



## Episode Synopses for May 2024

Feed Date	Episode #	Synopsis
05.09.24	#PA-210	Host Ernie Anastos talks with people about consumer space travel; Dr. Doris Day, dermatologist to the stars and gifted author, reveals the secrets to looking and feeling younger in the fountain of youth. Gloria Gaynor, iconic singer of her signature song, "I Will Survive," celebrates life and positivity.
05.16.24	#PA-211	Host Ernie Anastos talks with people about volunteering; Roy Paul, financial specialist and founder of "Cents Ability," talks about helping young people learn more about financial literacy to make, invest and save money. Joan Bauer, New York Times best-selling children's author of 14 books, reviews kid's entertainment and screenwriter of her new children's movie.
05.23.24	#PA-212	Host Ernie Anastos talks with people about how music affects their lives; Joy Bauer, a leading health authority, best-selling author who provides great ideas for healthy food indulgences.
05.30.24	#PA-213	Host Ernie Anastos talks with people about taking time off; Steve Forbes, chairman and editor-in-chief of Forbes media, encourages people to enjoy life today and embrace tomorrow. Jodi Hope Grinwald, motivational speaker and founder of Applaud our Kids, leads the way to reassure our children's self-esteem.