

CATER FRESH

EATFRESHKITCHEN.COM



shareable meals

For big or small orders, our catering managers will help make sure your experience is fast, fresh, and convenient!

Delivery available with 24-hour minimum advance notice and based on availability. Minimums and service charges apply.

FAMILY

FEEDS 4 PEOPLE

1 base | 1 protein
2 veggies | 1 sauce



FEAST

FEEDS 8 PEOPLE

1 base | 1 protein
2 veggies | 2 sauces

individual bowls



Individual **SIX BOWLS**, **FOUR BOWLS**, and **KID'S BOWLS** are also available for large groups.

*Please Note: A small bowl building fee does apply for individual catering bowls.

10-20 bowls: 2 types | 21-100 bowls: 3 types | 101+ bowls: 4 types

CONTACT YOUR FRESH KITCHEN FOR PRICING

BASES

WARM

brown rice **DF GF SF V**
seasonal cauliflower rice **DF GF SF V**
seasonal rice **DF GF SF V**
seasonal mash **DF GF SF V**

CHILLED

kale slaw **DF GF SF V**
crunchy kale caesar **DF GF SF V** 🥜
spinach salad **DF GF SF V**
sweet potato noodles **DF GF SF V** 🌱

ROASTED VEGGIES

hand cut and cooked with 100% pure olive oil

lemon garlic broccoli **DF GF SF V**
basil mushrooms **DF GF SF V**
maple sweet potatoes **DF GF SF V**
sesame green beans **DF GF SF V** 🌱
spiced chickpeas **DF GF SF V**
local seasonal vegetable

PROTEINS

hormone and antibiotic free

grilled bbq chicken **DF GF**
baked almond chicken **DF GF** 🥜
grilled citrus chicken **DF GF SF**
seasonal chicken
chilled caprese tofu **DF GF SF V** 🌱
herb grilled steak* **DF GF SF (+\$)**
roasted salmon* **DF GF SF (+\$)**

SAUCE IT UP

made in house daily

creamy white ginger **DF GF SF** 🌱
herb balsamic vinaigrette **DF GF SF V**
holy kale **DF GF SF V** 🥜
coconut sriracha **DF GF V SF** 🌱
homemade sriracha **DF GF SF V** 🌱

TOPPING\$

flavorful textures

assorted cheeses | kale pesto tomato salad 🥜 | citrus avocado |
pico de gallo | roasted almonds 🥜 | seasonal selection*

INDIVIDUAL SIDES

Our tasty **bases**, **veggies**, **proteins**, and **toppings** are also available in **small** and **large** sides.



*all items are subject to change and based on local availability contains soy 🌱 contains nuts 🥜

GF gluten free | **DF** non-dairy friendly | **SF** no processed sugar added | **V** vegan friendly

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness,