

Outdoor Climbing 2019 Terms and Conditions.

Saaig Outdoors wishes to bring to your attention the following statement from the British Mountaineering Council:

"The BMC recognises that climbing and mountaineering are activities with a danger of personal injury or death".

Though we take every care to minimise these risks participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement."

- 1. You are informed that climbing is a potentially dangerous sport. Any persons climbing beyond their capabilities or using climbing equipment incorrectly are warned that personal injury may result.
- 2. When taking part in climbing activities please **BE AWARE OF OTHER CLIMBERS, THERE IS ALWAYS A RISK OF SOMEONE OR SOMETHING FALLING** e.g. **CLIMBERS or ROCKS FALLING AWAY**.
- 3. Neither Saaig Outdoors or any of its representative will be responsible for any injury illness or death sustained on our courses, nor will they be liable for any uninsured losses of client property.
- 4. ANY problems, accidents or incidents must be reported immediately to a member of Staff.
- 5. When taking part in sessions please inform the instructor of any pre-existing medical conditions that may have bearing on your abilities to climb.
- 6. Prior to climbing you must complete a disclaimer form and pre session medical questionnaire. Novice climbers must be under constant supervision by an approved instructor at all times whilst climbing.
- 7. All roped climbing must be carried out using an appropriate climbing harness. The rope must be attached to this using an appropriate knot, as indicated by the harness manufacturer. When belaying you must use an appropriate belay device and method. Waist belaying or belaying whilst sitting down are not permitted. Belayers should remain attentive at all times. You must not untie from the rope at any time whilst climbing. You must wear a climbing specific helmet at all times when climbing outdoors.
- 8. Fixed top ropes must not be removed from any climb and leading is not permitted during outdoor taster sessions.
- 9. Climbers should be aware that there is a risk of rock becoming displaced and falling away from the crag. If a piece of rock is loose please report it to a member of staff immediately.
- 10. When not actually climbing / belaying keep clear of hazard areas. Non members and spectators are not permitted in the climbing area, as stipulated by the instructor.
- 11. Smoking is not permitted during the session.
- 12. The sessions are supervised at all times, the instructing staff reserve the right to stop individuals climbing if their behaviour or actions are considered unsafe to themselves or others. Furthermore, we reserve the right to refuse to supervise any individual.
- 13. Saaig Outdoors reserves the right to change these conditions of use.