

# Simplify your life with free healthcare.

Access Board Certified Doctors and Therapists by phone, video, or app 24/7/365.

No insurance needed!



Be your **Healthiest You** 

Take control of your health. Download the app to start using your free healthcare services.



#### Talk to a doctor 24/7 \$0 visit fee - Unlimited Visits

Speak to a licensed doctor by phone or video 24/7 from anywhere



## **Expert Medical Services** \$0 visit fee - Unlimited Visits

Receive a second opinion on an existing diagnosis and treatment for any condition



### Mental Health-"myStrength Complete" \$0 visit fee - Unlimited Visits

Connect with a licensed therapist by phone/video. Explore skill building tools and resources based on your ongoing needs and preferences.



# Neck/Back Care \$0 visit fee - Unlimited Visits

Relieve your back pain through guided videos with a certified health coach



#### **Dermatology \$0 visit fee - Unlimited Visits**

Upload photos of your condition to the app and get a treatment plan from a dermatologist within two business days



#### **Nutrition \$0 visit fee - Unlimited Visits**

Connect with a certified dietitian and start meeting your nutrition goals today!



# Download the app and talk to a doctor for free 24/7.

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