

Giovani

Giovani, age 75, has been referred following a recent hospital discharge following a spinal disc injury. Giovani advised that he was very active prior to this back injury. Giovani is wanting to recover well enough so that he can return to his normal everyday functioning. Giovani also experiences osteoarthritis and atrial fibrillation.



Giovani lives alone in his own home. He has four children, two live interstate and two reside close by, and he also has support from the neighbours. Giovani normally drives and his family are assisting with transport as he recovers. Prior to this incident, he was independent with all tasks. His family are currently helping with the shopping, cooking and housework. Giovani previously attended a book club for Italian speakers and liked to garden.

Giovani's goals are to return to full independence once he recovers. He is currently very cautious walking and feels that his strength has declined. Rails have been installed in the shower, but he continues to struggle with the front and rear steps. He is independent in all other transfers.



*Case
Study*

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