

PET/CT SCAN PATIENT PREPARATION

Please plan to arrive for your appointment 15 minutes early. The radiotracer you will receive for your scan is time sensitive and must be administered at the designated time of your appointment.

- No food or gum for 4 hours prior to your appointment. For patients with a feeding tube, no food for 6 hours prior to your scan.
- Please drink plenty of water. No other type of liquid is allowed including flavored water the day of exam.
- Do not perform any strenuous physical activity (weightlifting, running, etc.) for 3 days prior to your PET scan.
- Please take regularly scheduled medications only if they can be tolerated on an empty stomach.
- Wear warm, loose-fitting clothing without zippers or any metallic objects. If you wear anything that could interfere with the scan, you may be asked to change into a hospital gown.
- Patients with dentures will be required to remove them before the scan.
- Nursing home patients and Inpatients should discontinue IVs with glucose at least 4 hours prior to scan (D5, D3).
- If you are required to take medication (for muscle relaxation) for the PET/CT examination, please speak with your physician regarding a prescription if needed, especially if there are concerns for claustrophobia. Do not take any such medication until after you have arrived, and the PET/CT staff advises them to do so.
- Please Photo ID, insurance cards.

***FOR PATIENTS HAVING A PSMA, DOTATATE OR AMYLOID BRAIN SCAN: NO FASTING OR DIABETIC PREP IS NECESSARY.**

DIABETIC PATIENTS

Diabetic patients who are insulin-dependent, please take note of the following instructions prior to your PET/CT exam.

- Please fast for 4 hours prior to your appointment.
- If your appointment time falls between 7am or 8am: do NOT take any insulin. Bring insulin with you for administration at the completion of the scan.
- If your appointment time falls between noon or 1pm: take ½ of your insulin along with a light breakfast and allow for 4 hours of fasting before your appointment time.
- Patients with an insulin pump should proceed as usual and fast for 4 hours prior to the appointment.

*Our office will call to confirm this appointment, if you cannot make this appointment, please call our office 24hrs in advanced if possible.

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