

A Warm Welcome is a Trauma-Informed Welcome

Webinar links



Fiona and Rae's email addresses and links to their organisations:

- rae.morfin@tlg.org.uk
- fionaeve@safefamilies.uk
- <https://www.tlg.org.uk/>
- <https://safefamilies.uk/>

Resources mentioned:

- Inside I'm Hurting by Louise Bomber (Touchbase is her organisation)
- Lisa Cherry- follow her on twitter
- hubofhope.co.uk/ is a directory of mental health services in your local area
- 'Dealing with Stress and Anxiety' and 'Caring for you' booklets are in the resources section of the Warm Welcome Spaces Dashboard
- You can access more resources about emotional health [here](#)
- [Free emotional first aid webinar training](#)
- [Free training on trauma-informed care for young people](#)

