



JACOBS & CUSHMAN SAN DIEGO FOOD BANK

# 2022 ANNUAL REPORT

45<sup>TH</sup> ANNIVERSARY  
1977-2022



Celebrating **45 Years** of the  
Jacobs & Cushman San Diego Food Bank





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# Celebrating 45 Years of the Jacobs & Cushman San Diego Food Bank

## A Letter from Our CEO

Dear Friends,

This year's annual report celebrates the Food Bank's 45<sup>th</sup> anniversary serving San Diego County!

As I reflect on the Food Bank's many accomplishments, I am awed by the amount that has been achieved and the legacy of our organization. For 45 years, the Food Bank has led the county's charitable food network through our shared mission to feed those facing food insecurity in our region.

The challenges of the last few years have demonstrated the strength and resilience of our organization. This was illustrated by our ability to pivot to meet the exponential increase in demand caused by the COVID-19 pandemic and the subsequent inflationary environment currently impacting our service population.

Thanks to our donors, volunteers, staff and the community, we continue to feed 400,000 people facing food insecurity every month in communities throughout San Diego County. Our service population includes working-poor families, fixed-income seniors, low-income military families, the unhoused and children living in poverty.

We continue to innovate by creating new programs and initiatives that meet the evolving needs of our community that complement the work of our food security programs to help end the cycle of poverty. These programs are highlighted on page 5 of this report.

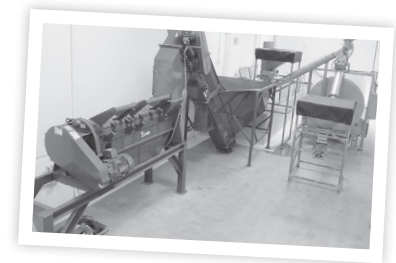
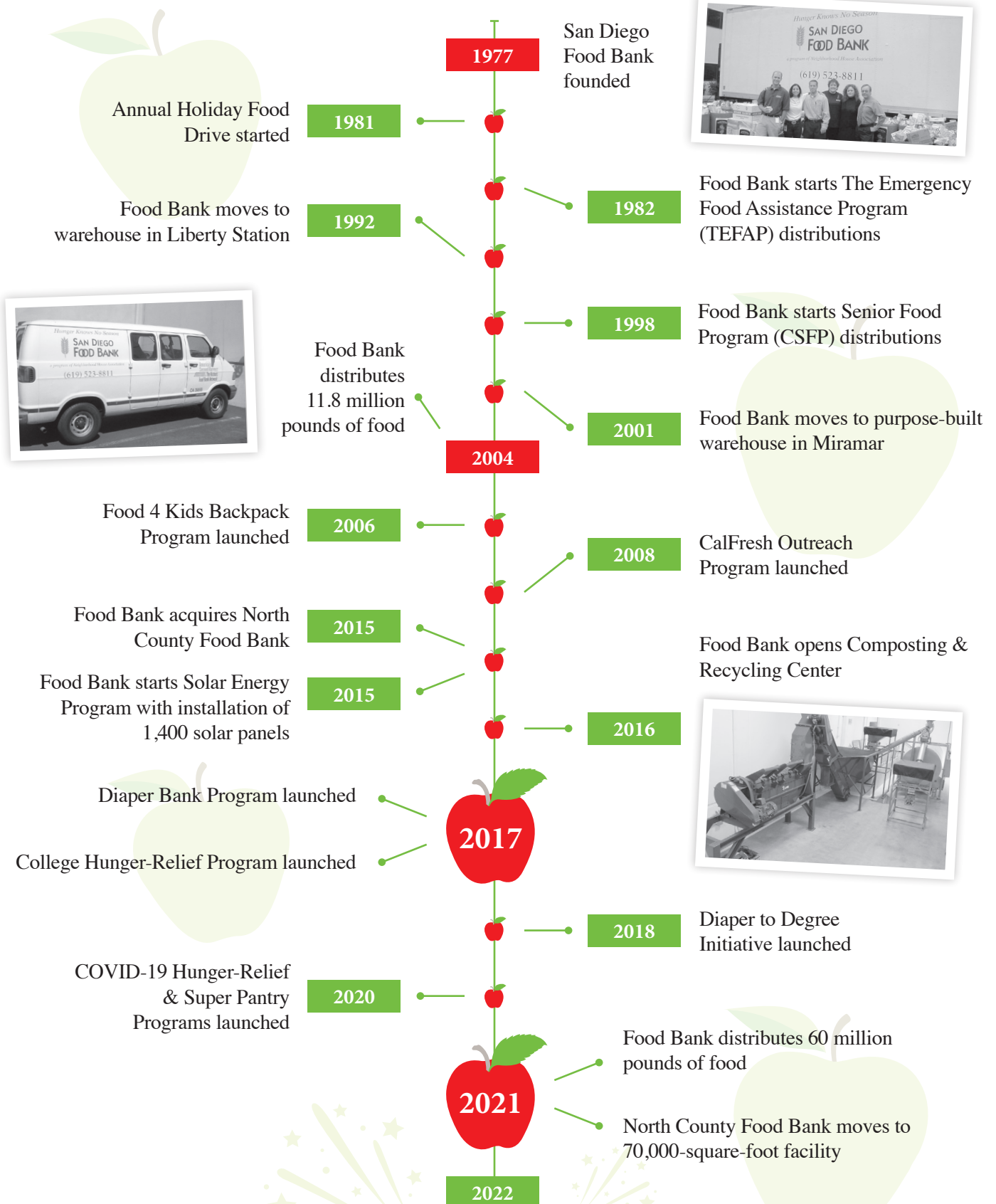
Every day, I am honored and humbled to lead a critical and vital nonprofit that has such deep roots in our community, and thanks to your support, we will continue to serve our community until we end hunger in San Diego County.

With gratitude,

Casey Castillo,  
Chief Executive Officer



# Celebrating 45 Years of Service to San Diego County



**Food Bank Celebrates 45<sup>th</sup> Anniversary**

# The Food Bank Serves Communities Throughout San Diego County

In the fiscal year 2021-2022, the Jacobs & Cushman San Diego Food Bank and our North County Food Bank chapter fed an average of 400,000 people every month in partnership with 544 nonprofit community partners that operate feeding programs.

Our nonprofit partners include food pantries, soup kitchens, shelters, low-income day care centers, senior

centers, faith-based organizations, schools, and day centers for the elderly and disabled. Through our network of nonprofit partners and the Food Bank’s 248 direct food distributions, we are able to provide food assistance programs in communities throughout San Diego County.



The Food Bank provides food assistance and resources to those in need throughout San Diego County. The map shows the locations of the Food Bank’s direct food distribution sites and our nonprofit food distribution partners.



# Food Bank Programs and Initiatives

Thanks to the support of our donors and volunteers, the Food Bank serves as a vital safety net for those individuals and families facing food insecurity in communities throughout San Diego County. The Food Bank supports our client population through the following programs and initiatives:



## Emergency Food Assistance Program

The Emergency Food Assistance Program provides food packages to individuals and families who meet income guidelines. The program serves over 92,000 individuals at 81 distribution sites every month throughout San Diego County. A typical package will include canned vegetables, canned soups, fruit juice, canned fruits, canned meats, spaghetti, rice, beans, occasional fresh produce, dairy, frozen meat, and frozen food items.



## Senior Food Program

The Senior Food Program provides monthly 40-pound food boxes to senior citizens living at or near the poverty level and are aged 60 and over. The Food Bank distributes USDA-provided food at 74 distribution sites every month in communities throughout San Diego County. The program serves, on average, 14,000 seniors facing food insecurity every month.



## Mobile Pantry Program

The Mobile Pantry Program distributes food to thousands of individuals and families once a month at more than 20 different sites throughout San Diego County, including rural and remote areas that lack direct access to nutritious food.



## Military Food Assistance Initiative

Many low-income military families struggle financially due to our region's high cost of living and a high spousal unemployment rate caused by frequent relocation and the cost of childcare. Through our Military Food Assistance Initiative, the Food Bank provides food assistance to over 39,000 low-income, active-duty military personnel, veterans, and their dependents every month. We provide food to military families through direct food distributions at 13 military nonprofits that solely serve military families and at our countywide food distribution sites.



## CalFresh Outreach Program

The CalFresh Program, previously known as Food Stamps, provides supplemental benefits to help low-income families access nutritious foods which tend to be more expensive, such as fresh produce, dairy, and fresh meats. Households must meet federal income guidelines, and benefits can only be used for food purchase. The Food Bank's staff and volunteers help our clients sign up for CalFresh benefits at locations throughout the county.



## Food 4 Kids Backpack Program

The Food 4 Kids Backpack Program provides weekend food packages to elementary schoolchildren living in poverty who are at risk of hunger over the weekend when free school meals are unavailable. Each bag contains enough food to see the students through the weekend, and discreet Friday afternoon distributions remove the stigma that might be attached to the program.



## College Hunger-Relief Program

The College Hunger-Relief Program provides food assistance to food-insecure college students from low-income backgrounds. Last year, the Food Bank expanded the program to serve every public college and community college in San Diego County. Since the program's start, the Food Bank has distributed over 1 million pounds of food to students in need.



## Diaper Bank Program and Period Supply Program

These two programs provide emergency diapers and period supplies to working-poor families. Last year, the Food Bank distributed 7.6 million diapers and 571,200 period supplies countywide through a network of 81 nonprofit partners. By providing diapers and period supplies to families in need, we are helping parents and students stay in work and school.



## Food Rescue Program

Our Food Rescue Program is a food recovery program that reduces food waste by rescuing edible food and distributing it to individuals and families in need countywide. A network of grocery stores, food retailers, restaurants, and food manufacturers donate surplus food to the Food Bank which is distributed to individuals and families in need. Last year, the Food Bank rescued 4 million pounds of food.

For a full listing of the Food Bank's programs and initiatives visit:  
[SanDiegoFoodBank.org/Programs](https://SanDiegoFoodBank.org/Programs)



# Jacobs & Cushman San Diego Food Bank

## By the Numbers

**\$1 = 2 meals**

The number of meals a \$1 donation can provide to San Diegans in need.



**205,926**

Pounds of food distributed to food-insecure college students in the College Hunger-Relief Program.

**400,000**

The number of people served in San Diego County by the Food Bank every month in the fiscal year 2021-22.

**44 Million**

Pounds of food distributed by the Food Bank in the fiscal year 2021-22.



**544**

The number of nonprofit distribution partners located across the county who receive food from the Food Bank and distribute to local communities.



**3,966,541**

Pounds of food rescued from food distributors, grocery stores, and restaurants through the Food Rescue Program in partnership with 60 countywide nonprofits.

**3,500**

Number of elementary school children living in poverty who receive a weekend backpack full of food on our Food 4 Kids Backpack Program.

**248**

The number of food distribution sites we host every month in communities throughout San Diego County.



**251,000**

The number of children facing food insecurity in San Diego County.



**13 Million**

Pounds of fresh produce that were distributed in the fiscal year 2021-22.

**33,378**

The number of volunteer visits to our two warehouses in the fiscal year 2021-22.

**30%**

Percentage of fresh produce distributed by the Food Bank.



**93%**

Percentage of your donation that goes directly to the Food Bank's feeding programs.



**83,946**

The number of hours our volunteers worked helping to inspect, sort, and package food for individuals and families in need.

**45,228**

The average number of low-income military personnel and their dependents facing food insecurity who receive food assistance from the Food Bank every month.

**7,559,495**

The number of emergency diapers distributed through our Diaper Bank Program through a network of 81 nonprofit partners located across the county.



**92,249**

Number of people served monthly through the Emergency Food Assistance Program's 81 sites throughout the county.

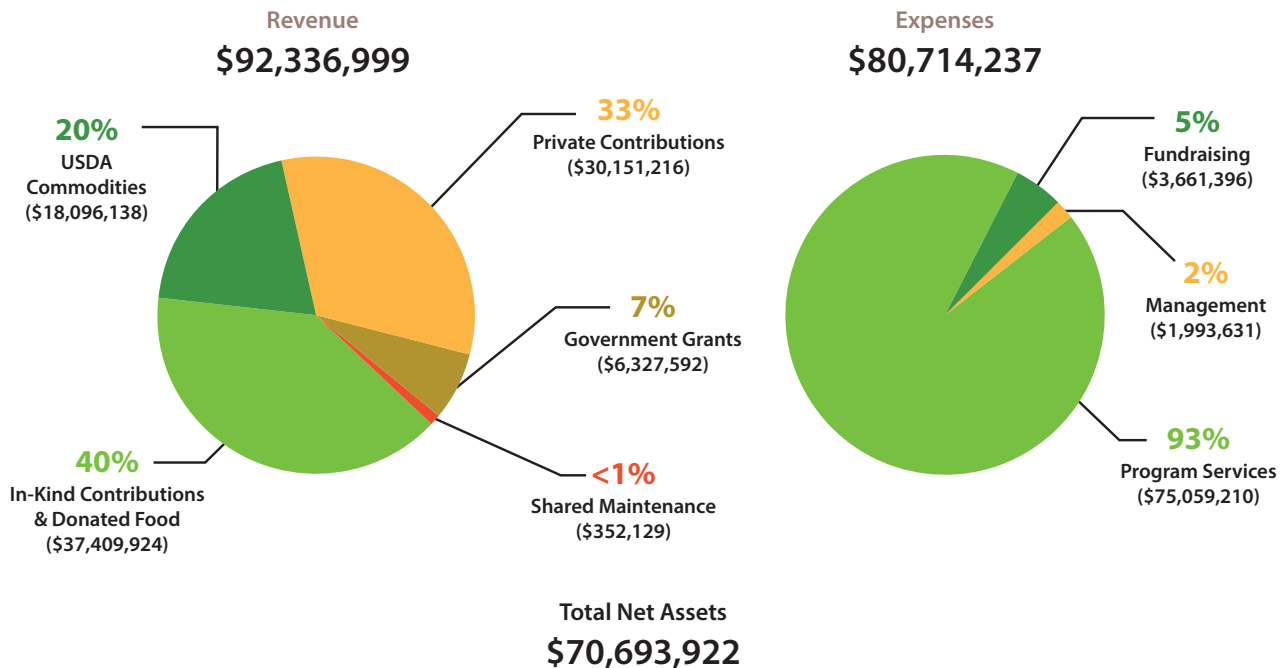


**14,050**

The average number of seniors living in poverty who receive a monthly 40-pound box of food on our Senior Food Program at 74 sites throughout the county.

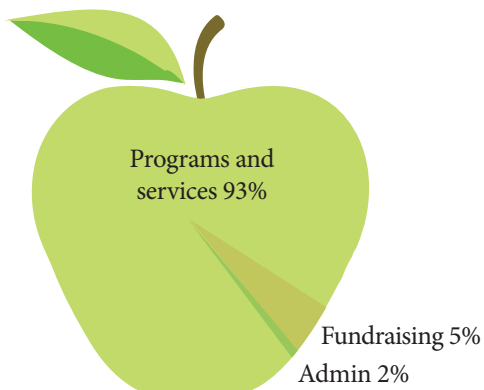
# Financials

This report covers the fiscal year 7/1/2021 – 6/30/2022



## The Food Bank is a Charity Navigator Four-Star Charity

The Food Bank is one of the highest-rated charities in the country — receiving four out of four stars from Charity Navigator, the nation's leading independent charity evaluator. The Food Bank has received Charity Navigator's highest rating for eleven consecutive years. Only 7% of charities nationwide receive this rating.



## The Food Bank Uses Your Donations Efficiently

The Food Bank is one of the most efficient charities in San Diego County. For every dollar you donate, 93 cents go directly to our food programs and services. Only 7 cents of every dollar donated goes toward administration and fundraising.

Thanks to our streamlined efficiency, your donation goes a long way toward feeding hungry families and individuals in San Diego County!





## Connect with Us



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Jacobs & Cushman San Diego Food Bank  
9850 Distribution Avenue  
San Diego, CA 92121  
[SanDiegoFoodBank.org](http://SanDiegoFoodBank.org)



North County Food Bank  
3030 Enterprise Court, Suite A  
Vista, CA 92081  
[NorthCountyFoodBank.org](http://NorthCountyFoodBank.org)

Our full financial report and donor list  
is available online at:  
[SanDiegoFoodBank.org/AnnualReport](http://SanDiegoFoodBank.org/AnnualReport)



This annual report was generously sponsored  
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