

Kids Dental Tree

Post-Procedure Instructions

Oral Care After Local Anesthetic

If your child has received a local anesthetic during their dental treatment, please take note of the following important reminders:

1. Watch your child closely for at least two hours after receiving local anesthesia.
2. The teeth, gums, lips, cheeks and jaw bone will remain numb for some time. Remind your child not to chew, suck or scratch their face during this time as they may accidentally harm themselves.
3. Allow only drinks or soft foods until the anesthesia wears off completely.
4. Call our office if you have any questions or concerns! (907) 336-7337

Oral Care After Tooth Extraction

If your child has had a tooth pulled, please take note of the following important reminders:

1. Watch your child closely for at least two hours after leaving our office.
2. The teeth, gums, lips, cheeks and jaw bone will remain numb for some time. Remind your child not to chew, suck or scratch their face during this time as they may accidentally harm themselves.
3. Do not allow your child to rinse their mouth for several hours after the procedure and do not allow excessive spitting.
4. Do not allow any carbonated drinks OR drinking anything through a straw.
5. Allow only soft foods for a day or two until the area begins to feel normal again.
6. Remind your child to keep their fingers and tongue away from the area where the tooth was pulled.
7. If some bleeding occurs, place cotton gauze firmly over the socket and have your child bite down to hold the gauze in place for 10 minutes.
8. Give your child Tylenol or Motrin as directed to help relieve pain.
9. Call our office if you have any questions or concerns! (907) 336-7337

Oral Discomfort After a Cleaning

It is not uncommon for a child to feel tenderness, discomfort and even some swelling after a regular cleaning. This is most likely due to insufficient care of the teeth and gums on a daily basis at home. Careful brushing and flossing every day will help prevent this discomfort during future appointments. These tips will help relieve discomfort:

1. Rinse the mouth gently with warm salt water (1 teaspoon of salt dissolved in 1 cup of warm water.) Repeat 2-3 times per day.
2. Give your child Tylenol or Motrin as directed if you feel they need it.
3. Call our office if you have any questions or concerns! (907) 336-7337