



SAMPLE ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>10:00 Morning Stretch on Comcast Channel 1970</div> <div>11:00 Catholic Mass (RCR)</div> <div>2:00 30-Minute Guided Meditation on Comcast Channel 1970</div> <div>6:30 Evening Entertainment with Scott Samuels (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>1:30 Coffee and Conversation (RCR-S)</div> <div>2:15 Chair Exercise (RCR)</div> <div>3:00 LCR (RCR-S)</div> <div>6:30 Movie and Munchies: "Salem Falls" (RCR)</div>	<div>10:30 Morning Workout with Eddi (RCR)</div> <div>1:00 Chair Exercise (2nd Floor Lobby)</div> <div>1:00 Sacrament of Reconciliation and Rosary (RCR)</div> <div>1:30 Catholic Mass (RCR)</div> <div>2:00 Crafts with Laughs: Oktoberfest (Library)</div> <div>3:00 Thinking Tuesday: Scattergories (Library)</div> <div>7:00 Bingo! (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>12:00 Luncheon (RCR) **RSVP Only**</div> <div>1:00 Friendship Club (Library)</div> <div>2:00 An Afternoon with Frank Ellis (RCR)</div> <div>2:00 Bible Study (Chapel)</div> <div>3:00 Taco Day (Library)</div> <div>7:00 Evening Entertainment with Joe Parker (RCR)</div>	<div>10:30 Morning Workout with Eddi (RCR)</div> <div>1:00 Chair Exercise (2nd Floor Lobby)</div> <div>1:00 Sacrament of Reconciliation and Rosary (RCR)</div> <div>1:30 Catholic Mass (RCR)</div> <div>3:00 Bingo! (RCR)</div> <div>6:30 Movie: "Horrible Bosses" (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>1:30 Shabbat (RCR)</div> <div>1:30 Adoration (Chapel)</div> <div>2:00 Chair Exercise (2nd Floor Lobby)</div> <div>3:00 National Noodle Day (RCR)</div> <div>7:00 Evening Entertainment with Bill Frye (RCR)</div>	<div>10:00 Beginner Zumba Gold on Comcast Channel 1970</div> <div>11:00 Standing Pilates on Comcast Channel 1970</div> <div>2:00 Standing and Seated Chair Exercises on Comcast Channel 1970</div> <div>6:30 Evening Entertainment with Jim Correnti (Lobby)</div>
<div>10:00 Morning Stretch on Comcast Channel 1970</div> <div>11:00 Catholic Mass (RCR)</div> <div>2:00 30-Minute Guided Meditation on Comcast Channel 1970</div> <div>6:30 New Release Movie: "French Exit" (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>1:30 Chair Exercise (RCR-S)</div> <div>2:00 Music Therapy with Nick (RCR)</div> <div>3:00 LCR (RCR-S)</div> <div>6:30 Movie and Munchies: "Plain Truth" (RCR)</div>	<div>10:30 Morning Workout with Eddi (Lobby)</div> <div>1:00 Chair Exercise (2nd Floor Lobby)</div> <div>1:00 Sacrament of Reconciliation and Rosary (RCR)</div> <div>1:30 Catholic Mass (RCR)</div> <div>2:00 Crafts with Laughs: Cake Decorating (Library)</div> <div>3:00 Thinking Tuesday: Word in a Word (Library)</div> <div>7:00 Lecture with Dr. Steve Pollack (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>1:00 Friendship Club (Library)</div> <div>2:00 Southern Food Heritage Day (RCR)</div> <div>2:00 Bible Study (Chapel)</div> <div>3:00 Fireside Chat (RCR)</div> <div>7:00 Evening Entertainment with Todd Horn</div>	<div>10:30 Morning Workout with Eddi (RCR)</div> <div>1:00 Chair Exercise (2nd Floor Lobby)</div> <div>1:00 Sacrament of Reconciliation and Rosary (RCR)</div> <div>1:30 Catholic Mass (RCR)</div> <div>3:00 Bingo! (RCR)</div> <div>6:30 Movie: "Patsy Cline – Sweet Dreams Still" (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>1:30 Shabbat (RCR)</div> <div>1:30 Adoration (Chapel)</div> <div>2:00 Chair Exercise (2nd Floor Lobby)</div> <div>3:00 Men's Club: "Happy Birthday, Navy" (RCR)</div> <div>7:00 Evening Entertainment with Jett Blaq (RCR)</div>	<div>10:00 Beginner Zumba Gold on Comcast Channel 1970</div> <div>11:00 Standing Pilates on Comcast Channel 1970</div> <div>2:00 Standing and Seated Chair Exercises on Comcast Channel 1970</div> <div>6:30 Evening Entertainment with David Spatola (RCR)</div>
<div>10:00 Morning Stretch on Comcast Channel 1970</div> <div>11:00 Catholic Mass (RCR)</div> <div>2:00 30-Minute Guided Meditation on Comcast Channel 1970</div> <div>6:30 Evening Entertainment with Ryan Geist (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR) (2nd FloorLobby)</div> <div>1:30 Coffee and Conversation (Library)</div> <div>2:15 Chair Exercise (Library)</div> <div>3:00 LCR (Library)</div> <div>6:30 Movie and Munchies: "The Pact" (RCR)</div>	<div>10:30 Morning Workout with Eddi (Lobby)</div> <div>1:00 Chair Exercise (2nd Floor Lobby)</div> <div>1:00 Sacrament of Reconciliation and Rosary (RCR)</div> <div>1:30 Catholic Mass (RCR)</div> <div>2:00 Crafts with Laughs: Bedazzled Art (Library)</div> <div>3:00 Thinking Tuesday: Scattergories (Library)</div> <div>7:00 Bingo! (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>1:00 Friendship Club (Library)</div> <div>2:00 Christian Worship Service (RCR)</div> <div>3:00 Come Play Family Feud (RCR)</div> <div>7:00 Evening Entertainment with Kevin Galm (RCR)</div>	<div>10:30 Morning Workout with Eddi (RCR)</div> <div>12:30 Sacrament of Reconciliation and Rosary (RCR)</div> <div>1:00 Catholic Mass (RCR)</div> <div>1:00 Chair Exercise (2nd Floor Lobby)</div> <div>3:00 All About Ink Drawings (Library)</div> <div>6:30 Movie: "Lucky Day" (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>1:30 Shabbat (RCR)</div> <div>1:30 Adoration (Chapel)</div> <div>2:00 Chair Exercise (2nd Floor Lobby)</div> <div>3:00 Red Hat Senioritas: "Wear It Pink Day" (RCR)</div> <div>7:00 Evening Entertainment with Nick Canzanese (RCR)</div>	<div>10:00 Beginner Zumba Gold on Comcast Channel 1970</div> <div>11:00 Standing Pilates on Comcast Channel 1970</div> <div>2:00 Standing and Seated Chair Exercises on Comcast Channel 1970</div> <div>6:30 Evening Entertainment with Meeta Parker (RCR)</div>
<div>10:00 Morning Stretch on Comcast Channel 1970</div> <div>11:00 Catholic Mass (RCR)</div> <div>2:00 30-Minute Guided Meditation on Comcast Channel 1970</div> <div>6:30 New Release Movie: "80 for Brady" (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>1:30 Chair Exercise (RCR-S)</div> <div>2:00 Music Therapy with Nick (RCR)</div> <div>3:00 LCR (RCR-S)</div> <div>6:30 Movie and Munchies: "Bell, Book and Candle" (RCR)</div>	<div>10:30 Morning Workout with Eddi (RCR)</div> <div>1:00 Chair Exercise (2nd Floor Lobby)</div> <div>1:00 Sacrament of Reconciliation and Rosary (RCR)</div> <div>1:30 Catholic Mass (RCR)</div> <div>2:00 Crafts with Laughs: Picture Frames (Library)</div> <div>3:00 Thinking Tuesday: Word in a Word (Library)</div> <div>7:00 Lecture with Dr. Steve Pollack (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>1:00 Friendship Club (Library)</div> <div>2:00 Bible Study (Chapel)</div> <div>2:30 Come Play Family Feud (RCR)</div> <div>7:00 Evening Entertainment with the Duo of Kim and Tim (RCR)</div>	<div>10:30 Morning Workout with Eddi (RCR)</div> <div>1:00 Chair Exercise (2nd Floor Lobby)</div> <div>1:00 Sacrament of Reconciliation and Rosary (RCR)</div> <div>1:30 Catholic Mass (RCR)</div> <div>3:00 Bingo! (RCR)</div> <div>7:00 "The Fabulous Fifties" with Rick Spector (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>1:30 Shabbat (RCR)</div> <div>1:30 Adoration (Chapel)</div> <div>2:00 Chair Exercise (2nd Floor Lobby)</div> <div>3:00 Watercolor Painting (Library)</div> <div>7:00 Evening Entertainment with Lou Lanza (RCR)</div>	<div>10:00 Beginner Zumba Gold on Comcast Channel 1970</div> <div>11:00 Standing Pilates on Comcast Channel 1970</div> <div>2:00 Standing and Seated Chair Exercises on Comcast Channel 1970</div> <div>6:30 Evening Entertainment with John Daly (RCR)</div>
<div>10:00 Morning Stretch on Comcast Channel 1970</div> <div>11:00 Catholic Mass (RCR)</div> <div>2:00 30-Minute Guided Meditation on Comcast Channel 1970</div> <div>6:30 Evening Entertainment with Calvin Pressley (RCR)</div>	<div>11:00 Morning Workout with Adelina (RCR)</div> <div>1:30 Community Extravaganza with Party of Two (RCR)</div> <div>3:00 LCR (Library)</div> <div>6:30 Movie and Munchies: "My Fair Lady" (RCR)</div>	<div>10:30 Morning Workout with Eddi (RCR)</div> <div>1:00 Chair Exercise (2nd Floor Lobby)</div> <div>1:00 Sacrament of Reconciliation and Rosary (RCR)</div> <div>1:30 Catholic Mass (RCR)</div> <div>2:00 Thinking Tuesday: Scattergories (Library)</div> <div>2:30 Happy Hour (RCR)</div> <div>7:00 Bingo! (RCR)</div>	<div>STAY ACTIVE AND ENGAGED</div> <div>AT THE LAFAYETTE</div> <div>Calendar subject to change. For the most up-to-date info, please refer to Channel 1970 and the Touchtown App.</div>			