"Seeing Green" Webinar Part 2 Information

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https://www.acha.org/NCHA/About_ACHA_NCHA/How_You_Can_Use_the_Data/NCHA/About/Using_Data.aspx?hkey=5031fe64-dde3-4389-920f-b37776af65f3.
(survey for students mental health that online people could use)

https://www.westga.edu/~distance/ojdla/summer172/barr172.html
Identifying and Addressing the Mental Health Needs of Online Students in Higher Education

https://www.bestcolleges.com/resources/college-planning-with-psychiatric-disabilities/.
A guide for students with mental health disabilities article

The uncertainty associated with a global health crisis like COVID-19 challenges everyone's ability to cope. This course will help you to build resilience and support yourself and others through this crisis by reviewing basic principles of providing psychological first aid, including how to recognize and manage stress in yourself and in others and how to lend support to family members, friends and coworkers during and following the COVID-19 outbreak.
https://www.redcross.org/take-a-class/classes/psychological-first-aid%3A-supporting-yourself-and-others-during-covid-19/a6R3o0000014ZIg.html

- https://www.apa.org/helpcenter/ APA Help Center
- https://www.jedfoundation.org/mental-health-resource-center/ (mental health resource center for young teens and young adults)
- https://artandhealing.org/stuckathome/
- https://www.activeminds.org/
- https://www.mentalhealth.gov/
- https://www.samhsa.gov/find-help/national-helpline
- https://landing.google.com/screener/anxiety
- https://suicidepreventionlifeline.org/

- https://www.collegetelehealth.com/online-anxiety-depression-counselor

Apps
ps://www.psycom.net/25-best-mental-health-apps/

Headspace
PTSD Coach
Calm (anxiety)
Schzophrenia App
NOCD (for OCD)
GGOC (for OCD)
Rise and Recover (eating disorder)
Mood Tool (clinical depression)
CBT Thought Record Diary
Self-Help for Anxiety Management (SAM)
https://www.ptcommunity.com/wire/wisdo-award-winning-emotional-wellness-platform-launches-largest-study-date-25-million-american
https://www.cactusinc.com/work/nod-app

Links from 1st presentation
- https://www.aucccd.org/assets/documents/Survey/2018%20AUCCCD%20Survey-Public-June%2012-FINAL.pdf
- https://www.insidehighered.com/digital-learning/article/2019/09/04/university-ramps-mental-health-services-distinctive-needs-online
- https://www.bestcolleges.com/resources/top-5-mental-health-problems-facing-college-students/
- https://www.westga.edu/~distance/ojdla/summer172/barr172.html
- https://www.helppro.com/HP/BasicSearch.aspx
- https://screening.mentalhealthscreening.org/post

- https://www.211.org/
- https://www.bestcolleges.com/resources/top-5-mental-health-problems-facing-college-students/
- http://www.halfofus.com/