



Episode Synopses for June 2024

Feed Date	Episode #	Synopsis
06.06.24	#PA-214	Host Ernie Anastos talks with people about role models; Cathy Kangas, renowned animal activist and philanthropist, talks about great programs to protect the nation's animals and offers a free adoption program; discussion with registered dietician Kristen Carlucci.
06.13.24	#PA-215	Host Ernie Anastos talks with people about performance psychology; discussion with Alexa Matthews, young successful influencer who created her own branding for cooking and entertainment shares her inspiring story; talking with sportscaster Bob Costas.
06.20.24	#PA-216	Host Ernie Anastos talks with people about being a good neighbor; Rachel Dealto, relationship expert, successful author and speaker, highlights her unique ways to reconnect with people for better and more meaningful communication; Trae Bodge, America's shopping expert and entrepreneur, brings good news about the rise of jobs and manufacturing in the U.S.
06.27.24	#PA-217	Host Ernie Anastos talks with people about playing sports; Nido Qubein, celebrated college president and highly successful businessman inspires viewers how he came to America as a teenager, spoke little English with 50-dollars in his pocket; Amilya Antonetti, human behavior expert and a familiar guest on all the talk PA-s, she shares fresh ideas on the importance and value of good role models.