

Minnesota Healthcare Consortium Health Plan

Request a Proposal

Why did Minnesota Healthcare Consortium elect to move their health plan administration to Medica?

There are significant multi-year savings and value-added benefits presented as part of the new relationship that will ultimately benefit groups and better position Minnesota Healthcare Consortium (MHC) to offer more competitive rates and services in the future. There is very little disruption anticipated with this change as it relates to the benefits, doctors, facilities, pharmacies, and prescriptions available to member groups.

Who is Medica?

For nearly 50 years, Medica has supported the health and well-being of communities across the Midwest. Our health plans and services are offered to nearly 1.5 million members across 12 states. We are committed to building trust with our customers, members and the communities where they live, work and play. You can count on us to deliver great service, an extensive network of providers, and many resources to help your employees be their healthiest self.

How can I request a proposal?

Contact your MHC Sales Representative to request a proposal and send underwriting data.

Groups with 5 or more enrolled employees and less than 50 eligible employees:

- Complete the MHC Request for Proposal Information Form
- Send census in requested format
- Provide current summaries of benefits and coverage (SBCs)
- Provide most recent 24 months of claims data. Include monthly breakout with total membership and high claimant information if available. (If group is a current Medica customer, claims data does not need to be provided with the request).
- Provide current rates by plan design
- Complete the Certification of ERISA Exemption Form (needed to verify status)

Groups with more than 50 eligible employees:

- Complete the MHC Request for Proposal Information Form
- Send census in requested format
- Provide current summaries of benefits and coverage (SBCs)
- Provide most recent 24 months of claims data. Include monthly breakout with total membership and high claimant information if available. (If group is a current Medica customer, claims data does not need to be provided with the request).
- Current fully insured rates or self-funded claim factors by plan
- Complete the Certification of ERISA Exemption Form (needed to verify status)



Medica®



Minnesota
Healthcare
Consortium
Participating Minnesota Service Cooperatives

What plan design and network combinations are available?

A variety of plan designs and network combinations are available. A maximum of 6 plan designs and network combinations are available for small groups and a maximum of 12 plan designs and network combinations are available for large groups. Discuss your options with your MHC and Medica team.

What networks are available?

Medica Choice Passport (PPO)

Medica Choice Passport is our broadest, open-access network, featuring access to more than 960,000 doctors, 5,900 hospitals, and 73,000 ancillary providers across the country and prominent care systems in Minnesota. Members can visit any doctor, clinic or facility in the network without a referral.

Accountable Care Organizations (ACO)

ACOs offer networks or teams of health care providers (e.g., clinics, hospitals, doctors, and specialists) that collaborate with Medica to make health care more efficient and improve the member experience. Available ACOs include:

- **Altru & You with MedicaSM** has more than 40 primary care clinics, 17 hospitals, and 4,000 health professionals and support staff.
- **Clear Value with MedicaSM** features direct access to primary or specialty care providers at any of Hennepin Healthcare's 9 primary care clinics and 60 specialty clinics, Gillette Children's Hospital, and Hennepin County Medical Center.
- **Essentia Choice Care with MedicaSM** comprises 26 hospitals, over 70 clinics, and more than 2,300 physicians and advanced practitioners.
- **Medica CompleteHealthSM** (featuring care at Mayo Clinic) offers access to nearly 20 hospitals and 60 clinics.
- **Park Nicollet and HealthPartners Medical Group First with MedicaSM** is built on the strength of one of the nation's largest multi-specialty clinics, providing members with direct access to over 20 neighborhood clinics and more than 55 medical specialties.
- **Ridgeview Community Network powered by MedicaSM** provides local, personalized care at one of the few independent health care systems in Minnesota.
- **VantagePlus with MedicaSM** includes 3,500 primary and specialty care physicians, 650 clinics, and 12 hospitals with providers members know and trust from M Health Fairview, North Memorial Health, and many popular independent clinics.

Medica Elect (Care System Network)

Medica Elect[®] is a care system network that provides members with access to numerous independent clinics and care systems—most notably, Allina, Aspen Medical Group, and Children's Health—and includes cost-saving features of up to 7 percent compared to Medica Choice Passport. Members choose a primary care clinic at open enrollment (which determines the care system) to coordinate their care, but they can see any provider within their care system without a referral.

For more information network options, visit [WelcomeToMedica.com/MHC2](https://www.WelcomeToMedica.com/MHC2).