

# Hello MONTY

## **BRUNCH LUNCH**

**FRIED BRUSSELS SPROUTS 10 - GF DF V**  
charred lemon aioli

**CAESAR 10**  
niedlov's country loaf croutons, charred lemon, caesar dressing, parmesan  
add grilled chicken +6 | shrimp +8 | salmon +10 | flank steak +12

**ITALIAN SAUSAGE FLATBREAD 13**  
local sausage, banana peppers, red onions, vodka sauce, chili oil

**CAST IRON CHEESE DIP 13**  
dynamo lager, pickled banana peppers, oven roasted garlic cloves, grilled niedlov's country loaf

**MONTY EGG WRAP 13\***  
house flatbread, over hard eggs, tomato jam, cheese, lettuce, bacon, potato wedges

**EGG PLATE 12\***  
scrambled eggs, bacon, house biscuit, apple butter or raspberry jam, butter

**BISCUITS AND GRAVY 6.50**  
house made biscuit, italian sausage gravy | add egg +2

**HM GRIT BOWL 16\* - GF**  
anson mill's grits, scrambled eggs, anson mill's sea island red peas with tomato jam, pickled onions  
choice of protein: grilled gulf shrimp or veggie patty sub flank steak +3

**SWEET TEA BRINED CHICKEN SANDWICH 16**  
springer mtn farms' chicken, alabama white sauce, crispy onions, slaw, potato wedges

**HM BRUNCH BURGER† 18\***  
half-pound special blend double-stack patties, niedlov's egg bun, sunny egg, white american, special sauce, grilled onions, lettuce, tomato, pickles, wedge potatoes  
+ add bacon 1  
†sub green origin plant based burger

**COLLARD GREENS MELT 13 - V**  
niedlov's pan bread, sweetwater valley white cheddar, provolone, gruyere, parmesan, roasted garlic, potlikker au jus, potato wedges

**BRUNCH BURRITO 16\***  
scrambled eggs, grilled steak†, potato wedges, sea island red peas, guacamole, chorizo cheese sauce  
†sub green origin plant based crumbles | sub chicken +2

**MONTY FRENCH TOAST 13**  
lightly fried baguette, strawberry cream sauce, fresh strawberries & blackberries, powder sugar & cinnamon

**SUNNY ENGLISH MUFFIN 12\***  
niedlov's english muffin, sunny eggs, avocado cream cheese spread, pickled onions, herbs, roasted garlic, side greens

**CHICKEN SCHNITZEL SANDWICH 16**  
niedlov's hoagie, springer mountain farms chicken, sweet mustard, slaw, pickled onions, potato wedges

**VEGAN COCONUT PARFAIT 10 - V+ GF**  
charred strawberries and oranges, sorghum granola, toasted walnuts, cardamom powder sugar, basil, mint