

the cyclist

SNACKS

Rinkoff's 5 grain sourdough, smoked garlic butter (v)	4.5
Hummus, toasted pitta, Aleppo pepper (vg)	6.5
Cumberland Scotch egg, Tracklements piccalilli	6
Truffled hash browns, parmesan (v)	7

SMALL PLATES

Hoisin duck croquettes, 5 spice mayo, hoisin sauce	8.5
Baked Cyprus halloumi, Aleppo pepper, warm honey & thyme (v)	9
Salt 'n pepper squid, chilli, spring onion, aioli, lemon	9
Burrata di Puglia, roasted butternut squash, chilli, sage, lemon & herb oil (v)	10
Fried chicken, hot honey, sriracha, aioli, spring onion, sesame	9
Arctic king prawns, coconut, coriander, lime, toasted flatbread	9.5

SUNDAY ROASTS

West Devon lamb shoulder to share, Yorkshire pudding (perfect to share between 2/3)	63
Hereford rib of beef, Yorkshire pudding	25
Chefs roast - a trio of our roast meats, Yorkshire pudding	25
Herefordshire rump of beef, Yorkshire pudding	20
Mr Bosworth's of Ongar pork belly, Yorkshire pudding	19
Roast Suffolk chicken, Yorkshire pudding, pork, sage & onion stuffing	18
Wiltshire beetroot and chestnut wellington (vg)	18

All served with roast potatoes, roasted roots, seasonal greens, & gravy

LARGE PLATES

Venison & bacon sausage, buttered mash, tenderstem broccoli, onion gravy	16.5
Nourishment bowl, roasted winter squash, courgette, wild rice, green beans, chickpeas, wholegrain mustard dressing (vg) add chicken, halloumi or squid	12 3.5
North sea line caught haddock, our kitchen's triple cooked chips, mushy peas, tartar sauce	16

SUNDAY SIDES

Roast potatoes 5 Cauliflower cheese (to share) 7.5 Seasonal vegetables 5	
Yorkshire pudding 1 Pork & Sage stuffing 3.5	

