



## Episode Synopses for March 2024

Feed Date	Episode #	Synopsis
03.07.24	#PA-201	Host Ernie Anastos talks with people about the American Dream; Jackie Mirane, Fashion style expert talks about the latest hot new trends and colors. Bob Costas, TV sports legend offers great career highlights and the future for sports broadcasters.
03.14.24	#PA-202	Host Ernie Anastos talks with people about career choices; Frances Largeman-Roth, popular Health Magazine editor/expert with new tips and ideas on healthy brain food. Jeanette Yoffe, Los Angeles therapist and expert on today's foster care programs and the new rise in adoption rate.
03.21.24	#PA-203	Host Ernie Anastos talks with people about women in business; Dr. Jeff Gardere, noted psychologist, professor and popular TV expert/guest discusses the new trend on working virtually from home. Alison Victoria, well-known TV host of Windy City Rehab on HGTV and successful interior designer talks about how to be positive in today's world.
03.28.24	#PA-204	Host Ernie Anastos talks with people about what unite us; Ernestine Scalfani, public relations guru and branding expert introduces her top new book about living with a sports obsessed guy, her husband, TV sportscaster FS1's Skip Bayless. Jennifer Lahmers, Entertainment TV host on "Extra," shares her busy life on television and family living with a new baby.