

Title: Practicum & Internship

Summary: Sage Hill Counseling's therapist training program is the practical, character-based, and skills-based application of theoretical understanding about the profession of being a therapist. As an intern you are responsible for clinical work, community engagement and professional development.

Value. The value this role creates is:

- Effecting life change and social impact
 - Equipping and encouraging clients to live fully
 - Influencing the lives of clients and helping fulfill the Sage Hill mission
- Making Sage Hill an effective, energizing, and safe place to work
 - Being collaborative with team members improves client care
 - Doing your part on the team lightens the load

Accountabilities. This position is accountable to:

- clients
- peers
- on-site supervisor
- school supervisor & professors
- one's self

Responsibilities. There are three primary responsibilities to this role:

1. Clinical Responsibilities (18 hrs/week):

- Direct Client Care (15 hrs): provide consistent counseling to individuals, couples, and families; participate in occasional workshops, groups or intensives as needed
- Clinical Administration (3 hrs): keep good records in Simple Practice, client phone calls & emails, tie up loose ends
- Exceed ethical and clinical standards
- Daily this equates to five hours of direct client care (5 sessions held) and one hour of indirect client care (administration).

2. Community Responsibilities (3 hrs/week)

- Be an exceptional team member, build & maintain healthy working relationships
- Attend team meetings, contribute to other strategic tasks as assigned
- Live out Sage Hill's core values and hold others accountable to do the same.

3. Professional Development (3 hrs/week)

- Actively participate in case consult, professional development trainings, SH Foundations
- Receive supervision weekly and make contact with your supervisor regularly
- Develop competencies in multiple modes of therapy (i.e. couples, group, trauma, etc.)

Requirements

- Working toward a masters degree in social work, counseling, marriage and family therapy, or a related field of study
- Continued personal recovery
- Continued professional development

Skills & Work Environment

This person is . . .

- a servant leader with a passion for helping others succeed
- familiar with their personal recovery story
- a team player who wants to be part of a growing, life-changing organization
- a self-starter who is emotionally mature and enjoys being led but not managed
- proficient with technology across a range of platforms
- aligned with Sage Hill's Cause, Purpose and Values (see last page)

This person is able to . . .

- work well on their own and in a group of others
- receive supervision, coaching, and feedback from multiple managers and supervisors, and peers
- give feedback to leadership, supervisors, peers, interns or other therapists
- set and hold professional boundaries
- be adaptable in a sometimes ambiguous and disruptive environment
- give feedback and insight on processes that need improvement

Method (Mission)

Be a well-trained, client-centric, community of trusted and skilled professionals, informed by the Spiritual Root System that helps individuals, couples, and families live fully.

Cause (Vision)

Change the world one story at a time by helping people recover their hearts, redeem their stories, and transform their lives.

Niche

Life-changing counseling, coaching, and programs for individuals, couples, and families that disrupt the status quo and release the human heart.

Motto

You can live fully! We're here to help.

Core Values

Community

We have a team mindset. *We live and work in relationship with ourselves, others, and God. We believe 1 + 1 is greater than 2, and that we can always do more together than we can ever do alone.*

Flexibility

We accept that change is constant. *We work with one another to find common ground. As life changes we adapt.*

Autonomy

We each are our own person. *We lead ourselves and voice our needs. We acknowledge each others quirkiness and embrace our common differences.*

Humility

We ask for help and offer help. *We offer to ourselves, others, and God all we are, as we are, right now. We are really gifted and really limited people*

Truth

We do the right thing and we tell the truth with integrity, especially when it's hard. *We practice bravery in relationship. We endeavor to live with wholeness and without secrets.*

Passion

We are all in. *We are full-hearted people who are willing to walk through pain for something greater than the pain.*

Generosity

We are unselfish with our words, time, money, energy, and presence. *We offer gratitude for others through appreciation, honor, celebration, and respect. We give more of ourselves than we have to, because there is more than enough to go around.*