



FREDGIL



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FREDERICO GIL

ATP WORLD RANKING 62^o | WORLD CHAMPION MS35

Tennis is his greatest passion! A super-complete sport at all levels and that requires maximum dedication to reach the top.

Frederico Gil started playing at the age of 4, at home, on the family tennis court, where he usually saw his father, uncle and friends playing just for fun.

So the fascination with sport arose at this time and, besides tennis, football was another passion, but only one has prevailed until today.

Frederico Gil became a professional tennis player at the age of 18, and at about the same time, he joined the University of Medicine in Lisbon. He reached the 10th place in ITF Juniors in 2003, the 105th ATP Doubles in 2010, the 62nd in the ATP Singles ranking in 2011. Proudly recalls its participation in the Davis Cup at Centralito do Jamor. Also the human warmth and good energy during the final of the Estoril Open ATP 2010 and when he reached the quarter-finals at the Monte Carlo Masters ATP 2011, at the time he was among the 8 best tennis players in the world of clay.

He helped to elevate the name and status of tennis in Portugal. In addition he made the new generation believe it was possible to go beyond everything that had been achieved internationally until then.



 **Babolat**™



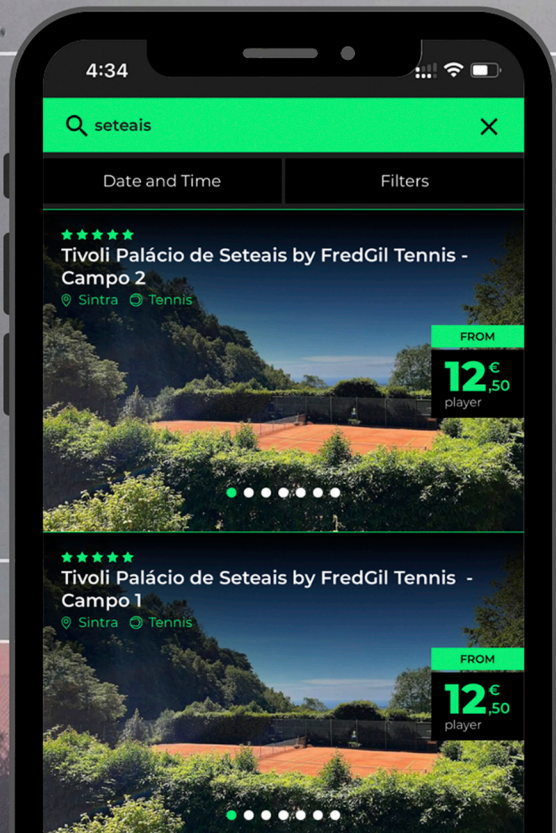
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**"FOCUS ON
EVERY SHOT."**

A.



Field



Colares

DIGITAL PARTNER

Field has been one of the first and main partners in the accomplishment of FredGil's dream and vision. With their help we have made it possible to offer seamless solutions, having Field handling and automating all processes, streamlining workflows, facilitating payments and offering all necessary operational support, making it easier and faster for all players, of all ages, to join and - as is essential - play tennis.



CASAL *Sta.* MARIA

THE MOST WESTERN VINEYARDS OF EUROPE

PROFESSIONAL & SOCIAL TENNIS EXPERIENCE

Casal Sta. Maria, Colares

Unique tennis concept created on our beautiful coast of Portugal. Our project is based in private courts, clubs, hotels and brands associated as part of it. Experiences will be held at local partners and based on our methods, we offer top quality tennis service. Book your private lesson with Frederico Gil and his Team. Individual or Group training. Competition, Corporate & Events. Holidays tennis programs available.



MAR DE ROSAS



PROFESSIONAL & SOCIAL TENNIS EXPERIENCE

Tivoli Palácio de Seteais, Sintra

Experience the delights of staying in a real 18th-century palace at the Tivoli Palácio de Seteais Hotel. The only luxury hotel in the old town, it's perfectly situated for discovering the manor houses and palaces of UNESCO-listed Sintra. And with its verdant gardens, mazes, tapestries, frescos and views, this unique hotel is a romantic location in itself.





QUINTA DA BELLA VISTA
Sintra

PROFESSIONAL & SOCIAL TENNIS EXPERIENCE

Quinta da Bella Vista, Sintra

Fred Gil signed an agreement with Quinta da Bella Vista Tennis Experiences were created and a new tennis concept around the hotels is starting. Tennis holidays programs will be available at some hotels and resorts.





FREDGIL



Vila Galé
HOTÉIS

PROFESSIONAL & SOCIAL TENNIS EXPERIENCE

Vila Galé Hotéis

FredGil partnering with BetterTennisProject and Field signed an agreement with Vila Galé Hotéis in Portugal and Brasil. Tennis experiences were created and a new tennis concept around the hotels is starting. Holidays tennis programs will be available at some hotels and resorts starting 2023.





FREDGIL



TENNIS & SURF EXPERIENCE **JOÃO MACEDO**

Surf Academia, Praia Grande

With 7, our exclusive teaching method, we develop new talents. We teach people of all ages the spirit and basic techniques of surfing. We offer an authentic and high-quality surfing experience. All our team is formed and certified by coaches in collaboration with the Portuguese Surfing Federation and the University Lusófona. Enjoy and explore the Portuguese coast that has ideal conditions for surfing all year round. We bet on mobility so that we can meet the best conditions of Surfing practice which allows our students new experiences and evolution. We transmit to all the practitioners of the sport to the importance of preserving the environment on the beaches and on the coast



Arribas Sintra Hotel

OCEAN & SPORTS HOTEL

Fall in love with Sintra



FREDGIL

PROFESSIONAL & SOCIAL TENNIS EXPERIENCE

Arribas Sintra Hotel

A unique experience staying with maximum comfort, in incomparable hotel in Sintra. Ideal pack for tennis lovers or curious to experience a specialized and mult faceted training or simply enjoy unique tennis moments. After a good game,

nothing better than enjoying the services that the hotel offers, whether to relax, a meal of excellence, a stroll to get to know Sintra. Strengthen focus, discipline, technique and competitive skills participants in the Seasonal Training Camp thrive in a positive, athlete-centered atmosphere.



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bettertennisproject.com

PROFESSIONAL & SOCIAL TENNIS EXPERIENCE

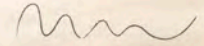
BREAKPOINT Ericeira

FredGil, partnering with Better Tennis Project, is bringing a worldwide experienced luxury tennis concept to Portugal and Brasil. With the highest standards in the area, both brands believe in the importance of bringing tennis to the most beautiful locations and delivering the most exclusive tennis experience!!





FREDGIL



IMMERSO

**PROFESSIONAL & SOCIAL
TENNIS EXPERIENCE**

Immerso, Ericeira

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PROFESSIONAL & SOCIAL TENNIS EXPERIENCE

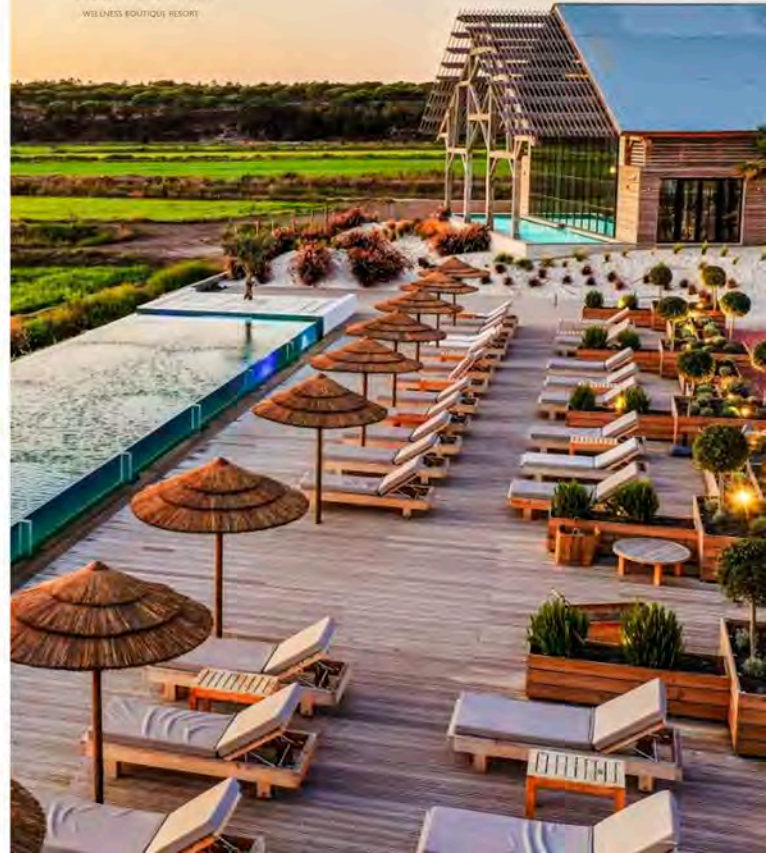
Quinta da Comporta

As an undeniable tribute to the cultural heritage of Comporta, built from the love and respect its author feels for the location, Quinta da Comporta offers the perfect translation of its inspiring lifestyle through the integration of traditional architectural lines, connection to its natural environment, proximity to the locals and inherent history. With its 40 m long solar heated infinity pool overlooking the rice fields, its two barn-like 800m² structures that house Orzya Spa on one side of the eira and Mar d'Arrozal restaurant on the other, Quinta da Comporta's double & deluxe rooms, suites, town houses and pool villas, create the perfect resort for a genuine journey inwards. Discover a new sense of belonging creating authentic memories at Quinta da Comporta.



QUINTA DA
COMPORTA

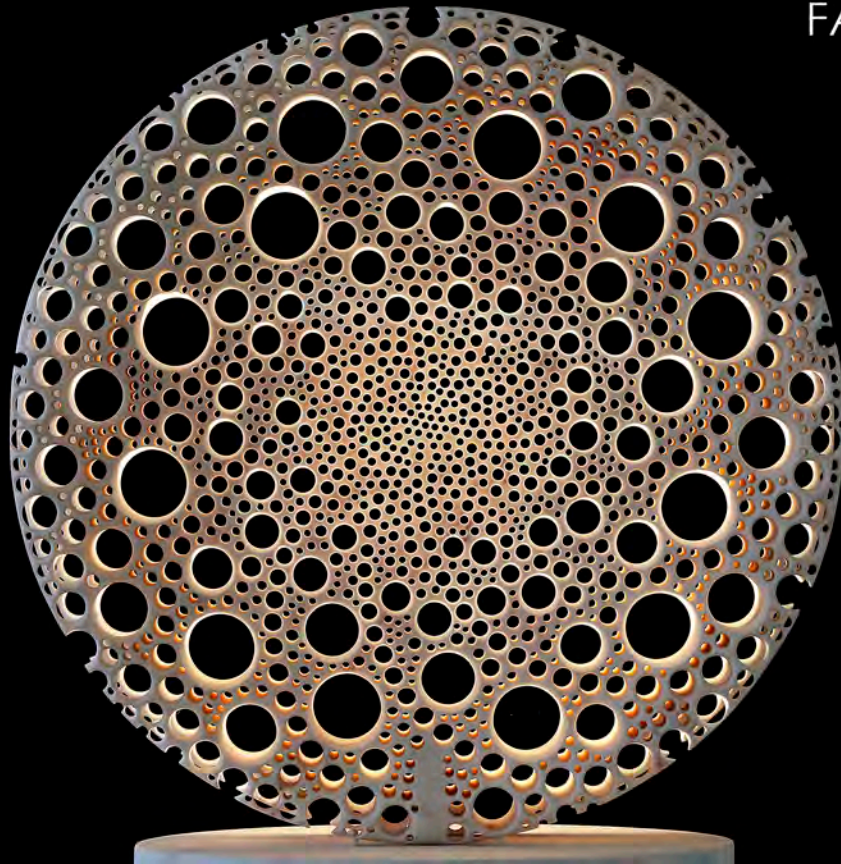
WELLNESS VILLAGE RESORT





FREDGIL

THE
SCULPTURE
FACTORY



A man wearing a white cap, glasses, and a dark blue t-shirt is holding a tennis racket. He is standing in front of a large screen displaying the 'web summit' logo. The background is filled with colorful lights and a stage with other people.

web
summit

***"FRED, WE SHARE
THE SAME PASSION
FOR TENNIS."***

PADDY COSGRAVE
CEO Web Summit

**THE BEST OF
TWO WORLDS.**

FREDERICO GIL
CEO FREDGIL

FIERCENESS
CLASS & ATTITUDE

OUTPOST

CASA DAS ARRIBAS



FREDGIL

TENNIS CORPORATE TOUR

Tennis Corporate Tour is a social and corporate tennis circuit that combines the social component with competition, including visibility and networking, giving companies the opportunity to present teams while disseminating their brands and services. The circuit consists of 5 tournaments with a calendar starting in 2023 and the final stage will be a Masters.





REAL ESTATE

Property in Portugal

The partnership between Fred Gil and My Portugal combines needs & solutions. Based in Cascais - Portugal, this Real Estate company is focused on the international market, expats and foreign clients.

My Portugal accompanies clients at all stages guaranteeing transparency, excellence and efficiency. Adjusting the MO to the specific needs of each client, ensuring the interests of the client on all the steps of the process. Meaning less bureaucracy, capitalizing clients' time, certifying legal and fiscal diligences through the real estate expertise & multicultural team.



MY PORTUGAL
REAL ESTATE



FREDGIL



***"Make it
simple but
significant."***

Frederico Gil



FREDGIL

PARTNERS



Arribas Sintra Hotel
OCEAN & GORGELINE

Feel in love with Sintra



Feel good *azen* at home.



CASAL *Sta. MARIA*

THE MOST WESTERN VINEYARDS OF EUROPE

COOLGYM



Eco Life
EXPERIENCE

FIERCENESS
CLASS & ATTITUDE

futah



GreenSet
THE BEST SURFACE FOR THE BEST TENNIS

MY PORTUGAL
REAL ESTATE

OUTPOST
CASA DAS ARRIBAS



QUINTA DA BELLA VISTA

Arribas



QUINTA DA
COMPORTA

WELLNESS BOUTIQUE RESORT

Rödl & Partner

Slinger.

TIVOLI
HOTELS & RESORTS

TOPCOURT



Vila Galé
HOTÉIS

