

SPORT AND PE OFFER 2022-23



AIMS



This booklet details all the events and aims for this year's work.

INTENT:

- Allow all pupils access to high quality PE and Sport
- Motive and inspire pupils to be active and healthy and to improve their performances in a range of activities.
- Provide all pupils with the opportunity to be involved in sports competitions at a variety of levels.
- Inspire and support teaching staff to deliver high quality PE.
- Raise the aspirations and performance of the more able
- Get the less active to be more active
- Develop transferable leadership skills through sport.

IMPLEMENTATION:

- Provide a comprehensive calendar of inter school competitions in a range of sports and activities, some of which provide access to level 3 school games competitions.
- Provide opportunities to be involved in extra-curricular sports and activities.
- Provide leadership opportunities and training for pupils.
- Launch a range of initiatives and activities to further improve activity levels of pupils.
- Provide PE CPD based on needs and demands.
- Provide bespoke support and training for schools and staff.
- Provide PE subject leaders with a support network and access to training.
- Work with key external agencies which include the School Games programme, School Games Organisers, the Youth Sport Trust and the Association for PE
- Provide clear attainment targets for pupils to drive up performance levels from year 1 to 6

Return to 'normal' school Sport and PE through our partnership work and PE and Sport Offer

INTENT

Use PE to build stamina, strength and flexibility

Improve basic movements, agility, balance, coordination, object control

Support with developing positive mental health, deal with anxiety

Develop confidence to try new things

Develop social interaction, collaboration and teamwork

Support staff and schools with how best to deliver PE, School Sport and Activity in a safe environment.

IMPLEMENTATION

Make lessons safe, fun & active with a clear purpose

Celebrate success and personal achievement

Provide a range of competitions, opportunity for all year groups

All pupils in year 2,3,4,5,6 have access to representing school

Regular updates to PE leaders with regard to new advice and recommendations from AfPE, Youth Sport Trust, and NGBs

Competitions / Dates for the Diaries 2022-23

EVENT	DATES	TIME	VENUE	YEAR GROUP
PE leader meeting	12 th Sept	4pm-5pm	Brigshaw (PE class)	
Cross country (Brigshaw schools only)	26 th Sept	4pm – 5pm	Brigshaw (field)	3,4,5,6 – Separate teams.
Girls Only Sports Fest	26 th Sept	School day time (9:30-2:30pm)		Year 5/6. 4 girls per school
Netball league 1	3 rd Oct	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
Cross country - School Games	10 th Oct	TBC - afternoon	Brigshaw (field)	3,4,5,6 - Separate teams.
Sports Hall Athletics (will have progress to East Leeds Finals)	17 th Oct	4pm – 5:30pm Time TBC depending on entries	Brigshaw (sp. Hall)	5,6 (4 if able)
PE leader meeting	Mon 31 st Oct	4pm-5pm	Brigshaw (PE class)	
Year 5/6 Football	7 th Nov	4pm – 5:30pm	Brigshaw (astro turf)	5/6
Netball league 2	14 th Nov	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
Badminton Festival	21 st Nov	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
Netball league 3	5 th Dec	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
PE Subject leader meeting	w/b 9 th Dec	4pm-5pm	Brigshaw (PE class)	
Multi Skills year 2	16 th Jan	4-5pm	Brigshaw (sp. Hall)	Year 2
Netball league 4	23 rd Jan	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
Year 3/4 sports hall athletics	6 th Feb	4pm – 5:30pm	Brigshaw (astro)	3/4
PE leader meeting	Mon 9 th Jan	4-5pm	Brigshaw (PE class)	
Netball league 5	6 th March	4pm – 5:30pm	Brigshaw (sp. Hall)	4,5,6
Girls only comp? TBC	13 th March	4pm – 5:30pm	Brigshaw (sp. Hall)	
Multi Skills Year 1	27 th March	4pm-5pm	Brigshaw (sp. Hall)	Year 1
PE leader meeting	Tues 18 th April	4pm-5pm	Brigshaw (PE class)	
Dance in a day	24 th April	All Day	Brigshaw	Key Stage 2
Year 3/4 football	15 th May	4pm-5:30pm	Brigshaw (astro)	Year 3,4
Tag Rugby TBC	22 nd May	4pm – 5:30pm	Brigshaw (field)	5,6
PE leader meeting	Mon 5 th June	4pm-5pm	TBC	
Big Sports Day	19 th June	All Day	John Charles Centre	All 4,5,6
Rounders	10 th July	4pm-5:30	Brigshaw (top field)	4,5,6
Sports Awards	Tues 11 th July	TBC	Brigshaw (main hall)	3,4,5,6
Fun Sports / come and try event (TBC) Carrousell of activities?	TBC	TBC		
Skipping Year 2	TBC			Year 2
Skipping Year 4	TBC			Year 4

COMPETITIONS



INTER SCHOOL SPORT

A large focus of the Trust PE and Sports offer is inter school competitions designed specifically to engage a range of abilities and ages in sporting competition.

There are over 30 sports events including tournaments, festivals and regular leagues covering a range of year groups and sports, from year one all the way to year six.

Some of the events are part of the School Games framework and allow progression to Leeds, East Leeds and West Yorkshire level.

All schools are invited to attend all events and regular reminders are sent out.

INTRA SCHOOL SPORT

Support for schools and training for pupils in developing and running their own intra school sport.

School Games Personal Challenge

In line with school games requirements and in a drive to increase activity levels pupils will compete against themselves and others in a personal challenge, this could be skipping, running, throwing, step ups, speed bounces and many more.



THE BIG SPORTS DAY!

19th June 2023

The Big Sports Day allows **all pupils in year 4 5 & 6** take part in a huge inter school sports competition.

They compete in a range of team games in mini leagues and represent their school in athletics using the fantastic facilities at John Charles Centre for Sport.

It provides pupils with the chance to compete at a stadium and represent their school in a fun and active not to mention competitive and memorable day!

The day allows pupils to compete in A, B and C teams and compete with pupils of a similar ability.

All transport, venue bookings, first aid cover at the event are arranged and paid for, schools simply need to sort out their teams and then enjoy the day!



Dance in a Day!

24th April 2023

The Dance in a day project allows pupils from across Key stage two the opportunity to be part of a large dance show and spend an immersive day developing and refining their dance skills as well as choreographing their dance for the show.

The dance show in the evening at the end of the day allows pupils chance to compete under the lights and in front of a large 200 strong audience!

It is a fantastic opportunity to showcase their skills, work with others, and develop their confidence.



School Games



www.yourschoolgames.com

As registered schools you can apply for the school games mark, this allows you to gain recognition for the work that you have done to develop PE & Sport. The school then get a kitemark & certificate that can be used on letterheads etc.

West Yorkshire Sport will shortly share their plans for the School Games for the Autumn Term. We will access where appropriate for each individual school. You will be kept up to date of the school games plans and events.

School game resources:

- Download resources such as guides and manuals on a range of sporting competitions you can run within your own school
- Apply for s School Games mark
- Chance to win prizes and equipment through online blogging.

The following sports competitions are also linked into the school game pathway and provide an opportunity to progress to further rounds and a chance to make it to the West Yorkshire School Games. Sports hall athletics, High 5 netball, Kwik Cricket, Cross country

If you do not have a log on you can go to www.yourschoolgames.com scroll down and click on register now.

Curriculum PE / High quality PE / PE Leader support

A big focus of our work this year will be on Curriculum PE.

Support provided to make sure that schools got clear curriculum intent and clear pathways for progression throughout school to develop competence and confidence of pupils.

The Brigshaw Learning Partnership PE & Sport offer provides schools with access to a range of support, resources, guidance, training courses and individual consultancy to raise the quality of physical education in schools.

To maintain our professional standards all schools will receive membership AFPE to keep up to date with developments in PE, and the ability to access online support training modules and CPD.



- afPE's Termly Journal – Physical Education Matters – Two copies per edition
- Full Health & Safety advice and support (including advice on Safeguarding, Incident Support, Employment Law Issues and Pre/Post Ofsted inspections)
- Access to the members' area of the afPE website which includes useful downloads and a wide range of Health & Safety updates
- Full access to the new 'afPE Channel' where members can view video blogs, news updates and films exemplifying outstanding practice

Support for the development and maintenance of high quality PE

High quality PE	AFPE	Use of AFPE resources, online cpd and termly Journal to stay up to date with new initiatives and thinking.
	High Quality PE – 10 quick wins for High quality PE	Updated ten quick wins The principles behind this still apply in the current 'return to school' situation.
	Joint observations	School PE coordinator and Trust Coordinator to observe together to drive improvement through supportive observations.
	Practical; CPD sessions	Practical PE sessions as part of PE subject leader meetings / CPD within your own school meeting sessions
Consultancy / bespoke support	Schools are able to access bespoke training and individual support where needed such as schemes of work, planning, specific sports or classes needs.	Contact Gavin Parkinson directly to discuss requirements and arrange dates and times. Monday is my available day
Trust online Hubs	Use of shared resources space on google drive (Trust hubs – PE BLP)	4 videos on Trust Hubs Questioning, student led lessons, gymnastics, and an athletics lessons are on google drive New folder 'PE and Sport Post lockdown' with resources / guidance
Risk assessments	Brigshaw learning partnership risk assessments in a shared folder (Trust hubs – PE BLP)	Updated generic risk assessments for all schools. These will be linked to most up to date Safe practice in PE book. Linked to AFPE. Guidance from afPe on interpreting the government guidance with regard to Covid 19 (this will change over time and be updated)

High quality PE checklist

“High-quality PE is a physical and cultural entitlement” Ofsted 2022

“For some, PE is their only opportunity to take part in physical activity and develop movement-related competence.” Ofsted 2022

Make sure pupils know what they are doing and how to do it

Make learning intentions clear, give clear direction

Show pupils how to be successful and correct misconceptions.

80% practical time

Provide time to revisit and develop. Reduce time spent transitioning or waiting

Give pupils time to practise fundamental motor skills

Running and jumping, twisting and balancing, throwing and catching

Make sure students are challenged

As pupil competence increases the practices should increase in difficulty.

Engage in formative assessment

Identify what they can and can't do and modify their learning activities.

Give specific feedback on how pupils can improve

Make subject specific vocabulary clear and shared

Make explicit reference to healthy participation

Preparation for safe and effective participation, fitness demands of different sports.

Short and long term effects of exercise on their body. How and where can pupils be more active?

Teach knowledge of rules, strategies and tactics.

How to move and where to move

Provide Competition when pupils have the knowledge and skills to access

PE Subject leader meeting dates 2022/23

Venue Brigshaw 4:00-5:00pm

12th Sept

w/b 31st Oct

w/b 20th Feb

w/b 17th April

w/b 5th June

These meetings will be used for joint planning, sharing good practise, progress of PE within your school, introduction of new initiatives and provision of support for subject leaders.



HEALTH AND ACTIVITY



Play leaders training	Training available for each school is available to develop active playtimes led by pupils.
Sustrans Big Pedal, cycle to school week, walk to school week	Use of the ' Big Pedal ' week to promote cycling in schools, cycle to school week. Use of Walk to school / and resources to promote active travel. Walk to school resources for key stage one and lower key stage 2
Cycling	Promote cycling within schools via onsite cycle session, intra school competition and inter school competition for each school using external providers. Use of Pro Ride to aid in delivery of this.
After school clubs for the less active	Variable dependent upon each school's needs and preferences. Led by student voice and staff feedback. Use of Premier Sport to provide additional after school sessions in the Summer term to target less active pupils.
Skipping year 2	Skipping workshops for each school for a year 2 followed by a festival
Skipping year 4	Skipping workshops for each school for year 4 followed by a festival

CYCLING ON SCHOOL CAMPUS

Each school to receive cycling full day workshop at their own school for year 5 & 6 (Sept or Oct)

Each school to receive a half day intra school cycling competition at their own school (Dates TBC)

Each school to be involved in an inter school cycling competition. (Summer term Dates TBC)

Staff training session for Brigshaw Trust staff on how to deliver cycling on school campus.

Sessions run by pro-ride cycling level 2 qualified cycling coach.



SKIPPING PROJECT

Each school to receive a skipping workshop for year 2 and for year 4.

Each school to prepare and practise in build up to inter school competition

Winning schools to progress to Leeds finals

Sessions run by Skipping School



TARGETED ACTIVITY

Less active

Each school accesses 6 weeks of after school activity in the summer term to engage pupils identified as **less active or not fully involved in sport and PE at school**.

Activities provided are alternative activities and include martial arts, archery, tchoukball, fencing, external coaching companies provide the sessions.

Girls

Girls' sports 'festival' at each primary school, assisted by year 10 and Year 12 girls to inspire year 5/6 girls in PE and Sport.



Sports awards 11th July 2023

To recognise achievement and commitment to sport and PE all schools are able to nominate students to receive a sports award for their hard work and commitment over the year as performers or leaders.

It raises the profile and value placed upon sport and PE across all schools and is an opportunity to celebrate success and engage parents with school PE and Sport



PE CONTACTS

Brigshaw High	Gavin Parkinson	0113 2878900 ext 1156 parkingl02@brigshawtrust.com
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School Game Organiser for Leeds East	Shaun Mulhern	mulherns@bostonspa.leeds.sch.uk

