associate Grand Patron. November saw us travel to the four Regional Educational Opportunities held in Chillicothe, Springfield, Columbus and Ashland, Our 2019 Grand Officers and local committees planned perfectly for our membership to come together and learn. During Installation season we viewed our local district chapters and several chapters around Ohio continue to beautifully exemplify Installation Ceremonies.

A Joint Reception held at Ashland University brought us joy and gratitude from the membership who traveled near and far to attend. Ohio's weather continued to keep our journeys safe as we began to visit and honor our fraternal parent, PGM Susan Simpson, and celebrate the 125th anniversaries of Crystal, Valley, and Findlay Chapters.



We think it is wonderful to have chapter anniversaries of 125 years of existence. We continue to expand our grand family by appointing new grand representatives — Alabama, Vermont, Puerto Rico, and Delaware as of this writing. The winter months of traveling are slow, but there is still much planning and training for Inspections for the Line Grand Officers and Deputy Grand Matrons.

There are upcoming special events: First, our secretaries and treasurers will be celebrated and updated by PGMs Evelyn Hardesty, Michelle Howell and Gayle Sutherin. Second, PGM Carol Jones will inform membership of methods to increase membership and PGP Trevor Sproul will introduce us to service dogs and their skills for special needs.

Also, keep an eye out for our new website that is being created! We think you are going to love it!

We encourage every member and chapter to hold fast to our traditions of giving and the charitable work we all do. And take time to Never pass up an opportunity to enjoy Nature's beauty — it's the handwriting of God.

Kelly Cholodewitsch, Worthy Grand Matron **Dennis Lawson**, Worthy Grand Patron



Thank You Ariel Foundation!

The Ohio Eastern Star Home would like to acknowledge and thank the City of Mount Vernon's Shade Tree Commission for donating and planting 140 beautiful Evergreen trees along our property line. This was all made possible through a generous grant from The Ariel Foundation. Thank You!

Fall 2018 Spotlight correction:

The article 2018 Grand Officers visit OES Monument at Cemetery was incorrectly signed OESH Board of Trustees. This article was submitted by Brooke Anderson, 2018 Grand Marshal. All expenses and work were on behalf of the 2018 Grand Officers. The OESH apologizes for the error.

Star Happenings!



Lots of Entries in Our 1st Chili Cook-Off!

SPRING 2019

Our Medical Director, Dr. Wilson, was the judge and he enjoyed tasting every recipe, including variations with sausage, white northern beans and venison. Some recipes suggested adding ingredients like peanut butter before tasting. Employee Mike Harmer won first place with his recipe he's been making for years. All recipes can be found on our website in the February Starlite. After the judging was completed everyone enjoyed sampling the chili that was entered in the Cook-Off.

An Early Spring! Many came to vote for Shadow or No Shadow on Ground Hog Day. NO SHADOW WON! We agree with our Punxsutawney Phil (aka Toostie) that we will have an early Spring! The celebration included awesome accordion music by Ken and Mary. Bring on the Spring!

Viva Las Vegas?

Nope, Elvis performed center stage right here in our Community room!
During our birthday party celebration some were "All Shook Up" but took delight in the performance by the

impersonator.
Naomi was all smiles as she danced with Elvis while others enjoyed singing along.



GAME ON during Grand Visitation!

We were honored to welcome our WGM, WGP and Grand Officers with a day that included worship, dining, visits with our elders,

> activities and entrainment. They played the game Star-lebrity Family Feud...Team KC and the Sunshine Band vs Team Dennis the Menace. Ready? Hands on the buzzer...some tough questions but in the end, Team Dennis the Menace won! Our WGP got some "air" he was so excited! Thanks to all who made this a special day.



After a brief hand bell lesson given by retired Mount Vernon music teacher, Mary Kepple and her talented musical friends, some of the OES Home staff were able to ring bells in the tune of a few Christmas songs. The Christmas season is a joyous time of year at

OES Home and we are so blessed to be able to gather together with family and friends during this special time.





Our elders enjoyed a surf-n-turf dinner while listening to a solo violinist perform in the Community Room. Red and pink heart decorations filled the room and added ambiance for our Sweetheart dinner. We know how to celebrate!



The Eden Alternative Philosophy of Care

Have you ever been asked why The Ohio Eastern Star Home is so different from other places?

Here's why. As Ohio Eastern Star members, you have been, and continue to be, an integral part in making that possible. We parallel the Eden Alternative philosophy of care. This philosophy was defined when Dr. Bill Thomas, a physician visiting an elderly lady, was profoundly touched when she took his hand and said, "Doctor, I'm so lonely." He knew there was not a pill to ease her heartache. He also knew he could make a difference. Out of compassion, he and his wife, Judith Meyers-Thomas founded the Eden Alternative.

We agree with Dr. Thomas that the three plagues of loneliness, helplessness, and boredom account for the bulk of suffering among the elderly population. At the OES Home, we believe loving companionship is the remedy to loneliness. We create opportunities to give, as well as receive care, which offsets helplessness. We spark daily life with variety and spontaneity thus preventing boredom.

We believe all decisions should be made by the Elder or those closest to them. For example, if an Elder prefers breakfast at 8:30 or 9 a.m. instead of 7:00 a.m., so be it. If an Elder wants to have their children and grandchildren spontaneously

Loving companionship remedies loneliness.

Giving and receiving care offsets helplessness.

Variety and spontaneity prevent boredom.

join them for a gathering in a Neighborhood lounge, the Community Room or a Garden, we'll help make it happen. We strive to create a living environment where life revolves around relationships with people of all ages and abilities, as well as plants and animals.

THANK YOU for your part in helping the staff here at the OES Home model a level of caring whereby decisions are in the hands of those who call this home.

Dogs are Welcome!

We are very excited to share we're creating a Dog Park on the OESH Campus. Dogs have been considered "man's best friend" for a reason. They are great company to people of all ages, and they are playful and loving.

The dog park will be a landscaped, grassy area with gardens and wheelchair accessibility. It will include sheltered patio seating and picnic tables. Of course there will be fun agility equipment for the dogs including a crawl tunnel and variable height jump bars for exercising. This will be a great place for the OESH Elders to enjoy

family dog visits.

We are pleased the greater Mount Vernon community members are donating to the OESH Campus Dog Park and invite you to join in this endeavor, as well.

For updates and donation opportunities visit our website: www.oeshome.org



Left: Evelyn H. sits with Sandy, Lu and Daisy.

Below: Marie F. gives some attention to George.

Spotlight on Our Donors

The gifts listed below were given to various funds including memorials, endowments, and the WGM/WGP Project from October 1 – December 31, 2018.

Leadership Circle

(\$1,000 - \$4,999)

Estate of Thomas & Isabel Gaskins **Grace Cone Trust Gwendolyn Bennett** Linda Pierson Richard Hoskinson

Radiance Club

(\$500 - \$999)

KC Sunshine Gang Muskingum Chapter #485 New Hope Chapter #590 Ravenna Chapter #46

Guild of Hope

(\$100 - \$499)

Amelia Chapter #338 **Anita Beatty** Ann Rutledge Chapter #453 Athens Chapter #175 Beacon Chapter #593

Dogs offer many health benefits for Elders:

- Lower blood pressure
- Reduce chances of loneliness and depression
- Promote living in the present moment
- Increase mobility and independence
- Ease anxiety and pain

Belmont Chapter #555 Carnation Chapter #167 Carolyn Ross Circleville Chapter #90 Cornelia Chapter #93 Debra L. Huffman Delphos Chapter #26 Deshler Chapter #68 East Palestine Chapter #381 Ellbrook Chapter #408 EOP Districts 15, 16, 24, 26, 27 & 28 Farmersville Chapter #155 Fostoria Chapter #94 Freeport Chapter #319 Ft. Black Chapter #336 Grove City Chapter #502 Hillsboro Chapter #441 Hoffner Chapter #286 Knox Chapter #236 Level Chapter #109 Lorraine Chapter #1 Marietta Chapter #59 Medina Chapter #266 Millersport Chapter #301 OES Secretary & Treasurer Association of Ohio Owensville Chapter #370 Oxford Chapter #225 Pleiades Chapter #298 Prosser Chapter #367 Queen Esther Chapter #15 Racine Chapter #134 Reber Chapter #161 Robin Jackson Russellville Chapter #461 Salem Chapter #334 South Point Chapter #404 The River Chapter #517 Thea Chapter #192 Thomas & Betty Magee Tiffin Chapter #189 Tippecanoe Chapter #307 Toledo Chapter #341 Wahneta Chapter #235 Woodbine Chapter #61 Worthington Chapter #287 Past Matrons & Past Patrons

Good Stewards

(Under \$100)

Beallsville Chapter #24 Linden Chapter #348 Heber Chapter #62 Triune Chapter #344 Celina Chapter #91 Parthenia Chapter #124 Goshen Chapter #382 Brownsville Chapter #486 Teresa Chapter #257 Vinton Chapter #375 Guernsey Chapter #211 Marvin Chapter #376 Billow Chapter #483 Legacy Chapter #596 Palmy Chapter #114 Covert Chapter #547 Harrisonville Chapter #255 Sterling Chapter #74 Stone City Chapter #325 Caroline Chapter #39 Falls Chapter #245 Garfield Chapter #324 Harvest Chapter #564 Masterton Chapter #584 Thornville Chapter #156 Western Reserve Chapter #71 Clermont Chapter #135 West Park Chapter #427 Ashland Chapter #92 Miami Chapter #107 Valley Chapter #19 Aero Chapter #536 Belpre Chapter #541 Lebanon Chapter #343 Crystal Chapter #18 Covered Bridge Chapter #591 Miriam Chapter #278 Unionport Chapter #360 Glenwood Chapter #303 Day Chapter #479 Golden Rule Chapter #442 Lucasville Chapter #495 Olive Branch Chapter #251 Washington Chapter #195 Dorcas Chapter #277 Rawson Chapter #550 Opal Chapter #181 Sunrise Chapter #458 Willoughby Chapter #202 Bolivar Chapter #368 Neal Chapter #522 Vera Chapter #64 Grace Chapter #11 Barnesville Chapter #206 Cardinal Chapter #140 Cary Chapter #221 Celestine Chapter #185 Oriental Chapter #106 Royal Chapter #29 Mt. Moriah Chapter #506 Morning Light Chapter #80 Stokes Chapter #543 Carroll Chapter #315 Gallipolis Chapter #283 Groveport Chapter #440 Lotus Chapter #477

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Chillicothe Chapter #419 Bryan Chapter #248 Findlay Chapter #23 Iva Chapter #311 Captina Chapter #489 Urbana Chapter #530 Woodsfield Chapter #268 Althea Chapter #438 1988 Ohio Belles and The Linemen Fort Hamilton Chapter #568 Hills Bank & Trust Company Ida Chapter #416 Mary Chapter #9 Trinity Past Matrons Association West Union Chapter #15 Weyer Chapter #515 Jean Baliga Maeanna L. Lindamood Paula Ebersbach Jefferson Chapter #300 Lyndon Chapter #361 **Englewood Chapter #563** Mason Chapter #494 Bellefontaine Chapter #459 Evelyn Chapter #146 Blue Bell Chapter #151 West Union Chapter #246 Wilkesville Chapter #207 Icedore Chapter #299 Laura Chapter #264 Toronto Chapter #215 Troy Chapter #256 Sharon Chapter #132 Clarington Chapter #533 Crescent Chapter #7 Orion Chapter #12 Seven Hills Chapter #589 Urania Chapter #284 Mt. Healthy Chapter #365 Spencerville Chapter #130 Wheelersburg Chapter #516 Aurelius Chapter #60 New Vienna Chapter #327 **Brooke Barnhart** Lillian Chapter #41 Waverly Chapter #99 Coshocton Chapter #157 Waterloo Chapter #957 John and Bonnie Youngblood Greenwood Chapter #159 Grove Chapter #527 George Lewis Behrens Chapter #504 Shreve Chapter #496 Fulton Chapter #67 Sereno Chapter #128 Home City Chapter #258 LaBelle Chapter #414 Morris Chapter #265 Madeleine Chapter #204 Wroena Chapter #597 Susan Hart Loraine Chapter #1 Electa **Diamond Circle** Milford Chapter #234 Ann Horton Sandy Mahaney

Thank you for your generous support!



The Ohio Eastern Star Home 1451 Gambier Road Mount Vernon, Ohio 43050 www.oeshome.org

THE OHIO EASTERN STAR HOME VISION:

To create an atmosphere of companionship, empowerment and growth.

