

CARDIO | STRENGTH | FREE WEIGHTS | ACCESSORIES

# \* CULTSPORT



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# **※CULTSPORT**

Cultsport is a performance wear brand from the house of Cult.fit. Offering a variety of premium workout and sports gear for fitness enthusiasts & the everyday athlete to help them up their performance and look good while doing so. With a goal to bring top notch products to the Indian audience with a foot forward in fashion, longevity and functionality Cultsport aims to bring the best performance gear for all sports formats. Cultsport equipments and accessories are designed to improve the performance of all athletes. It's suited for beginners & professionals to help them achieve their goals and provide optimum support while doing so. With a wide range of cardio, strength, free weights, accessories these equipments are best in class. Premium quality material, aesthetics & durability is assured with Cultsport products.

Contact: corporate@cult.fit

### Key Highlights





#### **Ergonomic Designs**

Designed to provide superior comfort durability, performance and stability. In built biomechanics allows the exercisers to reach their workout performance to stay at optimum levels.



#### Adjustability

Customisable adjustment of seats, handlebars, weight plates allows exercisers to easily transition from the left to right side from a seated position. This design feature allows the most intuitive and efficient way to navigate the motion on both sides of the body.



#### Easy to Move

Portability features across all machines ensures and facilitates ease of movement and also helps in the overall maintenance of the various parts of the machine which are otherwise difficult to access.



#### **Durable Construction**

Combined with sleek, minimalistic design with heavy-duty, durable construction materials to both amplify the strength areas and ensures the highest value for the entire lifetime of the equipment.







# **CARDIO**

Cultsport brings to you a complete range equipments to perform light, moderate or high intensity cardio workouts with best in class features. This category of equipment is used to facilitate a cardiorespiratory response and relies on the body's ability to use oxygen.



### CURVED TREADMILL (NON-MOTORISED)





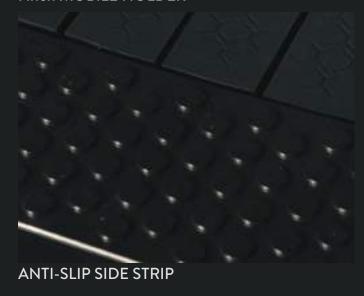


The ergonomic design of the Curved Treadmill provides alignment correction of the ankles, kness, hips and back. It enables the user to keep a neutral position at all times in order to avoid joint and knee stress, irrespective of the user's height and weight. It also provides them a sensation of walking or running uphill while using appropriate exercise biomechanics.





7inch MOBILE HOLDER



LCD MONITOR



PORTABLE

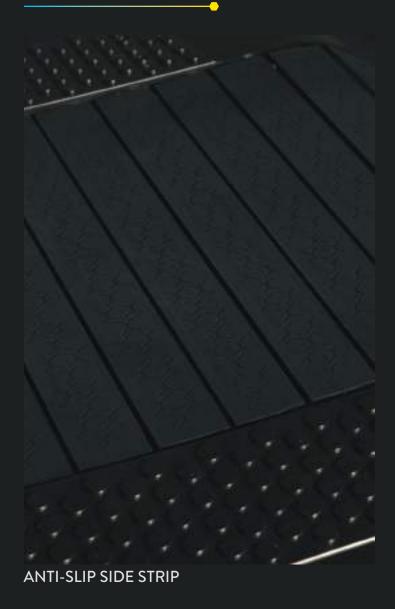


**ERGONOMIC HANDRAILS** 



NON-MOTORIZED







#### TRACK BELT

- 1. The large running surface measuring 480mm wide ensures maximum comfort.
- 2. In addition to rubber material, the Track belt is constructed with aluminum-alloy holders to reduce weight and lengthen product life.
- 3. As a result of the synchronous belt, the product has a smaller gap, lower noise levels, smoother operation.
- 4. With the unique "X" design and high-intensity damping, this treadmill provides excellent anti-slip properties and an outstanding training experience.
- 5. The Belt module is designed to ensure strong consistency for 60 belts, a high level of balance for the product, and decreased maintenance and replacement cycles.

#### **ACCESSORY KIT**

The Accessory Kit allows for a variety of pulling and pushing exercises through handles or through optional waist belt.

Name: Curved Treadmill CS-T901Z

Dimensions: 2343 x 964 x 1525 mm

Program: 1-8 gears, 6 modes

Brake System: Magnetic control resistance adjustment

Drive Mode: Self-gravity drive

Speed: 0-30km/h

Display: 4.8 inch LCD monitor

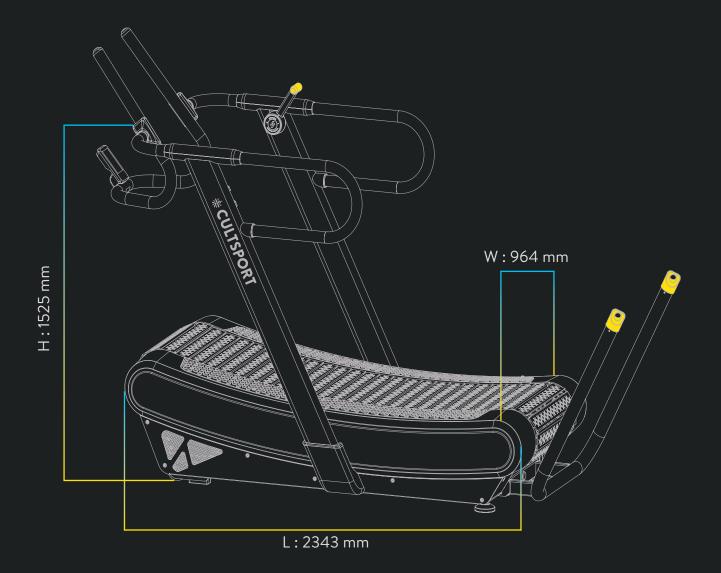
Track Belt : Rubber belt

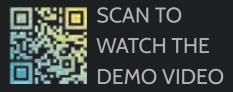
Belt size: 3600 x 480 mm

Running Area: 1500 x 480 mm

Maximum User Weight: 180 kg

N.W & G.W: 181.6kg & 239kg





### RECUMBENT BIKE





The Recumbent bikes are designed to allow athletes to perform efficient workout, smooth pedalling using biomechanics geometry with extra-wide and dual-sided pedals. The Recumbent design features an ergonomic seat and back that distributes weight for superior support stability and comfort. Seat adjustability and accessibility of the console and accessories holder, allows them to maintain form and stay focused on their workout.

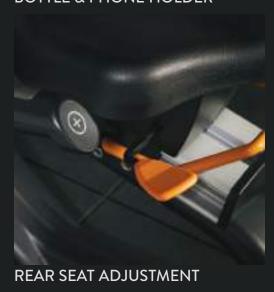


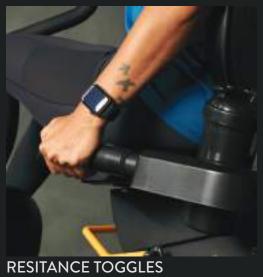


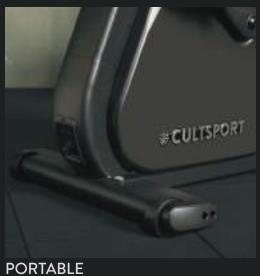
DIGITAL CONSOLE



**BOTTLE & PHONE HOLDER** 











INTEGRATED CONSOLE



**ERGONOMIC SEATS** 

#### **INTEGRATED CONSOLE**

- 1) Large LED display monitor with quantitative performance of each parameter.
- 2) Intuitive data for performance tracking and analysis.
- 3) Infrared human body induction
- 4) Multiple workout modes available on display panel

#### **ERGONOMIC SEATS**

The simple seat adjustment allows the user to change the position of the seat with one hand, either on or off the bike.

Name: Recumbent Bike CS-B9100R

Resistance : Magnetron resistance system

Dimensions: 1750 x 525 x 752 mm

Power: Self-generation

Display: 15.6' LED Keyboard

Resistance level: Electromagnetic 40 levels

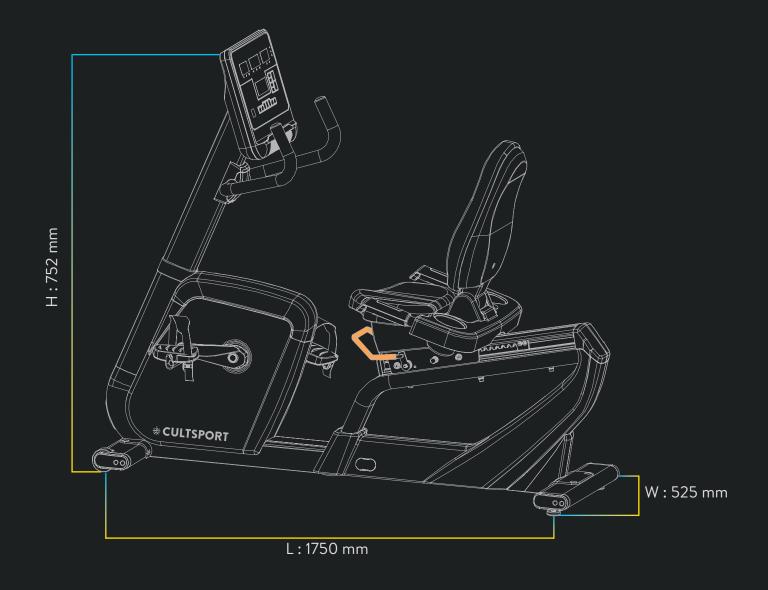
Program: Constant Watt, Interval, Fat Bum, Cardio

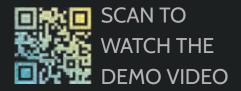
Flywheel: 14kg

Max user's weight: 180kg

N. W: 188kg

G.W: 245kg





### **UPRIGHT BIKE**







The Upright bike combines the latest in air resistance technology with unmatched durability and performance, allowing the athlete reach their full potential within the comfort of your own home. The flywheel uses air resistance to create a smooth, responsive and continuous ride. It also helps in getting full control of the exertion and resistance at all times. The damper allows to quickly adjust the airflow to the flywheel during the workout.

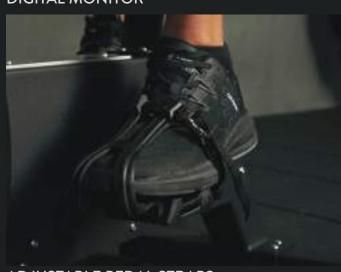














**ERGONOMIC HANDLES** 



**EROGNOMIC HANDLES** 



HANDLE ADJUSTMENT

#### SADDLE AND HANDLEBARS

- Both the saddle and handlebar positions are easily adjustable. The saddle height can be set with secure tool-free ratcheting system.
- The position and angle can be adjusted for custom fitting. The handlebars move up and down, forward and back, with three different handlebar riding options, that can be easily adjusted for a comfortable posture.

#### PERFORMANCE MONITOR

- The powerful performance monitor provides repeatable, comparable data for every ride. It offers an automatic mode that allows to set up the machine in various types of workouts.
- The monitor also gives a wide range of data, including pace, watts, cadence (rpm) and calories for a quantifiable workout.

Name: Upright Bike CS-T6

Dimensions: 1220 mm x 610 mm

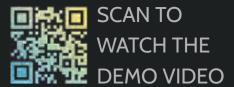
Power Requirement : Monitor takes 4 AA batteries.

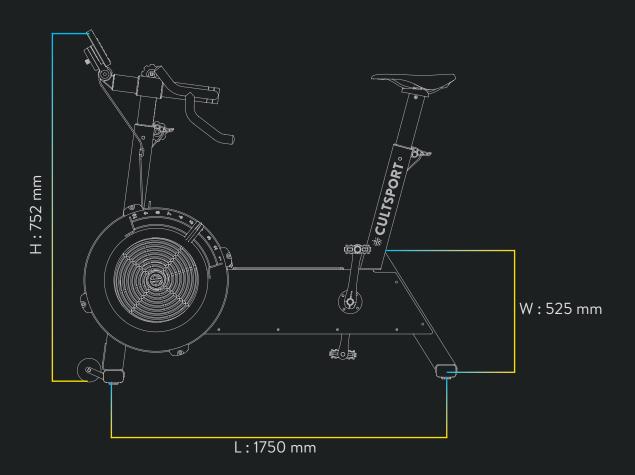
Maximum User Weight: 136 kg

Construction: Welded aluminum frame & Steel feet.

Finish: Black powder coat frame & grey anodized posts

Machine Weight: 31 kg



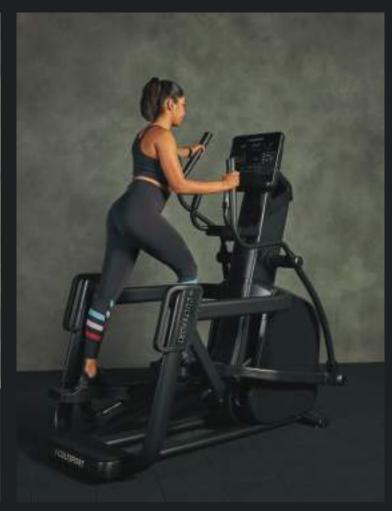




### ELLIPTICAL







Add a new Dimensions and excitement to the cardio floor with the Cultsport Elliptical that delivers functional challenges, more muscle demands and greater caloric burn. The Elliptical features durability, unique motions, intuitive screen, offering an exciting and effective exercise experience. This machine sets the standard for low-impact, high-intensity workouts and makes every movement feel natural.





**RESISTANCE TOGGLES** 



**MOVING HANDLE BARS** 



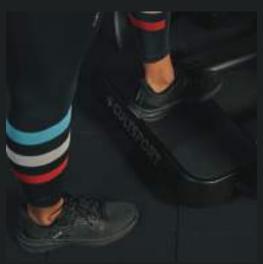
**USB PORT** 



**PORTABLE** 



MOBILE & BOTTLE HOLDER



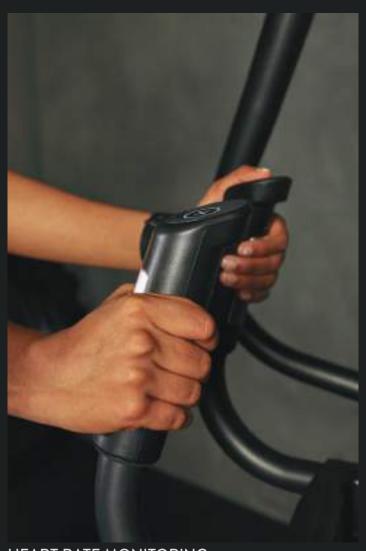
**EASY INGRESS** 



ERGONOMIC PEDALS



**INTEGRATED CONSOLE** 



**HEART RATE MONITORING** 

#### **INTEGRATED CONSOLE**

- 1) Large LED display monitor with quantitative performance of each parameter.
- 2) Intuitive data for performance tracking and analysis.
- 3) Infrared human body induction
- 4) Multiple workout modes available on display panel
- Moving handlebars give an added advantage to the exercisers for them achieve a total body workout.
- Easy access to Resistance Toggles
- Easy to get on and off the machine.

Name: Elliptical CS-B9100E

Dimensions: 1765 x 926 x 1160 mm

Resistance : Magnetron resistance system

Power: Self-generation

Display: 15.6' LED Keyboard

Resistance: Electromagnetic control 40 levels

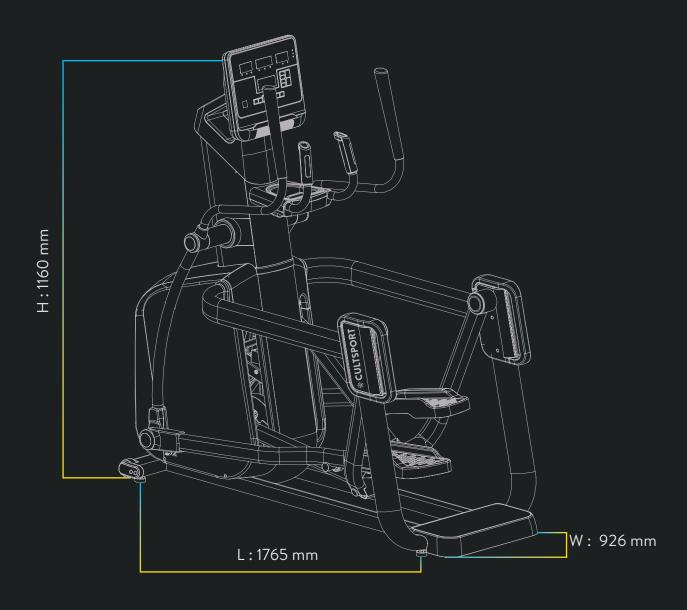
Program: Constant Watt, Interval, Fat Bum, Cardio

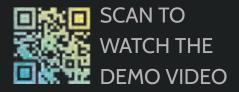
Flywheel: 14kg

Max user's weight: 180kg

N. W: 188kg

G.W: 245kg





# AIR ROWER





The Air Rower responds to your effort on every pull, so you are in full control of your exertion and resistance at all times. The spiral damper allows you to quickly adjust the airflow to the flywheel, so you can change the feel of the pull to suit your preference. Air Rower machines are suitable for home and gym or commercial use.





**ERGONOMIC HANDLES** 



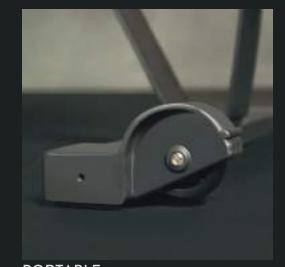






ADJUSTABLE STRAP

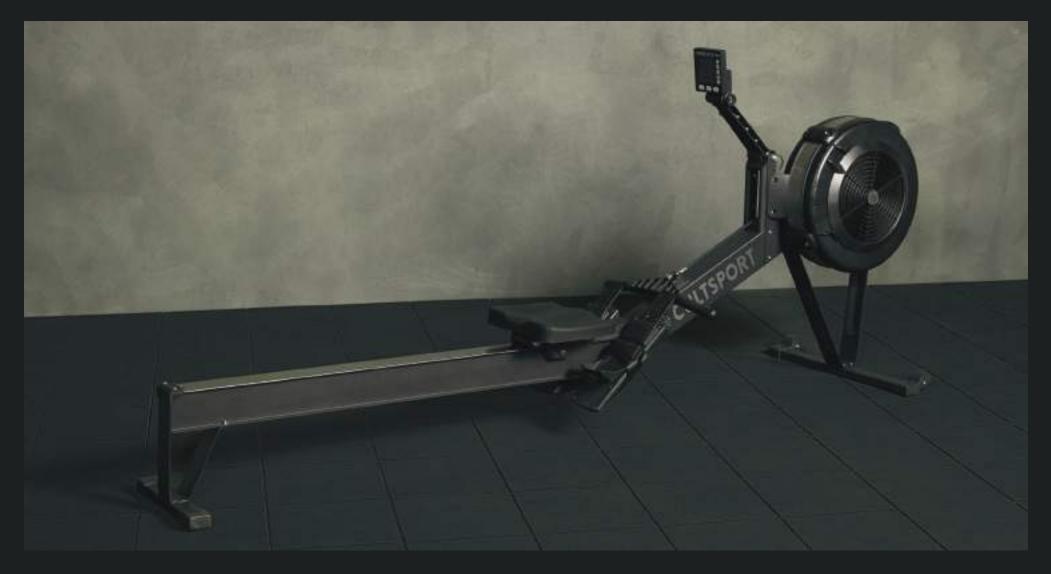




**PORTABLE** 



ADJUSTABLE AIRFLOW RESISTANCE



- Adjustable footrests allow for quick and easy sizing to fit a wide range of shoe sizes.
- The Monitor provides distance, speed, pace, calories, and watts for each workout.
- The Monitor also has pre-loaded workouts like Interval training.
- The air rower is easy to wheel around for maintanence and storage.

Name: Air Rower CS-T2

Dimensions: 2440 x 610 mm

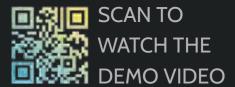
Seat Height: 360 mm

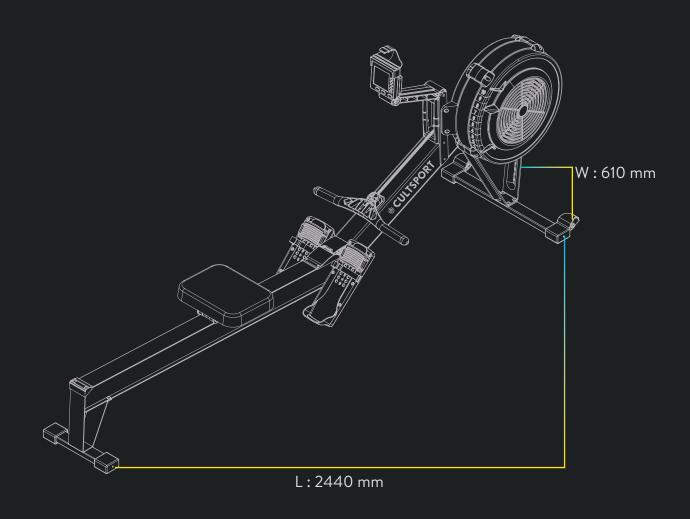
Power Requirement : Monitor takes 4 AA batteries.

Chain: Nickel-plated steel chain

Maximum user weight: 135kgs

Machine Weight: 26 kg

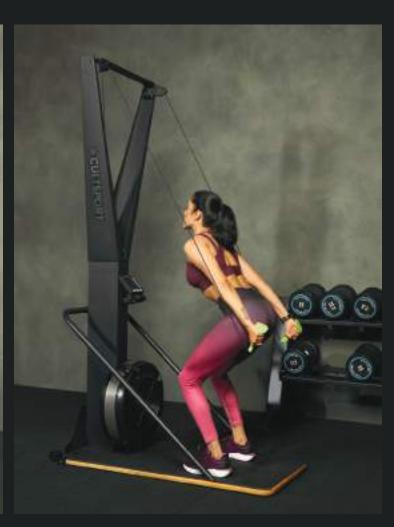




### SKI MACHINE







The Ski Trainer is designed to provide skiing related exercises and gives several option. It features an advanced monitor that provides immediate and accurate performance data. This helps to build ski-relevant muscles in the upper body, abdomen, back and leg muscles.





DIGITAL MONITOR WITH ALL ESSENTIAL MEASURABLES



ADJUSTABLE AIRFLOW CONTROL



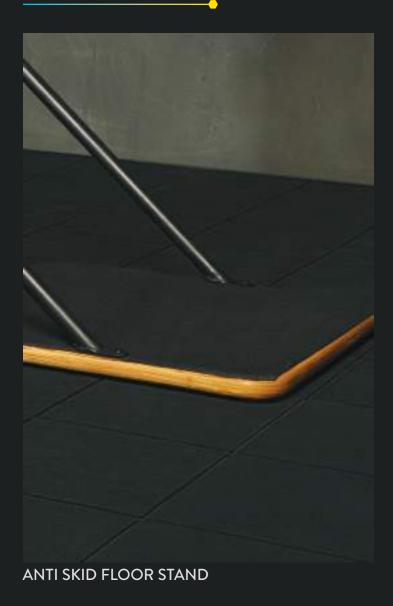
PORTABLE



**EROGNOMIC HANDLES** 



SUPERIOR STRENGTH DRIVE CORDS





FREE STANDING OR WALL MOUNTED

- Can be used as free standing or wall mounted.
- Flywheel comes with an adjustable airflow control.
- Durable construction & easy to maintain.
- Anti skid and wear resistant floor stand
- Digital Monitor with essential measurables & comes with preloaded workouts

Name: Ski Machine CS-S22

Dimensions: 600 x 1270 x 2160 mm

Power Requirement : Monitor takes 4 AA batteries.

Frame: Aluminum

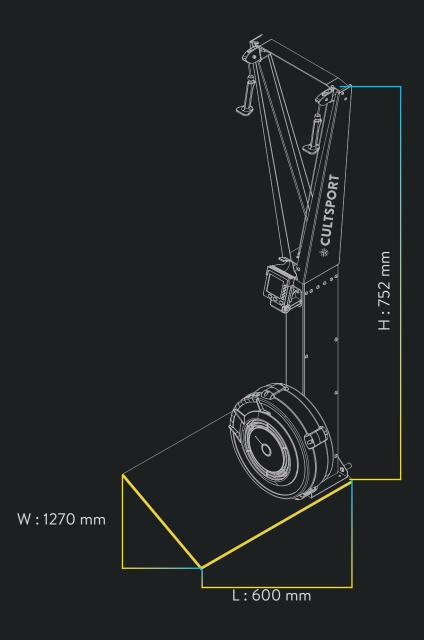
Finish: Powder coat

Color: Scheme Black

Machine Weight Ski: 20.9 kg

Floor stand : 16 kg





### AIR BIKE







Air Bike is scientifically designed to achieve perfection regarding upper as well as lower body workouts. It is an ideal machine to achieve your cardiovascular targets and workout goals in a safe and secure manner. The seat is adjustable and comfortable. The machine is designed in such a manner, that it functions smoothly and silently. The machine is well equipped to suit the requirements of all the users.





DIGITAL MONITOR WITH PRE-LOADED WORKOUTS



**RUBBER DIPPED HANDLES** 



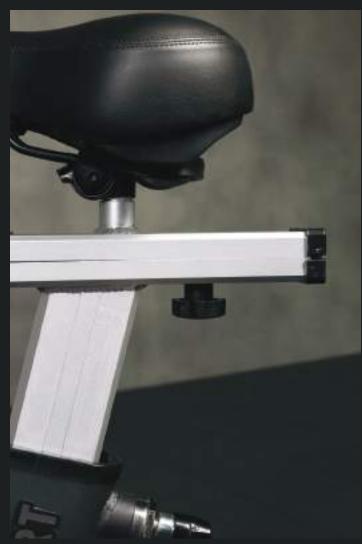
PORTABLE



PADDED SEATS



**PEG ATTACHMENT FOOT RESTS** 



4-WAY ADJUSTABLE SEAT- HORIZONTAL



4-WAY ADJUSTABLE SEAT- VERTICAL

#### Pre-Built Programs:

- Quick Start, Competition Racing, Interval/ Tabata, Target Time, Target Distance, Target Calories, Target Strokes, Target Heart Rate, and more!
- Durable construction and easy to maintain.
- The flywheel design minimizes noise while maximizing a smooth feel.
- Pushing, Pulling, and Pedaling can all be done
  with the Air Bike. This activates muscles in your
  arms, Chest, back, legs, and even your core for
  strong abs! Quickly burn calories with a fullbody workout.

Name: Air Bike CS-T3

Dimensions: 1293 x 592 x 1229 mm

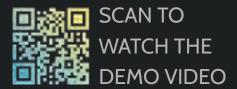
Resistance Adjustment Method : Magnetic

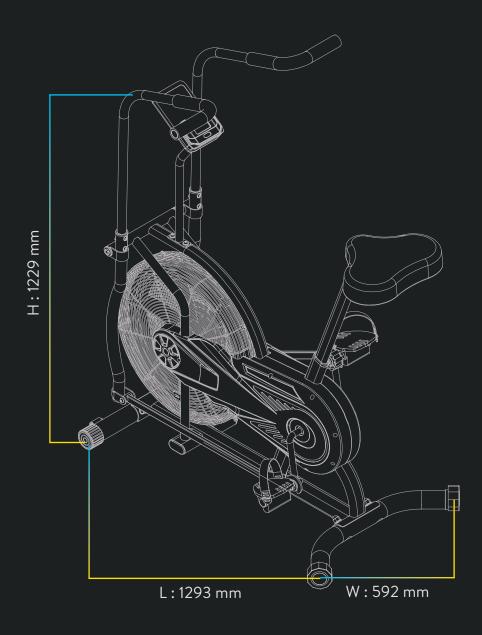
Screen: LED Keyboard

Display : Time, Display, Calories etc

Sport Model : 10 models

G.W & N.W : 55 kgs & 65 kgs





### COREMILL





CoreMill is specifically designed for a variety of Sled workouts to suit the athletes needs, including Sled Pull, Sled Push, Sled Drag, along with high performance of running. Twin Resistance system helps users to empower the core muscles, and Dynamic Tracking System provides motorized adaptive resistance which can be adjusted to make the exercise more targeted- whether for power development, muscular endurance or aerobic training.





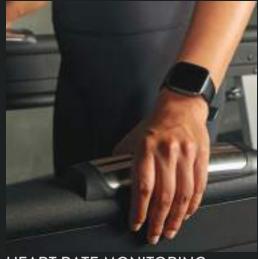
IN REACH CONTROLS



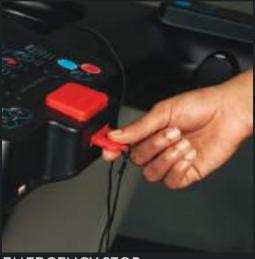
TRACKBELT



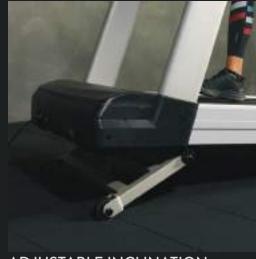
SPEED & INCLINE CONTROLS



**HEART RATE MONITORING** 



**EMERGENCY STOP** 



ADJUSTABLE INCLINATION



DIGITAL CONOLE

## Sled Training







**GEAR FOR SLED TRAINING** 



DETACHABLE ELASTIC BAND x 2

## **Functions**



MOTORIZED TREADMILL



UNIQUE REVERSE FEATURE

Name: CoreMill CS-M560

Dimensions: 1904 x 830 x 1790 mm

Controller: AC Servo Motor Driving System

Display: AD Tech L2 LED

Orbital Core-Bar : air shock + extra Elastic Rope

Running Area: 560 x 1560 mm

Lunrication Reminder: Standard

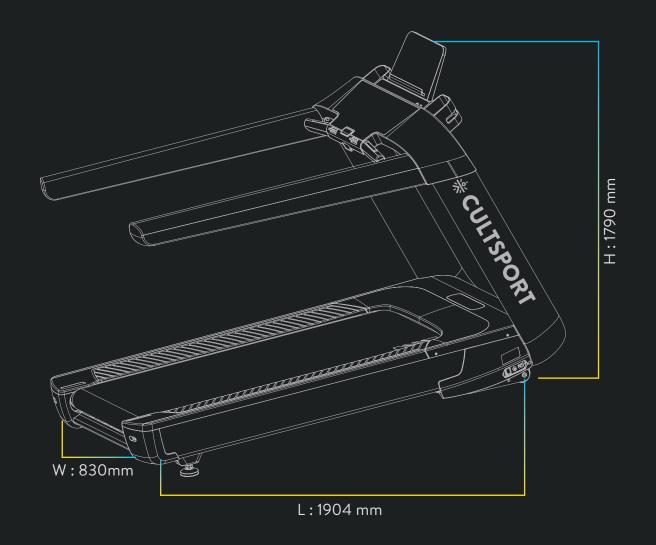
**USB Charger: Standard** 

Running Belt: Pre-Wax 2.5 mm

Running Deck: Anti-Friction 25 mm

Loading Capacity 20' / 40' HQ: 30 / 80 Set

Max User Weight: 160 Kgs



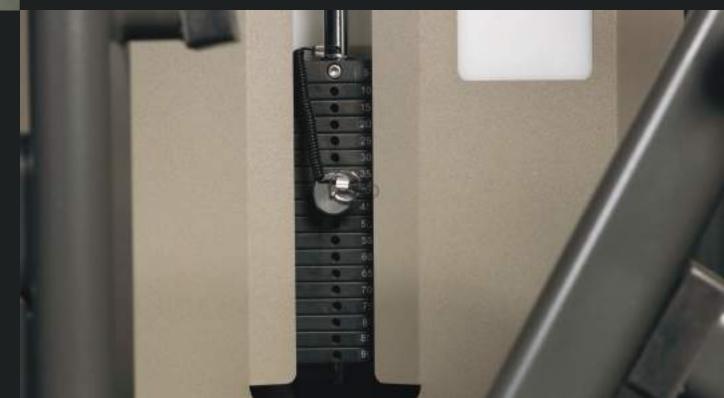






## **STRENGTH**

Cultsport Strength machines are built by keeping every type of user in mind. Our machines are designed with comfortable touch points and functional features, lending convenience and comfort to all fitness enthusiasts. The design details brings particular attention to biomechanics as a unique feature.



#### CHEST PRESS







The Cultsport Chest Press machine features a converging path of motion that allows the user to train through a complete range of movements and achieve better results. The independent arms provide balance strength development and adds variety in training. The seat and backpad can be easily adjusted from a seated position allowing different body types to experience a comfortable range of motion.





PHONE & BOTTLE HOLDER



**ERGONOMIC HANDLES** 



**CUSHIONED SEAT FOR SUPPORT** 





ADJUSTABLE SEAT

Name: Chest Press CS-G6801

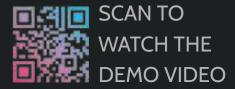
Dimensions: 1471 x 1395 x 1820 mm

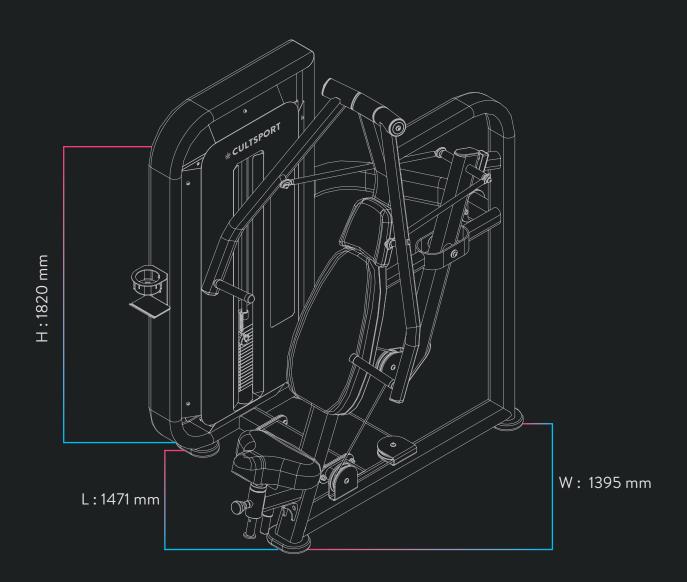
Color: Black silver & Flash silver black ash

Muscle Trained : Pectoralis major, Anterior Deltoids, Triceps

Weight plates: 90kgs

Tube Size: 150 x 50 x t2.0 mm



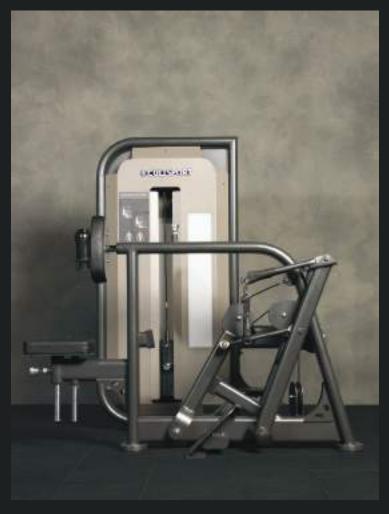




## FITNESS IS NOT AN OPTION



#### SEATED ROW







The Cultsport Seated Row develops the muscles of the back and the forearms. It is an excellent all-around compound exercise for developing the middle back while offering useful arm work as well. The seated cable row is performed on a weighted horizontal cable machine with a bench and footplates. It can be used as part of an upper-body strength workout.





**ERGONOMIC HANDLES** 









PHONE & MOBILE HOLDER



**CHEST PAD ADJUSTMENT** 



STABLE FOOTREST



**ADJUSTABLE SEAT** 

Name: Seated Row CS-G6803

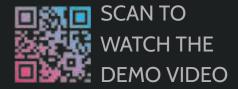
Dimensions: 1586 x 1073 x 1544 mm

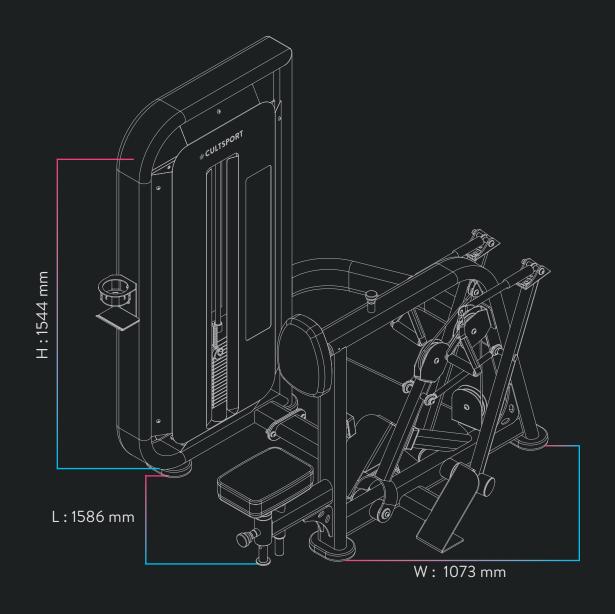
Color: Black silver & Flash silver black ash

Muscle Trained : The back muscles, trapezius muscle, biceps

Weight plates: 90 kgs

Tube Size: 150 x 50 x t2.0 mm







# BEAST MODE ON



#### SHOULDER PRESS







The Cultsport Shoulder Press delivers a targeted movement with an arm that is counter-balanced with a rear-set pivot designed to create a proper motion path and low starting lift weight. The unique ratchet adjustment fits all users and allows the seat to be easily adjusted from the start position. The various grip options allow for a wide range of user start positions and exercise variety





PHONE & BOTTLE HOLDER



**ERGONOMIC HANDLES** 



SEAT ADJUSTMENT



**BACK WEIGHTS** 



ACCESSIBLE INCREMENT WEIGHTS

Name: Shoulder Press CS-G6804

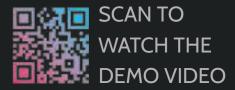
Dimensions: 1631 x 1485 x 1534 mm

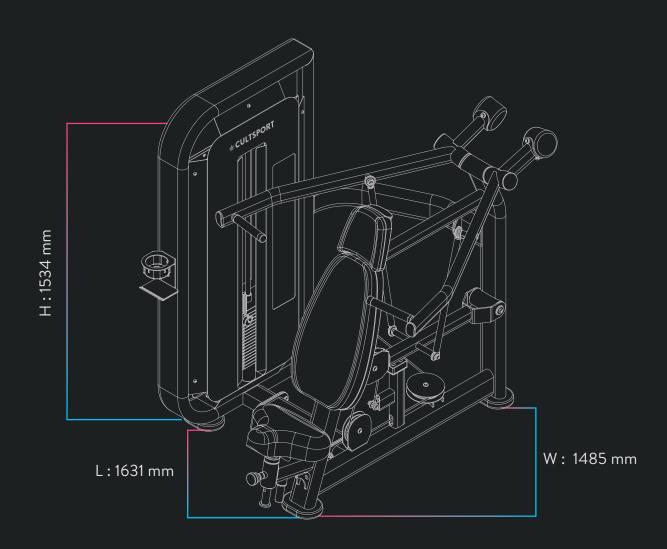
Color: Black silver & Flash silver black ash

Muscles Trained : Deltoids, Triceps

Weight plates: 90 kgs

Tube Size: 150 x 50 x t2.0 mm







# MAKE YOUR MOVE



#### LAT PULLDOWN







The Cultsport Lat Pull down machine focusses to strengthen the latissimus dorsi muscle, which is the broadest muscle of the back that stretches across the ribs. Diverging path of motion invites a complete range of movement for optimal training results. Independent arms provide balanced strength development and bilateral reciprocal training. The adjustable thigh pad optimizes performance for different body types and strength levels.





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**ERGONOMIC HANDLES** 



**ADJUSTABLE SEAT** 



ADJUSTABLE THIGH PAD



ACCESSIBLE INCREMENT WEIGHTS

Name: Lat Pulldown CS-G6806

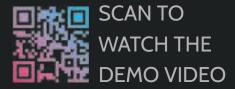
Dimensions: 1408 x 1322 x 1881 mm

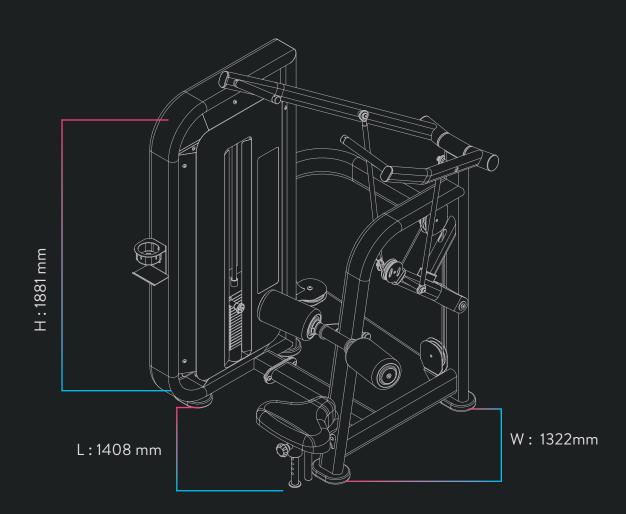
Color: Black silver & Flash silver black ash

Muscles Trained : Latissimus dorsi, trapezius, biceps

Weight plates: 90 kgs

Tube Size: 150 x 50 x t2.0 mm









## HUSTLE THOSE MUSCLES



## LEG EXTENSION







The Cultsport Leg Extension machine provides users a comfotable starting position while ensuring the resistance profile is always optimal. The angular seating makes it easy for users to get a natural and comfortable workout and also helps in relieving hamstring tension. The machine features effortless leg pad adjustment.













Name: Leg Extension CS-G6810

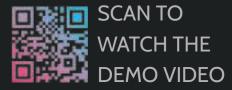
Dimensions: 1205 x 1120 x 1545 mm

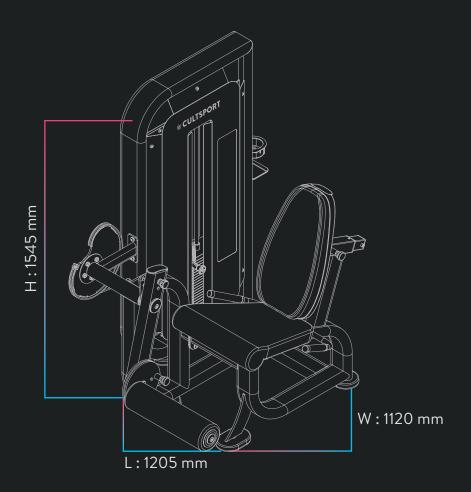
Color: Black silver & Flash silver black ash

Muscles Trained : Quadriceps

Weight plates: 100kgs

Tube Size: 150 x 50 x t2.0 mm







# WAKE UP TRAIN REPEAT



#### PEC FLY / REAR DELTOID







The Cultsport Pec Fly machine is ideal for increasing chest strength and muscle mass by targeting the pectoralis muscles. The unique feature of overhead floating pivot creates a biomechanical correct motion and accommodates individual forearm lengths. Optimized handle position reduces the need to adjust the seat between rear deltoid and fly exercise. The easy-adjust start position and dual hand positions offer exercise variety.





RANGE-OF-MOTION



**ACCESSIBLE INCREMENT WEIGHTS** 



SEAT ADJUSTMENT



**DUAL HANDPOSITIONS** 



**ERGONIMIC SEAT** 



**DUAL HANDPOSITIONS** 



PHONE AND BOTTLE HOLDER

Name: Pec Fly/ Rear Deltoid CS-G6813

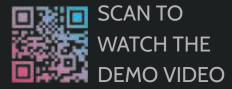
Dimensions: 825 x 2043 x 1136 mm

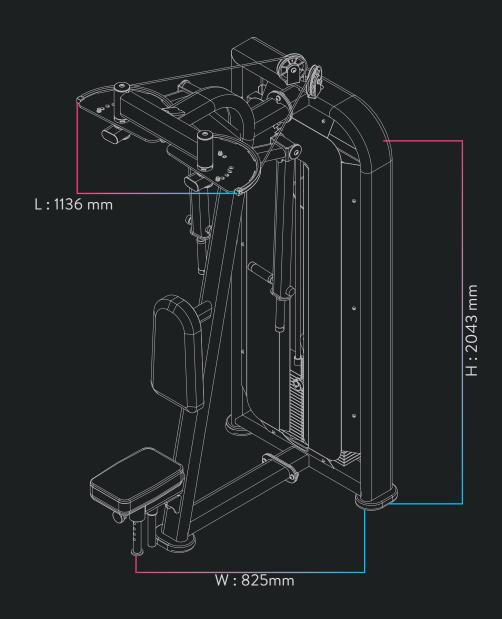
Color: Black silver & Flash silver black ash

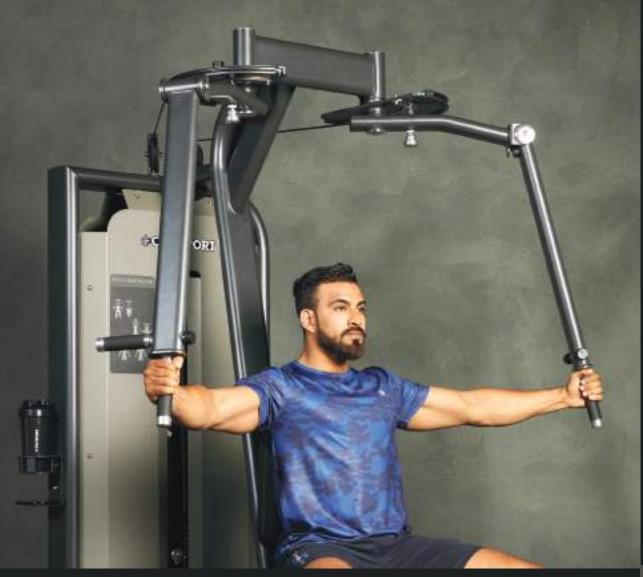
Muscles Trained: The pectoralis major muscle, trapezius muscle

Weight plates: 100kgs

Tube Size : 150 x 50 x t2.0 mm







## STRONGER THAN YESTERDAY



#### PRONE LEG CURL





The Prone Leg Curl features a diverging hip and chest pad angle, which minimizes lower back stress and helps maintain proper alignment. The ankle roller pad adjusts for varying leg lengths and ensures smooth and optimal resistance. The angled hip and chest pads on the Prone Leg Curl ensure proper alignment of the exerciser's knee with the pivot point to maximise comfort while isolating the hamstring.





**ERGONOMIC HANDLES** 



PHONE & BOTTLE HOLDER



**DIVERGENT ANGLE** 



ADJUSTABLE ANKLE ROLLER PAD



ACCESSIBLE INCREMENT WEIGHTS

Name: Prone Leg Curl CS-G6812

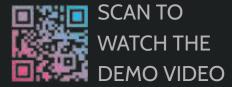
Dimensions: 1535 x 1140 x 1350 mm

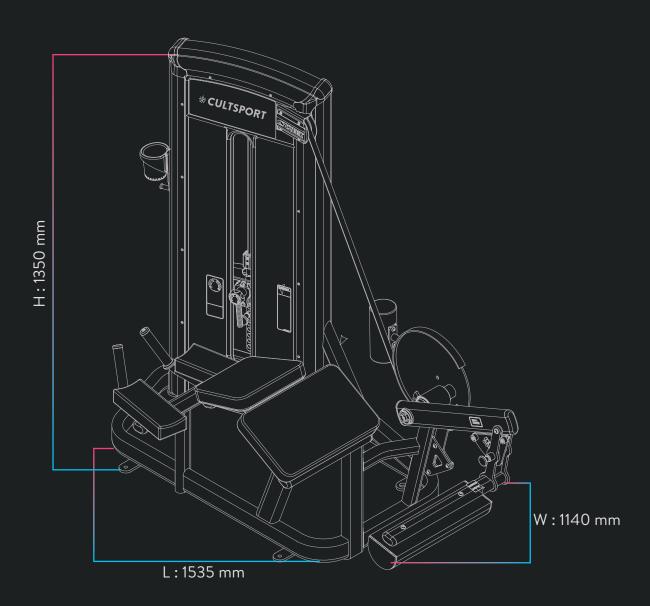
Color: Black silver & Flash silver black ash

Tube Size: 150 x 50 x T3.0 mm

Weight Stack: 100kg

Muscle Trained : Biceps femoris







# SWEAT NOW SHINE LATER



#### ASSIST DIP CHIN







The Cultsport Assist Dip Chin Machine is a fundamental part of the strength training progression. Foldable kneepads give the option for unassisted training, and multi-position handles allow exercise variation. The adjustable dip grips encourage proper wrist placement and muscle variation, while the large, textured multi level foot platforms make it easy to get on and off the machine.





MULTI-LEVEL FOOT PLATFORMS



ROTATING DIP GRIPS



FOLDABLE KNEE PLATFORM



MULTI-POSITION PULL-UP HANDLES



**ACCESSIBLE SUPPORT WEIGHTS** 

Name: Assist Dip Chin CS-G6851

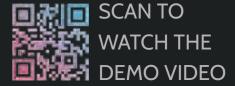
Dimensions: 975 x 1425 x 2230 mm

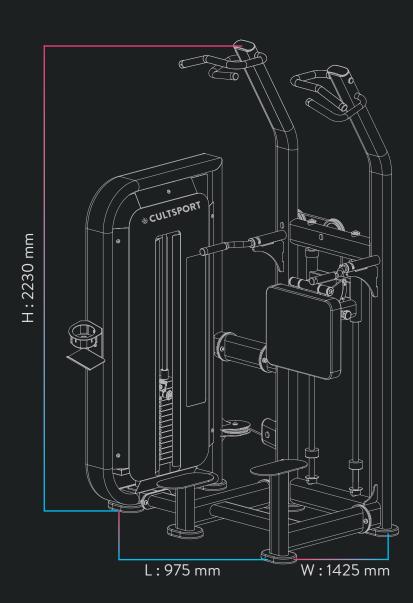
Color: Black silver & Flash silver black ash

Muscles trained: The whole body

Tube Size : 120 x 50 x t2.0 mm

Weight plates : 135kgs







# YOUR ONLY LIMIT IS YOU

\* CULTSPORT

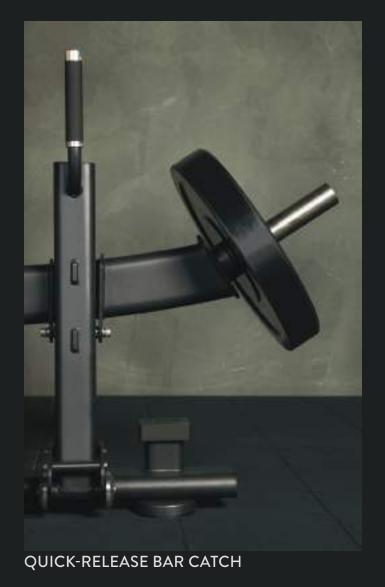


#### PLATE LOADED CALF RAISE





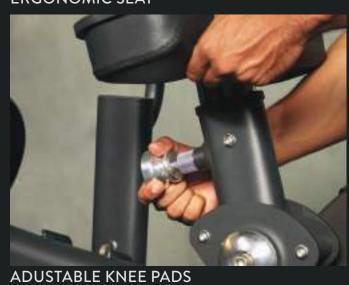
The Culsport Plate Loaded Calf Raise is designed to train the soleus muscle motions. It also has an adjustable thigh paid restraint to accommodate various exercisers. A comfortably curved and angled foot pad optimizes biomechanics, and a quick-release bar catch simplifies operation. The knee pads easily adjust for tibia length and range of motion.









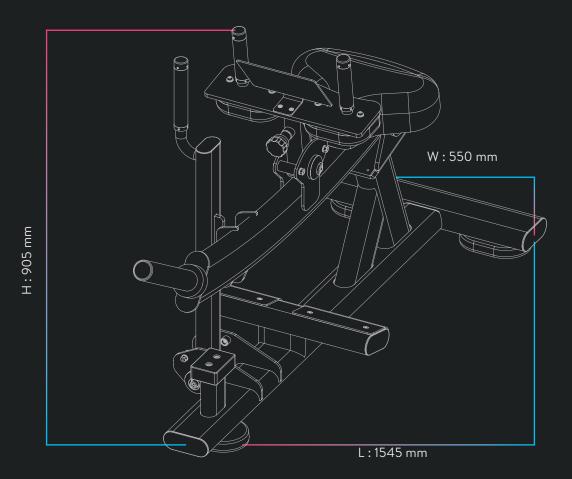


Name: Plate LoadedCalf Raise CS-G6910

Dimensions: 1545 x 550 x 905 mm

Tube Size: 120 x 50 x T3.0 mm

Muscle Trained : Calf muscle groups





# WE ARE CULT

\* CULTSPORT



#### PLATE LOADED LINEAR LEG PRESS





The Cultsport Plate-Loaded Linear Leg Press is designed to be easy to use and have a smooth linear leg press motion. It also employs a flip-in, flip-out mechanism to aid exercisers in use. allows you to overload weight and challenge your quads, hamstrings, and glutes in a more isolated way than a traditional barbell squat. The fixed pattern reinforces proper form that will transfer over to other free weight movements. Adjustable bottom stops provide long or short ranges of motion for all user heights. There are numerous seat adjustments to allow you to find your perfect position and muscle isolation. Seat cushions provide comfort, support, and durability.





WIDE FOOT PLATFORM



**ADJUSTABLE BOTTOM STOPS** 



**ERGONOMIC HANDLES** 



ADJUSTABLE BACK PAD



SUPOORT HANDLES



ADDITIONAL HORNS FOR EXTRA WEIGHT PLATE STORAGE



PHONE & BOTTLE HOLDER



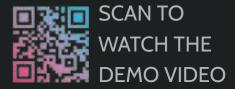
Name: Plate Loaded Linear Leg Press CS-G6874

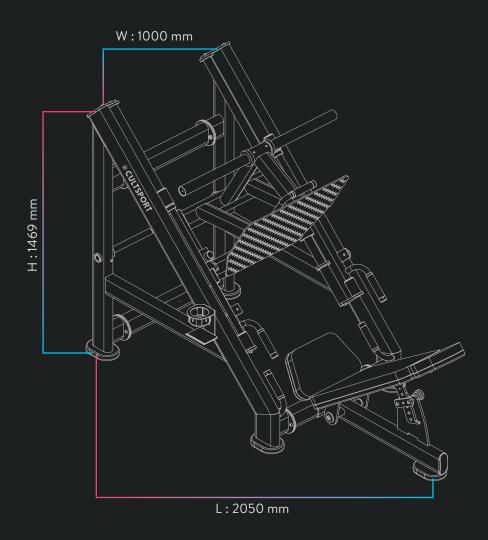
Dimensions: 2050 x 1000 x 1469 mm

Color: Black silver & Flash silver black ash

Muscles Trained : Leg muscles

Tube Size: 150 x 50 x t2.0 mm







## SET GOALS & CRUSH THEM

\* CULTSPORT



#### DUAL ADJUSTABLE PULLEY







This multi-exercise machine offers nearly limitless strength training options. The smart design of our Dual Adjustable Pulley provides a remarkable range of exercise options in a space-saving footprint. Multiple grip positions offer a comfortable, secure grip for a range of pull-up styles. Stainless-steel cable guides provide added protection for lasting durability. Optimized weight Stack: position to minimize product width without sacrificing the functional aspects.





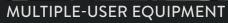


**ERGONOMIC HANDLES** 









Name: Dual Adjustable Pulley SH-G6820

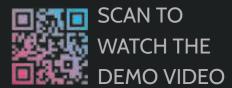
Color: Black silver & Flash silver black ash

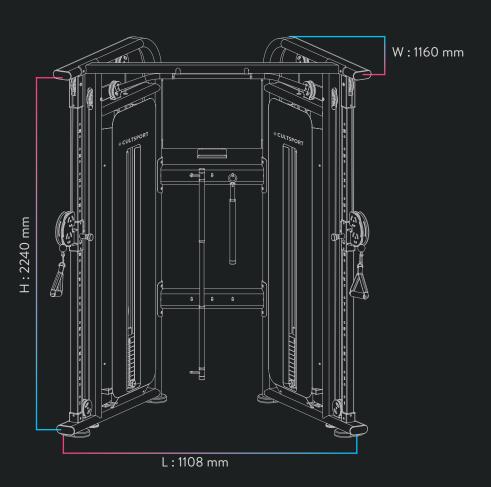
Dimensions: 1108 x 1160 x 2240 mm

Muscles trained : Multiple

Weight plates: 200kgs (2sets)

Tube Size: 120 x 50 x t2.0 mm







## SET GOALS & CRUSH THEM

\* CULTSPORT







# RACKS & BENCHES

Cultsport Racks and Benches offers a wide range of multi utility equipments for all users made with high quality durable material and comes with movable features.



#### HALF RACK / POWER RACK







The Cultsport Half Rack offers several workout possibilities for the upper as well as the lower body. Enhanced functional capabilities allow for Power Rack exercises as well as use of bands, chains, Torso Trainiers, Battle Ropes, Suspension Training and more. When paired with an adjustable bench and barbell, this unit can become the centerpiece of your home gym or a fitness facility with space constraints.





SPOTTER ARMS



**HOOKS FOR RESISTANCE BAND** 



HIGH QUALITY J HOOKS



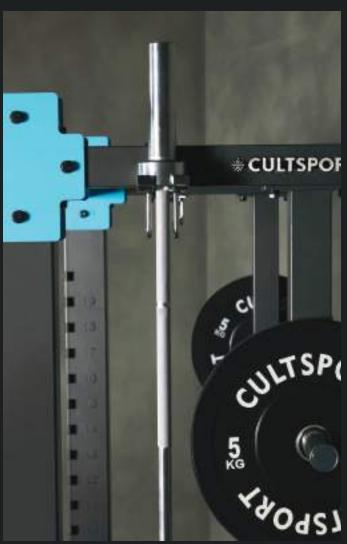
LANDMINE ATTACHMENT



**ADJUSTMENT BARS** 



**COLORED LOCKING PIN** 



STORAGE FOR ACCESSORIES

### **Functions**







Name: Half Rack CS-G8901

Dimensions: 1510 x 1465 x 2465 mm

Weight: 183KG

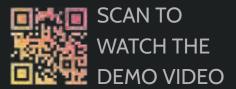
Main tube size: 125 x 75 x t4.0 mm

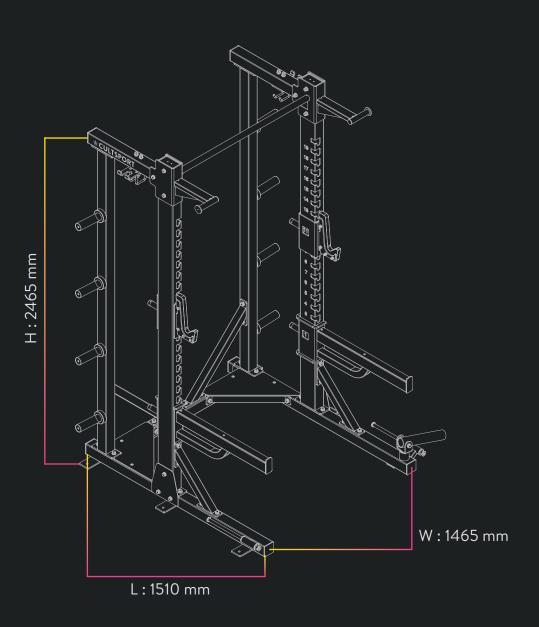
Color: Black & Blue

Material: Q235A Steel

Function: Barbell plates rack, universal barbell sleeve,

weight lifter rack, horizontal bar rack, elastic band rack.





#### GHD MACHINE





The Glute Ham Developer combines consistent performance and stability with smooth, precision adjustments and unique portability. This compact machine is a comprehensive tool for midline stabilization and the strengthening of hamstrings and glutes. Along with strengthening muscles within the posterior chain, GHD training allows one of the only safe ways to actively train your spinal erectors. GHD sit-ups also result in one of the most powerful abdominal contractions of any movement in the gym. The ankle roller pads are horizontally adjustable and the vertical position is in the ideal angle for peak muscle recruitment, benefiting any athlete who is training core power and strength. The 2 anchor points at the bottom of the GHD machine helps to harness resistance bands for extra increasing resistance in your workout.



ERGONOMIC HANDLES



**RESISTANCE BAND HOOKS** 



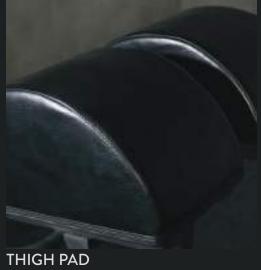
ROLLER PADS

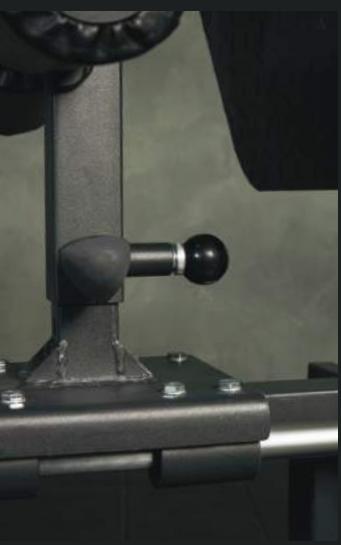


**EASY INGRESS** 



**ROLLER PADS ADJUSTMENT** 





**ROLLER PADS ADJUSTMENT** 

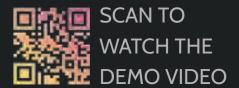
Name: GHD Machine CS-OK9115A

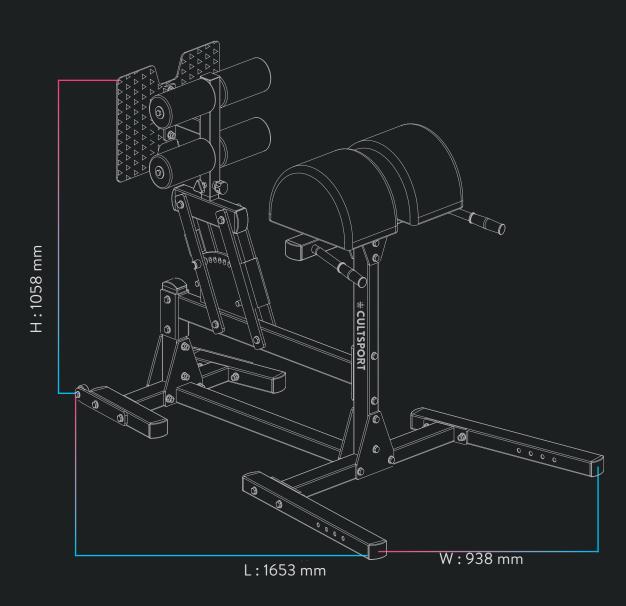
Dimensions: 1653 x 938 x 1058 mm

Material: Q235 steel

Muscles Trained : Hamstrings & Glutes

Tube Size : 50 x 50 x t2.0 mm









## COMMIT TO BE FIT

**<b>※CULTSPORT** 



#### TWO TIER DUMBBELL RACK





The Two-Tier Dumbbell Rack conveniently holds 10 pairs of dumbbells in each tray. Engineered for dumbbell protection, the newly designed saddles feature a concave lip that distributes contact evenly, prolonging dumbbell life. Ergonomically designed angled and offset trays for easy retrieval and resetting of dumbbells.



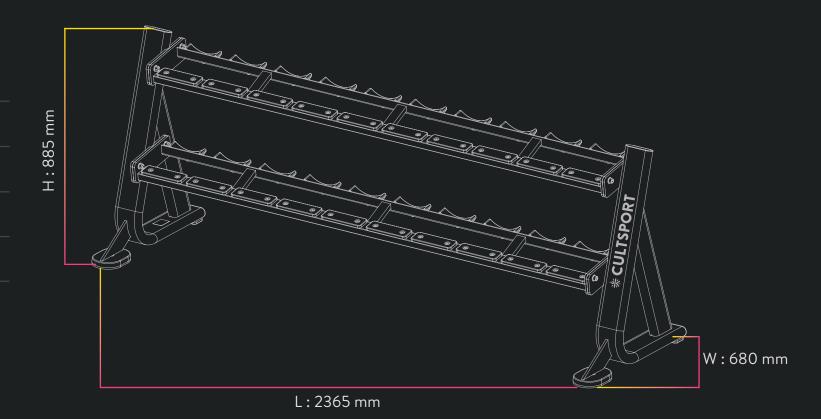
Name: Two Tier Dumbbell Rack S-G6884

Dimensions: 2365 x 680 x 885 mm

Color: Black silver sand grain

Usage : Place the dumbell

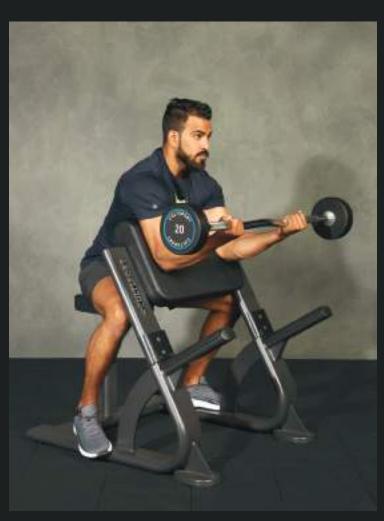
Tube Size : 120 x 40 x t2.0 mm



#### ARM CURL BENCH







The Cultsport Arm Curl Bench offers different positions for varied workouts and accommodates users of all sizes. It is designed to target and activate specific muscle groups in the arms and features an ergonomically angled seat for proper body positioning. It features oversized curl pads, ensuring that you maintain the correct lifting position during workouts while reducing elbow stress. It is suitable for building strong and toned biceps from the comfort of your home.



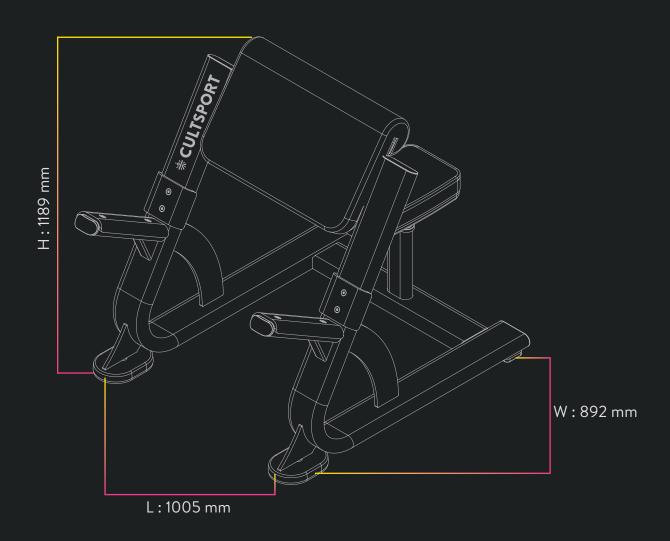
Name: Arm Curl Bench CS-G6859

Dimensions: 1005 x 892 x 1189 mm

Color: Black silver sand grain

Muscles Trained : Biceps

Tube Size : 120 x 40 x t2.0 mm



#### **UTILITY BENCH**







The Cultsport Utility Bench is an outstanding addition to any workout space. It features solid construction, versatile position on back pad and seat. The bench will enhance your upper body workout and is perfect for dumbbell and other strength training exercises.



Name : Utility Bench

Color: Black silver sand grain

Dimensions: 870 x 500 x 787mm

Tube Size: 120 x 40 x t2.0 mm



#### FLAT BENCH





The Cultsport Flat Bench helps to ensure stable body posture and prevents muscular injuries due to excessive pressure. It can easily hold the body weight with additional weights while you are training. It accommodates a wide range of fitness routines for a full-body workout in a small amount of space.



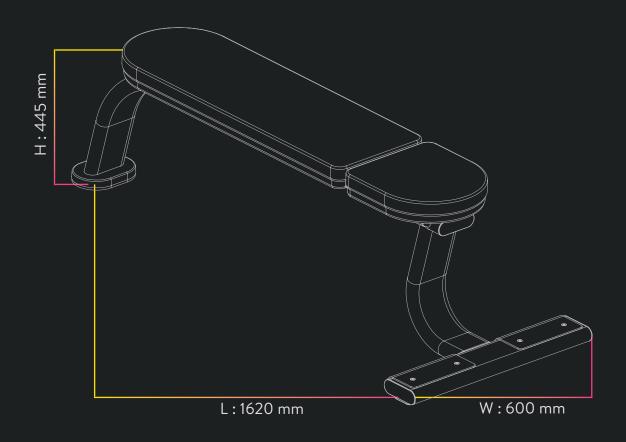
Name: Flat Bench CS-G6878

Dimensions: 1620 x 600 x 445 mm

Color: Black silver sand grain

Muscles Trained : Abdominal muscle

Tube Size : 120 x 40 x t2.0 mm



#### ADJUSTABLE BENCH



The Cultsport Mutli-Adjustable Bench is a sleek designed reclining bench with backrest and O - 70 degree seat angle settings that lets you perform various exercises, with or without weights and dumbbells. The back pad offers increased width to provide added stability during lifts. Easy to move with integrated wheels and handle.

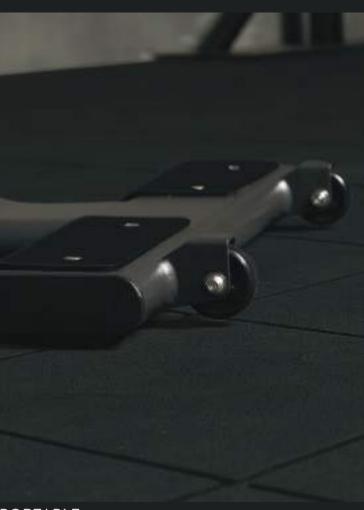




ADJUSTABLE SEAT & BACK PAD



SUPPORT HANDLE



PORTABLE

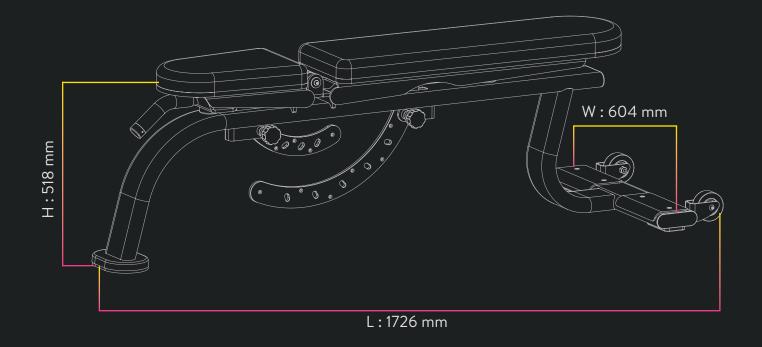


Name : Adjustable Bench CS -G6855

Dimensions: 1726 x 604 x 518 mm

Color: Black silver & Flash silver black ash

Tube Size: 120 x 40 x t2.0 mm





# ALL REPS MATTER



# BUMPER PLATE RACK

Bumper Plate Rack is a great solution for your bumper plate storage needs and helps keeping them organised and safe.

Name : Bumper Plate Rack

Dimensions: 1360 x 320 x 290 mm

Material: Steel

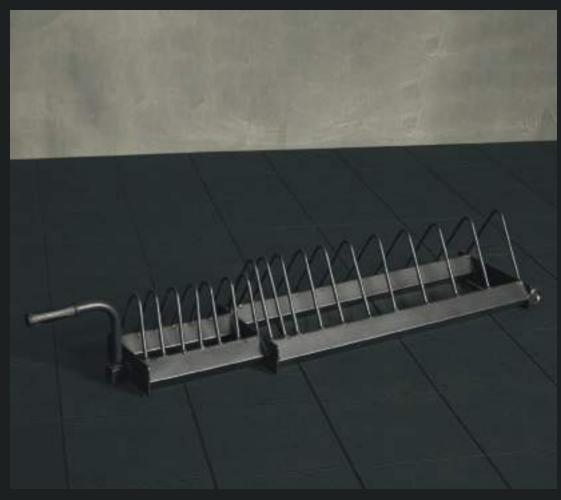
Color: Black

Main Tube : 5.0 x 5.0 x 2.0 mm





# Features



DIFFERENTIAL GRADED RACKS SIZING FOR VARIOUS PLATE SIZES



WHEELS FOR EASE OF MOVEMENT WITH A CONVINIENT HANDLE



### Barbell Rack

The Cultsport barbell rack is made using high strength steel tube and has a smooth internal finish. This rack is compact and utilises the available floor space optimally. This barbell bar rack features 10 pegs on each side to accommodate weights of different configurations, making it easier for athletes and exercisers to safely load and unload barbells easily. Designed for fitness centers and gyms, these barbell bar rack offers a safe and convenient solution to store the barbells.

Name: Barbell Rack CS-G6883

Dimensions: 905 x 925 x 1388 mm

Color: Black silver & Flash silver black ash

Tube Size: 40 x 120 x t2.0mm



# Features



SPACE OPTIMIZING DESIGN



PEGS ON EITHER SIDES TO HOLD BARBELL



HIGH QUALITY DURABLE MATERIAL





# **ACCESSORIES**

Cultsport Accessories and storage solutions provide the best in class features required for your training needs. Helping you to enhance your recovery and optimally utilising your workout area are the key features of this category.



### MASSAGE GUN

The Cultsport Massage Gun is ergonomically designed to fit perfectly in your hand. It features seven attachments to customize your recovery experience. Comes in an easy to carry case and is used by professional athletes.

Attachments and it's uses:

#### **AIR COMPRESSION HEAD:**

Suitable for relaxation and palsticity of three muscle parts

#### BALL HEAD:

For large muscle groups in arm, back, thig and calf

#### **FORK HEAD:**

Suitable for massage of necks, spine, achillies tendon

#### **CRESCENT HEAD:**

Suitable for whole body bones and muscle relax

#### DAMPER HEAD:

For relaxation and shaping of various muscle parts

#### FINGERTIP HEAD:

Trigger point head for pin-pointing specific areas of the feet or around joints.





# Features



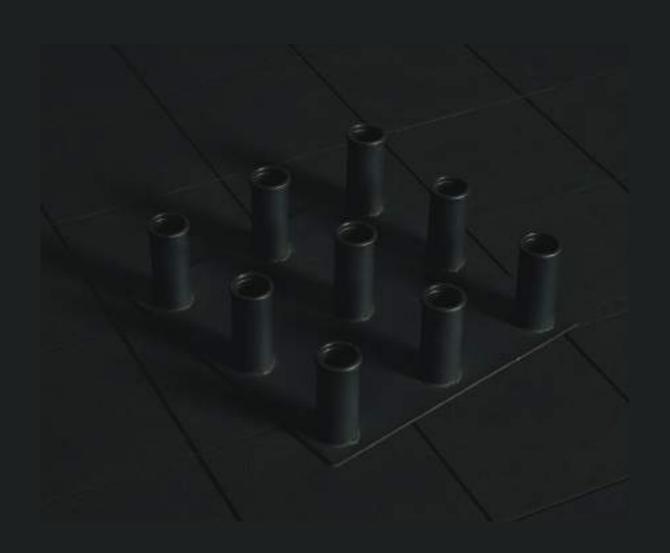
# BARBELL HOLDER

The Freestanding Barbell Storage balances and stores barbells in any of the slots without tipping. The base stays in place without mounting to protect your home gym flooring. The 9 Bar Holder can instantly organize and improve the efficiency of any training space. The vertical, sleeve-first storage design keeps your bars in an organised manner.

Name : Barbell Holder

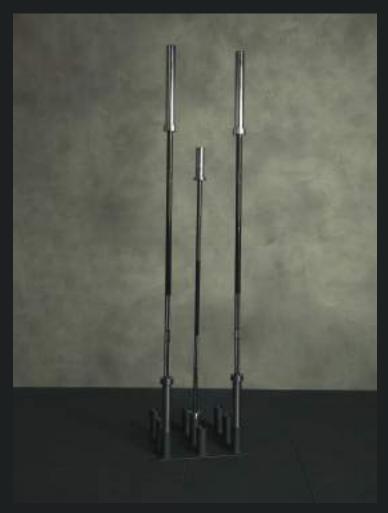
Dimensions: 18 x 18 inches

Material: Black Metal





# Features



SPACE OPTIMIZING DESIGN



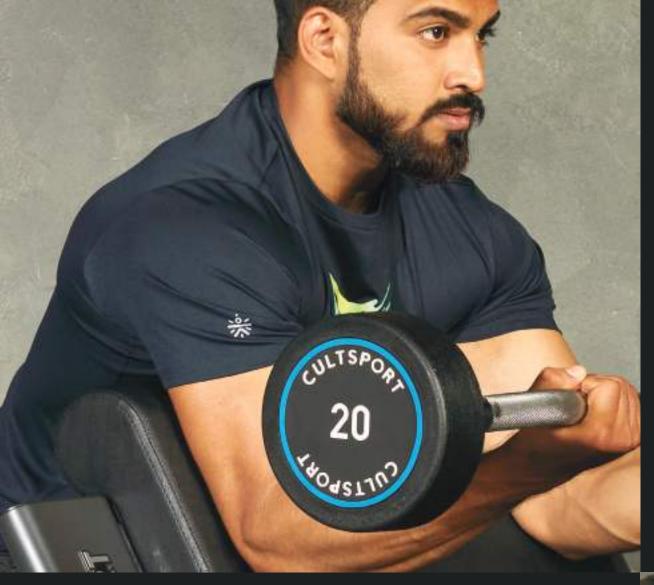
SLEEVE-FIRST STORAGE DESIGN



HIGH QUALITY DURABLE MATERIAL







# FREE WEIGHTS

Cultsport Free Weights include a wide range of ergonomically designed equipments made with high quality durable material and aesthetic features.



# DUMBBELL



UNIQUE DUMBBELL DESIGN WITH HIGHLIGHT RIM



ERGONOMICALLY DESIGNED KNURLING FOR BETTER GRIP

# FIXED CURL & STRAIGHT BARBELLS







ERGONOMICALLY DESIGNED KNURLING FOR BETTER GRIP

### **BUMPER PLATE**

The Cultsport Bumper plates make it easier to keep your plates organised and find the ones you need at a glance. These Bumper Plates are made up of high-quality Natural Rubber composition that results in low bounce with better impact absorbing properties.

These Rubber Bumpers plates fulfill the IWF Standard specifications, i.e. 450mm in diamter & 50.4mm collar opening with steel ring insert which allows you smooth loading -unloading & keeps your plates firmly in place even during intense training.







MADE WITH HIGH GRADE STEEL



CHEMICALLY BONDED



**OLYMPIC STANDARDISED COLORS** 



LOW BOUNCE AND IMPACT





# **MULTI-GYM**

Cultsport Multi-Gym equipments comprises of an extended range of machines which compliments the pre exixting range and completes the entire plethora of machine equipped workouts



#### Single Station



Name: Single Station CS-G5201

Tube Size : 50 x 100 x t2.0 mm

Dimensions: 1460 x 800 x 2080 mm

Weight Stack: 66kg / 11pcs

Main function: Chest Press, Seated Row, Pec fly, Lat pull down, Leg extension

#### 3 Station Home Gym



Name: 3 Station home gym CS-G5203

Tube Size : 50 x 100 x t2.0 mm

Dimensions: 550 x 2450 x 2080 mm

Weight Stack : 66kg(11pcs)

Main function: Chest Press, Seated Row, Pec fly, Lat pull down, Leg extension



### 4 Station Home Gym



Name: 4 Station Home gym CS-G5205

Tube Size : 50 x 100 x t2.0 mm

Dimensions: 2550 x 2450 x 2080 mm

Weight Stack: 156KGS(66+90kg)

Main function: Chest Press, Pec fly, Squatting, Parallel Bars,

Hanging Legs, Seat Rowing, Lat pull down,

Leg Curl

#### Luxury Single Station



Name: Luxury Single Station CS-G6501

Tube Size: 100 x 50 x t2.0

Dimensions: 1620 x 1000 x 2100mm

Weight Stack: 90kg

Main function: Chest Press, Seated Row, cable crossover,

Lat pull down, Leg extension



## **Upper Push Chest Trainer**



Name: Upper Push Chest Trainer Cs-G6901

Tube Size: 120 X 50 X T3.0 Mm

Dimensions: 1770 X 1450 X 1935mm

Muscle Trained : Deltoid, Anterior Deltoid, Triceps

#### Lower Push Chest Trainer



Name: Lower Push Chest Trainer Cs-G6902

Tube Size: 120 X 50 X T3.0 Mm

Dimensions: 1850 X 1550 X 1815mm

Muscle Trained : Deltoid, Anterior Deltoid, Triceps

#### Pulldown Trainer



Name: Pulldown trainer CS-G6903

Tube Size: 120 x 50 x T3.0 mm

Dimensions: 1560 x 1530 x 1880mm

Muscle trained : Back muscle groups, Biceps, Posterior

Deltoid

## Split Type Rowing Trainer



Name: Split type rowing trainer CS-G6904

Tube Size : 120 x 50 x T3.0 mm

Dimensions: 1250 x 1160 x 1195mm

Muscle trained : Back muscle groups, Biceps, Posterior

Deltoid

#### Shoulder Press Trainer



Name: Shoulder Press Trainer Cs-G6905

Tube Size: 120 X 50 X T3.0 mm

Dimensions: 1250 X 1290 X 1195 mm

Muscle Trained : Deltoid, Triceps

## Hacke Squat



Name: Hacke Squat Cs-G6913

Tube Size: 120 X 50 X T3.0 mm

Dimensions: 1760 X 1445 X 1620 mm

Muscle Trained : Quadriceps And Gluteus Maximus

## Biceps Curl



Name: Biceps Curl Cs-G6807

Color: Black & Silver Flash Silver Black Ash

Dimensions: 1457 X 1221 X 1543 mm

Muscles Trained : Biceps

Weight Plates: 60kgs

#### **Trainer Press**



"Name: Triceps Press Cs-G6808

Color: Black & Silver Flash Silver Black Ash

Dimensions: 1180 X 1130 X 1540 mm

Muscles Trained : Triceps

Weight Plates: 90kgs



### Seated Leg Press



"Name: Seated Leg Press Cs-G6809

Color: Black & Silver Flash Silver Black Ash

Dimension: 1768 X 1158 X 1545mm

Muscles Trained : Quadriceps, Glutes And Calf Muscles, Etc

Weight Plates: 90kgs

#### **Abdominal**



Name: Abdominal Cs-G6816

Color: Black & Silver Flash Silver Black Ash

Dimensions: 1579 X 1023 X 1688mm

Muscles Trained: Muscle Of Abdomen

Weight Plates: 100kgs

### Hip Abduction



Name: Hip Abduction Cs-G6819

Color: Black & Silver Flash Silver Black Ash

Dimensions: 1530 X 1340 X 1540mm

Muscles Trained : Lateral Thigh Muscle

Weight Plates: 90kgs

## Adjustable Cable Cross Over



Name : Adjustable Cable Cross Over Cs-G6852

Color: Black Silver Sand Grain

Dimensions: 925 X 3775 X 2290mm

Muscles Trained: The Whole Body Muscle Group

Weight Plates: 180kgs (2sets)

#### Smith Machine



Name: Smith Machine Cs-G6853

Color: Black Silver Sand Grain

Dimensions :2185 X 1485 X 2485mm

Muscles Trained: The Whole Body Muscle Group

## Olympic Weight Tree



Name: Olympic Weight Tree Cs-G6856

Color: Black Silver Sand Grain

Dimensions: 806 X 707 X 937mm

Tube Size : 120 X 40 X T2.0mm

#### Low Tension Trainer



Name: Low Tension Trainer Cs-G6868

Color: Black & Silver Flash Silver Black Ash

Dimensions: 1820 X 990 X 1770mm

Muscles Trained: The Deltoid Muscles Of The Back.

Weight Plates: 120kgs

#### Chin Dip Leg Raise Station



Name: Chin Dip Leg Raise Station Cs-G6888

Color: Black & Silver Flash Silver Black Ash

Dimensions: 1310 X 1170 X 2165mm

Muscles Trained : The Latissimus Dorsi And Teres Major

Muscle, Two Head, Lower Trapezius,

Rhomboideus



### Streching Machine



Name: Stretching Machine Cs-G6890

Color: Black & Silver Flash Silver Black Ash

Dimensions: 1392 X 684 X 1174mm

Muscles Trained: Shoulder, Chest, Back, Leg

## High Pull & Row Trainer



Name: High Pull & Low Rowing Trainer Cs-G6891

Color : Black & Silver Flash Silver Black Ash

Dimensions: 1521 X 823 X 2247mm

Muscles Trained : Latissmus Dorsi, Cucullaris, Biceps Brachii





corporate@cult.fit