## **Lay Order Classes**

A two year cycle for those in formation

## Year A: The history and spirit of the Norbertine Order; the branch of the Lay Order; Prayer

- The spirit of the Order; prayer in general (forms of)
- Personal prayer (1)
- Personal prayer (2)
- Overall history of the Order (general spirit and branches of the Order)
- St. Norbert and the saints (living out the spirit of the Order)
- The Lay Order: the reason for; way of life (reflecting the spirit)
- The Lay Statutes (going over in general)
- Personal way of life (what is necessary the spirit behind it)
- Personal way of life (what is particular putting it to act w/ personal practices)

## Year B: The living out of the Norbertine vocation; the five primary elements

Blessed Sacrament, Mary, Prayer, Penance, missionary apostolate

- Blessed Sacrament (1)
- Blessed Sacrament (2)
- The Holy Sacrifice of the Mass
- Marian devotion (1)
- Marian devotion (2); Consecration
- The Divine Office: the spirit and history of (personal prayer is year 1)
- The Divine Office: practical aspects
- Penitential offerings (the wide range of)
- Our mission and apostolate (love of God and neighbor)