

ROAD 2 MASTERY
ITINERARY



EXPLORE BETTER WAYS

The R2M is a learning journey for agile professionals that goes beyond theory: Upskill your facilitation, coaching, training and authentic leadership. It's about exploring together in small groups with extended professional guidance.

The journey is designed based on gold-standards in training and based on (neuro) scientific principles for effective learning.

That means your training will be truly effective and useful to you in practice.

The R2M is about making a **meaningful impact**. You will expand your global professional network and tap into **new opportunities.**

You're on the right path if...



I want a **training** that goes beyond theory.



I want to *explore* Agile with other professionals.



I want to *practice* coaching and facilitation in a safe setting.





R₂MI







R₂M II













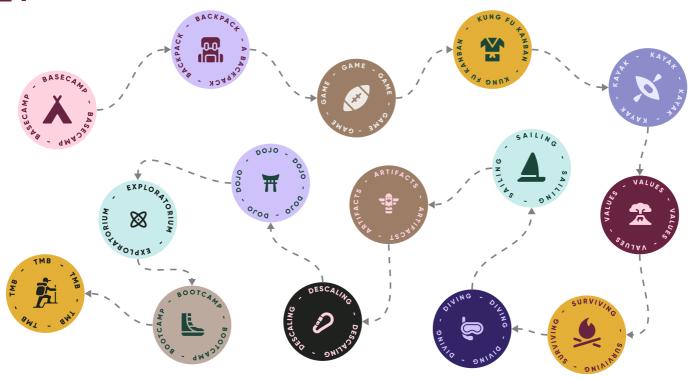
R2M Ⅲ







R₂M



01 BASECAMP

Whether you are a seasoned explorer seeking new horizons or a fresh-faced agile adventurer just beginning your quest, Basecamp is the perfect **starting point** for your transformative expedition.

At Basecamp, we welcome new explorers. Together we prepare you for the journey.

You will forge connections with fellow travelers who share your insatiable curiosity. Together, we will unveil the secrets of fostering **Psychological Safety**, a sanctuary that fosters trust and encourages you to boldly express your ambitions.





01 BASECAMP

Concepts

Plays

- Learning Journey
- Learning Modes
- ✓ Psychological Safety
- Playfulness
- Fear & Anxiety
- ✓ Self-confidence
- Fertile Soil

- ✓ Check-in/out ✓ Mad Tea Party
- ✓ Secret Leaves ✓ Holy Grail
- Sharing Tents Fill in the Blanks
- Missing Poster
- ✓ Bingo Card
- Honest Mistakes
- Tiny Monsters

Draw Connections

Kindred Spirits

Clean Setup

✓ Walk Across

✓ Before I Die

Travel Journal

- ✓ Stretch Break
- ✓ Backpack





02 AGILE BACKPACKING

Agile is a complex a landscape which can be traveled in myriad ways. This expedition is a transformative training into the heart of Agile Coaching, where the path to mastery is traveled through the Coaching Arc. This expedition is an invitation to **embrace empiricism**, embodying the spirit of exploration that resonates more with backpacking than roadmapping.

Let's practice rapport, empathy, active listening, and powerful questions.

Becoming skilled listeners, we will unlock mind vaults where every whispered thought holds the potential to shape breakthroughs. We'll tap into collective wisdom, unearthing insights that elevate teams toward their summit.





02 AGILE BACKPACKING



Concepts

- Agile Manifesto

 Active Listening
- ✓ Empiricism ✓ Powerful Questions
- ✓ Coaching Arc ✓ Meta Langauge Detection
- ✓ Cynefin ✓ Archetypes
- ✓ Simplicity ✓ Effective Communication
- ✓ Sustainability ✓ Commitment
- ✓ Fertile Soil ✓ Future Pace
- ✓ Empathy ✓ Motivation
- ✓ Rapport ✓ Customer Success

- ✓ In a Nutshell ✓
- Muddied Sign
- Oh Google
- Which Way
- ✓ Volcanic Activity
- Postcards
- Remove the bricks
- ✓ Mix & Match
- Closed Doors

- / Share a Tent
- Parables
- ✓ Human Chart
- ✓ Go Grab Share
- Compass
- Back to the Future
- Cocktails



03 GAME OF SCRUM

You'll step into the shoes of both learner and player, testing the rules as you uncover the purpose they serve. The beauty lies in experiencing the **essence** of Scrum through active participation, where the game unveils itself in its full splendor.

Here, you'll grasp the essence of professional practice firsthand.

Picture yourselves constructing a vibrant theme park with the Scrum Framework. So, muster your courage, ignite your curiosity, and prepare to unravel the secrets of **Scrum through play!**





03 GAME OF SCRUM

GAME GAME GAME

Concepts

- ′ Outcomes ✓ Scrum Values
- ✓ Value ✓ Focus
- ✓ Fertile Soil ✓ Self-Managing
- ✓ Waterfall ✓ Pillars
- ✓ Empiricism ✓ Accountabilities
- ✓ NNPDG ✓ Artifacts & Goals
- ✓ Project/Product ✓ Events
- ✓ Framework ✓ Definition of Done
- ✓ Pains ✓ Prerequisites

- Highlight ✓ Lego Game
- ✓ Verus,

- ✓ Impediballs
- ✓ In a Nutshell
- ✓ Try/Avoid
- ✓ Fill-in-the-blanks
- ✓ Key Takeaways

- ✓ Canvas
- ✓ Bandaids
- Missing Poster
- ✓ Spotlight
- Myths & Facts,



04 KUNG FU KANBAN

Master the art of Kanban. This expedition takes you on a path that blends ancient wisdoms with modern effectiveness.

You will be challenged to redefine your understanding of workflow dynamics. Much like a martial artist perfecting their kung-fu techniques, you'll delve into the essence of defining, visualizing, measuring, and optimizing **workflow**.

You'll learn to master your steps—pull, flow, and balance.

Get your ticket to unleash the workflow warrior within, in a way that transforms the mundane into the extraordinary.





04 KUNG FU KANBAN

AINDAIN

Queueing

Bottlenecks

Managing WIP

Kanban Spirit



- Visualizing Workflow ✓ SLE
- ✓ Managing Workflow ✓ Velocity
- ✓ Measuring Workflow ✓ Ordering
- ✓ Definition of Workflow ✓
- ✓ Flow
- ✓ Pull
- Done
- / Balance
- ✓ Little's Law

Plays

Mythbusters

Dojo

Secret Messages

Grandma Panda

- Cracking Nuts
- ✓ Bamboo Board
- ✓ Punch Bags
- ✓ Balance Stones
- Yin Yang
- Jenny vs Johnny
- ✓ Belts
- Traffic Lanes



05 KAYAKING THE VALUE STREAM

Embark on an extraordinary training expedition where the currents of value **flow** with boundless potential.

Picture yourself in a kayak (metaphorically) navigating the intricate waters of turning vision into tangible value. With **vision** and **validation** as both ends of your paddle, you'll translate visionary dreams into impactful realities.

As the river winds, you'll embrace the art of **focus**, skillfully **setting goals** forging your team with a collective purpose.

Let the flow of the currents guide you through the rapids.





05 KAYAKING THE VALUE STREAM

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Concepts

Flow

- Story Mapping
- ✓ Vision ✓ User Story
- ✓ Value ✓ Sizing
- ✓ Waste ✓ Product Backlog
- ✓ Validation ✓ Refinement
- EMB ✓ Validation
- ✓ Goal Setting
- Empathy
- Hypothesis

- / Kayaks
- ✓ Value Pyramid
- ✓ Cathedral
- ✓ Clear the Way
- Which Way
- ✓ Radar
- Empathy Map
- ✓ Stranded
- ✓ Stuck

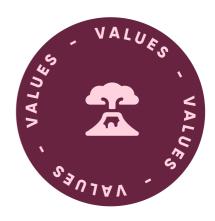
- Dog Poker
- Cat Thowing
- ✓ What the Duck

06 VALLEY OF VALUES

The journey through this valley demands a courageous leap—from the comforts of your desired expectations to the stark reality of how things truly are. It is here, in the midst of this chasm, that we find the courage to focus, to grip onto intent, and to embrace the challenges that test our resolve.

Here in the valley, commitment is our north star, we learn that **trust** is the cornerstone that empowers us to leap and support one another.

During this expedition, you will study some volcanic activity. Here the seemingly intangible Scrum Values transform into living, breathing realities. You will witness the profound **real-world impact** these values wield.





06 VALLEY OF VALUES

NATUES , VALUES , VAL

Concepts

- Safety Intentions & Behavior
- ✓ Focus ✓ Non-Violent Communication
- ✓ Courage ✓ Complacency
- ✓ Respect ✓ Drama Triangle
- Commitment
 ✓ Perspective
- ✓ Trust ✓ Steelman
- Land of Oz
- ✓ HSR

- / Acroyms
- ✓ Clean Setup
- ✓ Trust & Truth
- ✓ Lenses
- ✓ Volcanic Activity
- ✓ Story Dice
- ✓ Impact Craters
- ✓ POV Gun
- Circle of View

- Untold Stories
 Tiny Monsters
- ✓ Warfare



07 SURVIVING SELF-MANAGEMENT

A transformative island adventure. Traverse the landscapes of team dynamics, fostering the conditions that allow self-management to flourish. This island isn't just a destination—it's a catalyst for change.

Experience **empowering plays.** A treasure trove of insights, survival kits, and essential skills that empower you to create an environment where self-management flourishes. Target rigid rules and systems that hinder your team.

Learn how to uncover your team's **preferred work styles**—giving each member a unique voice within the harmonious chorus of collaboration.

The island is an uncharted realm and yours to explore.





07 SURVIVING SELF-MANAGEMENT

Concepts

- / Invitation Only
- Prerequisites
- ✓ Cross-functional
- Autonomy
- Accountability
- ✓ Empowerment
- Decision making
- Consensus
- ✓ Small Wins

Plays

- Treasure Map
- Tacos

✓ Backpack

✓ Beach Signals

✓ How I...

Office Raft

Magic Wand

Beach Bar

- ✓ Pirate Hat
- Message in a Bottle
- ✓ It's a trap!
- ✓ Stuck
- ✓ Wilson!





08 DEEPDIVING DEVELOPMENT

Plunge into a metaphorical deep sea expedition. Here, within the uncharted waters, we'll unravel the very essence of Product Development—an intricate dance of discovery, delivery, and **creative evolution**. Development Culture shapes the quality of the products you forge.

Development is a cross-functional symphony of innovation, problem-solving, and value creation.

We dive into a deep sea expedition exploring the themes of failure, safety, ownership, **complexity**, and **technical debt**. Dive into the undercurrents of Scrum, revealing the secrets that drive its pulse.





08 DEEPDIVING DEVELOPMENT

Concepts

- ✓ Error culture ✓ DTAP vs Micro Dosing
- ✓ Egos & Heroes ✓ Good housekeeping
- ✓ Technical Debt ✓ Clean
- ✓ Testing ✓ Whack-a-mole
- ✓ Bugs
- Mobbing
- Swarming
- Telemetry
- ✓ Branching & Merging

- ✓ Blue/Red Pill
- Yellow Submarine
- Remove the Shade
- Connect the Two
- ✓ Unexpected Encounters
- ✓ Ghost Trapper
- ✓ Radar
- ✓ Under the Rug
- ✓ Money on the Honey





09 SMOOTH SAILING EVENTS

Imagine yourself as the captain of a metaphorical vessel, embarking on a thrilling sailing expedition through the uncharted waters of Scrum's dynamic events.

By the end of this extraordinary voyage, you will be skilled at navigating **Scrum Events**.

Much like the ever-changing weather on the open sea, events can be challenging to navigate - especially when teams are storming.

Through this expedition, you'll become a master of the trade, learning to combine **facilitation and coaching** techniques.

So, weigh anchor, raise your sails, and set forth on course towards mastery.





09 SMOOTH SAILING EVENTS



Concepts

Sprints

- ✓ Burndown & Burnup
- Sprint length

 Kanban
- ′ Cancellation ✓ Aging WIP
- Accessibility

 Review Forum
- Multi-sensory
- ✓ Sprint Planning
- Daily Scrum
- ✓ Sprint Review
- ✓ Sprint Retrospective

- Buoys
- ✓ 5x5
- / Min Spec
- ✓ Banana Boats
- Mix & Match
- / Myth & Facts
- Missing Poster
- Lighthouse
- ✓ Surfboards

- ✓ Grab & Gab
- Stakeholder Missions
- ✓ Radar
- Celebrity Interview
- Fishbowl
- ✓ Sailboat
- Hot Air Balloon
- ✓ Kawaii
- Unboxing



10 EXCAVATING ARTIFACTS

Get ready to debunk ancient myths that might have obscured the path to true understanding by bringing artifacts into the light of the present.

Discover techniques for effective **Backlog Management**, as you illuminate the pathways of communication and collaboration.

As we delve deeper into managing work and delivering value, you'll learn to discern what truly constitutes an **increment of worth**, and what does not.

So, let's go canyoning, caving, and tomb raiding. But heed this warning—this adventure is not for the faint of hearted! There will be traps to sidestep, and who knows, perhaps even the occasional troll lurking in the shadows.





10 EXCAVATING ARTIFACTS

ARTIFACTS AND ARTIFACTS AND ARTIFACTS

Concepts

- Product Backlog
- ✓ Sprint Backlog
- ✓ Increment
- Product Goal
- ✓ Sprint Goal
- Defintion of Done
- ✓ Commitment
- ✓ Make Work Visible
- Transparency

Plays

- ✓ Product Backlog Management
- ✓ Sprint Backlog Management
- ✓ Probablistic Forecasting
- ✓ Impediments

Inspection

- ✓ Bat Signals
- ✓ Scrolls
- Enter the Tomb
- ✓ Holy Grail
- ✓ Pass the Guards
- Treasure Chests
- ✓ Flash Lights
- Ancient Artifact
- ✓ Spotlight
- Unlock the Shrine
- ✓ Secret Messages
- ✓ Terrible Trolls



11 (DE)SCALING THE SUMMIT

This expedition starts at the peaks of Agile at scale. Unveil the untold history of Scrum's roots in enterprise, where it is used as a **de-**scaling strategy, a force to counteract the gravitational pull of complexity.

Where many constants may will tell you scaling required big and complex approaches, we instead will show you how to keep it simple, with less, not more. **Simplicity** is the key to unlock the gates to sustainable growth.

While others tangle with increasing overhead, creating bureaucratic spaghetti monsters, you'll learn the art of **lean** and **focused** management.





11 (DE)SCALING THE SUMMIT



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12 COACHING DOJO

In this dojo, your ego will take a back seat so you can unlock the power of True You. This is a training ground where your coaching skills will be honed and elevated.

As you tread the road less traveled, you'll uncover the essence of **authentic leadership**.

Each participant's unique path will be illuminated with authenticity forged from the fire of **intrinsic motivation** and personal drivers. Dance through presuppositions, observations and interpretations, crafting a lens through which true understanding emerges.

With what ego will you enter the arena? and with what spirit will you leave?





12 COACHING DOJO

Concepts

✓ Detection

✓ Tribe

Observation

True Self

Milton Model

Anxiety & Safety

Stances

- ✓ Self-Limiting Beliefs

Modalities

Actively Passive

✓ Predicates

Ambition & Intention

- ✓ Authenticity / Style
- ✓ Influencing, Empahty & Rapport

✓ Logical Levels

✓ Resentment & Appreciation

✓ Egos

Carreer Coaching



- Closed Doors ✓
- ✓ Mix & Match
- ✓ Triz
- ✓ Self-assessment
- ✓ Troika

- Parables
- Peeling the Onion
- ✓ Bridge
- Venn Map
- ✓ Compliment Trees
- Lovely leaves





13 EXPLORATORIUM

Set your scopes and plot your scans. Engage complexity armed with insights from team surveys. Pinpointing strengths, areas for growth, and uncovering the path to high-performance teamwork.

Explore the **scientific research** on the effectiveness of self-management. Enable empiricism through **evidence-based management**. Study intricate team dynamics.

With the exploratorium you will bring facts to the Sprint Review.

Learn to use Scrum as a mirror to reveal the effectiveness of management. You can't argue with the mirror. Trust me, it always wins.





13 EXPLORATORIUM



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14 BOOTCAMP

Only experienced travelers on the Road to Mastery are summoned here.

In this arena, you are dragged through **difficult challenges** and thrust into messy situations.

As you face these trials, you'll need the courage to **grapple with adversity**, to stretch beyond your comfort zone, and to emerge stronger on the other side.

The path to mastery demands your unwavering dedication, your grit, and your unrelenting pursuit of excellence.

Prepare, valiant heroes, for the legendary Bootcamp.





14 BOOTCAMP

Concepts

- Modalities
 - Escalations

Live Action Assessment

Powerful Questions

Rapport

- ✓ Scrum Values
- ✓ Pillars
- Empiricism Applied
- Coaching
- Roleplay
- Stances
- Authenticity

- ✓ Fill-in-the-Blanks
- Lenses
- ✓ 2-Minute Challenge
- ✓ What If...
- ✓ Heavy Lifting
- ✓ Roleplay Scenarios
- Highlight
- ✓ Troika
- ✓ HSR





TOUR DU MONT BLANC

Go on an epic self-transcending hike: Tour du Mont Blanc (TMB). It's a 10-day, 170 KM trail (106 miles) with steep climbs and descents, crossing 3 countries: France, Italy, and Switzerland.

You'll bond with fellow travelers deepen your coaching skills, exchange strategies, and uncover fresh perspectives. Imagine, every vista unveiling new insights. Every challenge mirrors your professional hurdles. Every summit is a testament to your growth. You're not just conquering TMB; you're **creating bonds** that can last beyond your career.

Seize this opportunity to embrace growth, forge connections, and master agility like no one has before. The trail beckons, the Mont Blanc stands tall, and **your calling** is here. **Will you answer it?**





THREE LEARNING MODES



PRE-STUDY

Each participant prepares for the expedition individually by running through the instructions prepared by the guide.

You may help each other.

You can reach out to your guide for questions and support.



EXPEDITION

During the guided expedition you will be supported by a professional trainer.

The trainer will guide you through various concepts in an interactive way.

The trainer will encourage participants to learn together, generally in small groups.



INTERVISION

The participants review their learning in a self-organized manner. They choose when to meet, what to discuss and how to collaborate. This is often done virtually/remotely.

Participants are encouraged to discuss the practical outcomes. The Intervision provides opportunities to support each other.



VIRTUAL & IN-PERSON

Our learning journey is both <u>virtual and in-person</u>. We also offer virtual only journeys.

Our in-person trainings add a whole new dimension to learning. We even call it *4D* or *multi-sensory* training. It's a real experience - and that's how we learn best. We learn by doing - being active and playful.

Our trainers are not lecture-sauruses. Instead they stick mostly to the back of the room - giving you space to explore material and share stories of triumphs and trials, ambitions and apprehensions. We explore concepts through interactive play. Bonds are formed creating a network of support that extends long after the expeditions end.

The virtual platforms of choice are <u>Zoom</u> and <u>Miro</u>. Miro transforms the training into an immersive experience, enabling participants to engage in workshops, brainstorming sessions, and beautiful visual exercises - almost as if they were in the same room.

Our Miro expeditions are professionally designed - to really immerse participants. With Miro's digital canvas, the abstract concepts of Agile and Scrum take on concrete form, making it tangible. It's our playground. Discussions flow naturally, as if you were all seated around the same table. You will often pair up or form triads or little squads.



GUIDANCE





Your guide will help you navigate this course.

Do you have any personal needs or considerations for this journey? Please be open about this with your guide.

The guide will be considerate of your personal needs in full confidentiality.

Consider informing the guide about:

Language Proficiency: Please let the guide know if you are insecure about expression yourself in English. It is very common. If you have conditions like dyslexia that affect reading, you may let us know so that we can provide additional support.

Accessibility: If you have physical or virtual limitations that may hinder your access to the training, please inform us in advance so that we can make necessary accommodations to ensure your participation.

Connectivity: A stable internet connection is crucial for virtual training. If you encounter any connectivity issues, don't hesitate to reach out for technical support. Ensure your camera and microphone are configured correctly in the virtual conferencing system.

Introversion: We recognize that participants have varying preferences when it comes to group interactions. While some may thrive on interactivity, others may prefer independent work. By informing us of your preference, we can strike a balance between group and individual activities to cater to your learning style.



GUIDANCE





Cultural Sensitivity: Our training includes participants from diverse cultural backgrounds. If you have specific cultural needs, such as prayer times or dietary restrictions, please inform your guide so that we can respect and accommodate your requirements.

Health: Your well-being is important to us. If you have any health-related concerns or requirements, please advice the guide in how to provide the necessary support. Your guide does not need to know about the nature of your condition.

Caregiving Responsibilities: If you have caregiving responsibilities that may require flexibility in your attendance, please let us know in advance. We understand the importance of balancing personal responsibilities with training commitments.

Neurodiversity: If you fall under the neurodiverse spectrum and have specific needs or accommodations that would enhance your learning experience, please share how you would like to be accommodated. We are committed to creating an inclusive environment for all participants.

Diet: If you have dietary restrictions or preferences, please inform us. We will do our best to accommodate your dietary needs during in-person expeditions.

Your comfort and success in this training are of utmost importance. By sharing your specific needs and considerations, we can work together to ensure that your learning experience is inclusive, accommodating, and enriching.



TRAINING BASED ON SCIENCE

Are you tired of boring lectures - and do you want to attend a training where you will *feel* more than just your butt and legs getting restless? Then our expeditions are waiting for you! Our guides **pledge** not to rapid-fire slides dense with content, nor will they bore you with long lectures.

"There is one thing wrong with "trainers talk; learners listen" paradigm.

It has nothing to do with how humans learn. That paradigm serves three non-learning related purposes: makes information easy to deliver, evaluate, and easy to afford."

- Power of Paradigm | Training from the BACK of the Room!

Instead, you will acquire new knowledge and skills through training which is drawn from the latest <u>neuroscientific principles</u>. We...

- Encourage discovery and coloring outside the lines.
- · Provide opportunities for you to experiment.
- Enable you to learn from one another.
- Providide space and freedom for you to try.
- Get you thinking through doing.
- · Let you figure things out for youself.
- Step aside so you can step in.
- Make you the subject matter expert.
- · Get you moving and playing.

Engagement is inseparable from empowerment. Learning is an act of participation. So come tickle your neurons and tango your toes.





Kamila, Czech Republic Actum Digital

"R2M really made a difference. The journey was just amazing. I learned to take a stand, how to be a better Scrum Master, and to see the way clearly. I can help my team become the best version of themselves and provide client with the biggest value. The group helped me improve my communication and argumentation. I really see the difference at work. I am so grateful to be part of such a supportive group living the values. These were unbelievable months, we really became friends sharing even our life success."



Vailshali, USA Fidelity Investments

This global community of practice is such a treat. The course brings together threads of facilitation, agile culture, and scrum principles with best practices from a range of disciplines in co-active learning formats that are accessible and applicable across a range of environments. I love the way the course is framed as an adventure.

It brings me joy in my practice."



Amy, USA The Hartford

"I highly recommend joining a team of travelers on this journey. R2M provides me with a weekly dose of inspiration to try new experiments with top quality templates, and the conversation with other agile thinkers to discuss and share my experience. I am constantly discovering new approaches to coaching and having fun while doing it!"



Benjamin, Switzerland Hitachi Energy

"The R2M was **without a doubt the best** learning experience I had so far in my career. What a journey, what nice plays, what beautiful Miro Boards, what **awesome people!** The simple, short, small plays were very nice and could easily be put in practice. The journey helped me to learn from all the amazing other travelers and guides and in the process I could learn more about myself. I certainly got a lot more than I expected.""



Matt, USA EviCore Healthcare

"The Road offers a way to explore Agile and Scrum concepts together to develop a deeper shared understanding between individuals. It is not an assessment of knowledge but instead, it is a **learning journey**."



Elly, South Africa
Old Mutual Limited

What a journey this was! It was such an enriching and memorable experience filled with lots of *Ahal* moments that incorporated playfulness and inclusiveness as we shared our experiences. Absolutely loved that most of the concepts were covered in such a way that you could easily practically apply them to your context work wise."

Join a global community of explorers



Got any question? We are here to guide.



Evelien Roos +31 (0) 6433797756 eroos@xebia.com



Sjoerd Nijland +31 (0) 686884658 sjoerd.nijland@xebia.com





www.road2mastery.com