

New Year resolutions

Lesson plan

Created by the CoSpaces team

Education level: From kindergarten

Subject: Social sciences, languages, literature, ELA

Format: Individual activity

Duration: Approx. 1 hour



Introduction and lesson objectives:

New Year is a great time to get students familiar with the idea of setting goals through the tradition of resolutions.

The objective of this lesson is to teach students the concepts behind making resolutions and make them think about their habits and motivations, whether it's improving their skills in a specific area, raising their grades, getting rid of a bad habit or achieving something they care about.

Learning goals and student benefits:

- Learn 3D creation skills
- Develop creativity
- Develop critical thinking
- Foster unique thinking
- Motivate self-development
- Encourage action taking
- Develop communication skills

Activity example:

1. In small groups or as a class, ask your students to think about the idea of making New Year resolutions for a moment and talk about why it's useful.
2. Give students some examples of resolutions and goals to help them understand how these are conceived and how they're generally related to firm decisions and tangible objectives.
3. Let your students imagine and create a CoSpace that illustrates their resolution for the coming year using anything they see fit to build their CoSpace.
4. Ask your students to record a background narrative presenting their resolution.

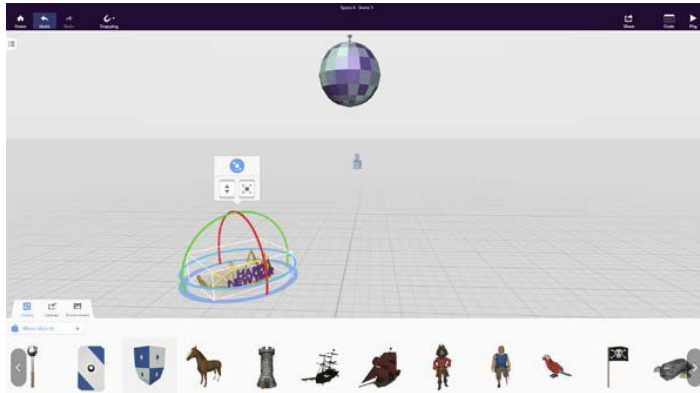
Extension idea:

Allow some time for students to share and discuss their resolutions with classmates.

Assessment and evaluation suggestions:

- Have your students created a CoSpace that presents their resolution(s)?
- Does their CoSpace illustrate their resolution in a way that's clear and helpful?
- Does their work show a good understanding of the concept of resolutions?

Creation guide



Create a CoSpace set-up for your New Year resolutions, using any of the **3D objects** in the **Library**.

You can also **Upload** or search for 3D models, images, videos.

Click **Sound** and **Record** your own background **narrative** presenting your resolution.

For example, your narrative could say something like this:

"My name is Cora and I'm 14 years old.

My resolution for this new year is to start a new activity outside of school and to work out more. I've decided to start playing tennis and to learn it with my sister."



Imagine a way to tell your story and present your resolution virtually.

For example, you could have a door leading to your "old life" and one to your "new life" and how it would have changed with your resolution.

Example CoSpace



Resolutions template

edu.cospaces.io/CEE-BHQ