

# What you can expect at your first appointment.



## We look forward to providing you with high-quality dental care.

We understand that coming to a new dental clinic can be overwhelming, which is why we have prepared this guide 'what to expect as a patient'.

We want you to feel comfortable and informed throughout your visit, so please don't hesitate to ask us any questions. Our team is always here to help you and ensure that you receive the best possible dental care.

Thank you for choosing us as your healthcare provider. We are excited to be a part of your journey to a healthy smile.

## 1

Our dentists will begin by consulting with you to understand the purpose of your visit and your desired outcomes.

## 2

We may take an x-ray or CBCT to obtain a more comprehensive view of your dental health.

## 3

After taking the x-ray, we will conduct a thorough oral examination and review the results with you to identify any potential issues.

## 4

If you have requested a hygiene clean, we will then refer you to our experienced and friendly oral hygienist.

## 5

Our oral hygienist will assess your overall oral health and provide guidance on your at-home teeth cleaning methods.

## 6

She will educate you on how to take better care of your teeth at home, empowering you to maintain good oral health.

## 7

After the assessment and education, she will perform a comprehensive scaling and polishing of your teeth.

## 8

The cleaning appointment will conclude with a fluoride treatment to strengthen your teeth and provide protection against tooth decay.