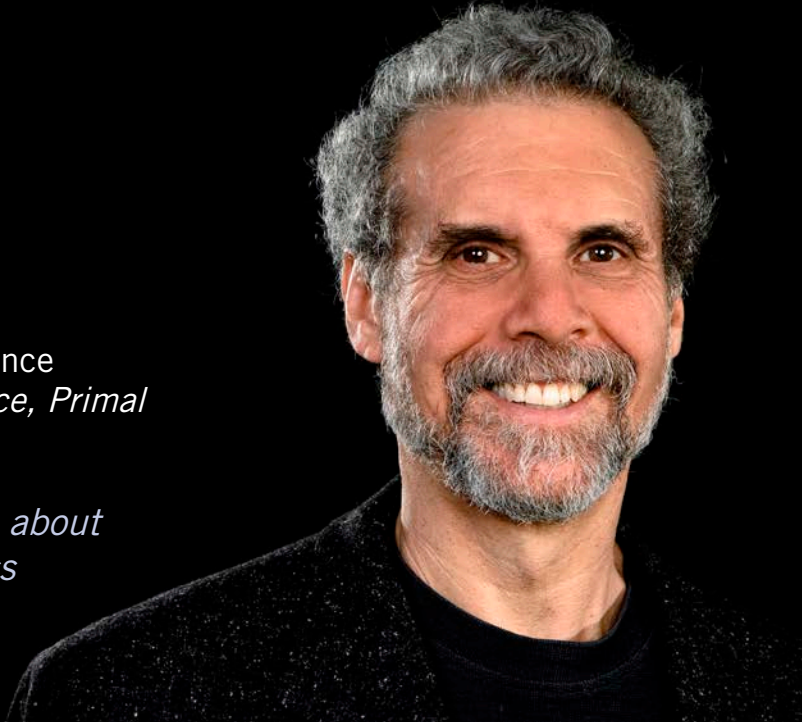


# Daniel Goleman

Leading Authority on Emotional Intelligence  
Bestselling Author, *Emotional Intelligence*, *Primal Leadership*, and *Optimal*

*Transformed the way the world thinks about  
education, relationships, and business*



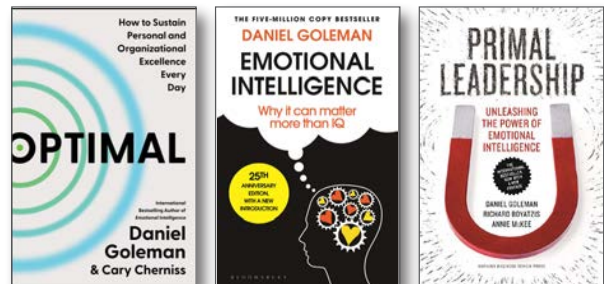
## Biography

Daniel Goleman is an internationally known psychologist and the bestselling author of the paradigm-shifting *Emotional Intelligence*. Ranked as one of the most influential business thinkers by *Financial Times* and *Wall Street Journal*, Goleman has transformed the way the world thinks about intelligence, relationships, leadership, and high performance in business and beyond. In his presentations, he rejects IQ as the sole measure of one's abilities and explains that by teaching people to tune in to their emotions with intelligence and expand their circles of caring, we can transform societies and organizations from the inside out and make a positive difference in our world.

more ►

## Topics & Books

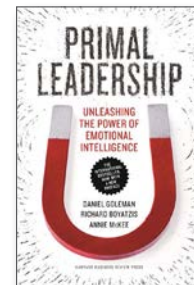
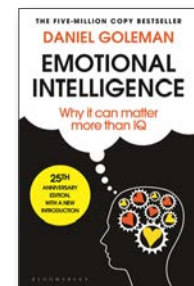
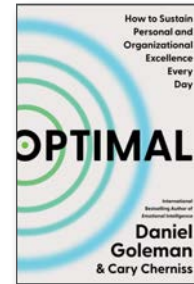
*Healthcare  
Wellness*



Goleman's newest book, written alongside fellow Leigh Bureau speaker Cary Cherniss, is *Optimal: How to Sustain Personal and Organizational Excellence Every Day*. Based on two decades of scientific research, *Optimal* shows how emotional intelligence holds the key to sustainable peak performance on both an individual and team level. Readers will discover how to have an optimal day every day and leaders will reach the final page equipped with the knowledge to build an organizational culture that empowers workers to sustain high performance. Goleman also co-authored the international bestseller *Primal Leadership* with Leigh Bureau speakers Annie McKee and Richard Boyatzis.

Upon its release, *Emotional Intelligence* maintained a position on the *New York Times* bestseller list for a year and a half, sold more than 5 million copies, and was translated into 40 languages. *TIME* magazine named it one of the 25 "Most Influential Business Management Books." Goleman's article "What Makes a Leader?" for *Harvard Business Review*, speaking to the direct ties between emotional intelligence and measurable business results, was chosen as one of ten "must-read" articles from its pages and remains the most requested reprint in the history of the publication.

Goleman's work on the brain and behavioral science has been nominated twice for the Pulitzer Prize and recognized with the Washburn Award and the Lifetime Career Award from the American Psychological Association. He was made a Fellow of the American Association for the Advancement of Science in recognition of his communicating science to the general public. A former science journalist for the *New York Times*, Goleman was named a top business guru by Accenture Institute for Strategic Change and to the 2011 and 2013 Thinkers50 list. In 2023, he was awarded the Harvard Graduate School of Arts and Sciences Centennial Medallion, the highest honor the school bestows, in recognition of his contributions to society.



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