

# Fist to Five Decision Making

This is a strategy to use during consensus building either to determine where individuals are falling in their opinions or as a final voting method. After stating the decision, or proposed decision, ask the team to show their level of support using levels from fist to 5, where 3 indicates the point of consensus.

**Fist** = I object and block consensus.

**1 finger** = I am strongly opposed to this and will need to see some big changes to approve it.

**2 fingers** = I have serious reservations about this proposal but could accept it with some changes.

**3 fingers** = I have a couple reservations about this proposal, but I could let it pass without further discussion.

**4 fingers** = I think it's a good idea, and I can live with it.

**5 fingers** = I am in total agreement with the proposal.

Exhibit 8.3. © Elena Aguilar, *The Art of Coaching Teams: Building Resilient Communities that Transform Schools*. Jossey-Bass, 2016.