



# Our Body Getting Ready!



# Reading Reminders & Talking Tips!



You will read the book several times this month. Each time you read though; you'll choose different language concepts to pay attention to. Here's a sequence you can use:

**Day One- Picture Walk:** Look through the book with your student. Don't read it quite yet! Look at the cover, "What do you think this book is about?" Look through the pictures. You might use some of the partner prompts to give you ideas of what to talk about.

**Day Two- First Reading:** Read the book. Point to the words as you are reading. Don't worry too much about the partner prompts on this reading. Just focus on the pictures and words. Encourage the student to comment!

**Day Three- Reading for Meaning:** This reading is where we dig into the concepts in the story. Pay attention to the different BODY part words. You can also talk about "clean" and "dirty," even though these words are not used in the book. Make sure your student has a way to say these words, either using speech, or by finding the words on their AAC Board/Book/Device. Look for a "word list," "Things or Groups" page to find Body Parts. Look for "Describing" folders for "clean" and "dirty."

**Day Four- Alphabet and Phonological Awareness:** Help your student notice the words in the story. What letters do they start with? Are they long or short words? Let's make a list of all the clothing words we find.

**Day Five- Write About It:** Help your student create a simple core word poem about washing up. "I can wash my \_\_\_\_." "I can wash my \_\_\_\_."





What do we do to get ready for school?  
We wash our body, so we are not dirty.  
Scrub! Scrub! Scrub!

Partner Prompt: Start modeling (pointing to symbols while talking) the words, "I" and "wash."

We wash our neck.  
Scrub! Scrub! Scrub!

What is next?



We wash our back.  
Scrub! Scrub! Scrub!  
What is next?



Partner Prompts: Talk about the picture. “Are they using a scrubber?” “Are they ready?” Find “yes/no” on the students AAC BBD.

We wash our elbows.

Scrub! Scrub! Scrub!

What is next?



Partner Prompts: Model for the student, “We wash our elbows.” and then point to the body part elbow. Talk about cleaning our body.



We wash our arms  
do not forget those  
armpits!

Scrub! Scrub! Scrub!

What is next?

Partner Prompts: Talk about the picture. “Do not forget those armpits?” “What is next?”



We wash our tummy.

Scrub ! Scrub ! Scrub !

What is next?





We wash our legs and  
knees too.

Scrub! Scrub! Scrub!

What is next?





We wash our hands  
so we do not get  
sick.

Scrub! Scrub! Scrub!

What is next?

Partner Prompts: Point to the word “hand” on this page. Talk about why we keep our hands clean.

We wash our feet  
do not forget your toes.

Scrub! Scrub! Scrub!

What is next?



Partner Prompts: Touch each word as you read it. Look for the word “not” and “what?”





What will you wear?

Partner Prompts: Talk about the different clothing you wear. If you are using an AAC book/device/app, find the clothing category.



Another core word book from the  
All Year Core & More series!



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