

CPSGT Exam Eligibility

Pathway Decision Chart

Created by First Sleep School

Start here!

How do I become eligible to take the CPSGT Exam?

Universal Requirements
 Things everyone who wants to be a CPSGT will need prior to taking the exam.

- High School Diploma or GED Equivalent
- An active CPR and/or BLS card

Choose **ONE** of the following pathways that best suits your situation

Pathway #1
 "The Experience Pathway"

This pathway is best designed for individuals that have completed an online Self-Study course **AND** have previous or future clinical experience in a sleep center.

Have you completed a Self-Study course within the last 3 years?

This step can be completed before, during or after you work to earn at least 416 hours of on the job training.

No
Yes

Have you earned at least 416 cumulative hours or more of clinical experience working in a sleep center that includes direct patient scoring and/or recording in the last 3 years?

No
Yes

Complete this step to proceed to the following steps.

Pathway #2
 "The CAAHEP or CoARC Pathway"

This pathway is best designed for individuals who have graduated, or will graduate in the next 2 months, from a CAAHEP or CoARC-accredited Polysomnography Technology education program.

Have you graduated?

Yes
No

Will you be graduated within the next 2 months?

Yes
No

Continue working on your course work until you meet one of the requirements listed above.

Pathway #3
 "The Focused Training Pathway"

This pathway is best designed for individuals who have or are going to complete **EITHER** a STAR-Designated "Focused" education program, **OR** a combination of Self-Study and "Focused 2" programs.

It's important to note that there are 3 different STAR-Designations that are accredited by the BRPT. These are "Focused", "Focused 2", and "Self-Study" providers.

- "Focused" providers combine the Self-Study and 10-Day Course into a single enrollment, exclusively available without the option to mix and match with other providers.
- "Focused 2" providers exclusively offer the 10-Day Course.
- "Self-Study" providers solely provide the Self-Study online course.

First Sleep School is a "Focused 2" provider as well as a "Self-Study" provider. So individuals in this pathway can enroll into our Self-Study course, or our 10-Day Course, or both in order to gain eligibility for the CPSGT Exam.

Complete **ONE** of the following pathways

Have you completed a "Focused" education program within the last 3 years?

Yes
No

Have you completed a "Focused 2" 10-Day Course **AND** a "Self-Study" education program within the last 3 years from either the same or different STAR-Designated education providers?

Yes
No

Continue working on your course work until you meet one of the requirements listed above.

Congrats! You are eligible to take the CPSGT Exam.
 Nice!