## SWET WATR TAVERN

## Gluten Sensitive Lunch Menu

## SALADS

Field Greens...grape tomatoes, sun dried cranberries, dates, pine nuts \& champagne vinaigrette...8, blue cheese or Laura Chenel goat cheese, add \$1
Caesar...hearts of romaine \& baby greens with Reggiano parmesan... 9
Traditional Iceberg Wedge...blue cheese, bacon, onion \& tomatoes... 9
Chop House Salad...mixed greens, fresh corn, tomato, scallions \& basil tossed with buttermilk herb... 10 $\qquad$ .monterey jack \& cheddar, add \$1, bacon, add \$1
Goat Cheese \& Spiced Pecan Salad...field greens with grape tomatoes, sun dried cranberries \& champagne vinaigrette... 11

Monterey Salad with Spiced Pecans...roasted chicken on greens with avocado, fresh corn, tomato, sun dried cranberries \& buttermilk herb... 16

Southwest Chicken Salad...avocado, fresh corn, black beans, mixed greens, jack \& cheddar, tomato, buttermilk herb \& a smidge of BBQ sauce... 18

Sweetwater Roast Chicken Salad...field greens, fresh corn off the cob, tomato, pine nuts, sun dried cranberries, dates, Laura Chenel goat cheese \& champagne vinaigrette... 18

Grilled Tuna \& Field Greens Salad*...sesame crusted tuna drizzled with cilantro ginger sauce served over field greens tossed $\mathrm{w} /$ champagne vinaigrette, tomatoes, sun dried cranberries, dates \& pine nuts... 27

## NAKED SANDWICHES

Gluten free bread available, add \$1.50
Smoked BBQ Pulled Pork...with cole slaw \& fries...while it lasts... 13
Veggie Burger...brown rice, rainbow quinoa, black beans \& beets with chipotle mayo, tomato, Havarti, guacamole \& fries... 16
Grilled Chicken \& Havarti Cheese...with arugula, roasted peppers, mustard mayo \& fries... 17
Cheddar Cheeseburger* ${ }^{\star} \mathrm{CAB}^{\circledR}$, cheddar, ketchup, pickle, mustard mayo \& fries... 17
Hickory BBQ Burger*...CAB ${ }^{\circledR}$, cheddar, Havarti \& hickory BBQ sauce with fries... 17
Bacon Cheeseburger**...CAB ${ }^{\circledR}$, smoked bacon, American cheese, wicked sauce \& fries... 19
SIDES
Great American Fries... 5 | Sweet Potato Fries... 6 | Grilled Broccolini... 6
Roasted Cremini Mushrooms... 5 | Sauteed Spinach... 5
Mashed Potatoes... 5 | Crispy Brussels Sprouts w. Bacon \& Spiced Pecans... 6

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## BEEF, RIBS \& CHOPS <br> BBQ Baby Back Ribs...hickory smoked...with Great American fries \& cole slaw... 30

Filet Mignon*...roasted cremini mushrooms \& mashed potatoes... $8 \mathrm{oz} . .44,6 \mathrm{oz} . .37$
Berkshire Pork Chop*....hickory grilled w. mashed potatoes \& grilled broccolini... while it lasts... 12 oz... 37

## FRESH SEAFOOD, CHICKEN 8 PASTA

Hickory Grilled Fresh Fish*...on mashed potatoes...market
Crispy Fish Tacos...habanero slaw \& corn tacos with sweet potato fries...three.....18, two.... 14
Wood Grilled Chicken Breast...thin green beans \& roasted cremini mushrooms on gluten free penne pasta with brown butter sauce... 21
Sauteed Filet Mignon Tips*...with tequila lime sauce on gluten free penne pasta... while it lasts... 21
Louisiana Pasta ..with chicken, andouille sausage, tomato, scallions \& gluten free penne pasta in a spicy creole cream sauce...21, add shrimp...\$4

KIDS UNDER 12..fountain soda, milk, juice or lemonade
Cheeseburger...with choice of fries, unsweetened applesauce or carrots... 7
Tenderloin Steak...choice of fries, unsweetened applesauce or carrots....while it lasts... 12

## DESSERT

Warm Flourless Chocolate Waffle...with vanilla ice cream... 9

