

Eggs & Such

Eggs & Toast 13 GFO

Eggs how you like ‘em, seedy Bub ‘n Grandma’s toast, choice of jam, cultured butter. GF vegan bun +3

Bodega Sando 9 GFO

Squishy potato bun, soft scrambled eggs, Wisconsin cheddar sauce

Breakfast Sando 13 GFO

Bub N Grandma’s focaccia, melty sheep cheese, roasted tomatoes, eggs wow you like ‘em, s’chug sauce, herbs, herbs, herbs

Chickpea Shakshuka 17 GFO

Spiced tomatos and roasted red pepper, poached egg, warm crispy pita, labne, feta

French Toast 14

Bub ‘n Grandma’s focaccia, cinnamon, honey labne, seasonal jam

Breakfast Burrito 16.50

Wheat tortilla, scrambled eggs, Wisconsin cheddar sauce, HiLi hot sauce, labne, roasted tomatoes, fries + Bacon, Ham, Pork Sausage, or Maitake Mushroom

Brunch Fries 13 VO/GF

Hand-cut fries topped with 2 fried eggs & a little arugula salad, cuz you know... Health.

Sandos, Wraps & Toasts

Ubiquitous Avo Toast 13.5 V/GFO

Seedy Bub ‘n Grandma’s toast, smashed avo, s’chug, pickled onion, radish, furikake, herbs

New Burger 12.5 GFO

6oz burger, squishy potato bun, New School American cheese, shredded lettuce, garlic aioli, pickles, diced yellow onion

Maitake Tahini Toast 14 V/GFO

Seedy Bub ‘n Grandma’s toast, Whipped Miso Tahini, Roast Maitake Mushroom, Pomegranate Molasses, Herbs, Chili

A Good Turkey Sando 16 GFO

Turkey breast, prune mostarda, kewpee mayo, arugula, aged WI cheddar, Bub n Grandma’s seedy sourdough

Grilled Cheese 11

Aged WI cheddar, mozzarella, jack, labne, Bub ‘n Grandma’s sourdough

Lil Chicky 16

Fried chicken breast, labne, minty slaw, kewpee mayo, pickled onion, milk bun

Fish (Don’t Have) Fingers Sandwich 16

Fried wild snapper, kosho tartar sauce, yuzu slaw, milk bun

Crispy Hippy Wrap 15 V/GFO

Wheat tortilla, crispy brown rice, chili crisp, cabbage, roast broccoli, avo, carrot, tahini Dressing.

BTLA 15 GFO

Bub ‘n Grandma’s focaccia, bacon, roasted tomatoes, gem lettuce, avo, kewpee mayo

The Levantine Sando 16 GFO

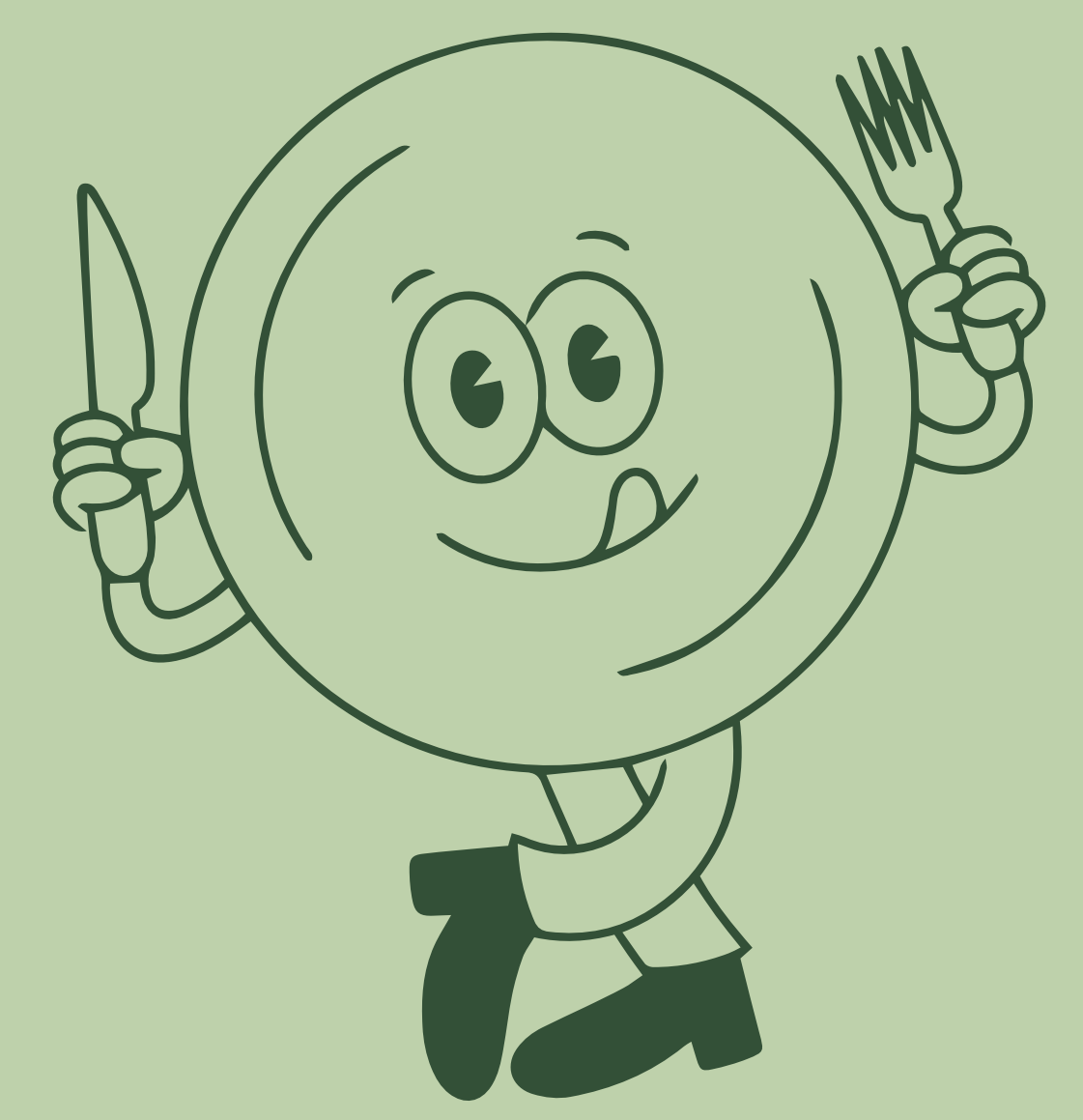
Halloumi, cucumber, roasted tomatoes, shaved red onion, arugula, za’atar, minty yogurt, harissa mayo, Bub N Grandma’s Focaccia

Tuna Melt Toast 16 GFO

Open face on Sourdough, oil-poached albacore tuna salad, chives, Korean chili, cheddar, jack, mozz, shaved bonito

PREFER GLUTEN-FREE BREAD? +3

highly likely
DAY & NIGHT



Not a Sando

Pibil Bowl 17 VO/GF

Achiote rubbed chicken, roasted peppers and onion, crispy tostada, feta, labne, fried egg

Crispy Hippy Bowl 15 V/GF

Roasted broccoli, crispy brown rice, chili crisp, cabbage, avocado, carrot, tahini dressing

Chicken Strips N’ Dips 15

Chicken strips, fries, hot honey and yuzu aioli.

Curried Black Rice Bowl 16 GF/VO

Black rice, sesame seeds, green curry dressing, roast butternut, roast maitake, cucumber, pickled onion, herbs, pink pickled egg

Kyoto Bowl 13 GF/VO

Brown rice and shiitake dashi porridge, sauteed kale, poached egg, chili crisp, pickled shiitake, frizzled onion, crispy rice

Seedy Granola 13 VO/GF

Our house-made granola. Just sweet enough. Straus Greek yogurt or Forager cashew yogurt, choice of jam, fresh fruit

Fish N Chips 17

Fried wild snapper, hand-cut fries, kosho tartar, lemon wedges & a simple side salad.

Seasonal Soup 9 GFO/V

Seasonal soup + Bub ‘n Grandma’s focaccia. *GF vegan bun +3

Salads

The Kale Salad 15 V/GF

Kale, miso lime dressing, butternut, cabbage, herbs, avocado, radish, cumin quinoa crispies, frizzled onion

“K.I.S.S.” (Keep It Simple Salad) 13.5 VO/GFO

Arugula, gem, yuzu vinaigrette, parm, sesame seeds, toasty croutons

Fattoushy Salad 16 VO/GFO

Chopped lettuce, cucumber, chickpeas, red onion, tart dried cherries, cripsy pita, feta, za’atar vinaigrette, pomegranate molasses

Vegan (Or Not) Caesar 13.5 VO/GFO

Arugula , gem, vegan Ceasar dressing, croutons. Vegan? Comes With Half Avo . Not Vegan? Comes With Parm

Simple Side Salad 6.5 V/GF

Arugula, gem, cabbage, yuzu vinaigrette, sesame seeds

Broccoli Chickepea Side Salad 6.5 V/GF

Broccoli, chickpeas, tahini, sesame seeds, togarashi

ALL DAY

Add-Ons + Sides

Bacon	4.5
Pork Sausage Or Ham	4.5
Grilled Halloumi	6
One Egg Any Style	3.5
Soft Scrambled Eggs	6
Half Avocado	3
Simple Side Salad	6.5
Fries	5.75
Fruit	7
Grilled Chicken Breast	5
Fried Chicken Breast	5.5
Fried Wild Snapper	7
Albacore Tuna Salad	7
Toast & Cultured Butter	4
GF Bun + Cultured Butter	6
Japanese Sweet Potatoes	6
Maitake Mushrooms	6

GF Gluten Free

GFO Gluten Free Option

V Vegan

VO Vegan Option

N Nuts



The Usuals

HOT OR ICED

Espresso	3.75
Americano	3.75
Cappuccino	4.75
Cortado	4.25
Latte	5.75
Mocha	5.75
Drip Coffee	3.75
Cold Brew	5.00

OUR MILK ALTERNATIVES ARE
OAT AND ALMOND +1.25

House Items

HOT OR ICED

Masala Chai Latte	5.75
Matcha Latte	5.75
Madagascar Vanilla Latte	5.75
Honey Lavender Latte	5.75
Fancy Seasonal Lattes	6

For your Health

HOT OR ICED

Chagaccino	8
A delicious blend of chaga mushroom, cacao, cinnamon, vanilla, monkfruit and espresso	
Tumerrific Latte	6
(Caffeine Free)	



Iced Teas

Hibiscus	4.75
Yunnan Black	4.75

Hot Teas

Hibiscus	4.75
Wild Rose	4.75
Green Genmaicha	4.75
Yunnan Black	4.75
Earl Grey	4.75

Other Beautiful Bevs

Mountain Valley	4
Bundaberg Ginger Brew	4
De La Calle Tepache!	4.25

Hot Chocolate	5
Delicious Orange Juice	5
Topo Chico	3.5

Mexican Coke	3.5
Kombucha	6
VINA	4.25

Wine by the Glass

House Pours	10 / glass
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Bubbles
White
Pink
Red

Fancier House Pours	13 / glass
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White
Skin Contact
Red

Wine Flight	18
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Three Pours of the fanciest stuff

Wine Cocktails

Mimosa	10
Aperol Spritz	12
Meyer Lemon Mommenpop Spritz	13

We'll open any bottle that off the wall for
a \$5 corkage fee.

We run a natural wine program and receive small
allocations from our amazing producers. This means
a fun selection that changes all the time!



Cold Beer

On draught:	
Rancho West Premium Organic Lager	8

Also check our cold case for our selection
of canned beers



7 Under 7 Highly Hour

Monday - Thursday 4pm - 7 pm

FOODS

Artichoke Fritto 6.99 v

Yuzu Kosho Deviled Eggs 6.99 GF

Hand-cut French Fries 5.75 GF/V

Cheese Fries 6.99 GF

Warm Marinated Olives 6.99 GF/V

Crispy Brussels 6.99 V/GF

Lil Chicky Slider 6.99

DRINKS

House Red, White, and Rosé 6.99

Rancho West Pint 5

Something Sweet?

Cookies 3.75

Miso chocolate chip or Seedy granola cookie

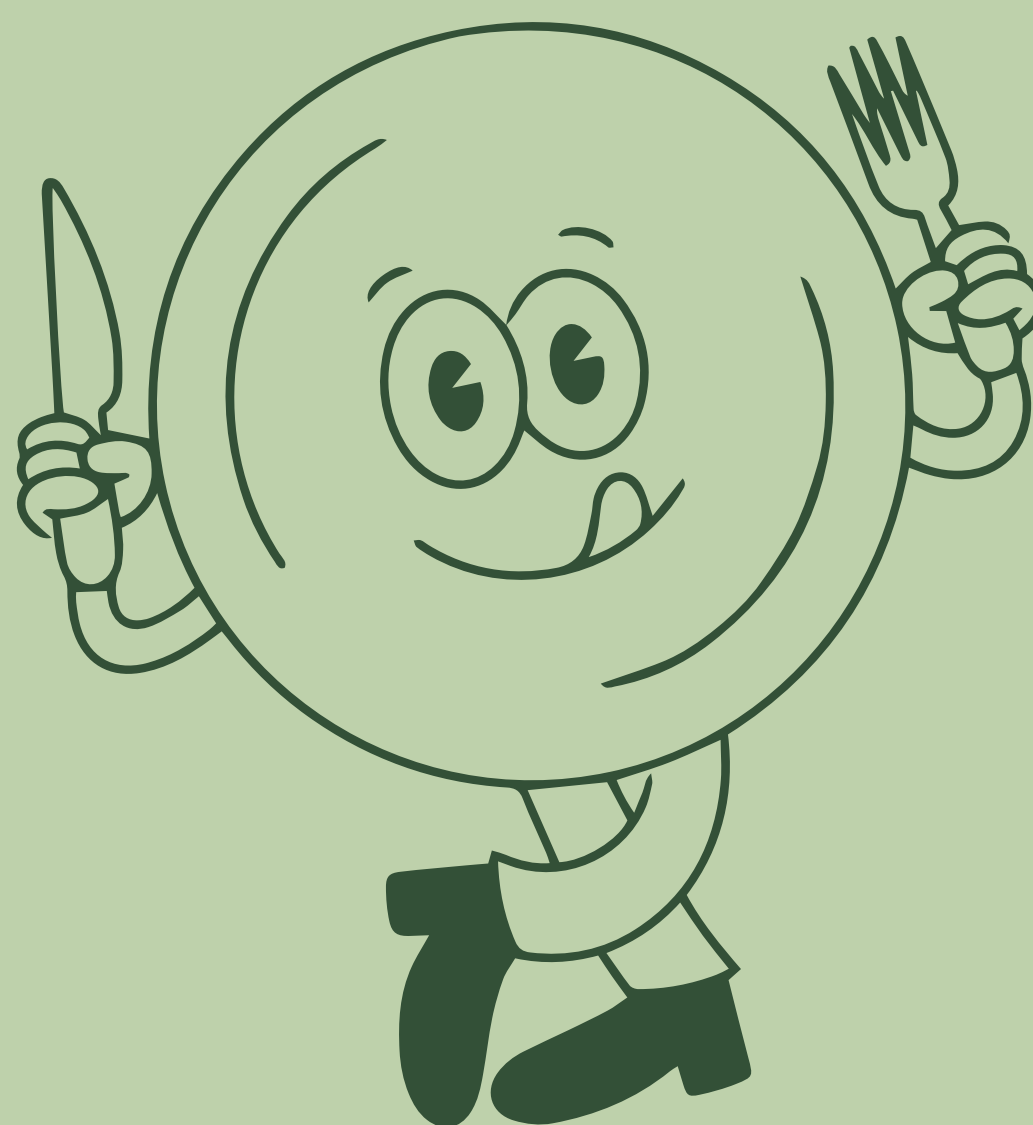
GF Gluten Free

GFO Gluten Free Option

V Vegan

VO Vegan Option

N Nuts



Snacks

Artichoke Fritto 8 v

Crispy fried artichoke hearts with togarashi and a lemon wedge

Cucumbers, Chili Crisp and Zesty Labne 10 GF/VO

Crisp persians and spicy house made chili crisp, cooled down w/ a swoop of zesty labne.

Crispy Brussels 9 V/GF

Crisped to perfection brussels sprouts-tossed with our chermoula sauce, maple syrup, toasted sesame seeds, and korean chili flake. Delicious with a beer!

Yuzu Kosho Deviled Eggs 8 GF

We whip the yolks with yuzu kosho and kewpee mayo for an eggceptional snack. (See what we did there?)

Hand-cut French Fries 5.75 GF/V

Don't overthink it, just go with it. Add wisconsin cheddar cheese sauce? +2

Warm Marinated Olives 9 GF/V

Castelvetrano olives marinated served ward in extra virgin olive oil, spices, garlic, and lemon peel. Some people we know like to call them "pizza olives".

Fried Halloumi Sticks with Hot Honey 9 GF

Like mozzarella sticks but about a million times better.

Mezze 16 VO

A true snack-attack satisfier! Fried pita, marinated olives, cucumber salad, and choice of 2 delicious dips: S'chug, Okinawan Hummus, or Harissa Labne

Creamy Burrata 16 GFO

Creamy burrata complimented by Bub n Grandma's toast, tomato jam, herbs, lots of olive oil, and furikake.

Bigger Bites

Crispy Rice Salad 12 V/GF

Crispy brown rice tossed with Persian cucumber, ninja radish, shredded carrot, cabbage, sesame seeds, togarashi, all the herbs, and a zesty AF miso lime dressing.

Gem Wedge 15 VO/GFO

Half-wedge of crisp gem lettuce, Bub n Grand-ma's breadcrumbs, chopped bacon, pickled red onion and minty yogurt dressing. Prefer it without bacon? Ask for avocado instead!

Fattoushy Salad 16 VO

Chopped Greens, Persian Cukes, Chickpea, Red Onion, Dried Tart Cherries, Cripsy Pita, Queso Fresco Za'atar Vinaigrette, and Pomegranate Molasses

Dressed Up Tin Fish 9 + Tin GFO

Buy one of our sexy tinned fish & we dress em up real nice! Comes with Bub n Grandma's toast, roasted grape tomatoes, cultured butter, lemon wedges, and escabeche pickles.

Seedy Schnitzel 16

Succulent chicken breast marinated in koji & rolled in a seeded panko then fried to perfection. Served w/ a lemon wedge, dollop of spicy dijon & a nice lil arugula salad.

Harissa Meatballs 16

A blend of grassfed beef and pork meatballs bathed in dinapoli tomato sauce and topped with feta cheese. Served with a zesty arugula caesar salad.

Lil Chicky Sando 16

Tempura fried chicken breast, zesty labneh, minty slaw, kewpee mayo, and pickled red onion, on a baby-bottom-soft milk bun.

Fish (Don't Have) Fingers Sando 16

Tempura fried or roasted wild caught snapper, kosho tartar sauce, yuzu cabbage slaw, all on a heavenly milk bun

Chicken Strips N' Dips 15

Way better than the ones you steal from your kids (or your friend's kids). Fried chicken strips and french fries served with hot honey and yuzu aioli.

New Burger 12.50 GFO 6oz

burger patty on a squishy potato bun. Topped with New School American Cheese, Shredded lettuce, Garlic Aioli, Kosho Pickles and Diced Yellow Onion

highly likely
DAY & NIGHT

NITE TIME

Wine by the Glass

House Pours 10 / glass

- Bubbles
- White
- Pink
- Red

Fancier House Pours 13 / glass

- White
- Skin Contact
- Red

Wine Flight 18

Three Pours of the fanciest stuff

Wine Cocktails

Mimosa 10

Aperol Spritz 12

Meyer Lemon Mommenpop Spritz 13

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Cappuccino 4.75

Cortado 4.25

Latte 5.75

Mocha 5.75



Drip Coffee 3.75

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Matcha Latte 5.75

Madagascar Vanilla Latte 5.75

Honey Lavender Latte 5.75

Fancy Seasonal Lattes 6

For your Health

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Chagaccino 8

A delicious blend of chaga mushroom, cacao, cinnamon, vanilla, monkfruit and espresso

Tumerrific Latte 6

Turmericc, ginger, cinnamon, coconut (Caffeine Free)

Iced Teas

Hibiscus 4.75

Yunnan Black 4.75

Hot Teas

Hibiscus 5

Chamomile Mint 5

Green Genmaicha 5

Yunnan Black 5

Earl Grey 4.75

Other Beautiful Bevs

Mountain Valley 4

Bundaberg Ginger Brew 4

De La Calle Tepache! 4.25

Hot Chocolate 5

Delicious Orange Juice 5

Topochico 3.5

Mexican Coke 3.5

Kombucha 6

VINA 4.25



DRINKS